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Examkrackers MCAT® ${ }^{\circledR}$

## PHYSICS

## 9th Edition

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## Acknowledgements

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## Introduction to the Examkrackers Manuals

The Examkrackers books are designed to give you exactly the information you need to do well on the MCAT ${ }^{\circledR}$ while limiting extraneous information that will not be tested. This manual organizes all of the information on the physics tested on the $\mathrm{MCAT}^{\circledR}$ conceptually. Concepts make the content both simple and portable for optimal application to MCAT ${ }^{\otimes}$ questions. Mastery of the physics topics covered in this manual will increase your confidence and allow you to succeed with seemingly difficult passages that are designed to intimidate. The MCAT ${ }^{8}$ rewards your ability to read complex passages and questions through the lens of basic science concepts.
An in-depth introduction to the MCAT ${ }^{\circledR}$ is located in the Reasoning Skills manual. Read this introduction first to start thinking like the MCAT ${ }^{\circledR}$ and to learn critical mathematical skills. The second lecture of the Reasoning Skills manual addresses the research methods needed for success on $50 \%$ of questions on the science sections of the MCAT ${ }^{\circledR}$. Once you have read those lectures, return to this manual to begin your study of the physics you will need to excel on the MCAT ${ }^{\text {® }}$

## How to Use This Manual

Examkrackers MCAT ${ }^{\circledR}$ preparation experience has shown that you will get the most out of these manuals when you structure your studying as follows. Read each lecture three times: twice before the class lecture, and once immediately following the lecture. During the first reading, you should not write in the book. Instead, read purely for enjoyment. During the second reading, highlight and take notes in the margins. The third reading should be slow and thorough. Complete the twenty-four questions in each lecture during the second reading before coming to class. The in-class exams in the back of the manual are intended to be completed in class. Do not look at them before class.

Warning: Just attending the class will not raise your score. You must do the work. Not attending class will obstruct dramatic score increases.

If you are studying independently, read the lecture twice before taking the inclass exam and complete the in-lecture questions during the second reading. Then read the lecture once more after the in-class exam.
The thirty minute exams are designed to educate. They are similar to an MCAT ${ }^{\circledR}$ section, but are shortened and have most of the easy questions removed. We believe that you can answer most of the easy questions without too much help from us, so the best way to raise your score is to focus on the more difficult questions. This method is one of the reasons for the rapid and celebrated success of the Examkrackers prep course and products.

A scaled score conversion chart for the in-class exams is provided on the answer page, but it is not meant to be an accurate representation of your score. Do not be discouraged by poor performance on these exams; they are not meant to predict your performance on the real MCAT ${ }^{\circledR}$. The questions that you get wrong or even guess correctly are most important. They represent your potential score increase. When you get a question wrong or have to guess, determine why and target these areas to improve your score.
In order to study most efficiently, it is essential to know what topics are and are not tested directly in MCAT ${ }^{\otimes}$ questions. This manual uses the following conventions to make the distinction. Any topic listed in the AAMC's guide to the MCAT ${ }^{\circledR}$ is printed in red, bold type. You must thoroughly understand all topics printed in red, bold type. Any formula that must be memorized is also printed in red, bold type.

If a topic is not printed in bold and red, it may still be important. Understanding these topics may be helpful for putting other terms in context. Topics and equations that are not explicitly tested but are still useful to know are printed in italics. Knowledge of content printed in italics will enhance your ability to answer passage-based MCAT ${ }^{\circledR}$ questions, as MCAT ${ }^{\circledR}$ passages may cover topics beyond the AAMC's list of tested topics on the MCAT ${ }^{\otimes}$.

## Features of the Examkrackers Manuals

The Examkrackers books include several features to help you retain and integrate information for the MCAT ${ }^{\circledR}$. Take advantage of these features to get the most out of your study time.

- The 3 Keys - The keys unlock the material and the MCAT ${ }^{\circledR}$. Each lecture begins with 3 keys that organize by highlighting the most important things to remember from each chapter. Examine the 3 Keys before and after reading each lecture to make sure you have absorbed the most important messages. As you read, continue to develop your own key concepts that will guide your studying and performance.

- Signposts - The new MCAT ${ }^{\text {® }}$ is fully integrated, asking you to apply the biological, physical, and social sciences simultaneously. The signposts alongside the text in this manual will help you build mental connections between topics and disciplines. This mental map will lead you to a high score on the MCAT ${ }^{\text {® }}$. The post of each sign "brackets" the paragraph to which it refers. When you see a signpost next to a topic, stop and consider how the topics are related. Soon you will begin making your own connections between concepts and topics within and between disciplines. This is an $\mathrm{MCAT}^{\circledR}$ skill that will improve your score. When answering questions, these connections give you multiple routes to find your way to the answer.
- MCAT ${ }^{\circledR}$ Think sidebars invite deeper consideration of certain topics. They provide helpful context for topics that are tested and will challenge you just like tough $\mathrm{MCAT}^{\circledR}$ passages. While MCAT ${ }^{\circledR}$ Think topics and their level of detail may not be explicitly tested on the MCAT ${ }^{\circledR}$, read and consider each MCAT ${ }^{\circledR}$ Think to sharpen your $\mathrm{MCAT}^{\circledR}$ skills. These sidebars provide essential practice in managing seemingly complex and unfamiliar content, as you will need to do for passages on MCAT ${ }^{\circledR}$ day.

Text written in purple is me, Salty the Kracker. I will remind you what is and is not an absolute must for the MCAT ${ }^{\circledR}$. I will help you develop your MCAT ${ }^{\circledR}$ intuition. In addition, I will offer mnemonics, simple methods of viewing a complex concept, and occasionally some comic relief. Don't ignore me, even if you think I am not funny, because my comedy is designed to help you understand and remember. If you think I am funny, tell the boss. I could use a raise.

## Additional Resources

If you find yourself struggling with the science or just needing more practice, take advantage of the additional Examkrackers resources that are available. Examkrackers offers a 9-week Comprehensive MCAT ${ }^{\text {® }}$ Course to help you achieve a high score on the MCAT ${ }^{\circledR}$, including 66 hours with expert instructors, unique course format, and regular full-length MCAT $^{\circledR}$ exams. Each class includes lecture, a practice exam, and review, designed to help you develop essential $\mathrm{MCAT}^{\circledR}$ skills. For locations and registration please visit Examkrackers.com or call 1-888-KRACKEM.


Your purchase of this book new will also give you access to the Examkrackers Forums at www.examkrackers.com/mcat/forum. These bulletin boards allows you to discuss any question in the book with an MCAT ${ }^{\circledR}$ expert at Examkrackers. All discussions are kept on file so you can refer back to previous discussions on any question in this book. Once you have purchased the books you can take advantage of this resource by calling 1-888-KRACKEM to register for the forums.

Examkrackers offers a 9-week Comprehensive MCAT ${ }^{*}$ Preparation Course to help you achieve a high score on the MCAT ${ }^{\circledR}$. The Examkrackers course includes 66 hours with expert instructors, a unique course format, and regular full-length simulated MCAT ${ }^{\circledR}$ exams. Each class includes lecture, practice exam, and review, designed to help you develop essential $\mathrm{MCAT}^{\circledR}$ skills. For locations and registration, visit www.examkrackers.com or call 1.888.KRACKEM.

Although we make every effort to ensure the accuracy of our books, the occasional error does occur. Corrections are posted on the Examkrackers Books Errata Forum, also at www.examkrackers.com/mcat/forum. If you believe that you have found a mistake, please post an inquiry on the Study with Examkrackers MCAT ${ }^{\circledR}$ Books Forum, which is likewise found at www.examkrackers.com/mcat/forum. As the leaders in $\mathrm{MCAT}^{(8)}$ preparation, we are committed to providing you with the most up-to-date, accurate information possible.

Study diligently, trust this book to guide you, and you will reach your MCAT ${ }^{\circledR}$ goals.
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## PHYSICAL SCIENCES

DIRECTIONS. Most questions in the Biological Sciences test are organized into groups, each preceded by a descriptive passage. After studying the passage, select the one best answer to each question in the group. Some questions are not based on a descriptive passage and are also independent of each other. You must also select the one best answer to these questions. If you are not certain of an answer, eliminate the alternatives that you know to be incorrect and then select an answer from the remaining alternatives. A periodic table is provided for your use. You may consult it whenever you wish.

PERIODIC TABLE OF THE ELEMENTS

| $\begin{gathered} 1 \\ \mathbf{H} \\ 1.0 \end{gathered}$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\begin{gathered} 2 \\ \mathrm{He} \\ 4.0 \end{gathered}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\begin{gathered} 3 \\ \mathrm{Li} \\ 6.9 \end{gathered}$ | $\begin{gathered} 4 \\ \mathrm{Be} \\ 9.0 \end{gathered}$ |  |  |  |  |  |  |  |  |  |  | $\begin{array}{\|c\|} \hline 5 \\ \mathbf{B} \\ 10.8 \end{array}$ | $\begin{array}{\|c\|} \hline 6 \\ \mathbf{C} \\ 12.0 \end{array}$ | $\begin{array}{r} 7 \\ \mathbf{N} \\ \mathbf{N} \\ 14.0 \end{array}$ | $\begin{gathered} 8 \\ 0 \\ 16.0 \end{gathered}$ | $\begin{gathered} 9 \\ \mathbf{F} \\ 19.0 \end{gathered}$ | $\begin{gathered} \hline 10 \\ \mathrm{Ne} \\ 20.2 \end{gathered}$ |
| $\begin{gathered} 11 \\ \mathrm{Na} \\ 23.0 \end{gathered}$ | $\begin{gathered} 12 \\ \mathbf{M g} \\ 24.3 \end{gathered}$ |  |  |  |  |  |  |  |  |  |  | $\begin{array}{r} 13 \\ \text { AI } \\ 27.0 \end{array}$ | $\begin{array}{r} 14 \\ \mathrm{Si} \\ 28.1 \end{array}$ | $\begin{gathered} 15 \\ \mathbf{P} \\ 31.0 \end{gathered}$ | $\begin{gathered} 16 \\ \mathbf{S} \\ 32.1 \end{gathered}$ | $\begin{array}{r} 17 \\ \mathrm{CI} \\ 35.5 \end{array}$ | $\begin{gathered} \hline 18 \\ \mathbf{A r} \\ 39.9 \\ \hline \end{gathered}$ |
| $\begin{array}{\|c\|} \hline 19 \\ \mathbf{K} \\ 39.1 \\ \hline \end{array}$ | $\begin{gathered} 20 \\ \mathrm{Ca} \\ 40.1 \end{gathered}$ | $\begin{array}{r} 21 \\ \mathrm{Sc} \\ 45.0 \end{array}$ | $\begin{array}{r} 22 \\ \mathrm{Ti} \\ 47.9 \end{array}$ | $\begin{gathered} 23 \\ \mathbf{V} \\ 50.9 \end{gathered}$ | $\begin{gathered} 24 \\ \mathrm{Cr} \\ 52.0 \\ \hline \end{gathered}$ |  | $\begin{gathered} 26 \\ \text { Fe } \\ 55.8 \end{gathered}$ | $\begin{array}{\|c\|} \hline 27 \\ \text { Co } \\ 58.9 \\ \hline \end{array}$ | $\begin{gathered} 28 \\ \mathrm{Ni} \\ 58.7 \end{gathered}$ | $\begin{gathered} 29 \\ \mathrm{Cu} \\ 63.5 \end{gathered}$ | $\begin{gathered} 30 \\ \mathbf{Z n} \\ 65.4 \\ \hline \end{gathered}$ | $\begin{array}{r} 31 \\ \mathbf{G a} \\ 69.7 \end{array}$ | $\begin{gathered} 32 \\ \mathbf{G e} \\ 72.6 \\ \hline \end{gathered}$ | $\begin{array}{r} 33 \\ \text { As } \\ 74.9 \end{array}$ | $\begin{gathered} 34 \\ \mathrm{Se} \\ 79.0 \\ \hline \end{gathered}$ | $\begin{array}{\|c\|} \hline 35 \\ \mathrm{Br} \\ 79.9 \\ \hline \end{array}$ | $\begin{gathered} 36 \\ \mathbf{K r} \\ 83.8 \\ \hline \end{gathered}$ |
| $\begin{gathered} 37 \\ \text { Rb } \\ 85.5 \end{gathered}$ | $\begin{array}{r} 38 \\ \mathrm{Sr} \\ 87.6 \end{array}$ | $\begin{gathered} 39 \\ \mathbf{Y} \\ 88.9 \end{gathered}$ | $\begin{gathered} 40 \\ \mathbf{Z r} \\ 91.2 \end{gathered}$ | $\begin{gathered} 41 \\ \mathrm{Nb} \\ 92.9 \end{gathered}$ | $\begin{array}{c\|} \hline 42 \\ \text { Mo } \\ 95.9 \\ \hline \end{array}$ | $\begin{gathered} 43 \\ \text { Tc } \\ (98) \end{gathered}$ | $\begin{gathered} 44 \\ \text { Ru } \\ 101.1 \end{gathered}$ | $\begin{gathered} 45 \\ \text { Rh } \\ 102.9 \end{gathered}$ | $\begin{gathered} 46 \\ \text { Pd } \\ 106.4 \end{gathered}$ | $\begin{gathered} 47 \\ \mathbf{A g} \\ 107.9 \end{gathered}$ | $\begin{gathered} 48 \\ \text { Cd } \\ 112.4 \end{gathered}$ | $\begin{gathered} 49 \\ \text { In } \\ 114.8 \end{gathered}$ | $\begin{gathered} 50 \\ \text { Sn } \\ 118.7 \end{gathered}$ | $\begin{gathered} 51 \\ \text { Sb } \\ 121.8 \end{gathered}$ | $\begin{gathered} 52 \\ \mathrm{Te} \\ 127.6 \end{gathered}$ | $\begin{gathered} 53 \\ \text { I } \\ 126.9 \end{gathered}$ | $\begin{gathered} 54 \\ \mathbf{X e} \\ 131.3 \end{gathered}$ |
| $\begin{gathered} 55 \\ \text { Cs } \\ 132.9 \end{gathered}$ | $\begin{gathered} 56 \\ \mathbf{B a} \\ 137.3 \end{gathered}$ | $\begin{gathered} 57 \\ \mathbf{L a}^{*} \\ 138.9 \end{gathered}$ | $\begin{gathered} 72 \\ \mathbf{H f} \\ 178.5 \end{gathered}$ | $\begin{gathered} 73 \\ \mathrm{Ta} \\ 180.9 \end{gathered}$ | $\begin{array}{\|c\|} \hline 74 \\ \text { W } \\ 183.9 \end{array}$ |  | $\begin{gathered} 76 \\ \text { Os } \\ 190.2 \end{gathered}$ | $\begin{gathered} 77 \\ \mathbf{I r} \\ 192.2 \end{gathered}$ | $\begin{gathered} 78 \\ \mathbf{P t} \\ 195.1 \end{gathered}$ | $\begin{gathered} 79 \\ \mathbf{A u} \\ 197.0 \end{gathered}$ | $\begin{gathered} 80 \\ \mathbf{H g} \\ 200.6 \\ \hline \end{gathered}$ | $\begin{gathered} 81 \\ \mathrm{TI} \\ 204.4 \end{gathered}$ | $\begin{array}{\|c\|} \hline 82 \\ \mathbf{P b} \\ 207.2 \\ \hline \end{array}$ | $\begin{gathered} 83 \\ \mathbf{B i} \\ 209.0 \end{gathered}$ | $\begin{gathered} 84 \\ \text { Po } \\ (209) \end{gathered}$ | $\begin{gathered} 85 \\ \text { At } \\ (210) \end{gathered}$ | $\begin{gathered} 86 \\ \mathbf{R n} \\ (222) \end{gathered}$ |
| $\begin{array}{\|c} \hline 87 \\ \mathrm{Fr} \\ (223) \\ \hline \end{array}$ | $\begin{gathered} 88 \\ \text { Ra } \\ 226.0 \end{gathered}$ | $\begin{gathered} 89 \\ \mathbf{A c}^{\mathbf{=}} \\ 227.0 \end{gathered}$ | $\begin{gathered} 104 \\ \text { Unq } \\ (261) \end{gathered}$ | $\begin{aligned} & 105 \\ & \text { Unp } \\ & (262) \end{aligned}$ | $\begin{gathered} 106 \\ \text { Unh } \\ (263) \end{gathered}$ | $\begin{gathered} 107 \\ \text { Uns } \\ (262) \end{gathered}$ | $\begin{array}{r} 108 \\ \text { Uno } \\ (265) \end{array}$ |  |  |  |  |  |  |  |  |  |  |

* | 58 | 59 | 60 | 61 | 62 | 63 | 64 | 65 | 66 | 67 | 68 | 69 | 70 | 71 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\mathbf{C e}$ | $\mathbf{P r}$ | $\mathbf{N d}$ | $\mathbf{P m}$ | $\mathbf{S m}$ | $\mathbf{E u}$ | $\mathbf{G d}$ | $\mathbf{T b}$ | $\mathbf{D y}$ | $\mathbf{H o}$ | $\mathbf{E r}$ | $\mathbf{T m}$ | $\mathbf{Y b}$ | $\mathbf{L u}$ |
| 140.1 | 140.9 | 144.2 | $(145)$ | 150.4 | 152.0 | 157.3 | 158.9 | 162.5 | 164.9 | 167.3 | 168.9 | 173.0 | 175.0 |
| 90 | 91 | 92 | 93 | 94 | 95 | 96 | 97 | 98 | 99 | 100 | 101 | 102 | 103 |
| $\mathbf{T h}$ | $\mathbf{P a}$ | $\mathbf{U}$ | $\mathbf{N p}$ | $\mathbf{P u}$ | $\mathbf{A m}$ | $\mathbf{C m}$ | $\mathbf{B k}$ | $\mathbf{C f}$ | $\mathbf{E s}$ | $\mathbf{F m}$ | $\mathbf{M d}$ | $\mathbf{N o}$ | $\mathbf{L r}$ |
| 232.0 | $(231)$ | 238.0 | $(237)$ | $(244)$ | $(243)$ | $(247)$ | $(247)$ | $(251)$ | $(252)$ | $(257)$ | $(258)$ | $(259)$ | $(260)$ |

For your convenience, a periodic table is also inserted in the back of the book.

## Motion and Force

### 1.01 Introduction

Physics concepts are tested in the Chemical and Physical Foundations of Biological Systems Section of the MCAT ${ }^{\circledR}$. This section asks the test taker to solve problems by combining knowledge of physics and chemistry with scientific inquiry and reasoning skills. The Physics Manual reviews all of the physics knowledge tested by the MCAT ${ }^{\circledR}$. Together with the following, it covers the knowledge and skills tested in the Chemical and Physical Foundations of Biological Systems Section:

- the Research and Reasoning Skills for the MCAT ${ }^{\circledR}$ Lecture in the Reasoning Skills Manual;
- the Chemistry Manual;
- the Biology 1: Molecules Manual; and
- the Biology 2: Systems Manual.

Achieving a high score on the MCAT ${ }^{\circledR}$ requires application of the physics concepts presented in this manual to biological systems. Many physics-related passages and questions on the MCAT ${ }^{\circledR}$ will involve physiological processes.

Pay special attention to connections between physics and biology lectures. For example, while reading the Fluids Lecture in this manual, note connections with the circulatory system, discussed further in Biology 2: Systems.


### 1.01 Introduction

1.02 Salty's Five Step Never-Fail Method for Solving Physics Problems
1.1 Introduction to Motion and Force
1.2 Vectors and Scalars
1.3 Translational Motion
1.4 Graphs of Linear Motion
1.5 Projectile Motion
1.6 Mass and Weight
1.7 Force and Free Body Diagrams
1.8 Newton's Laws in Action

THE 3 KEYS

1. Acceleration is required for any change in motion, that is change in direction or speed.
2. See net force, think acceleration. See acceleration, think net force.
3. When forces are acting, draw free body diagrams.


### 1.02 <br> Salty's Five Step Never-Fail Method for Solving Physics Problems

Whether they realize it or not, any good physics student has a method for solving physics problems. Some problems are so simple that the entire system can be completed without conscious thought in a fraction of a second. Other times, each step is given careful and deliberate consideration. The following is my method that you can use to solve every single physics problem on the MCAT ${ }^{\circledR}$. For easy problems you will be able to do the entire method in your head in seconds or less, but the moment you feel any hesitation, start drawing diagrams with your pencil. Remember: first breathe, then DIVE.

Step 1: Breathe.
Don't let yourself be intimidated by any $\mathrm{MCAT}^{\circledR}$ question. Remember that the MCAT ${ }^{\circledR}$ only tests basic physics. After completing this manual, you will have all of the necessary knowledge to handle any physics problem on the MCAT ${ }^{\circledR}$.

## Step 2: Diagram.

Draw a well-labeled diagram. A good diagram takes the question out of the 'MCAT ${ }^{\circledR}$ environment' and puts it on your terms. The act of drawing a diagram also provides you with new insight into the problem.

Step 3: Isolate.
Isolate the system of bodies that is of interest for answering the question. This step may seem obvious, but it is the one most often forgotten. Learn to concentrate on only the body or bodies that are relevant to the question and ignore all extraneous information.

Step 4: Variable.
List all variables that are involved in the problem. Identify the variable(s) that describe the body or system of bodies of interest. Write down any values given for those variables. Identify the variable whose value you are being asked to find.

## Step 5: Equation.

If an equation is needed, brainstorm by writing down equations that include both the variable(s) you know and the one for which you must solve. Select the equation that will allow you to answer the question asked. As necessary, plug in given values and solve for unknowns.

The example problem below will demonstrate every step of my system.
The owner of a warehouse asks an engineer to design a ramp that will reduce the force required to lift boxes to the top of a 0.5 m high step. If there is only room enough for a 4 m ramp, what is the maximum factor by which the lifting force could be reduced?
A. $1 / 2$
B. 2
C. 4
D. 8

## Breathe:

All of the information needed to solve this problem is covered in the Motion and Force and Energy and Equilibrium Lectures of the Physics Manual.

## Diagram:



Isolate:


The problem is asking about the degree to which a ramp can reduce the force required to lift a box to the top of a step.

## Variable(s):

$$
\begin{gathered}
\text { Force }(F) \text { : unknown } \\
\text { Displacement }(d) \text { : } \\
\mathrm{d}_{\text {step }}=0.5 \mathrm{~m} \\
\mathrm{~d}_{\text {ramp }}=4 \mathrm{~m}
\end{gathered}
$$

For now, don't worry about the physics knowledge needed to solve this particular problem. We'll get to that later. Focus on the method that is being used to solve the problem.

Equation:

$$
F=m a
$$

This equation involves force $(F)$. It relates force to mass $(m)$ and acceleration (a).

$$
v=\frac{d}{t}
$$

This equation involves displacement ( $d$ ). It relates displacement to velocity ( $v$ ) and time $(t)$.

$$
W=F d
$$

Now that you've learned my neverfail method for solving physics problems, it's time to focus on the physics.

This equation involves force $(F)$ and displacement $(d)$. It equates their product to work ( $W$ ).

Ramps do not change the amount of work done. $W=F d=\triangle P E=m g(\Delta h)$, and $m, g$, and $\Delta h$ are constant, so $W$ is constant. However, ramps do change both displacement and force.

Because the product of force and displacement is equal to a constant, these variables are said to be inversely proportional to each other. If one increases by a given factor, the other must decrease by that same factor. The addition of a 4 m ramp would increase displacement by a factor of 8 . Therefore, force would decrease by that same factor.

If there is only room for a 4 m ramp, the lifting force could be reduced, at most, by a factor of 8 .

### 1.1 Introduction to Motion and Force

This lecture begins with a brief review of vectors and scalars. It then covers motion and the forces that cause and change it. The lecture discusses the basics of translational motion, including displacement, velocity, and acceleration, emphasizing the fact that any change in the direction of motion is a change in velocity and thus requires acceleration. Next the lecture discusses forces acting at an object's center of mass. Forces create acceleration and cause or change motion. Net force moves an object from rest to motion, from motion to rest, or from one state of motion to another.

### 1.2 Vectors and Scalars

Understanding the difference between vectors and scalars is necessary for solving MCAT ${ }^{\circledR}$ physics problems. This lecture will demonstrate how vectors and scalars can be used to solve problems about motion and force. A scalar is a physical quantity that has magnitude but no direction. Distance and speed are scalars commonly used to describe motion. A vector is a physical quantity with both magnitude and direction. A vector can be represented by an arrow. The direction of the arrow indicates the direction of the vector; the length of the arrow indicates the magnitude of the vector. Displacement, velocity, and acceleration are vectors commonly used to describe motion. Forces are also vector quantities.


## Adding and Subtracting Vectors

Solving problems with vector quantities often involves adding or subtracting vectors to produce a new vector, such as when forces are added to calculate net force.

To add vectors geometrically, place the first vector such that the head of the arrow meets the tail of the second vector, and draw an arrow from the tail of the first to the head of the second. The resulting arrow is the vector sum of the other two vectors. Notice that the magnitude of the sum of two vectors must be smaller than or equal to the sum of their magnitudes and greater than or equal to the difference of their magnitudes. The sum of two velocity vectors with magnitudes of $10 \mathrm{~m} / \mathrm{s}$ and $7 \mathrm{~m} / \mathrm{s}$ will be greater than or equal to a velocity vector of $3 \mathrm{~m} / \mathrm{s}$, but smaller than or equal to a velocity vector of $17 \mathrm{~m} / \mathrm{s}$.

To subtract vectors geometrically, place the heads of the two vectors together and draw an arrow from the tail of the first to the tail of the second. An alternative method is to find the negative of the vector that is being subtracted and add it to the other vector. The new arrow represents the vector difference between the two original vectors.

FIGURE 1.1 Vector Addition and Subtraction


## Component Vectors

Vectors can also be added and subtracted algebraically. This method requires separating each vector into its $x$ and $y$ component vectors. Any vector can be resolved into infinite numbers of pairs of perpendicular component vectors whose vector sum is equal to the original vector. This property of vectors is often convenient, since vectors that are perpendicular to each other, like $x$ and $y$ component vectors, sometimes affect each other in a limited fashion or not at all.

Figure 1.2 shows three possible pairs of component vectors for one vector. Each component vector is perpendicular to its partner and sums with its partner to

FIGURE 1.2 Component Vectors
 equal the original vector. Each of the infinite number of points on the semi-circle represents a possible meeting of the head of one partner and the tail of another. The lengths of the component vectors can be found through simple trigonometry such as the Pythagorean Theorem and SOH CAH TOA.

Any vector can be replaced by component vectors. Component vectors are always at right angles to each other, and their sum is equal to the vector being replaced.

SOH CAH TOA is a little slow for the MCAT ${ }^{\text {® }}$. Memorize the following (where O is Opposite, H is Hypotenuse, and A is Adjacent):

$$
\begin{aligned}
O & =H \sin \theta \\
A & =H \cos \theta
\end{aligned}
$$

Except for the ones that you should memorize (as discussed in the Introduction to the MCAT ${ }^{\text {® }}$ and Math Lecture), the MCAT ${ }^{\oplus}$ will provide the values of sine and cosine when needed, and, more often, when not needed.

FIGURE 1.3 Lengths of Component Vectors


As long as we're thinking about the Pythagorean theorem, we might as well remember one of the most common triangles seen on the MCAT ${ }^{\text {® }}$, the 3-4-5 triangle, and a less common cousin, the 5-12-13 triangle.


### 1.3 Translational Motion

Distance, displacement, speed, velocity, and acceleration are all characteristics that describe motion. Distance and displacement are scalar and vector counterparts, as are speed and velocity. Displacement is distance with the added dimension of direction, and velocity is speed with the added dimension of direction. The definitions of average speed and average velocity are represented by the following formulae:

$$
\text { speed }=\frac{\text { distance }}{\text { time }} \quad \text { velocity }=\frac{\text { displacement }}{\text { time }}
$$

If a man walks from Point $A$ to Point $B$, his distance traveled can be measured by the number of steps that he takes. His displacement is his final position relative to his starting point, meaning the net distance traveled. If Point $B$ is 10 meters to the right of Point $A$, the man's displacement is 10 meters in the rightward direction. However, the distance is unknown, because he may have taken path $X, Y$, or $Z$ (or any other possible path). Notice that the magnitudes of the man's displacement and distance are not necessarily equal.

The speed and velocity of a moving object will have the same magnitude, but the displacement and distance of a trip taken by that object will not necessarily have the same magnitude. A meandering path from Point A to Point $B$ (described by distance) will differ in magnitude from the shortest path from $A$ to $B$ (described by displacement).

## FIGURE 1.4 Distance vs. Displacement



If the entire trip took 100 s , the man's average velocity is his displacement divided by 100 s , or $0.1 \mathrm{~m} / \mathrm{s}$ to the right. The average velocity does not depend on the path chosen. The man's average vertical velocity during the trip was zero. Since the distance traveled is unknown, the average speed cannot be determined.

The man's instantaneous speed and instantaneous velocity, that is, his speed and velocity at any one moment during the trip, are also unknown. It is possible that his speed and velocity were constant throughout the trip. Alternatively, he could have covered the first half of the trip in 99 seconds and the second half in 1 second, thus changing velocity over the course of the trip.

The rate of change in velocity is a vector quantity called acceleration, which is defined as follows:

$$
\text { acceleration }=\frac{\text { change in velocity }}{\text { time }}
$$

You likely have an intuitive understanding of velocity, but not of acceleration. For instance, you probably know what it feels like to move at a velocity of 55 miles/hour, but how does it feel to accelerate at 55 miles $/ \mathrm{hour}^{2}$ ? Are you thrown to the back of your seat, or do you become impatient waiting to speed up? You can understand 55 miles/hour ${ }^{2}$ as a change in velocity of 55 miles/hour every hour. Starting from zero, it would take you one hour to reach a velocity of 55 miles/hour, and another hour to reach 110 miles/hour.
Any change in velocity is acceleration, whether it is a change in magnitude, direction, or both. Thus a particle must accelerate in order to change the direction of its motion. An object traveling at $10 \mathrm{~m} / \mathrm{s}$ north one moment and $10 \mathrm{~m} / \mathrm{s}$ east the next moment has accelerated, even though its speed has not changed. A particle moving at constant velocity has no acceleration; that is, an acceleration equal to zero.
One more point about acceleration: velocity and acceleration do NOT have to be in the same direction. A particle can be moving to the left while accelerating to the right, or moving up while accelerating down. If velocity and acceleration are in opposite directions, the object is slowing down. For instance, a ball thrown upwards is accelerating downwards due to the force of gravity even though it is moving upwards. This is why the ball slows down and eventually starts to fall. The ball is even accelerating the moment it reaches its maximum height, where its velocity is zero, because it is changing direction to start moving downwards.

## 

## Uniformly Accelerated Motion and Linear Motion

The motion - more specifically, the velocity - of a particle experiencing uniform acceleration changes at a constant rate. Recall that acceleration is a vector. Both the direction and magnitude of acceleration must remain constant for the acceleration to be considered constant. This section will examine the rules for the simple case of uniformly accelerated motion along a straight line. Projectile motion, a more complex example, will be discussed later in the lecture.

The motion of a particle in uniformly accelerated motion on a linear path can be described completely by four basic variables: displacement $(x)$, velocity $(v)$, acceleration (a), and time $(t)$. The first three of these are vectors, and the last one is a scalar. The values for these variables can be found through three basic equations. These equations can be referred to as the linear motion equations. However, remember that they only apply to objects that are experiencing constant acceleration. The equations are:

$$
\begin{gathered}
x-x_{\mathrm{o}}=v_{\mathrm{o}} t+\frac{1}{2} a t^{2} \\
v-v_{\mathrm{o}}=a t \\
v^{2}=v_{\mathrm{o}}^{2}+2 a\left(x-x_{\mathrm{o}}\right)
\end{gathered}
$$

The subscript ${ }^{\circ}$, indicates a starting value. Note that $x-x_{o}=\Delta x$ and $v-v_{o}=\Delta v$, where ' $\Delta$ ' means 'change in.' The equations can be manipulated by substitution of variables. These equations can only be applied to objects that are undergoing constant acceleration and linear motion. When selecting an equation to apply to a particular problem, pick the one in which only one variable is unknown.

The velocities in the equations above are instantaneous velocities. Average velocity in a uniformly accelerated motion problem is given by:

$$
v_{\mathrm{wvz}}=\frac{1}{2}\left(v+v_{\mathrm{o}}\right)
$$



Study uniformly accelerated and linear motion in order to get a solid grasp on translational motion, component vectors, velocity and acceleration.

This skier is accelerating as she skis down the hill. If she moves side-to-side on the way, the distance she travels will be greater than her overall displacement.

## Questions 1-8 are NOT related to a passage.

## Item 1

A weather balloon travels upward for 6 km while the wind blows it 10 km north and 8 km east. Approximately what is its final displacement from its initial position?

OA) 7 km
OB) 10 km
OC) 14 km
OD) 20 km

## Item 2

The Earth moves around the sun at approximately $30 \mathrm{~m} / \mathrm{s}$. Is the Earth accelerating?

OA) No, because acceleration is a vector
OB) No, because the speed is constant
OC) Yes, because the speed is not constant
OD) Yes, because the velocity is not constant

## Item 3

An airliner flies from Chicago to New York. Due to the shape of the earth, the airliner must follow a curved trajectory. How does the curved trajectory of the airliner affect its final displacement for this trip?

OA) The displacement is less than it would be if the airliner flew in a straight line to New York.
OB) The displacement is greater than it would be if the airliner flew in a straight line to New York.
OC) The displacement is the same as it would be if the airliner flew in a straight line to New York.
OD) The final displacement of the airliner is zero.

## Item 4

An automobile that was moving forward on a highway pulled over onto the exit ramp and slowed to a stop. While the automobile was slowing down, which of the following could be true?

OA) The velocity was positive and the acceleration was positive.
OB) The velocity was negative and the acceleration was negative.
OC) The velocity was positive and the acceleration was negative.
OD) The velocity and acceleration had the same sign, either positive or negative.

## Item 5

All of the following describe the magnitude and direction of a vector EXCEPT:

OA) $10 \mathrm{~m} / \mathrm{s}$ West.
OB) $10 \mathrm{~m} / \mathrm{s}$ in a circle.
OC) 20 m to the left.
OD) 20 m straight up.

## Item 6

A car accelerates at a constant rate from 0 to $25 \mathrm{~m} / \mathrm{s}$ over a distance of 25 m . Approximately how long does it take the car to reach the velocity of $25 \mathrm{~m} / \mathrm{s}$ ?

OA) 1 s
OB) 2 s
OC) 4 s
OD) 8 s

## Item 7

A particle moving forward in a straight line slows down at a constant rate from $50 \mathrm{~m} / \mathrm{s}$ to $25 \mathrm{~m} / \mathrm{s}$ in 2 seconds. What is the acceleration of the particle?

OA) $-12.5 \mathrm{~m} / \mathrm{s}^{2}$
OB) $-25 \mathrm{~m} / \mathrm{s}^{2}$
OC) $+12.5 \mathrm{~m} / \mathrm{s}^{2}$
OD) $+25 \mathrm{~m} / \mathrm{s}^{2}$

## Item 8

A driver moving at a constant speed of $20 \mathrm{~m} / \mathrm{s}$ sees an accident up ahead and hits the brakes. If the car decelerates at a constant rate of $-5 \mathrm{~m} / \mathrm{s}^{2}$, how far does the car go before it comes to a stop?

OA) 10 m
OB) 20 m
OC) 40 m
OD) 100 m

In order to examine changes in the displacement (d), velocity $(v)$, and acceleration (a) of an object in linear motion, we can graph $d, v$, or $a$ as a function of time $(t)$. Such graphs give information only about the object's position and motion along one line in space. For instance, a linear motion graph describing a particle's north and south position or movement would not indicate anything about the particle's position or movement with respect to east and west. This section will describe the significance of the slope of the line and the area under the curve in each type of graph of linear motion.

In a displacement vs. time graph, an object's displacement is plotted as a function of time. The slope at any point is the instantaneous velocity at that particular time. An upward slope indicates positive velocity, while a downward slope indicates negative velocity (i.e. velocity in the reverse direction). A straight line has a constant slope, indicating constant velocity. A straight horizontal line has a slope of zero, indicating that the particle is not moving. A curved line has a changing slope, indicating a changing velocity and thus acceleration. (Recall that acceleration is the rate of change in velocity). The area beneath the curve has no meaning in a displacement vs. time graph.

Suppose that the graph in Figure 1.5 describes the position of a particle with respect to north

FIGURE 1.5 Displacement vs. Time
 and south only. If we arbitrarily designate north as positive, we can make the following observations about the particle's motion:
(1.) Between zero and 20 seconds, the slope of the line is one, so the particle has a constant velocity of $1 \mathrm{~m} / \mathrm{s}$ to the north. (The particle's east, west, up, or down velocity cannot be determined from the information given.)
(2.) Between 20 and 40 seconds, the particle remains exactly 20 meters to the north of its original position. It is stationary with respect to movement along a north-south axis. The particle may or may not be moving east or west, but we do not have any information that would allow us to determine its movement in those directions.
(3.) At 50 seconds, the particle is back where it started with respect to its north-south coordinates. The slope of the line is -2 , so it is moving to the south at a velocity of $2 \mathrm{~m} / \mathrm{s}$. It has traveled a total distance of 40 meters: 20 meters north and 20 meters south. The particle's total displacement is zero, assuming that it is not moving east or west.
(4.) At 60 seconds, the particle changes direction and begins to accelerate north.
The average north-south velocity of the particle after 100 seconds is 20 $\mathrm{m} / 100 \mathrm{~s}$ or $0.2 \mathrm{~m} / \mathrm{s}$ to the north.

To practice interpreting displacement vs. time graphs, reexamine Figure 1.5 at each step and try deriving these values.

A velocity vs. time graph plots an object's velocity as a function of time. On this type of linear motion graph, the slope at any point is the instantaneous acceleration at that time. An upward slope indicates positive acceleration, while a downward slope indicates negative acceleration. Negative acceleration is not necessarily slowing down. It is simply acceleration in what has been designated the reverse

FIGURE $1.6 \mathrm{~d} / \mathrm{t}$ Graph Machine

direction. Negative acceleration means slowing down if the velocity is in the positive direction, but speeding up if the velocity is in the negative direction. A straight line indicates constant slope and thus constant acceleration. A curved line has a changing slope, indicating a changing acceleration. The area beneath the curve can represent distance or displacement. If we label all of the area between the curve and zero velocity as positive, the total area represents distance. If we label the area below zero velocity as negative, the total area represents displacement.

If Figure 1.7 describes the position of a particle with respect to north and south only, and we designate north as positive, we can make the following observations about its motion:

One way to visualize the movement represented by a d/t graph is to imagine this machine:
(1.) The particle begins with a velocity of $10 \mathrm{~m} / \mathrm{s}$ to the north. Remember, the particle could also be moving up, down, east, or west, but such movement cannot be determined from this particular graph.
2. For the first 20 seconds, the slope of the line is -1 , so the particle's acceleration is $-1 \mathrm{~m} / \mathrm{s}^{2}$. The negative sign shows that the particle is accelerating to the south. Note that for the first 10 seconds the particle is moving north but slowing down, and for the next 10 seconds it is moving south and speeding up.
(3.) At exactly 10 seconds, the particle has traveled 50 meters to the north (not zero meters), as determined by calculating the area under the line.
(4.) At 20 seconds, the particle has a displacement of zero meters. It is at its starting point with respect to north and south. However, it has travelled 100 meters.
5. Between 20 and 40 seconds, the particle has no acceleration and is moving at a constant velocity to the south.
6. At 80 seconds, the particle begins to decelerate; it is moving north but slowing down. The curved line shows that the deceleration, or negative

At 100 seconds, the particle has a positive, nonzero displacement.

The displacement is calculated by subtracting the area under the $x$-axis and above the curve from the area above the $x$-axis and below the curve. The total distance traveled is calculated by adding these areas. The area beneath the $x$-axis represents negative displacement. Since distance is a scalar quantity and has no direction, the area above and beneath the curve represents positive distance.

To practice interpreting velocity vs. time graphs, reexamine Figure 1.7 at each step and try deriving the values given above.

The linear motion equations can be used on
any of the straight-line sections of a velocity vs. time graph because acceleration for those sections is constant.
acceleration, is not constant.


On a displacement versus time graph, the slope is velocity, and the area is meaningless. On a velocity versus time graph, the slope is acceleration, and the area is displacement. Study these graphs and the interpretations in the text until you are completely comfortable with them. The MCAT ${ }^{\text {P }}$ is very fond of questions that involve interpretation of graphs.

FIGURE 1.7 Velocity vs. Time

Want a fast, easy way to solve linear motion problems without using the equations? Use a v/t graph as follows. Draw a line and label the left end with the initial velocity and the right end with the final velocity. If the acceleration is constant, this line represents the line on a $v / t$ graph. The exact midpoint of the line is always the average velocity. Since the displacement is the average velocity multiplied by the time, you know the displacement. If you don't know the time, it is the change in velocity divided by the acceleration; i.e., the difference between the two ends of your line divided by the rate of change in velocity. Remember, acceleration is how fast velocity is changing.

It's not as complicated as it sounds. Use the following examples to practice.
What is the distance traveled by a particle that starts at $30 \mathrm{~m} / \mathrm{s}$ and accelerates to $50 \mathrm{~m} / \mathrm{s}$ in 4 seconds? What is the acceleration?

1) Draw and label your line.

2) Find the average velocity exactly at the middle. 7

3) Average velocity $(40 \mathrm{~m} / \mathrm{s})$ multiplied by time $(4 \mathrm{~s})=160 \mathrm{~m}$.
4) The acceleration is $50 \mathrm{~m} / \mathrm{s}$ minus $30 \mathrm{~m} / \mathrm{s}$ divided by $4 \mathrm{~s}=5 \mathrm{~m} / \mathrm{s}^{2}$.

An object is dropped from a plane and falls for 5 seconds. How far does it fall?

1) The vertical velocity for a projectile changes by $10 \mathrm{~m} / \mathrm{s}$ each second, so final velocity is $50 \mathrm{~m} / \mathrm{s}$.
2) Draw and label your line.

3) Find the average velocity exactly at the middle.

4) Average velocity ( $25 \mathrm{~m} / \mathrm{s}$ ) multiplied by time ( 5 s ) $=125 \mathrm{~m}$.

Projectile motion helps develop intuition for the concepts of velocity, acceleration and force. Projectile motion is unlikely to be tested directly on the MCAT ${ }^{\oplus}$, but could appear in a passage. The principles that govern projectile motion also underlie the study of fluids and electricity, which ARE both tested by the MCAT ${ }^{\oplus}$.

### 1.5 Projectile Motion

The movement of an object through the air along a curved path due to gravity, called projectile motion, is a prominent example of uniformly accelerated motion. After an external force puts a projectile into motion - that is, gives it a $v_{0}$ - the only acceleration the projectile experiences is acceleration due to the force of gravity. Gravitational acceleration, $g$, is a constant approximately equal to $10 \mathrm{~m} / \mathrm{s}^{2}$.

Projectile motion is not linear motion, but its components are linear. First resolve projectile motion into its vertical and horizontal components. Then apply the linear motion equations.

Acceleration in the vertical direction is constant and equal to gravitational acceleration, $10 \mathrm{~m} / \mathrm{s}^{2}$. There is no acceleration in the horizontal direction. In the absence of air resistance, horizontal velocity remains constant throughout the object's flight, since acceleration is required for any change in motion.

In projectile motion, the component with acceleration - the vertical component - determines the time for both components. Without the force of gravity pulling the projectile towards the earth, the projectile would travel indefinitely in the horizontal direction.

According to SOH CAH TOA, the initial vertical velocity is always $\tau \sin \theta$ and the horizontal velocity remains constant at $v \cos \theta$.

FIGURE 1.8 Projectile Motion


The peak height of the projectile can be found by rearranging the equation:

$$
v=\sqrt{2 g h}
$$

where $g$ is positive $10 \mathrm{~m} / \mathrm{s}^{2}$. This general equation is derived from the linear motion equations. When using it to find the maximum height of a projectile launched from the ground, $v$ represents the initial vertical velocity, or $v_{0} \sin \theta$. This equation can also be used to find the final velocity $v$ of a projectile that is dropped straight down from a height $h$. When the object begins to fall, the vertical velocity is zero, and is changing at a rate of $g$ in the downward direction. This means that $v_{\mathrm{o}}$ is zero, and choosing the downward direction as positive gives $g$ a positive value. Solving for $v$ or $h$ results in a positive value as well.

The path of a projectile that is not experiencing air resistance is not influenced by the mass of the projectile. In a vacuum, a golf ball will follow the same path as a ping pong ball if their initial velocities are the same.

Finally, in the absence of air resistance a projectile exhibits symmetry: its path upward is the mirror image of its path downward. For a projectile over a flat plane, time is the same for both halves of the flight, and initial speed is equal to final speed.



In the absence of air resistance, the projectile follows a parabolic path. Its vertical velocity decreases as it moves toward its peak and increases as it moves away from its peak.

Study projectile motion qualitatively and quantitatively. In other words, don't just rely on the equations. Stop now and contemplate projectile motion. The projectile moves both up and down in the same flight, but its acceleration is constant. Even when the projectile is motionless, at the instant it reaches its peak, acceleration is still equal to g . How can a motionless object have acceleration? The answer lies in the definition of acceleration.

Use the symmetry of projectile motion to help you solve problems. If we use only the second half of the trip, for example, vertical $v_{o}$ is always equal to zero, making calculations easier.

Remember that vertical velocity dictates time of flight. If two projectiles leave the Earth with the same vertical velocity, they will land at the same time, regardless of their horizontal velocities. A bullet shot horizontally from a gun and a rock dropped from the same height will both land at the same time.

Also remember that mass does not affect projectile motion, assuming that there is no air resistance.

## 1.6 <br> Mass and Weight

Whether they are moving or at rest, all objects have a tendency to remain in their present state of motion. This tendency is called inertia. Mass is the quantitative measure of an object's inertia. An object's mass tells us how much that object will resist a change in its motion. On the $\mathrm{MCAT}^{\circledR}$, mass is usually measured in kilograms (kg).

Weight is the gravitational force that an object experiences when it is close to a much larger body, such as the Earth. Weight is measured in newtons (N). An object's weight at the surface of the Earth is given by the product of its mass and the gravitational constant $g$. Thus, the weight of any object at the surface of the Earth is equal to 'mg.' Weight and mass are proportional to each other, but they are not the same physical quality.


## Center of Mass

The forces discussed in this lecture act at a system's center of mass, causing that system to accelerate. The center of mass of a system is the single point at which all of the system's mass can be considered to be concentrated. More precisely, the center of mass is the point through which a single force can be applied in any direction to cause all points in the system to accelerate equally.
If a system is uniformly dense, its center of mass coincides with its geometric center. If the system is not uniformly dense, its center of mass is shifted away from the geometric center toward the denser side. For example, a cube with one half made of lead and the other half made of Styrofoam would have a geometric center equidistant from its edges. However, its center of mass would be shifted toward the lead side.
The center of mass of an object does not have to be located within that object. A doughnut with uniform density, for instance, has its center of mass at the center of the doughnut hole, a point where there is no mass.
The center of mass of an object is the point where, if the object was hanging by a string, it would be perfectly balanced in any orientation. But center of mass is not limited to systems with only one object. A system with any number of objects also has a center of mass. If the planets shown in Figure 1.9 were of uniform density, the center of mass would be in the middle of the three planets. From a distant spaceship, however, the planets would appear to be a single small dot. The ship would be affected by the three planets' gravitational force as if their entire mass was concentrated at the center of mass of the system.

Questions about center of mass on the MCAT ${ }^{\text {® }}$ will be intuitive or will involve symmetrical objects. Just look for the perfect balancing point.

## FIGURE 1.9 Center of Mass of a Group of Objects



## Questions 9-16 are NOT related to a passage.

## Item 9

Which of the following graphs best represents a particle with constant velocity?
○A)

-C)
-B)



## Item 10

The graph below represents a particle moving along a straight line. What is the total distance traveled by the particle from $t=0$ to $t=10$ seconds?


OA) 0 m
OB) 50 m
OC) 100 m
OD) 200 m

## Item 11

Which of the following is the most probable description of the motion of the object depicted by the graph below?


OA) A person on a bike accelerating in a straight line, and then decelerating
OB) A baseball thrown by a pitcher and hit by a batter
OC) A planet in orbit
OD) One swing on a pendulum

## Item 12

The graph below shows the displacement of a particle over time.


The particle exhibits increasing:
I. displacement.
II. velocity.
III. acceleration.

OA) I only
OB) II only
OC) I and II only
OD) I and III only

## Item 13

The graph below represents a particle moving in a straight line. When $t=0$, the displacement of the particle is 0 .


All of the following statements are true about the particle EXCEPT:

OA) the particle has a total displacement of 100 m .
OB) the particle moves with constant acceleration from 0 to 5 seconds.
OC) the particle moves with constant velocity between 5 and 10 seconds.
OD) the particle is moving backwards between 10 and 15 seconds.

## Item 14

A hiker throws a rock horizontally off a cliff that is 40 meters above the water below. If the speed of the rock is $30 \mathrm{~m} / \mathrm{s}$, how long does it take for the rock to hit the water? (Ignore air resistance, $g=10 \mathrm{~m} / \mathrm{s}^{2}$ ).

OA) 3 sec
OB) 4 sec
OC) 5 sec
OD) 6 sec

## Item 15

A 10 kg mass is in free fall with no air resistance. In order to slow the mass at a rate equal to the magnitude of $g$, an upward force must be applied with magnitude:

OA) 0 N .
OB) 10 N .
OC) 100 N .
OD) 200 N .

## Item 16

A 50 kg skydiver and a 100 kg skydiver open their parachutes and reach a constant velocity. The net force on the larger skydiver is:

OA) equal to the net force on the smaller skydiver.
OB) twice as great as the net force on the smaller skydiver.
OC) four times as great as the net force on the smaller skydiver.
OD) half as great as the net force on the smaller skydiver.

Net force is the sum of all forces acting on an object. Two forces that are equal in magnitude but opposite in direction will cancel each other out, leaving zero net force.

## The Nature of Force

Force is what causes and changes motion. Distance, displacement, speed, velocity, and acceleration describe motion. Uniformly accelerated motion, linear motion, and projectile motion are types of motion. It is net force that creates acceleration and causes changes in motion. When presented with net force, think of acceleration, and when presented with acceleration, think of net force. Net force moves an object from rest to motion, from motion to rest, and from one state of motion to another.

There are only four types of forces in nature:

1. the strong nuclear force;
2. the weak nuclear force;
3. gravitational force; and
4. electromagnetic force.

The first two forces exist within the nucleus of an atom. Any other force must be either gravitational or electromagnetic. Categorizing a given force would thus be simple if not for the fact that some electromagnetic forces are difficult to identify. For instance, if a person pushes a book with his finger, the force that moves the book is electromagnetic. Electrostatic repulsion between the atoms in the person's finger and the atoms in the book creates a force that we usually think of as being created by contact. Since it is difficult to think of such contact forces as electromagnetic, we will label them as 'contact forces' instead of electromagnetic forces.

Thus, for any MCAT ${ }^{\circledR}$ problem that does not take place at the level of the atomic nucleus, there are only three possible forces:

1. gravitational;
2. electromagnetic; and
3. contact.

FIGURE 1.10 Contact Forces are Electromagnetic


Only gravitational and electromagnetic forces act at a distance. These forces are easy to identify. Gravity is usually just $m g$. Electromagnetic forces require the presence of a charged object or a magnet. In order for contact forces to be acting on a system, something must be making physical contact with the system.

Contact forces must act in at least one of two directions: perpendicular to a surface and/or parallel to a surface. The perpendicular force is also called the normal force. The parallel force requires friction.

## Free Body Diagrams

Free body diagrams can be used to solve problems involving forces acting on a body or system of bodies. Vectors are used in a free body diagram to isolate the system of interest, show the direction and relative impact of each force, and allow easy addition of forces. Because free body diagrams include vectors that show the direction and relative magnitude of each force, they provide a visual indication of whether or not a net force is acting on the system.

To construct a free body diagram, first remove the body from its environment and draw it as a simple shape. Place a point at its center of mass. Then draw a vector to represent each force acting on the body's center of mass. If the Earth's gravitational force is acting on the body, draw a vector pointing downward from the center of mass. If normal force (discussed in the next section) is present, draw a vector pointing upward from the center of mass. Draw as many vectors as needed to represent all of the forces acting on the object, using longer lines for forces with greater magnitudes. Take note of which force vectors cancel and which do not. Ask yourself if there is a net force on the body. If there is a net force, there will be acceleration.


If we are interested in the movement of the box in the diagram above, we should consider only the forces acting on the box. The top diagram contains all kinds of force vectors and is nearly useless. The dark red vectors in the bottom diagram represent only forces acting on the system (the box) and are the only forces that should be considered. First draw the weight forces, then any electromagnetic forces, and then any contact forces, which can only be created by something that has direct physical contact with your system.

## 1. BREATHE \& <br> 2. D iagram <br> 3. I solate <br> 4. V ariable 5. E quation

Let's go back to my 5 step system. The third step, isolating the system of interest, is particularly relevant to drawing free body diagrams. A system can be any mass or group of masses. Define your system carefully, making sure that you know what is your system and what is not. When working through a problem, consider only the forces that are acting directly on your system. Ask yourself, "ls gravity acting on my system?" If so, label it. Ask yourself, "ls my system charged?" Label the electromagnetic forces, if present. Finally, look for anything touching your system, and label the normal and frictional contact forces created by those objects. After these steps, you know that you have included all of the relevant forces.

### 1.8 Newton's Laws in Action

Newton's laws of motion describe how and to what extent forces cause objects to accelerate. Newton's First Law of motion, the law of inertia, states that an object in a state of rest or in a state of motion will tend to remain in that state unless it is acted upon by a net force. Any change in motion requires acceleration, and where there is acceleration, there must be net force.

Newton's Second Law states that when a net force acts on an object, the change in that object's state of motion will be inversely proportional to the mass $(m)$ of the object and directly proportional to the net force $(F)$ acting on the object. Newton's Second Law can be written as the equation below:

$$
F=m a
$$

The equation shows that for a given force, the smaller the mass experiencing the force, the greater the acceleration. In other words, a small mass experiences a greater effect of a force than would a larger mass. The effect of the force, acceleration, is a change in the object's velocity - in magnitude, direction, or both. For a given force, a greater mass will experience a smaller resulting acceleration or effect of that force. The direct proportionality between $F$ and $a$ demonstrates that for a given mass, the greater the force, the greater the acceleration.

Newton's Third Law states that for every action, there exists an equal and opposite reaction. When object A applies a force to object B , object A experiences a force that is equal in magnitude but opposite in direction. Such acting and reacting forces never exist within a single system. One system applies a force on another system and experiences a reacting force of equal magnitude.

FIGURE 1.12 Systems Approach to Newton's Third Law
How can the horse accelerate the cart? No matter how hard the horse pulls, the cart pulls back just as hard. How can it possibly move?


## The Law of Universal Gravitation

The laws of motion state that forces, including gravitational forces, cause objects to accelerate in proportion to their masses. This section will discuss gravitational force and how its magnitude is determined.

Gravitational force is the attractive force that every mass in the universe exerts on every other mass in the universe. Each mass pulls on the other; not only does the Earth pull on a person, but a person pulls on the Earth. The magnitude of gravitational force is directly proportional to both of the masses, $m_{1}$ and $m_{2}$, and inversely proportional to the square of the distance $r$ between their centers of mass. Note that $r$ represents the distance from the center of one mass to the center of the other, not the distance between their surfaces. The formula representing Newton's Law of Universal Gravitation is as follows:

$$
F=G \frac{m_{1} m_{2}}{r^{2}}
$$

where $G$ is equal to $6.67 \times 10^{-11} \mathrm{~m}^{3} \mathrm{~kg}^{-1} \mathrm{~s}^{-2}$. This formula gives the magnitude of the force but not the direction. The direction is from the center of mass of one object to the center of mass of the other. According to Newton's Third Law, both masses experience a force of the same magnitude. The Earth pulls a person toward its center with a force equal to the person's weight, and the person pulls the Earth toward his or her center of mass with a force that is also equal to the person's weight. When we use the gravitational acceleration constant $g$, we consider the force that the object exerts on the Earth to be negligible in its effects and assume that the Earth remains stationary. This is a reasonable assumption due to the large difference in mass between the object and the Earth.
In order to determine how quickly two objects that do not differ greatly in mass will accelerate toward each other, as in Figure 1.13, consider the gravitational force of each. Apply Newton's Second Law to each mass and then add the magnitudes of their accelerations. Suppose that the gravitational force on object A causes it to accelerate in the direction of object B at $10 \mathrm{~m} / \mathrm{s}^{2}$. Since object B is half as massive as object A, object B accelerates toward object A at $20 \mathrm{~m} / \mathrm{s}^{2}$, even though the gravitational force on B is of equal magnitude. These values represent the separate accelerations of the objects, but the two bodies are accelerating toward each other at a faster rate. Adding the magnitudes of the objects' individual accelerations gives a value of $30 \mathrm{~m} / \mathrm{s}^{2}$, the rate at which the objects are accelerating toward each other. Object $B$ is accelerating relative to object $A$ at $30 \mathrm{~m} / \mathrm{s}^{2}$, but it is accelerating relative to a stationary boundary $A$ at only $20 \mathrm{~m} / \mathrm{s}^{2}$.

## FIGURE 1.13 Universal Gravitation



The Earth pulls down on the 400 pound barbell, but the barbell also pulls up on the earth with the same force. To separate the barbell from the Earth, the weight lifter gets between them and pushes up on the barbell with a 400 pound force, but also must push down on the Earth with a 400 pound force.

## Big G, the Universal Gravitational

 Constant, and little g, the acceleration due to gravity, are not the same thing. $\operatorname{Big}$ G is a constant anywhere in the universe, but little $g$ is a constant only near the surface of the Earth. Notice also that big $G$ is a very small number, on the order of $10^{-11}$.

Remember, when forces are acting, draw a free body diagram.

FIGURE 1.14 Forces on an Object on an Inclined Plane

## Inclined Planes

Net gravitational force causes an object on the surface of an inclined plane to accelerate down the plane. The normal force opposes the component of gravity perpendicular to the surface, and the force of friction opposes the component of gravity parallel to the surface. When the parallel component of gravity is stronger than the force of friction, the object slides down the plane.

In the simplest case (no friction and nothing attached to the block), the only forces acting on a block on an inclined plane are gravity pushing straight downward and the inclined plane pushing back. The force of the inclined plane pushing back against the block is called the normal force $\left(F_{n}\right)$. The normal force is always perpendicular to the surface that applies it. Figure 1.14 shows a free body diagram of a block on a frictionless inclined plane.

Since gravity and the normal force are the only forces acting on the block, their sum is the net force. The net force can be plugged into Newton's Second Law to find the acceleration of the system. As shown in Figure 1.15, vector addition of the gravitational and normal forces creates a right triangle. This triangle is similar to the triangle of the inclined plane. Similar triangles have equal corresponding angles. Using SOH CAH TOA, we find that the resultant vector has a magnitude of $m g \sin \theta$, where $\theta$ is the angle between the inclined plane and a horizontal surface. The net force due to gravity and the normal force of an inclined plane is always equal to $m g \sin \theta$ and points in a direction that is parallel to the plane.

Remember that $m g \sin \theta$ is the vector sum of the weight and the normal force. Do not label the system with both $m g \sin \theta$ and weight or the normal force, since this would be redundant.

According to the rules of SOH CAH TOA, the normal force is always equal to $m g \cos \theta$.

FIGURE 1.15 Deriving the Net Force on an Object on an Inclined Plane



Whenever you see an inclined plane, think $m g \sin \theta$. This is always the net force down any inclined plane due to gravity and the normal force. Likewise, $m g \cos \theta$ is always the normal force. These formulas work regardless of the angle of the plane.

$a=g$

$O<a<g$


$$
a=0
$$

The extreme cases of inclined planes are $90^{\circ}$ and $0^{\circ}$. At $90^{\circ}, m g \sin \theta=m g$; at $O^{\circ}, m g \sin \theta=O$. An object on a frictionless incline with any angle between $0^{\circ}$ and $90^{\circ}$ will accelerate at some fraction of g .


#### Abstract

Friction is unlikely to show up on the MCAT ${ }^{\circledR}$, but if it does, be sure to include it in free body diagrams. Friction does NOT oppose motion; it opposes relative motion. Friction makes a car's movement possible by opposing relative motion between the tires and the road. Without friction, the tires would slide easily on the surface of the road, and the car would not move.


Air resistance is unlikely to appear on the MCAT ${ }^{-}$but if it does, you'll be ready. Air resistance brings together many physics topics, including fluids, collisions, projectiles, force, and acceleration. Remember, the force of air resistance depends on the number of collisions between an object and air molecules per unit time.

## Friction and Air Resistance

Friction is a force that opposes relative motion. It is caused by attractive molecular forces between surfaces that are in contact. As one surface moves past the other, the molecules of each surface attract those of the other. Because the surfaces' molecules are attracted to each other, the surfaces do not move past each other as easily as they would in the absence of friction. A frictional force acts parallel to the contact surface, in contrast to a normal force, which acts perpendicular to the contact surface. Draw frictional force vectors to point in the direction that will prevent surfaces from sliding past each other. For instance, the frictional force on the front tires of an accelerating front wheel-drive car points in the direction of motion of the car because the force prevents the tires from sliding backwards on the road.

A common type of friction is drag, also called air resistance. Air resistance is usually considered to be negligible in problems involving projectile motion. In reality, it can have a significant effect on motion. Air resistance results from an object's collisions with air molecules. As an object (such as a projectile) moves through a fluid (such as air), or as a fluid moves past an object, fluid molecules collide with and drag past the object. These interactions impede relative motion between the fluid and the object. If the object is a projectile, drag slows the projectile; if the object is a pipe, drag slows the fluid moving through the pipe. The greater the number of molecular collisions that occur each second, the greater the effect of drag.

The shape, surface area, and velocity of a projectile change the force of the air resistance that it experiences. Streamlined objects, which are designed to have smooth surfaces and reduced surface area, experience decreased collisions with fluid molecules and thus decreased drag. Fluid molecules slip by smoother objects more easily than rougher objects, so smoother objects experience less drag. Reduced surface area also leads to fewer collisions and therefore less drag. As the velocity of an object increases, the number of collisions with fluid molecules each second increases, and drag increases.

The mass of an object does not affect the force of air resistance experienced by the object. However, mass does affect the acceleration that results from air resistance. Since the force of air resistance remains constant for any mass (unless the factors discussed above create significant changes), acceleration must decrease as mass increases. Remember, $F=m a$. If force is constant, acceleration and mass must be inversely proportional to one another. For this reason, a golf ball and a ping pong ball, which experience similar forces of air resistance, experience different accelerations due to air resistance. A golf ball experiences lesser acceleration due to air resistance because it is more massive than a ping pong ball.

The direction of air resistance is opposite to the direction of relative motion. When travelling upward, a projectile experiences a downward force of air resistance. Both gravity and air resistance point downward, so net downward acceleration is greater than $g$. When traveling downward, a projectile experiences an upward force of air resistance. Since gravity points downward and air resistance points upward, the net downward acceleration of the projectile is less than $g$. Projectiles are commonly said to be "slowed down" by air resistance because the direction of air resistance is opposite to the direction of motion.

More massive objects are less affected by air resistance than are less massive objects. When a golf ball and a ping pong ball are thrown from the same height, the more massive golf ball will be slowed down less than the ping pong ball.

## Hooke's Law

Compressing or stretching an object creates another type of force, which follows Hooke's law. Solids that have been deformed tend to 'remember' their shape and re-form to it. Hooke's law describes the force that most objects apply against a deforming force. The object's force is directly proportional to the amount of deformation or, more precisely, the change in position $(\Delta x)$. Hooke's law is given by the following equation:

If Hooke's law comes up on the MCAT®, it will probably be in a problem concerning springs. ' $k$ ' is often referred to as the 'spring constant.' The negative sign in the formula can usually be ignored.

$$
F=-k \Delta x
$$

where $k$ is a constant unique to a given object. The negative sign indicates that the force is in the opposite direction of the displacement. Most solids follow Hooke's law to some extent. All solids violate Hooke's law at some limit of displacement, unique to each object. The point of violation is called the yield point. When an object is deformed beyond its yield point, it loses the ability to regain its original shape. At some greater displacement, the object will reach the fracture point and break.
On the MCAT ${ }^{\circledR}$, Hooke's law is most often applied to springs. The force $F$ is the tension in the spring and $\Delta x$ is the change from the spring's position at rest. Rearranging Hooke's Law shows that the spring in Figure 1.16 has a spring constant $k=m g / \Delta x$.

Assuming that my head follows Hooke's law, the force that my head produces against this vise is equal to the change in thickness, $\Delta x$, multiplied by some constant, $k_{\text {salty }}$, which is specific to my head. The change in the thickness of my head is negative because l'm getting thinner. If I were being stretched, the change in my thickness would be positive and the force I create would be in the other direction. According to Newton's Third Law, the vise applies an equal but opposite force against me. That's the one that hurts.

$$
F=-k_{\text {salty }} \Delta x
$$



## Questions 17-24 are NOT related to a passage.

## Item 17

A box starts from rest and slides 40 m down a frictionless inclined plane. The total vertical displacement of the box is 20 m . How long does it take for the block to reach the end of the plane?
OA) 1 s
OB) 2 s
OC) 4 s
OD) 8 s

## Item 18

A box rests on an incline. Which of the following describes the forces on the box as the angle of inclination is increased?

OA) The force parallel to the ramp increases and the force perpendicular to the ramp decreases.
OB) The force parallel to the ramp increases and the force perpendicular to the ramp also increases.
OC) The force parallel to the ramp decreases and the force perpendicular to the ramp also decreases.
OD) The force parallel to the ramp and the force perpendicular to the ramp remain constant.

## Item 19

In many harbors, old automobile tires are hung along the sides of wooden docks to cushion them from the impact of docking boats. The tires deform in accordance with Hooke's law. As a boat is brought to a stop by gently colliding with the tires, the rate of deceleration of the boat:

OA) is constant until the boat stops.
OB) decreases until the boat stops.
OC) increases until the boat stops.
OD) increases and then decreases before the boat stops.

## Item 20

The diagram below shows two different masses hung from identical Hooke's law springs. The Hooke's law constant $k$ for the springs is equal to:


OA) $2 \mathrm{~N} / \mathrm{cm}$.
OB) $5 \mathrm{~N} / \mathrm{cm}$.
OC) $10 \mathrm{~N} / \mathrm{cm}$.
OD) $20 \mathrm{~N} / \mathrm{cm}$.

## Item 21

Newton's Third Law states that for every action there exists an equal and opposite reaction. What is the force that acts in reaction to the force of Earth's gravity on an object on its surface?

OA) The normal force that the object exerts on the Earth
OB) The force of gravity that the object exerts on the Earth
OC) The normal force that the Earth exerts on the object
OD) The force of gravity that the Earth exerts on the object

## Item 22

Newton's Law of Universal Gravitation states that any two objects attract each other with a force that is directly proportional to the product of their masses and indirectly proportional to the square of the distance between them. Thus, an object on the Earth's surface exerts a gravitational force on the Earth that is equal to that which the Earth exerts on it. Which of the following best describes the acceleration experienced by the Earth?

OA) The Earth is not accelerating towards the object.
OB) The Earth and the object are accelerating toward each other with the same acceleration.
OC) The acceleration of the Earth towards the object is small because the Earth's mass is large.
OD) The Earth and the object are accelerating away from each other with the same acceleration.

## Item 23

How much force is required to lift a 10 kg box such that it is accelerated from rest to a velocity of $5 \mathrm{~m} / \mathrm{s}$ within 1 second?

OA) 150 N
OB) 100 N
OC) $\quad 50 \mathrm{~N}$
OD) 0 N

## Item 24

Which of the following is true regarding a tennis ball and a feather dropped from the same height? Assume that air resistance acts on both objects.

OA) The tennis ball has more mass so it will fall faster.
OB) The tennis ball has more surface area so it will fall faster.
OC) The tennis ball has less surface area so it will fall faster.
OD) The tennis ball has more weight so it falls faster.
$d=$ distance $\quad \vec{v}=$ velocity
$v=$ speed
$t=$ time
$\vec{a}=$ acceleration
on
$v=\frac{d}{t}$

$$
\stackrel{\rightharpoonup}{v}=\frac{\stackrel{\rightharpoonup}{d}}{t}
$$

$$
\stackrel{\rightharpoonup}{a}=\frac{\Delta \stackrel{\rightharpoonup}{v}}{t}
$$

$\vec{d}=$ displacement

## 

## TERMS YOU NEED TO KNOW

Acceleration
Average speed
Average velocity
Component vectors
Electromagnetic force

Gravitational force
Inertia
Instantaneous speed
Instantaneous velocity
Mass

Newton's First Law of motion
Normal force ( $F_{\mathrm{n}}$ )
Scalar
Vector
Weight


## Energy and Equilibrium

2.1 Introduction<br>2.2 Torque<br>2.3 Equilibrium<br>2.4 Systems and Energy<br>2.5 Energy and Accounting<br>2.6 Work and Power<br>2.7 Machines: Ramp, Lever and Pulley motion. Next, equilibrium is discussed. A system in equilibrium experiences no net force, no net torque, and thus no translational or rotational acceleration. Finally, the lecture will present the topic of energy, emphasizing how energy is never destroyed. It is either converted from one form to another or transferred between a system and its surroundings as heat or work. Energy equations are simply "accounting" used to keep track of where energy came from and where it is going. Most of the energy equations presented in this lecture are versions of one of the following concepts:

1. Energy of system + surroundings before $=$ energy of system + surroundings after.
2. Energy leaving a system = energy entering the surroundings, and Energy entering a system = energy leaving the surroundings.


## FIGURE 2.1 Torque

A force, $F$, is applied to an object such that it rotates. The lever arm, $l$, is the position vector, $r$, that is perpendicular to the force vector.

### 2.2 Torque

Torque is a measure of a force's ability to cause rotational acceleration. An object accelerates when it is acted on by a net force. If the net force acts at the object's center of mass, the object accelerates translationally. If it acts at any point other than the center of mass, the object also accelerates rotationally.

Like force, torque is a vector. On the $\mathrm{MCAT}^{\circledR}$, it can be thought of as being clockwise or counter-clockwise. The magnitude of torque is given by the following equation:

$$
\tau=F r \sin \theta
$$


where $F$ is the force vector, $r$ is the position vector, and $\theta$ is the angle between the force and position vectors. The position vector is the distance from the point of rotation to the point of application of the force. If the object is not rotating, any fixed point can be designated as the point of rotation. Since $\sin \left(90^{\circ}\right)$ is equal to 1 , it is convenient to make the position vector extend from the point of rotation to the point where the force acts at $90^{\circ}$. This type of position vector is called a lever arm (l). When the lever arm is used, the equation for torque can be written as:

$$
\tau=F l
$$

Notice that force and lever arm are inversely proportional. To keep torque constant while increasing force, the lever arm must decrease, and vice versa. This inverse proportionality is important for


How far from the left end of the board should I hang the hippo so that the board experiences no net torque or net force?
We'll return to this question at the end of the section on equilibrium.

### 2.3 Equilibrium

In physics, equilibrium is a state in which there is no net force and no net torque. Objects in equilibrium may be moving, but they are not accelerating. A system is in equilibrium if the translational velocity of its center of mass and the angular velocities of all its parts are constant; in other words, if it is moving and rotating at a constant velocity. If all velocities are zero, the system is in static equilibrium. If any velocities are nonzero, but all velocities are constant, the system is in dynamic equilibrium.

Remember, in equilibrium there is no net force, no net torque, and therefore no acceleration. Equilibrium does not mean motionless. It means constant velocity.


> For any system in equilibrium, the upward forces equal the downward forces, the rightward forces equal the leftward forces, and the clockwise torques equal the counterclockwise torques.

When considering the equilibrium between clockwise and counterclockwise torques, think about the inverse proportionality of lever arm and force. Imagine that you are trying to balance a broom on your finger-in other words, you are placing it in static equilibrium. You have to place your finger close to the heavier end of the broom so that the increased downward force due to gravity at that end is balanced by the decreased lever arm.

For a system in equilibrium, the sum of all the forces and torques acting on the system equals zero. In other words, the net force and net torque acting on a system in equilibrium are equal to zero. A reliable and simple method of viewing systems in equilibrium on the $\mathrm{MCAT}^{\circledR}$ is as follows: the sum of the magnitudes of the upward forces equals the sum of the magnitudes of the downward forces, the sum of the magnitudes of the rightward forces equals the sum of the magnitudes of the leftward forces, and the sum of the magnitudes of the clockwise torques equals the sum of the magnitude of the counterclockwise torques. With this method, it is possible to use positive numbers for all forces. It is no longer necessary to decide if $g$ is positive or negative $10 ; g$ is always said to be positive.

This is not the method taught in physics class, but it is faster and more intuitive for simple problems, so it is an effective method for the MCAT ${ }^{\circledR}$. The three formulae that describe a system in equilibrium are:

$$
\begin{gathered}
F_{\text {upward }}=F_{\text {downward }} \\
F_{\text {rightward }}=F_{\text {leftward }} \\
\tau_{\text {clockwise }}=\tau_{\text {counterclockwise }}
\end{gathered}
$$

## Systems Not in Equilibrium

If a system is not in equilibrium, its center of mass is accelerating translationally or its parts are accelerating rotationally. The $\mathrm{MCAT}^{\circledR}$ does not test angular acceleration, where parts are accelerating rotationally, so a system not in equilibrium on the MCAT ${ }^{\circledR}$ must have only translational acceleration. For a system not in equilibrium, the sum of the forces equals the mass of the system multiplied by the acceleration of the system, or $\Sigma F=m a$.

On the MCAT ${ }^{\circledR}$ there is a faster and more effective way to solve non-equilibrium problems. When faced with any system not in equilibrium, follow these five steps:
Step 1: Assume that you have the knowledge to solve the problem.
Step 2: Draw your diagram.
A. Ignore the acceleration and lay out the problem as if the system were in equilibrium.
B. Predict the direction of acceleration and verify that one of your axes is parallel to the direction of acceleration.
Step 3: Choose your system.
Step 4: Find your formulae.
Step 5: Plug and chug (if needed).


FIGURE 2.2 Non-Equilibrium vs. Equilibrium
As an example, we can solve for the acceleration of the skydiver in Figure 2.2. Immediately after the skydiver jumps from the plane, he is not in equilibrium. The downward force on him due to gravity is greater than the upward force due to air resistance. In order to find his acceleration, we pretend that he is in equilibrium by placing all upward forces on one side of the equation and all downward forces on the other. Since he is not in equilibrium, the two sides are not equal.

$$
F_{\text {upward }} \neq F_{\text {downward }}
$$

Next we decide which side has greater force. Since he is accelerating downward, the downward force must be greater. In order to balance the two sides of our equation, we add 'ma' to the side with less force.

$$
F_{\mathrm{upward}}+m a=F_{\mathrm{downward}}
$$

Now the two sides are equal and we can solve for acceleration.
After a few seconds, the skydiver reaches terminal velocity, where the gravitational force downward is equal to the force of air resistance upward. At this point, he is in equilibrium and his acceleration is zero.

Note again that our method is not the method that you learned in physics class. In physics class, you assign positive and negative values to opposite directions and label your forces accordingly. Then you set the sum of these positive and negative forces equal to ma. If the acceleration is positive, the object is accelerating in the positive direction. If the acceleration is negative, the object is accelerating in the negative direction. In our method, all numbers are positive. Our method helps you think about the problem intuitively. Since the MCAT ${ }^{\text {® }}$ tends to test your science intuition more than the ability to recall formulae and plug and chug, our method is more fast and effective on the MCAT ${ }^{\text {® }}$. The physics class method works perfectly and is certainly the preferred method if you are an engineer building a bridge! But you have to be careful when using it on the MCAT ${ }^{\text {® }}$. The MCAT expects you to use the physics class method and has developed questions designed to be confusing when you use it. As is usually the case on the MCAT ${ }^{\text {e }}$, a simplified method is better than lengthy calculations.



## Questions 25-32 are NOT related to a passage.

## Item 25

A rescue helicopter lifts a 50 kg rock climber by a rope from a cliff face. The rock climber is accelerated vertically at $5 \mathrm{~m} /$ $\mathrm{s}^{2}$. What is the tension in the rope?

OA) 350 N
OB) 500 N
OC) 750 N
OD) $\quad 1500 \mathrm{~N}$

## Item 26

A skydiver jumping from a plane will accelerate up to a maximum velocity and no greater. This constant velocity is known as terminal velocity. Upon reaching terminal velocity, the net force on the skydiver is:

OA) zero and the skydiver is in equilibrium.
OB) zero and the skydiver is not in equilibrium.
OC) equal to the weight of the skydiver and the skydiver is in equilibrium.
OD) equal to the weight of the skydiver and the skydiver is not in equilibrium.

## Item 27

There are 3 forces acting on an object. Two of the forces are of equal magnitude. One of these forces pulls the object to the north and one pulls to the east. If the object undergoes no acceleration, then in which direction must the third force be pulling?

OA) Northeast
OB) Northwest
OC) Southeast
OD) Southwest

## Item 28

Which of the following describes a situation requiring no net force?

OA) A car starts from rest and reaches a speed of 80 $\mathrm{km} / \mathrm{hr}$ after 15 seconds.
OB) A bucket is lowered from a rooftop at a constant speed of $2 \mathrm{~m} / \mathrm{s}$.
OC) A skater glides along the ice, gradually slowing from $10 \mathrm{~m} / \mathrm{s}$ to $5 \mathrm{~m} / \mathrm{s}$.
OD) The pendulum of a clock moves back and forth at a constant frequency of 0.5 cycles per second.

Item 29
A telephone pole stands as shown below. Line A is 4 m off the ground and line B is 3 m off the ground. The tensions in line A and line B are 200 N and 400 N respectively. What is the net torque on the pole?


OA) 0 Nm
OB) 400 Nm
OC) 800 Nm
OD) 2000 Nm

## Item 30

If all of the forces below have equal magnitude, which one creates the most torque?
A.

C.

B.

D.


## Item 31

A one meter board with uniform density hangs in static equilibrium from a rope with tension T. A weight hangs from the left end of the board as shown. What is the mass of the board?


OA) 1 kg
OB) 2 kg
OC) 3 kg
OD) 4 kg

## Item 32

A student with a mass of 40 kg sits on the end of a seesaw with a total length of 10 meters as shown in the picture.


How far to right of the center of the seesaw should a student with a mass of 50 kg sit to achieve the best balance?

OA) 1 m
OB) 2 m
OC) 4 m
OD) 5 m

## 2.4 <br> Systems and Energy

Energy is often transferred between systems and their surroundings. A system is any defined area that we choose to consider separately from the rest of the universe. The rest of the universe is called the surroundings. Mass and energy define the three basic types of systems in physics: the open system, which allows exchange of energy and mass with the surroundings; the closed system, which allows exchange of energy with the surroundings but not exchange of mass; and the isolated system, which allows no exchange of energy or mass with the surroundings. The form of energy in an isolated system may change, but the energy of the system is conserved. In the First Law of Thermodynamics, which says that the energy of the universe remains constant, the universe is being defined as an isolated system.


An isolated system cannot exchange work, heat, or mass with its surroundings. This storage unit is securely locked and temperature controlled. Thus no work can be done on the system; no heat can be transferred into or out of it; and no mass can be added to or taken from it.


A closed system can exchange work and heat with its surroundings. This forklift is doing work on the system by lifting it, changing its potential energy. The box remains closed, so no mass can be added to or taken from it. A closed system cannot exchange mass with its surroundings.

## Open System

Exchanges with surroundings:


An open system can exchange work, heat, and mass with its surroundings. The conveyer belt is both doing work on the system and transferring heat into it. Because the box is open, ice cubes can be added to it, and the melted ice cubes can leave the system as water; thus mass can be added and removed from the system.

## 2.5 Energy and Accounting

The energy of a system, including that of a closed or open system, is never destroyed. Instead, it is either converted from one form to another or transferred as work or heat. The energy that leaves an open or closed system goes into its surroundings. For energy problems on the MCAT ${ }^{\circledR}$, think like an accountant and keep careful record of where the energy is coming from and where it is going.
Many equations are presented in this lecture, but most are just versions of one of the following:

1. Energy of system + surroundings before $=$ energy of system + surroundings after.
2. Energy leaving a system = energy entering the surroundings, and Energy entering a system = energy leaving the surroundings.
3. Total energy of a system = the sum of all forms of energy in that system.

## When you see an energy problem, think like an accountant. Use these equations to "balance the books."

The unit of energy used on the MCAT ${ }^{\circledR}$ is the joule (J). One joule is $1 \mathrm{~kg} \mathrm{~m}^{2} / \mathrm{s}^{2}$, which is the same as 1 Nm .
Energy is a scalar. Thus energy usually provides the most convenient method for solving mechanics problems. Whenever there is a mechanics problem on the $M C A T^{\circledR}$, first check to see if it can be solved using conservation of energy, which is discussed below.

## Mechanics is the study of bodies, the forces that act on them, and the motion that they experience.

Energy can be divided into mechanical and non-mechanical energies. Mechanical energy $\left(\Delta E_{\mathrm{m}}\right)$ is the energy of a macroscopic system. A macroscopic system is a system that can be examined without a microscope. Mechanical energy can be further divided into kinetic and potential energy.

Keep it simple here. Remember that there are two kinds of energy: mechanical and non-mechanical. Mechanical energy is the energy of macroscopic objects. Non-mechanical energy is the energy of microscopic objects.

Kinetic energy $(K)$ is the energy of motion. Any moving mass has a kinetic energy given by the equation:

$$
K=\frac{1}{2} m v^{2}
$$

Potential energy ( $U$ ) is the energy of position. The potential energy of any object depends on where it is located. The most important types of potential energy on the MCAT ${ }^{\oplus}$ are gravitational potential energy $\left(U_{\mathrm{g}}\right)$ and elastic potential energy $\left(U_{\mathrm{c}}\right)$. (Electrical potential energy will be discussed in Physics Lecture 4.)
Gravitational potential energy $\left(U_{\mathrm{g}}\right)$ is potential energy created by the force of gravity. Gravitational potential energy between any two masses is given by $U_{\mathrm{g}}$ $=-G m_{1} m_{2} / r$, where $G$ is the universal gravitational constant, $m_{1}$ and $m_{2}$ are the two masses, and $r$ is the distance between their centers of gravity. The negative sign indicates that energy decreases as the distance between objects decreases. The numerical value becomes larger as distance decreases, but because of the negative sign, this increase corresponds to decreasing energy. A limited form of this equa-

Think of energy as you have always thought about energy. You have an intuitive idea of what is meant by the statement "He is full of energy today." Use that intuition about energy when you work physics problems.

You are about to use energy to turn this page. Where did that energy come from? We can begin with the center of the sun. Nuclear fusion at the sun's core releases solar energy. That energy is trapped by the chloroplasts in plants and converted to chemical energy. All food begins with plant energy. The energy you put into your "system" in the form of calories is converted through the process of cellular respiration to ATP and heat. It is then converted to mechanical energy during muscle contraction, allowing you to turn the page!

> Some MCAT ${ }^{\circledR}$ questions can be solved with either vectors or conservation of energy. It is much faster to solve them using conservation of energy. When faced with a mechanics problem, always consider conservation of energy first.
tion, which is more useful on the $\mathrm{MCAT}^{\circledR}$, gives the gravitational potential energy of an object near the earth's surface. This formula is:

$$
U_{\mathrm{g}}=m g h
$$

where $m$ is the mass of the object, $g$ is the free-fall acceleration at the surface of the earth, and $h$ is the height of the object or system above some arbitrary point.

An object is said to have elastic potential energy $\left(U_{\mathrm{e}}\right)$ when a restorative elastic force acts on it. For most objects, the magnitude of the restoring force, $F$, is proportional to the change in position, $\Delta x$. That is, most objects follow Hooke's Law, $F=-k \Delta x$. A deformed object following Hooke's Law has an elastic potential energy given by the formula:

$$
U_{\mathrm{e}}=\frac{1}{2} k \Delta x^{2}
$$

where $k$ is the Hooke's Law constant for the object and $\Delta x$ is the displacement of the object from its relaxed position. The constant $k$ is an intrinsic property of the material from which the object is made. It measures the extent to which the material resists deformation and is expressed in newtons per meter ( $\mathrm{N} / \mathrm{m}$ ). This makes sense since the magnitude of $k$ is equal to $F / \Delta x$.

> Conservation of energy does not mean that a certain type of energy (i.e. kinetic or potential) must be conserved. It means that the sum of all energy types must remain constant in an isolated system. Kinetic energy can be converted to potential energy and vice versa while the total amount of energy remains constant. In a closed system, the change in the sum of all energy types must equal the energy leaving or entering the system. Energy can enter or leave a closed system only as work or heat. Work is discussed in the following section. Heat is discussed in the Thermodynamics Lecture of the Chemistry Manual.

### 2.6 Work and Power

There are only two types of energy transfer: heat and work. Heat (q) is energy that is transferred between a system and its surroundings due to a temperature difference between them. Work (W) is energy transferred for any reason other than a temperature difference. Thus all work is energy transfer, but not all energy transfer is work. By 'transfer' we mean transfer from the system to the surroundings or vice versa. The energy transferred out of a system equals the energy transferred into its surroundings, and the energy transferred into a system equals the energy transferred out of its surroundings.

Work is a scalar and is measured in units of energy (joules). This makes sense since work is a transfer of energy.

As summarized by the First Law of Thermodynamics, any change in the total energy of a system is due to either work or heat.

$$
W+q=\Delta E_{\text {total }}
$$

This equation shows that in the absence of heat, $q$, any change in a system's total energy must be due to work, $W$.

Recall that the total energy of a system is equal to the sum of all forms of energy in that system. That is, $\Delta E_{\text {total }}=\Delta E_{\text {mechanical }}+\Delta E_{\text {internal }}=\Delta K+\Delta U+\Delta E_{\text {internal }}$. Work changes the total energy of a system, so it changes one or more of the forms of energy that are present in that system. The MCAT ${ }^{\circledR}$ often tests students' knowledge of work through questions that describe a change in the potential or kinetic energy of a system occurring in the absence of heat. To answer such questions correctly, recognize that the change in energy is equal to the magnitude of work done.

The MCAT ${ }^{\circledR}$ does not test frictional forces, and only frictional forces can change $\mathrm{E}_{\text {internal }}$, so assume that $\Delta \mathrm{E}_{\text {internal }}$ is equal to zero unless otherwise explained in a passage. A useful simplification for the $\mathrm{MCAT}^{\circledR}$ is:

$$
W+q=\Delta K+\Delta U
$$

This equation shows that in the absence of heat, any change in the sum of potential and kinetic energies must be due to work.

An even more simplified version tested by the MCAT ${ }^{\circledR}$ is:

$$
W=\Delta K
$$

This equation is an expression of the Work-Kinetic Energy Theorem. It is only true when all energy transfer results only in a change to kinetic energy. In other words, it is a very limited case of the previous equations. As an example, this equation could be used to calculate the work done to stop a moving object. The work, $W$, done on the moving object is equal to the change in kinetic energy, $\Delta K$.

Remember, energy equations are accounting tools. Use them to keep track of where energy came from and where it is going. Think of work as the total money transferred into or out of a bank account. Think of forms of energy as the forms that money can take, such as checks, bills, and coins. A hundred dollars can be transferred into a bank account in the form of two fifty-dollar bills or five twenty-dollar bills. In the same way, a hundred joules can be transferred into a system as 20 J of potential energy and 80 J of kinetic energy or 50 J of potential energy and 50 J of kinetic energy. Work changes the total energy of a system. Once within the system, that energy can change forms.

A common example of work is the energy transfer that occurs when a force acts over a distance. In this case, the magnitude of work done is given by:

$$
W=f d \cos \theta=\Delta K+\Delta U
$$

where $F$ is the force on some system, $d$ is the displacement of the system, and $\theta$ is the angle between $F$ and $d$. This equation gives the energy transferred into a system due to a force. The force described by this equation may be one of many forces acting on the system or it may be the net force. Know that only a force or component of force in the direction parallel to the system's direction of displacement, $F \cos \theta$, can do work on the system.

For more on internal energy, see the Thermodynamics Lecture in the Chemistry Manual.


You have probably seen the formula for work written as:

$$
W=F d
$$

This formula is an abbreviation for $W=F d \cos \theta . F \cos \theta$ is the component of force in the direction parallel to displacement, so when you see $W=F d, F$ is understood to be the force parallel to displacement.

## FIGURE 2.3 Work



Something is wrong here.
This may look like a nice example of how work plus heat is equal to the change in my energy throughout the day, but looking more closely will show that this doesn't work as an example of $W+q=\Delta E$. Can you find three reasons why?


Answer: See page 56

The simplest way to understand work is to remember the first law of thermodynamics: energy is always conserved, or

$$
\Delta E=W+q
$$

where $q$ is heat and $\Delta E$ is the total change in energy of a closed system. There are only two ways that energy can leave or enter a system: work and heat.

If you want to know whether work is done, first define your system. If your system is the same temperature as its surroundings, there can be no heat. Any energy change to such a system must be accomplished through work. Add up the change in energy and you have the work done on the system. If your system is not the same temperature as its surroundings, heat must be considered and you have a thermodynamics problem. (Caveat: change in temperature is not the same thing as heat.)

## Sign Conventions for Work

Sign conventions for work provide a standardized way to show where energy is coming from and where it is going.

When deciding whether to assign a positive or negative value to work done on or by a system, first identify the system of interest. Is energy going into or out of this system? If energy is going in, assign it a positive value. If energy is going out, assign it a negative value. Energy goes into a system when work is done on the system. If 50 J of work are done on a system, $W$ for that system $=+50 \mathrm{~J}$. Energy goes out of a system when the system does work. If 50 J of work are done by a system, $W$ for that system is -50 J . This all makes sense given the First Law of Thermodynamics, $\Delta E_{\text {total }}=W+q$. When a system does work, it transfers energy to its surroundings, decreasing its own total energy. $\Delta E_{\text {total }}<0$, so $W<0$.

When deciding whether to assign a positive or negative value to work done by a force, consider the direction of the force. If the force acts in the direction of displacement, assign it a positive value. If the force acts in the opposite direction to the direction of displacement, assign it a negative value. The force of gravity does positive work on a skydiver falling towards the earth. The force of air resistance does negative work on that same skydiver.

## Power

The amount of work done by a force per unit time is described in terms of power:

$$
P=\frac{W}{t}
$$

More generally, power (P) is the rate of energy transfer:

$$
P=\frac{\Delta E}{t}
$$

where $t$ is the time during which energy is transferred and $\Delta E$ is the energy change of the system, which equals work plus heat.
The unit of power is the watt (W), which is defined as J/s. Do not confuse the unit $W$ with the variable $W$, which represents work.
The instantaneous power due to a force is given by:

$$
P=F v \cos \theta
$$

where $\theta$ is the angle between $F$ and $v$. The $\cos \theta$ indicates that the force is in the direction of the velocity. This equation is sometimes written as $P=F v$, where it is understood that $F$ is the force in the direction of the velocity (thus $\theta=180^{\circ}$ and $\cos \theta=1$ ). This is the same shorthand often used for the equation for work. Note that power is a scalar quantity, not a vector; it does not have direction.

## Conservative and Non-conservative Forces

To determine whether a force is conservative or non-conservative, think like an accountant and check to see if the force has changed the total mechanical energy of the system on which it acts. Does mechanical energy before equal mechanical energy after? If so, the force is conservative. If not, the force is non-conservative.
When a conservative force does work on a system, the system experiences no change in mechanical energy. The total work done by a conservative force is equal to zero. Recall that in the absence of friction, $W=\Delta E_{\mathrm{m}}$.
The Law of Conservation of Mechanical Energy states that when only conservative forces are acting, the sum of mechanical energies remains constant. Mechanical energy before equals mechanical energy after.

$$
K_{1}+U_{1}=K_{2}+U_{2} \text { (conservative forces only, no heat) }
$$

Written another way:

$$
0=\Delta K+\Delta U \text { (conservative forces only, no heat) }
$$

Gravitational forces and Hooke's law forces are the conservative forces that are most likely to appear on the MCAT ${ }^{\circledR}$. To be a conservative force, it is necessary but not sufficient that a force be a function of position only. The conservative force of gravity experienced by an object depends on its position within a gravitational field. The conservative Hooke's law force depends on the position of the spring or object creating it.

Conservative forces have associated potential energies. This makes sense since potential energy is the energy of position.

Warning: If a question asks, "How much work is done by gravity?" (or any other conservative force), the question implies that gravity is not part of the system. There are three methods to answer such a question: 1 . use $F d \cos \theta ; 2$. simply calculate the change in $\Delta U_{\mathrm{g}}$; or 3 . use $W=\Delta K+\Delta U$ but do not include gravitational potential energy in your calculation of $\Delta U$. Technically speaking, a conservative force does not do work because energy is never lost or gained by the system.

Digesting a cracker releases five times as much energy per gram as exploding dynamite, but the dynamite releases energy over a much shorter time. Thus, the power of the dynamite is greater. That's why we don't make bombs out of crackers.


When a non-conservative force does work on a system, the mechanical energy of the system changes. Mechanical energy before is not equal to mechanical energy after. Examples of non-conservative forces are kinetic frictional forces and the pushing and pulling forces applied by animals. For instance, if a human lifts an object from rest to height $h$, the total mechanical energy of the object has changed. If an object is propelled to height $h$ by its own kinetic energy, its total mechanical energy remains constant.

The pushing and pulling forces applied by animals are non-conservative. In this picture, the force applied to the cart by the horses is a nonconservative force.

Except for frictional forces, the work done by all non-conservative forces equals the change in the mechanical energy of the systems upon which they are applied. This result is described by the equation:

$$
W=\Delta K+\Delta U
$$

Notice that this equation was also given as one of the definitions of work. This is because non-conservative forces do work. Compare this equation to the equation for the change in mechanical energy when only conservative forces act.

The MCAT ${ }^{\oplus}$ might ask you to identify conservative and non-conservative forces, but the most important thing to understand is how they affect work. If you already understand work and can do most MCAT ${ }^{\oplus}$ problems involving work, don't worry too much about conservative and non-conservative forces.

When conservative forces are acting, the total mechanical energy, meaning the sum of the potential and kinetic energies, remains constant. A conservative force may convert energy from one form of mechanical energy to another while the total mechanical energy is unchanged.

The work done against conservative forces is conserved in potential energy. The work done against non-conservative forces is not conserved.

## Examples of Work

Figure 2.4 shows a force acting at angle to the direction of displacement.

FIGURE 2.4 A Force at a $60^{\circ}$ Angle


A force $F$ acts on mass $M$ along a frictionless surface, resulting in displacement d. The force is acting through the entire displacement of the mass from position 1 to position 2. This simple example demonstrates several concepts about work. First, since an applied force transfers energy from the applicator of the force to the mass, work is done. The vertical component of the force was apparently too small to move the mass off the horizontal line. Thus the vertical displacement is zero, and the vertical component of force does no work. Gravity and the normal force are $90^{\circ}$ to the displacement and also do no work. The horizontal component of the force moves the mass a displacement of $d$ and thus does work. We can use the equation $W=F d \cos 60^{\circ}$ to find the work done by the force. (Notice that $F \cos 60^{\circ}$ is the horizontal component of the force.) The mass does not change height, so there is no change in potential energy. The work done on the mass goes completely into changing its kinetic energy. The change in kinetic energy is equal to the work.

Consider the physical manifestations of work in the example above. Since work is a transfer of energy, what physical changes to a mass result from this energy transfer? Imagine the same force acting on the box at an angle of $30^{\circ}$. How would the changed force affect the work done on the box? Would one force do more work than the other? What would be the physical manifestations of a difference in work done?

FIGURE 2.5 A Force at a $30^{\circ}$ Angle


Since the force applied at $30^{\circ}$ has a greater horizontal component, it does more work. This greater work would lead to a greater acceleration throughout the displacement, greater velocity at the end of the displacement, and less time required to achieve the displacement.

When faced with a problem involving work, follow my 5 step system given at the beginning of Physics Lecture 1. Once you have defined your system, decide what energy transfers are taking place. If there is heat or pressurevolume change, you have a thermodynamics problem. See the Thermodynamics Lecture of the Chemistry Manual for more on this type of problem. Otherwise, all energy transfer is work. The work done will be given by $W=F d$ $\cos \theta$ unless friction is acting, but can always be found by $W=\Delta K+\Delta U+\Delta E_{i}$ if information on internal energy change is available. Remember, you have three methods to calculate the work done by a conservative force:

1. Fd $\cos \theta$;
2. $\Delta U$;
3. everything but $\Delta U$.

## Questions 33-40 are NOT related to a passage.

## Item 33

A meteor with a mass of 1 kg moving at $20 \mathrm{~km} / \mathrm{s}$ collides with Jupiter's atmosphere. The meteor penetrates 100 km into the atmosphere and disintegrates. What is the average force on the meteor once it enters Jupiter's atmosphere? (Note: ignore gravity)

| OA) | $2 \times 10^{3} \mathrm{~N}$ |
| :--- | :--- |
| OB) | $4 \times 10^{3} \mathrm{~N}$ |
| OC) | $8 \times 10^{3} \mathrm{~N}$ |
| OD) | $2 \times 10^{5} \mathrm{~N}$ |

## Item 34

If 1 kg blocks were stacked one upon the other starting at the surface of the earth and continuing forever into space, the blocks near the bottom of the stack would have:

OA) less gravitational potential energy than blocks at the middle or blocks near the top of the stack.
OB) less gravitational potential energy than blocks at the middle and the same gravitational energy as blocks near the top of the stack.
OC) the same gravitational potential energy as all other blocks.
OD) more gravitational potential energy than blocks at the middle or blocks near the top of the stack.

## Item 35

Objects A and B are placed on the spring as shown. Object $A$ has twice as much mass as object $B$. If the spring is depressed and released, propelling the objects into the air, object A will:


OA ) rise one fourth as high as object B .
OB ) rise half as high as object B .
OC) rise to the same height as object B.
OD) rise twice as high as object $B$.

## Item 36

A spring powered dart-gun fires a dart 1 m vertically into the air. In order for the dart to go 4 m , the spring would have to be depressed:

OA) 2 times the distance.
OB) 3 times the distance.
OC) 4 times the distance.
OD) 8 times the distance.

## Item 37

A 100 N force is applied as shown to a 10 kg object for 2 seconds. If the object is initially at rest, what is its final velocity? (Ignore friction: $\sin 30^{\circ}=0.5 ; \cos 30^{\circ}=0.87$ )


OA) $\quad 8.7 \mathrm{~m} / \mathrm{s}$
OB) $1 \mathrm{~m} / \mathrm{s}$
OC) $17.4 \mathrm{~m} / \mathrm{s}$
OD) $34.8 \mathrm{~m} / \mathrm{s}$

## Item 38

A large rock is tied to a rubber band and dropped straight down. As the rock falls, the rubber band gradually stretches, eventually bringing the rock to a stop. Which of the following energy transfers is taking place in this process?

OA) Kinetic to gravitational potential to elastic potential
OB) Kinetic to elastic potential to gravitational potential
OC) Gravitational potential to elastic potential to kinetic
OD) Gravitational potential to kinetic to elastic potential

## Item 39

Energy consumption in the home is generally measured in units of kilowatt hours. A kilowatt hour is equal to:

OA) $3,600 \mathrm{~J}$.
OB) $6,000 \mathrm{~J}$.
OC) $3,600,000 \mathrm{~J}$.
OD) $\quad 6,000,000 \mathrm{~J}$.

## Item 40

A winch is used to lift heavy objects to the top of building under construction. A winch with a power of 50 kW was replaced with a new winch with a power of 100 kW . Which of the following statements about the new winch is NOT true?

OA) The new winch can do twice as much work in the same time as the old winch.
OB) The new winch takes twice as much time to do the same work as the old winch.
OC) The new winch can raise objects with twice as much mass at the same speed as the old winch.
OD) The new winch can raise objects with the same mass at twice the speed of the old winch.

Machines reduce the force required to do a given amount of work. This ability to reduce applied force is referred to as mechanical advantage. Machines are able to reduce force but do not change work. Remembering that machines do not change work can make otherwise difficult MCAT ${ }^{\circledR}$ problems fast and simple. This section will examine the ramp, lever, and pulley. The Fluids Lecture of this manual will present one more simple machine, a hydraulic lift.

## The Ramp

A ramp is an inclined plane that reduces the force needed to do work by increasing the distance over which the force is applied. The work required to lift a mass $m$ to a tabletop of height $h$ is equal to the force $m g$ multiplied by the distance $h$, or $m g h$. A frictionless ramp makes it possible to achieve the same result with a reduced force. To push the mass up the inclined plane, we must only overcome the force that is pushing the mass down the plane, $m g \sin \theta$. Since the sine of any angle is a fraction, we know that this force is only a fraction of $m g$. Thus the work has been reduced by the machine. Multiplying the force by the distance shows that the work is still the same. From SOH CAH TOA, we know that the distance along the ramp is the opposite, or $h$, divided by $\sin \theta$. Thus $W=m g \sin \theta \times h / \sin \theta$. This reduces to $W=m g h$, the same as the work that would be required without the machine. This example shows that in order to reduce the force by a certain fraction, we must increase the length of the ramp by the reciprocal of that fraction. To reduce the force to $1 / 2 m g$, for example, we must make a ramp with length $2 h$. This is the same as saying that force and distance are inversely proportional to each other when work is held constant, as shown by $W=F d$.


## The Lever

A lever is a beam attached to a fulcrum (pivot point). A lever reduces the force needed to do a given amount of work by increasing the distance over which the force is applied, as does a ramp. The lever differs from a ramp in that it is based on the principle of torque. Again, consider the process of lifting a mass $m$ to a height $h$. Assume that the system is in dynamic equilibrium, meaning that the magnitudes of the clockwise and counter-clockwise torques are equal. Torque is force multiplied by lever arm. Doubling the length of the lever arm reduces the force required by a factor of two. We can do this by placing the fulcrum so that it is twice as far from the force as from the mass. The diagram below shows that the curve traveled by the mass to reach height $h_{1}$ is only half as long as the curve traveled by the force-bearing end of the lever. As with the ramp, the force is inversely proportional to the distance, and the work is the same with or without the machine.

Notice that as soon as the lever begins to move, the lever arm shortens. As long as both gravity and the force point downward, the lever arms remain in the same proportions.

Many bones in your body act as levers. Think about this as you lift something heavy! See more on levers in the body (Muscle, Bone and Skin Lecture, Biology 2: Systems Manual).


## FIGURE 2.6

## Mass Hanging by a Rope

Tension at the top of the rope is equal to mg . Tension at the bottom of the rope is also equal to mg . Overall, the tension in the rope is just mg . Remember that the tension throughout a rope is assumed to be constant. Do not add tension at one end of a rope to tension at the other end of the rope.


## The Pulley

A pulley acts by the same principle as the ramp and lever: it allows force to act over a greater distance so that the same amount of work can be done with less force. A pulley uses rope to increase the distance over which the force acts. The magnitude of the force acting throughout the length of a rope is called tension. Tension is a scalar quantity and has no direction. For the purposes of the MCAT ${ }^{\circledR}$, assume that tension throughout a rope is constant. In the diagram below, the tension $T$ is the same at every point in the rope: $T=T_{1}=T_{2}=T_{3}$.

If you see tension on the MCAT ${ }^{\circledR}$, replace the rope through which it acts with a force vector acting on your system.

Without a pulley, the force $F$ required to lift the mass $m$ would be equal to $m g$. With a pulley, the tension $T$ lifts the mass. In order to solve for $T$, select the system on which $T$ acts directly. This system is pulley number 1 .

As usual, assume that the system is in dynamic equilibrium. This means that the magnitudes of the upward and downward forces are equal. The downward force is $m g$. The upward forces are the two tensions, $T_{1}$ and $T_{2}$, in the rope attached to the pulley. The tension throughout a rope in an ideal pulley is the same at every point, so the two tensions here must be equal: $T=T_{1}=T_{2}=T_{3}$. Setting upward forces equal to downward forces gives us $\mathrm{mg}=2 T$, or $T=1 / 2 \mathrm{mg}$.


The work required to lift the mass to the table has not changed. Since the force is halved, the force must be applied over twice the distance. If we look closely at the pulley system and imagine that the mass is raised one meter, we see that in order for the rope to lift evenly, one meter must come off of both sides of the pulley rope. Since it is all one rope, this amounts to pulling the rope a distance of two meters when the force $F$ is applied. Thus we have reduced the force by a factor of two by increasing the distance over which it acts by a factor of two. Again, when work is held constant, force and distance are inversely proportional.


## FIGURE 2.7 Modified Levers

These machines appear to be pulleys, but they are actually modified levers. They work on the principle of torque. In each, the lever arm acted on by force $F$ is greater than the lever arm acted on by mg. Notice that $\mathrm{L}_{1} \neq \mathrm{L}_{2}$. Thus, the force required to lift mg is reduced. The work remains the same. Notice that the tension is not constant throughout these ropes as it is throughout the ropes of a true pulley.

## Questions 41-48 are NOT related to a passage.

## Item 41

The frictionless pulley system below reduces the force necessary to lift any mass by a factor of 3 . How much power is required to lift a 30 kg object 2 meters in 60 seconds using this pulley system?


OA) 4 W
OB) 10 W
OC) 24 W
OD) 120 W

## Item 42

An eccentric pulley can be used on a compound bow to increase the velocity of an arrow. The pulleys pivot around the dots as shown. Below is a compound bow in two positions. The tension at point $A$ compared to point $B$ is most likely:


Position 1


Position 2

OA) less in both position 1 and position 2 .
OB) less in position 1 and greater in position 2.
OC) greater in both position 1 and position 2.
OD) greater in position 1 and less in position 2 .

## Item 43

A crate is to be lifted to a height of 3 meters with the assistance of an inclined plane. If the inclined plane is a non-ideal machine, which of the following statements is most likely true?

OA) The non-ideal inclined plane increases the force required and decreases the work that has to be done.
OB) The non-ideal inclined plane decreases the force required and increases the work.
OC) The non-ideal inclined plane increases the force and the work required.
OD) The non-ideal inclined plane decreases the force and the work required.

## Item 44

A girl riding her bicycle up a steep hill decides to save energy by zigzagging rather than riding straight up. Ignoring friction, her strategy will:

OA) require the same amount of energy but less force on the pedals.
OB) require the same amount of energy and the same amount of force on the pedals.
OC) require less energy and less force on the pedals.
OD) require less energy and more force on the pedals.

## Item 45

An inventor designs a machine that he claims will lift a 30 kg object with the application of only a 25 N force. If the inventor is correct, what is the shortest possible distance through which the force must be applied for each meter that the object is raised?

OA) 5 m
OB) 8 m
OC) 12 m
OD) 15 m

## Item 46

The pulley system shown below operates as a modified lever. Pulley A and pulley B turn together, so when a person pulls on rope $A$ the mass attached to rope $B$ will be lifted. Which of the following changes to the system will reduce the force needed to lift the mass?


OA) Increasing the length of rope A
OB ) Increasing the length of rope $B$
OC) Increasing the diameter of pulley A
OD) Increasing the diameter of pulley B

## Item 47

The mechanical advantage for a machine is defined as the output force divided by the input force. Since the output force is typically greater than the input force, this value is normally greater than one. For an ideal machine, what would be another way of representing the mechanical advantage?

OA) (output distance)/(input distance)
OB) (input distance)/(output distance)
OC) (output distance) $\times$ (input distance)
OD) (input distance) + (output distance)

## Item 48

A wheelchair access ramp is to be designed so that 1000 N can be lifted to a height of 1 meter through the application of 50 N of force. The length of the ramp must be at least:

OA) 5 m .
OB) 10 m .
OC) 20 m .
OD) 100 m .

Equilibrium (no acceleration)

$$
\begin{gathered}
F_{\text {upward }}=F_{\text {downward }} \\
F_{\text {rightward }}=F_{\text {leftward }} \\
\tau_{\text {clockwise }}=\tau_{\text {counter-clockwise }}
\end{gathered}
$$

Non-equilibrium (acceleration)

$$
\begin{aligned}
& F_{\text {upyard }}=F_{\text {doonward }} \pm m a \\
& F_{\text {rightward }}=F_{\text {leftward }} \pm m a
\end{aligned} \quad \tau=F l
$$

Add $m a$ to the weaker side.

## Torque

Energy

$$
\begin{gathered}
K=\frac{1}{2} m v^{2} \\
U_{g}=m g h \\
U_{\mathrm{e}}=\frac{1}{2} k \Delta x^{2}
\end{gathered}
$$

Work

$$
\begin{gathered}
W=F d \cos \theta_{\text {(for all forese exepep firicion) }} \\
W=\Delta K+\Delta U+\Delta E_{\text {inno heat) }}
\end{gathered}
$$

## Power

$$
P=\frac{\Delta E}{t}
$$

$$
P=F v \cos \theta
$$

|  | TERMS YOU NEED TO KNOW |  |
| :--- | :--- | :--- |
| Dynamic equilibrium | Law of Conservation of Mechanical | Pulley |
| Elastic potential energy $\left(U_{e}\right)$ | Energy | Ramp |
| Energy | Lever | Sign conventions |
| Equilibrium | Lever arm $(l)$ | Static equilibrium |
| First Law of Thermodynamics | Machines | Torque |
| Gravitational potential energy $\left(U_{g}\right)$ | Mechanical advantage | Work (W) |
| Heat $(q)$ | Mechanical energy $\left(\Delta E_{m}\right)$ | Work-Kinetic Energy Theorem |
| Joule $(J)$ | Potential energy $(U)$ |  |
| Kinetic energy $(K)$ | Power $(P)$ |  |

## MCAT ${ }^{\circledR}$ THINK ANSWER

1. The work being done is transferring energy into the surroundings, while the heat is transferring energy into me.
2. The sun beating down on me is transferring heat into me, but that doesn't make me feel more energized as this example suggests.
3. The change in energy should be final energy minus initial energy, so in this case, my final energy is greater than my initial energy; my energy has increased. It doesn't make much sense if my energy increases after doing work on the surroundings. So this example is wrong in at least three ways. We can fix all this by doing the following:
4. Recognize that since I am doing work on the surroundings, the work is negative.
5. I can sit on ice and heat the surroundings, so that heat is now negative.
6. I reverse the energy pictures so that my initial high energy state is subtracted from my final low energy state where I am in bed, and the net energy change is negative. Now it's correct.

## the 3 Keys

1. Equilibrium means no net force and no net torque, therefore no acceleration.
2. Energy is conserved. Use accounting to build equations: energy before equals energy after, energy in equals energy out...
3. Assume that work in Physics means total change in energy, or force times displacement.

## Fluids

### 3.1 Introduction

This lecture begins with an overview of fluids and the properties used to describe them. It then discusses fluids at rest and the forces experienced by an object in a fluid at rest. Next, it introduces fluids in motion and the energy associated with these fluids. The lecture closes with a discussion of non-ideal fluids and the forces that they experience due to drag.

The lecture will emphasize that forces can be used to make predictions about standing fluids and conservation of energy can be used to make predictions about moving fluids. Standing (non-moving) fluids contain a pressure gradient that results in an upward force called buoyant force, which acts counter to the downward force of gravity. Problems involving standing fluids should be thought of as problems about forces.

Recall that energy is never lost, but rather is converted from one form to another or transferred as work or heat. The law of conservation of energy can be restated in terms of density and pressure, properties commonly used to describe fluids. In a moving fluid, the sum of the kinetic energy per unit volume and potential energy per unit volume remains constant. Problems involving moving fluids should be thought of as problems about energy.
3.1 Introduction
3.2 Fluids
3.3 Density

### 3.4 Pressure

3.5 Fluids at Rest
3.6 Fluids in Motion
3.7 Surface Tension and Capillary Action

THE 3 KEYS

1. Fluids are described
by density, $\rho$. When you need the mass of a fluid, use $m=\rho V$.
2. When an object is
floating, masses are equal - the mass of the object equals the mass of fluid displaced. When an object is fully submerged, volumes are equal - the volume of the object equals the volume of fluid displaced.
3. See standing fluids, think forces in equilibrium. See moving fluids, think energy.

## 3.2 <br> Fluids

Most substances can be classified as either a solid or a fluid. Fluids can be understood by examining the characteristics that make fluids different from solids. The molecules of a solid are held in place by molecular bonds that can permanently resist a force from any direction. A fluid is a liquid or gas. Molecular bonds in a fluid, unlike those in a solid, are constantly breaking and reforming due to the high kinetic energy of the molecules.

The molecules of a fluid are not arranged with any order or structure. Instead they move about in random directions relative to each other. As a result, a fluid has only temporal (non-permanent) resistance to forces that are not perpendicular to its surface. However, since fluid molecules require room to move, collectively they can create a permanent force directed outward. This outward force allows a fluid to permanently withstand forces that are perpendicular to its surface. In other words, the only permanent force that a resting fluid can exert is one normal to its surface. A fluid is pushed and molded until its surface matches the shape of its container exactly. When the fluid comes to rest, it experiences only the normal force from the surface of its container and the force of gravity. A liquid takes on a flat upper surface so that the gravitational force is also perpendicular. In a gas, gravity has an insignificant effect on the path of an individual molecule due to the high average velocity of the molecules, so a gas will fill an enclosed container.

A fluid changes to take on the shape of its container. The ocean, a fluid, will withstand the weight of a motionless battleship forever by conforming its surface to that of the battleship so that all forces are normal to its surface. However, the ship can move through the water propelled by a much smaller force than its own weight. This is because the net force from the moving ship is not perpendicular to the surface of the water, and thus the water provides only temporal resistance. (The forces shown in this diagram are the forces on the water due to the ship. They are not meant to represent the forces on the ship.)


### 3.3 Density

We often do not know how much of a given fluid is present, so mass and energy cannot be measured. In the two previous lectures, mass and energy were useful properties because the exact amount of substance could be known. The entire object could be viewed, and these properties could be measured. Properties that are concerned with quantity, like mass and energy, are called extensive properties. Extensive properties change with the quantity of a substance.

Because the exact amount of fluid usually cannot be determined, fluids are generally described in terms of intensive properties rather than extensive properties. Intensive properties are concerned with the intrinsic nature of a substance and thus do not change with the quantity of a substance. The two intensive properties that are analogous to mass and energy are density and pressure. Density $(\rho)$ is the 'heaviness' of a fluid, defined as how much mass the fluid contains in a specified volume ( $V$ ). The formula for density is:

$$
\rho=\frac{m}{v}
$$

The S.I. units of density are $\mathrm{kg} / \mathrm{m}^{3}$. Changing the amount of a given substance does not change the density of that substance. Compressing a fluid changes its volume without changing its mass, changing the density of the fluid. Gases compress more easily than liquids, so the density of a gas is easily changed while that of a liquid is not. Unless otherwise indicated, assume that all liquids and solids are totally incompressible and thus have constant density. In reality, gases are far more compressible than liquids, and liquids are far more compressible than solids. Gases on the $\mathrm{MCAT}^{\circledR}$ change their volume (and thus their density) as described by the ideal gas law: $P V=n R T$.

We have a strong intuition about the concept of mass because we use it every day, but few of us have a strong sense of density. It is easy to imagine how it feels to lift a 13 kg mass (about 29 pounds), but what would it be like to lift a bucket full of mercury, which has a density of about $13,600 \mathrm{~kg} / \mathrm{m}^{3}$ ? Most of us have no idea. We just do not know density well enough.
Specific gravity was created in order to make density a more intuitive concept. The specific gravity (S.G.) of a substance is the density of that substance ( $\rho_{\text {substance }}$ ) compared to the density of water ( $\rho_{\text {watere }}$ ).

A specific gravity of less than one indicates a substance lighter than water; a specific gravity of one indicates a substance equally as heavy as water; and a specific gravity greater than one indicates a substance heavier than water. Since we all have an intuitive feel for the heaviness of water, we can relate this to a substance whose specific gravity is known. The specific gravity of mercury is 13.6 , so lifting one bucket of mercury would be equivalent to lifting 13.6 buckets of water.
For the MCAT ${ }^{\circledR}$, memorize the density of water in the following two forms:

$$
\begin{gathered}
\rho_{\text {water }}=1000 \mathrm{~kg} / \mathrm{m}^{3} \\
\rho_{\text {water }}=1 \mathrm{~g} / \mathrm{cm} 3
\end{gathered}
$$

FIGURE 3.1 Specific Gravity


Mercury has a specific gravity of 13.6. 1 bucket of mercury has the same mass as 13.6 buckets of water.

FIGURE 3.2 Fluid Pressure


### 3.4 Pressure

The millions of molecules in a fluid move rapidly in random directions. As a result, some will collide with an object submerged in that fluid. In any given time $t$, a submerged object will experience millions of collisions. If we divide the magnitude of the impulse of each collision-that is, the force of the collision multiplied by the duration of the collision $(F \Delta t)$ - by the time over which the collisions occur, we arrive at the average magnitude of force created by the collisions. Since the molecules are moving in random directions and at random speeds, no single direction or speed is more likely than any other. The force on one side of the object will be exactly countered by the force on its other side. (We will ignore gravity for the moment and assume that if the fluid is moving, the object is moving at the same velocity as the fluid.)

If we then divide the average magnitude of the force by the area over which the collisions are taking place (the surface area of the object), we arrive at the fluid pressure. The fluid pressure is the pressure experienced by the object as a result of the impulse of molecular collisions. It is the average of the magnitudes of the change in momentum of these collisions divided by the time duration of the collisions and the area over which these collisions occur. The pressure $P$ is defined as force $F$ per unit area $A$.

$$
P=\frac{F}{A}
$$

The S.I. unit of pressure is the Pascal ( Pa ). Pressure is a scalar; it has no direction. Pressure exists in a fluid whether or not an object is immersed in that fluid.

Fluid pressure can be thought of as a type of 'stored' energy per unit volume. The units of pressure are equivalent to energy per unit volume. According to this definition, pressure is a measure of the energy due to the random velocities of molecules within a fluid distributed over the volume of the fluid.


Biologists often talk about negative pressure created in your chest when you suck in air. According to the molecular collision model of pressure, it is impossible for pressure to be literally negative. This would indicate fewer than zero collisions, an absurdity. The negative pressure that biologists refer to in the chest cavity is gauge pressure. Gauge pressure is a measure of the pressure compared to local atmospheric pressure. In other words, local atmospheric pressure is arbitrarily assigned a value of zero. When a biologist says there is negative pressure inside your chest, there is still pressure in your chest; it is just lower than atmospheric pressure. The higher pressure of the atmosphere pushes air into your lungs. The same thing happens when you 'suck' fluid through a straw. You create a partial vacuum inside the straw. But a vacuum doesn't really 'suck' anything into it. The atmospheric pressure pushes down on the fluid outside the straw pushing up the fluid inside the straw. Without atmospheric pressure, a straw would not work. Just remember, in real life, physics never sucks.

## 3.5 Fluids at Rest

A fluid at rest experiences only forces perpendicular to its surface. At any given depth, the pressure is equal to the weight of the fluid above a disk with area $A$ divided by the area of the disk. As shown in the figure below, the pressure is the same regardless of what area is chosen.

For a fluid at rest with uniform density in a sealed container, pressure $P$ is given by:

$$
P=\rho g y
$$

where $\rho$ is the density of the fluid, $g$ is the gravitational constant, and $\gamma$ is the depth of the fluid.

Water in a glass is a fluid at rest. Blood travelling through the circulatory system is not.

## FIGURE 3.3 The Weight of a Fluid Creates the Fluid Pressure



Additional fluids on top of the first fluid increase the total pressure by adding their weight. The total pressure can be found by summing the pressures due to each fluid, as shown in Figure 3.3.
Air is a fluid. If we open the sealed container and expose it to the atmosphere, we must add atmospheric pressure to any point in the fluid. In any fluid open to the atmosphere, the pressure can be found from $P=\rho g \gamma+P_{\mathrm{atm}}$. When using meters and kilograms, measure the atmospheric pressure in pascals (Pa). $P_{\text {atmospheric }}=101,000 \mathrm{~Pa}$.

Since fluid pressure is a function of depth, the shape of the container does not affect it. The pressure everywhere at a given depth in the same resting fluid will be constant.
Just as each block in a stack of blocks must bear the weight of all the blocks above it, each point in an enclosed fluid must bear any increase in pressure. Pascal's principle states that pressure applied anywhere to an enclosed incompressible fluid will be distributed undiminished throughout that fluid.

$P_{\text {toal }}=\rho_{1} g y_{1}+\rho_{2} g y_{2}+\rho_{3} g y_{3}+\rho_{4} g y_{4}$

Air pressure up here is low, making it tough to breathe.

Think of the atmosphere as a sea of air. As you move closer to the top of this sea, your depth $(y)$ decreases. Near the top, there are fewer molecules above you, which means less weight and lower pressure.

FIGURE 3.4 Pascal's Principle


By the way, pressure measured relative to a vacuum is called absolute pressure. To find absolute pressure from gauge pressure, just add atmospheric pressure.

$$
P_{\text {abs }}=P_{\text {gauge }}+P_{\text {atm }}
$$

You can remember that Pascal's principle requires a closed container because otherwise the pressure could cause liquid to spill out!

## Hydraulic Lift

The hydraulic lift is a simple machine that works via Pascal's principle. Two pistons and a container enclose a standing incompressible fluid. A force on piston 1 applies a pressure on the fluid. This pressure is transferred undiminished to piston 2. Since piston 2 has a greater area than piston 1 , and force and area are indirectly proportional when pressure is constant, the force on piston 2 is proportionally greater than the force on piston 1, even though the pressure is the same. However, a machine does not change work. If piston 2 moved the same distance as piston 1 while also experiencing greater force, the work done by piston 2 would be greater than the work done by piston 1. Instead the force of piston 2 is applied through a proportionally smaller distance, keeping work the same.
-

$$
\begin{gathered}
F_{1} d_{1}=F_{2} d_{2} \\
F_{1} / A_{1}=F_{2} / A_{2}
\end{gathered}
$$



Piston 1

Piston 2

## The Forces Experienced by Objects in Fluids at Rest

Problems about fluids at rest can be thought of as problems about forces. A standing fluid exerts a force called the buoyant force on any object that is floating, submerged, or sunk in the fluid. Within a standing fluid, pressure increases as a function of depth, as shown by the equation $P=\rho g \gamma$. Recall also that pressure is a measure of force per unit area, $P=F / A$. For a given cross-sectional area $A$, an increase in pressure must be associated with an increase in force. Within a fluid at rest, both pressure and force increase with depth, causing an object in the fluid to experience both greater pressure and greater force at points farther from the fluid's surface. As a result, the object experiences an upward force. This upward force is called the buoyant force because it has the potential to buoy the object- to cause it to float.
The difference in pressure (and therefore force) experienced by points closest to and farthest from the surface creates the upward buoyant force. Assuming that $A$ is constant, $\Delta P=\Delta F / A$, where $\Delta P$ is the difference in pressure experienced by two points at different depths on the object and $\Delta F$ is the difference in force experienced by those two points. $\Delta F$ increases with increasing $\Delta P$, and since $\Delta P=\rho g \Delta \gamma$, $\Delta P$ increases with increasing $\Delta y$. The difference in the depths of points closest to and farthest from the fluid's surface, $\Delta y$, and the difference in pressure, $\Delta P$, both reach their maximum values when the object is fully submerged. Therefore, the buoyant force also reaches its maximum value when the object is fully submerged.


Buoyant force results from the pressure difference between the upper and lower surfaces of a submerged object. Since pressure increases with depth, the lower surface of an object experiences greater pressure than the upper surface. This pressure difference multiplied by the upper or lower surface area is equal to the buoyant force. A fully submerged object displaces its volume in fluid; a floating object displaces its weight in fluid. Since the buoyant force is due to the 'difference' in pressure, the buoyant force does not change with depth once an object is submerged.

## FIGURE 3.5 The Buoyant Force Results from a

## Pressure Difference

Objects experience a buoyant force because of the difference in pressure experienced by their upper and lower surfaces. As depth increases, pressure $P$ increases according to the equation $P=\rho_{\text {fluid }} g \Delta y$, where $y$ is depth below the surface. Because pressure equals force $F$ per unit area $A$, the force exerted on the surface of the object-represented by the purple arrowsalso increases as depth increases. Notice that the forces acting on the sides of the object are equal in magnitude and opposite in direction. This is not the case for the forces acting on the top and bottom of the object. The force acting on the bottom is greater than the force acting on the top. Therefore, the object experiences a net upward force called the buoyant force, represented by the orange arrow, that opposes the downward force of gravity, represented by the green arrow. In this example, the buoyant force is equal in magnitude to the force of gravity and the object experiences no net force.


The magnitude of the buoyant force experienced by an object, whether floating, submerged, or sunk, is directly proportional to the volume of fluid it displaces.

$$
F_{\mathrm{B}}=\rho_{\text {fluid }} V_{\text {fluid }} g
$$

where $\rho_{\text {fluid }}$ is the density of the fluid, $V_{\text {fluid }}$ is the volume of fluid displaced, and $g$ is acceleration due to gravity. The equation above can be rewritten as

$$
F_{\mathrm{B}}=\left(m_{\text {fluid }} / V_{\text {fluid }}\right)\left(V_{\text {fluid }}\right)(g)=m_{\text {fuid }} g .
$$

This equation shows that the upward buoyant force is equal in magnitude to the weight of the displaced fluid. This phenomenon is known as Archimedes Principle.

To better appreciate the relationships among $\Delta \gamma, \Delta P$, $V_{\text {fluid }}$, and $F_{\mathrm{B}}$, imagine an object being slowly submerged beneath the surface of a fluid, as shown in Figure 3.6. At first the bottom of the object is relatively close to the surface of the fluid. The difference between the depths of the portions of the object closest to and farthest from the fluid's surface, $\gamma_{1}$ and $\gamma_{2}$, is relatively small. The volume of fluid displaced is also relatively small. Because $\Delta y$ is relatively small, so is $\Delta P$; therefore, the buoyant force is also small. In other words, a relatively small volume of displaced fluid is associated with a relatively small buoyant force. As the object sinks deeper and deeper, $\Delta y$ increases, reaching its maximum value when the object is fully submerged. At this point, the buoyant force also reaches its maximum.

## FIGURE 3.6 Relationships among $\Delta y$, Volume of Displaced Fluid, and Buoyant Force

As an object sinks deeper beneath the surface of a fluid, both the volume of fluid displaced by the object, $V_{\text {displaced fluid }}$, and the buoyant force experienced by the object, $F_{\mathrm{B}}$, increase. Both $V_{\text {disploced fluid }}$ and $F_{\mathrm{B}}$ reach their maximum values when the object is fully submerged. It is at this point that $\Delta y$, the difference between the depths of the points closest to and farthest from the surface of the liquid, reaches its maximum value.



$$
\begin{gathered}
\Delta y=\Delta y_{2} \\
V_{\text {displaced fluid }}=A \Delta y_{2} \\
F_{\mathrm{B}}=\rho_{\text {fluid }} g \Delta y_{2}
\end{gathered}
$$


$\Delta y=\Delta y_{3}=\Delta y_{\text {max }}$
$V_{\text {displaced fluid }}=A \Delta y_{3}=V_{\text {object }}$
$F_{\mathrm{B}}=\rho_{\text {fluid }} g \Delta y_{3}=F_{\text {Bmax }}$

Why is the upward buoyant force equal in magnitude to the weight of the displaced fluid? Before the object is submerged, the upward force on the fluid that it will displace must equal the weight of that fluid $\left(F_{\text {buovant }}=m_{\text {fuid }} g\right)$. Otherwise the downward force of gravity would cause the fluid to accelerate downward. The net upward force remains when the object is submerged, but the fluid is gone, replaced by the object. The remaining upward force acts on the submerged object.

The Case of the Floating Object: A floating object displaces a volume of fluid with mass equal to its own mass and experiences an upward buoyant force equal in magnitude to the downward gravitational force.

Three special cases involving buoyant force are commonly cited: the case of the floating object, the case of the submerged object, and the case of the sunk object. An object floats when the upward buoyant force is equal in magnitude to the downward force of gravity. Imagine an object slowly lowering into a fluid. At first, as the object just penetrates the surface of the fluid, the volume of fluid it displaces is relatively small and the buoyant force it experiences is therefore also relatively small. As the object sinks deeper and deeper, displacing greater and greater volumes of fluid, the buoyant force it experiences becomes relatively larger, reaching its maximum when the object is submerged. If the upward buoyant force becomes equal to the downward force of gravity at any point before the object is fully submerged, the object floats.

For a floating object:

$$
F_{\mathrm{b}}=\rho_{\text {fluid }} V_{\text {fluid }} g=m_{\text {fluid }} g=F_{\mathrm{G}}=m_{\text {object }} g
$$

Notice that this equation simplifies to $m_{\text {fluid }}=m_{\text {object. }}$. Thus the equation demonstrates that a floating object displaces a volume of fluid with a mass equal to its own mass.

Because $m_{\text {fuid }}=m_{\text {object }}$,

$$
\frac{\rho_{\text {object }}}{\rho_{\text {fluid }}}=\frac{\frac{m_{\text {object }}}{V_{\text {object }}}}{\frac{m^{\text {fluid }}}{V_{\text {fluid }}^{\text {flid }}}}=\frac{V_{\text {fluid }}}{V_{\text {object }}}=\text { fraction of object submerged }
$$

This equation shows that the ratio of the density of a floating object to the density of the fluid in which it floats is equal to the fraction of the object submerged. If the object is floating in water, this ratio equals the specific gravity of the floating object. To remember that the density of the floating object is in the numerator of the equation above, remember that the object is floating on top of the fluid. Note that for a floating object this ratio must always be equal to or less than one. Otherwise the fraction submerged would be greater than one, which is impossible. Thus an object only floats when its density is less than the density of the fluid on which it floats.


Note that in standing fluids, as in Figures 3.7, 3.8, and $3.9, \mathrm{~m}_{\text {fluid }}$ refers only to the mass of the fluid displaced by the object. $V_{\text {fluid }}$ refers only to the volume of the fluid displaced by the object. Density of the fluid ( $\rho_{\text {fluid }}$ ) is an intensive property and refers to the density of any part of the fluid.

FIGURE 3.8 A Fully Submerged Object That Is Also Floating


The Case of the Submerged Object: A submerged object displaces a volume of fluid equal to its own volume and experiences an upward buoyant force equal in magnitude to the downward gravitational force.

If the upward buoyant force equals the downward force of gravity when $\Delta y$ (and therefore, $V_{\text {fluid }}$ ) are at their maximum values, the object is submerged. A submerged object is like a floating object in that it does not sink, but unlike a floating object, the entirety of a submerged object is within the fluid. Because $F_{\mathrm{B}}=F_{\mathrm{G}}$, a submerged object displaces a volume of fluid with mass equal to its own mass, just like a floating object. Because the object is submerged, the volume of displaced fluid is equal to the volume of the object. For a submerged object:

$$
m_{\text {fluid }}=m_{\text {object }} \text { and } V_{\text {fluid }}=V_{\text {object }}
$$

In other words, an object remains submerged when its density is equal to the density of the fluid in which it is submerged. Recall that density equals mass divided by volume. This makes sense when considering that the fraction of the object submerged, which is equal to $\rho_{\text {object }} / \rho_{\text {fluid }}$, equals one.

A submerged object does not necessarily rest just below the surface. The buoyant force depends on $\Delta P$, which reaches its maximum value the moment the object is submerged. If the top and bottom of the object were moved from depths $y_{1}$ and $y_{2}$ to depths $y_{3}$ and $y_{4}$, the object would remain there and would not experience an upward or downward net force. The upward buoyant force would continue to equal the downward gravitational force.

The Case of the Sunk Object: A sunk object displaces a volume of fluid equal to its own volume and experiences an upward buoyant force of lesser magnitude than the downward gravitational force (Figure 3.9).
Recall that an object is submerged when it is completely under the surface of the fluid and experiences an upward buoyant force equal to the downward gravitational force. If the upward buoyant force never becomes as great as the downward gravitational force, then the object sinks. It experiences a net downward force that causes the object to accelerate downward until it contacts a surface able to provide enough upward normal force to counter the downward force of gravity. Because $F_{\mathrm{B}}<F_{\mathrm{G}}, m_{\text {fluid }}<m_{\text {object. }}$. However, $V_{\text {fluid }}=V_{\text {object }}$; a sunk object displaces a volume of fluid with volume equal to its own. In other words, an object sinks when its density is greater than the density of the surrounding fluid.

For a sunk object,

$$
F_{\mathrm{B}}+F_{\mathrm{N}}=F_{\mathrm{G}}=m_{\text {object }} g .
$$

Together, the buoyant force $F_{\mathrm{B}}$ and normal force $F_{\mathrm{N}}$ supply the upward force needed to counter the downward force of gravity. As a result, the apparent weight of the object, equal to $F_{\mathrm{N}}$, is less than the weight of the object, $m g$. The apparent weight is equal to the difference between the downward force of gravity and the upward buoyant force.

A quick trick for finding the apparent weight loss makes use of the fact that a sunk object displaces a volume of fluid equal to its own volume.

Because $V_{\text {fluid }}=$

$$
V_{\text {object }} \frac{\rho_{\text {fluid }}}{\rho_{\text {object }}}=\frac{\frac{m_{\text {fluid }}}{V_{\text {fluid }}}}{\frac{m_{\text {object }}}{V_{\text {object }}}}=\frac{m_{\text {fluid }}}{m_{\text {object }}}=\frac{m_{\text {fluid } g}}{m_{\text {object } g}}
$$

$$
\frac{\rho_{\text {fluid }}}{\rho_{\text {object }}} \times 100 \%=\text { apparent weight loss of the object. }
$$

On the $\mathrm{MCAT}^{\circledR}$, skip the derivation. Divide the density of the fluid by the density of the object and multiply by $100 \%$ to find the object's percentage of weight apparently lost. An object with density twice that of the fluid in which it is sunk will appear to lose $50 \%$ of its weight. To remember that the density of the fluid is on top, remember that the fluid is on top of the sunk object.

## TABLE 3.1 > Summary of the Three Special Cases

|  | Floating object | Submerged <br> object | Sunk object |
| :--- | :--- | :--- | :--- |
| Has $\rho_{\text {object }}$ | less than $\rho_{\text {fluid }}$ | equal to $\rho_{\text {fluid }}$ | greater than <br> $\rho_{\text {fluid }}$ |
| Displaces <br> $V_{\text {fluid }}$ | with mass equal <br> to its own mass | with mass <br> equal to its <br> own mass and <br> equal to its <br> own volume | equal to its |
| own volume |  |  |  |

## Center of Buoyancy

The buoyant force acts at an object's center of buoyancy. The center of buoyancy is the point where the center of mass would be if the object had a uniform density. If the object is not uniformly dense, the center of mass and the center of buoyancy are not at the same place. This can result in a torque on the object that causes it to spin, as shown in Figure 3.10. Center of buoyancy explains why a fishing bobber always floats upright.

FIGURE 3.9 A Sunk Object is Fully Submerged


Obje twè ght= Appa twèghtw éghtlost

$$
V_{\text {object }}=V_{\text {fluid }}
$$

Fre tiono fw $\dot{\mathbf{e}}$ ghtl ost $=\frac{\rho_{\text {fluid }}}{\rho_{\text {object }}}=\frac{m_{\text {fluid }}}{m_{\text {object }}}$

## FIGURE 3.10 Center of Buoyancy



## Questions 49-56 are NOT related to a passage.

## Item 49

Mercury has specific gravity of 13.6. The column of mercury in the barometer below has a height $h=76 \mathrm{~cm}$. If a similar barometer were made with water, what would be the approximate height $h$ of the column of water?


OA) 5.6 cm
OB) 76 cm
OC) 154 cm
OD) 1034 cm

## Item 50

Two identical discs sit at the bottom of a 3 m pool of water whose surface is exposed to atmospheric pressure. The first disc acts as a plug to seal the drain as shown. The second disc covers a container containing nearly a perfect vacuum. If each disc has an area of $1 \mathrm{~m}^{2}$, what is the approximate difference in the force necessary to open the containers?
(Note: $1 \mathrm{~atm}=101,300 \mathrm{~Pa}$ )

## atmos.



OA) There is no difference.
OB) 3000 N
OC) $101,300 \mathrm{~N}$
OD) $104,300 \mathrm{~N}$

## Item 51

A brick with a density of $1.4 \times 10^{3} \mathrm{~kg} / \mathrm{m}^{3}$ is placed on top of a piece of Styrofoam floating on water. If one half the volume of the Styrofoam sinks below the water, what is the ratio of the volume of the Styrofoam compared to the volume of the brick? Assume that the Styrofoam is massless.

| OA) | 0.7 |
| :--- | :--- |
| OB) | 1.4 |
| OC) | 2.8 |
| OD) | 5.6 |

## Item 52

A helium balloon will rise into the atmosphere until:
OA) The temperature of the helium inside the balloon is equal to the temperature of the air outside the balloon.
OB) The mass of the helium inside the balloon is equal to the mass of the air outside the balloon.
OC) The volume of the helium is equal to the volume of the air it displaces.
OD) The density of the helium in the balloon is equal to the density of the air surrounding the balloon.

## Item 53

A child's bathtub toy has a density of $0.45 \mathrm{~g} / \mathrm{cm}^{3}$. What fraction of the toy floats above the water?

OA) $5 \%$
OB) $45 \%$
OC) $55 \%$
OD) $95 \%$

## Item 54

The diagram below shows a hydraulic lift. A force is applied at side 1 and an output force is generated at side 2 . Which of the following is true?


OA) The force at side 1 is greater than the force at side 2.

OB) The force at side 1 is less than the force at side 2 .
OC) The pressure at side 1 is greater than the force at side 2.
OD) The pressure at side 1 is less than the pressure at side 2.

## Item 55

The pressure at the bottom of a cylindrical tube filled with water was measured to be 5000 Pa . If the water in the tube were replaced with ethyl alcohol, what would be the new pressure at the bottom of the tube? (The density of ethyl alcohol is $0.8 \mathrm{~g} / \mathrm{cm}^{3}$.)

OA) 4000 Pa
OB) 4800 Pa
OC) 5000 Pa
OD) 6250 Pa

Item 56
Three containers are filled with water to a depth of 1 meter. At the bottom of which container is the pressure the greatest?

A

B

C

OA) Container A
OB) Container B
OC) Container C
OD) The pressure is the same at the bottom of all the containers.


The motion of molecules is the basis of chemical reactions in the body. Our bodies consist mostly of water because it acts as an excellent buffer and provides an environment in which chemical reactions can occur via random and uniform translational motion. Water works so well as a solvent for the chemical reactions of living systems that efforts to look for life on other planets usually begin with the search for liquid $\mathrm{H}_{2} \mathrm{O}$.

### 3.6 Fluids in Motion

Fluids in motion play a significant role in biological systems, particularly the circulatory and respiratory systems. The study of moving fluids is necessary in order to understand the circulation of blood, the inspiration and expiration of air, and the diffusion of gases into and out of the blood. Questions about fluids in motion are very likely to appear in the Chemical and Physical Foundations of Biological Systems Section. Try to integrate the information presented in this lecture with topics presented in Biology 2: Systems.

The molecules of a moving fluid have two types of motion:

1. the random translational motion that contributes to fluid pressure as in a fluid at rest; and
2. a uniform translational motion shared equally by all the molecules at a given location in a fluid.

The uniform translational motion is the motion of the fluid as a whole. This motion does not contribute to fluid pressure. According to the molecular model of fluid pressure, an object moving along with the fluid will not experience additional collisions due to this uniform translational motion. Thus, it will not experience any additional pressure. The energy from the two types of motion can be converted back and forth. Some of the random translational motion can be converted to uniform translational motion and vice versa. If we remove a portion of the wall of a container holding a fluid at rest, the fluid will move through the opening. This occurs because the molecules moving in the direction of the opening do not collide with anything and can continue moving in the same direction. In this example, some of the random motion has changed to uniform motion. Since there are fewer collisions in the fluid moving through the opening, there is less pressure.

FIGURE 3.11 Molecular Motion Inside a Fluid


## Ideal Fluids

The characteristics of moving fluids are complex, so it is useful to create a hypothetical fluid that lacks certain characteristics of real fluids. This hypothetical fluid is called an ideal fluid. Ideal fluids differ from real fluids in the following ways:

1. Ideal fluids have no viscosity. Viscosity is a measure of a fluid's temporal resistance to forces that are not perpendicular to its surface. Think of a fluid's viscosity as its tendency to resist flow. Syrup has greater viscosity than water. A closely related concept to viscosity is drag. Drag is a force, similar to friction, created by viscosity and pressure due to motion. Drag always opposes the motion of an object through a fluid.
2. Ideal fluids are incompressible, with uniform density. This can be assumed for any liquid on the $\mathrm{MCAT}^{\circledR}$ unless otherwise indicated, but not for gases.
3. Ideal fluids lack turbulence; they experience steady (or laminar) flow. Steady flow means that all fluid flowing through any fixed point has the same velocity. Recall that velocity specifies magnitude and direction. Turbulence means that the velocity at any fixed point in the fluid may vary with time.
4. Ideal fluids experience irrotational flow. Any object moving with an ideal fluid will not rotate about its axis as it flows, but will continue to point in one direction regardless of the direction of flow. The MCAT ${ }^{\circledR}$ is not likely to require knowledge of irrotational flow.
No ideal fluid actually exists, but ideal fluids can be used to make rough predictions about real fluids. This is done by imagining how an ideal fluid would behave in a given situation and then considering how the characteristics of a real fluid would alter this behavior. On the $\mathrm{MCAT}^{\circledR}$, assume that all fluids are ideal unless otherwise indicated.

## FIGURE 3.12 Ideal Fluid Flow



## MCAT ${ }^{\circledR}$ THINK

Blood flow throughout the circulatory system is usually laminar. When blood encounters irregular surfaces or experiences high flow rates or sudden changes in vessel diameter, its flow may become turbulent. Since turbulent flow generates sound waves, this phenomenon can be used to determine systolic and diastolic blood pressures. A blood pressure cuff is inflated to a pressure higher than the systolic pressure, preventing blood flow. As the pressure on the cuff decreases below the systolic pressure, blood flow resumes but is turbulent rather than laminar. The pressure at which the sounds associated with turbulence are first heard is recorded as the systolic pressure. As pressure on the cuff decreases below the diastolic pressure, laminar flow resumes. The pressure at which the sounds of turbulence cease is recorded as the diastolic pressure.

## The continuity equation can be used to make predictions about the velocity of blood as it travels through the blood vessels.

## The Continuity Equation

Since ideal fluids are incompressible, their volume remains constant. The volume of a fluid moving through a section of pipe is given by the cross-sectional area $A$ of the pipe multiplied by the distance $d$ of the pipe section. If this same volume of fluid moves completely through the pipe section in a given time $t$, the rate $Q$ at which volume passes through the pipe is $A d / t$. Since the fluid moves a distance $d$ in time $t$, its velocity is $v=d / t$. These two equations can be combined to give the continuity equation:

$$
Q=A v
$$

where $Q$ is called the volume flow rate. Flow can also be expressed in terms of mass. To calculate the mass flow rate $I$, multiply the volume flow rate by density:

$$
I=\rho Q=\rho A v
$$

In an ideal fluid, flow rate is constant. These equations show that area is inversely proportional to velocity; the narrower the pipe, the greater the velocity.

## Visualizing an Ideal Fluid

The concept of streamlines was created to allow visualization of an ideal fluid. A streamline is a path followed by a hypothetical fluid particle. This particle follows only the uniform translational motion of the moving fluid. The magnitude and direction can change from one point to the next, but its velocity at any fixed point will remain the same. The velocity of the particle at any point along a streamline is tangent to the curve made by the streamline. The magnitude of the velocity is inversely related to the distance between streamlines; the closer the streamlines, the greater the velocity. Streamlines can never intersect, since this would indicate two possible velocities for the same fixed point. A group of streamlines makes up a three-dimensional tube of flow.

FIGURE 3.13 Streamlines


## The Energy of Fluids in Motion

Conservation of energy can be applied to ideal fluids to predict how a change in the pressure, velocity, or height of an ideal fluid will affect its behavior. Just as energy can be converted from one form to another but not destroyed, properties that describe fluid flow sum to a constant.

Bernoulli's equation restates conservation of energy in terms of densities and pressures, the intensive properties used to describe fluids. It states that the sum of the pressure, kinetic energy per unit volume, and potential energy per unit volume of a fluid remain constant throughout that fluid:

$$
P_{1}+\frac{1}{2} \rho v_{1}^{2}+\rho g h_{1}=P_{2}+\frac{1}{2} \rho v_{2}^{2}+\rho g h_{2}
$$

where $P$ is the pressure of the fluid, $v$ is its velocity, and $h$ is its height. Warning: $h$ is not the same as $y$ in $P=\rho g y . h$ is the distance above some arbitrary point. $y$ is the distance beneath the surface.

Multiplying any of the terms in Bernoulli's equation by volume gives units of energy. The second term gives the gravitational potential energy per unit volume, $m g h / V$. The third term gives the kinetic energy from the uniform translational motion of the molecules per unit volume, $\left(1 / 2 m v^{2}\right) / V$. The first term, pressure, is the energy per unit volume from the random motion of the molecules. Energy is conserved in ideal fluid flow, so the total energy must remain constant; thus, the sum of the three terms is constant throughout the fluid.

Thinking of Bernoulli's equation as a restatement of conservation of energy makes understanding the terms easier. The $h$ in the second term is related to the $h$ in gravitational potential energy. Like the $h$ term in gravitational potential energy, the zero value can be chosen arbitrarily, and it is measured from bottom to top. Notice that this is the opposite direction of measurement from the $y$ term in hydrostatic pressure. Also, recall the equation that predicts the velocity of a body in free fall when all of its potential energy is converted to kinetic energy. Bernoulli's equation predicts the same result for a fluid. If a spigot attached to a tank of fluid is opened and $h=0$ is assigned to the height of the spigot, the velocity of the fluid coming from the spigot can be derived from Bernoulli's equation as:

$$
v=\sqrt{2 g h}
$$

FIGURE 3.14 Lost Pressure Becomes Increased Velocity


The relationship between pressure and velocity in a moving fluid can be understood by picturing a swarm of bees. Imagine that the swarm represents a fluid, with each bee as a fluid molecule. Bee stings represent the collisions that cause pressure. If I stand still in the swarm, the bees can swarm around and sting me at their leisure, and l'm going to get stung a lot. This is analogous to lots of molecular collisions and high pressure. But if I run, each bee must use some of its swarming energy to keep up with me. They can't swarm as much, and I won't get stung as often. Fewer stings is analogous to less pressure. The same is true with molecules in a fluid: uniform translational kinetic energy is achieved by borrowing energy from the random translational kinetic energy, so pressure decreases.



A pitot tube provides pressure measurements that can be used to calculate the velocity of a fluid flowing past it.


A venturi meter provides pressure measurements that can be used to calculate the velocity of a fluid flowing within it.

We can use Bernoulli's equation to understand the important (and possibly counter-intuitive) relationship between pressure and velocity in ideal fluid flow. Assuming constant height, as velocity increases, pressure decreases. This makes sense when we consider that an increase in velocity corresponds to an increase in kinetic energy. An ideal fluid conserves energy, so an increase in kinetic energy density must correspond to a decrease in either potential energy density or pressure. Assuming that the height of the fluid does not change, the pressure must change.

The Bernoulli equation establishes relationships between fluid pressure, height, and velocity that can be used to calculate an unknown pressure, height, or velocity from measurements of the other properties. Two tubes, the pitot tube and the venturi tube, are commonly used to obtain pressure measurements in order to calculate fluid velocities.

A pitot tube is a horizontal tube that contains a U-shaped tube. The surface of the pitot tube has at least two openings, one of which faces directly into the fluid flow. This first opening encounters fluid with a velocity of zero. The pressure at this opening is equal to the static pressure exerted by the fluid. The second opening encounters moving fluid. The pressure at this opening is equal to the total pressure exerted by the fluid. Each end of the U-tube is exposed to the pressure at just one of these openings, so the difference in fluid heights within the U-tube can be used to calculate the difference in pressures according to $\Delta \mathrm{P}=\rho g \Delta h$, where $\rho$ is the density of the liquid. Because $h_{1}=h_{2}$ and $v_{1}=0 \mathrm{~m} / \mathrm{s}$, Bernoulli's equation can be simplified to:

$$
P_{2}+\frac{1}{2} \rho v_{2}^{2}=P_{1} \text { or } \frac{1}{2} \rho v_{2}^{2}=P_{1}-P_{2}=\Delta P
$$

If the density of the fluid is known, the difference in pressure measured by the U-tube can be used to determine the velocity of the fluid flowing past the pitot tube:

$$
v_{2}=\sqrt{\frac{2 \Delta P}{\rho_{\text {fluid }}}}
$$

Don't worry about memorizing these equations. If you know Bernoulli's equation and you understand how a pitot tube works, you can derive them if needed.

A venturi tube is a horizontal tube with a constricted region - a region with decreased cross-sectional area - in its middle. A venturi tube can be used to determine the velocity of a fluid that is flowing within it. This is in contrast to the pitot tube, which is used to determine the velocity of a fluid flowing past it. The continuity equation states that for a fluid with constant flow rate $Q$, a decrease in cross sectional area $A$ is associated with an increase in velocity $v$. Recall that $Q=$ Av. Bernoulli's equation states that for a fluid at a constant height, an increase in velocity is associated with a decrease in pressure.

The decrease in pressure that occurs when a fluid flows into a constricted region of a pipe is known as the venturi effect. A venturi meter can be used to determine the velocity of a fluid in a pipe.

Questions 57-64 are NOT related to a passage.

## Item 57

An ideal fluid with pressure $P$ flows through a horizontal pipe with radius $r$. If the radius of the pipe is increased by a factor of 2 , which of the following most likely gives the new pressure?

OA) $P$
OB) $4 P$
OC) $16 P$
OD) The new pressure cannot be determined without more information.

## Item 58

If the container pictured below is filled with an ideal fluid, which point in the fluid most likely has the greatest pressure?


OA) A
OB) B
OC) C
OD) D

## Item 59

A spigot is to be placed on a water tank below the surface of the water. Which of the following gives the distance of the spigot below the surface, $h$, compared to the velocity with which the water will run through the spigot?
A.

C.

B.

D.


## Item 60

The diagram below shows a cross-sectional view of a cylindrical pipe of varying diameter. If an ideal fluid is flowing through the pipe, all of the following statements are true EXCEPT:


OA)
the cross-sectional area is greater at point A than at point B.
OB ) the pressure is lower at point B than at point A .
OC) the volume flow rate is greater at point A than at point B.
OD) the flow speed is greater at point $B$ than at point $A$.

## Item 61

A spigot was opened at the bottom of a barrel full of water and the water was allowed to run through the spigot until the barrel was empty. Which of the following describes the speed of the water flowing through the spigot as the barrel emptied?

OA) Always decreasing
OB) Always increasing
OC) Constant
OD) Decreasing, then increasing

## Item 62

Which of the following is true of blood pressure measurements taken in a person standing upright? Assume the blood vessels in the arms and legs have the same radius.

OA) Blood pressure is greater in the arms.
OB) Blood pressure is greater in the legs.
OC) Blood pressure is the same in the arms and legs.
OD) The answer cannot be determined from the information given.

## Item 63

How much work is done by pressure to force $1 \mathrm{~cm}^{3}$ of blood across a vessel with a pressure drop of $10^{-3} \mathrm{~atm}$ ?

| OA) | $10^{-9} \mathrm{~J}$ |
| :--- | :--- |
| OB) | $10^{-6} \mathrm{~J}$ |
| OC) | $10^{-4} \mathrm{~J}$ |
| OD) | $10^{-3} \mathrm{~J}$ |

## Item 64

Atherosclerosis is a vascular disease associated with the development of plaques, which are fatty masses of tissue. Assume that blood flows through a healthy artery at a speed of $0.5 \mathrm{~m} / \mathrm{s}$. If a plaque were to decrease the radius of that artery by $40 \%$, at what speed would blood flow through it?

| OA) | $0.5 \mathrm{~m} / \mathrm{s}$ |
| :--- | :--- |
| OB) | $1.0 \mathrm{~m} / \mathrm{s}$ |
| OC) | $1.4 \mathrm{~m} / \mathrm{s}$ |
| OD) | $2.0 \mathrm{~m} / \mathrm{s}$ |

## Non-ideal Fluids (Real Fluids)

All real fluids are non-ideal. The MCAT ${ }^{\circledR}$ only requires a qualitative understanding of non-ideal fluids. This means predicting the general deviation to ideal fluid when we add the first three of the four characteristics that an ideal fluid lacks. (Irrotational flow will not be tested on the $\mathrm{MCAT}^{\circledR}$.)

Drag and viscosity are like friction and always act to impede flow. Increasing viscosity increases drag. Drag occurs at the fluid-object interface and is a force working against flow. As we move away from the fluid-object interface, the effect of drag lessens. In a real fluid flowing through a pipe, the greatest velocity would
be at the center of the pipe, the spot furthest from the fluid-object interface.
This model can be used to describe blood flow in the circulatory system.
Remember the general rule about drag by thinking of the dusty blades of


Warning: a non-ideal fluid does NOT behave in an opposite manner to an ideal fluid. Narrowing a pipe increases the velocity of an ideal fluid, and it will probably increase the velocity of a non-ideal fluid as well. But with a non-ideal fluid you have to also consider drag, which impedes flow. If you narrow the pipe in a non-ideal fluid, velocity will probably increase, but not as much as it would if there were no drag. a well-used fan. The dust on the fan blade stays put despite the high speed of the fan. This is because the air immediately adjacent to the fan moves extremely slowly or not at all due to drag.
The resistance to flow increases as the length of a pipe increases, since the amount of fluid-object interface increases with length. Furthermore, the effect of drag increases as the pipe narrows: if the radius of a pipe is reduced by a factor of 2 , for example, the fluid volume ( $V=\pi r^{2} d$ ) is reduced by a factor of 4 , but the surface area is only cut in half $\left(A=\pi r^{2} d\right)$.

Fluid does not necessarily move from high pressure to low pressure. Pressure is a scalar quantity with no direction. The driving force behind the direction of fluid flow is the fluid's tendency to move such that its entropy increases. For the $\mathrm{MCAT}^{\circledR}$, use intuition to predict the direction of fluid flow. Fluid moves from high pressure to low pressure under normal conditions. In a horizontal pipe of constant cross-sectional area, fluid will flow from high pressure to low pressure according to the following equation:

$$
\Delta P=Q R
$$

where $R$ is the resistance to flow. The Electricity Lecture will discuss the similarity of this equation to Ohm's law for voltage and the analogy of pressure to voltage. The volume flow rate for real fluid in a horizontal pipe with constant cross-sectional area can also be given in terms of pressure, viscosity $\eta$, pipe length $L$, and pipe radius $r$ :

$$
Q=\Delta P \frac{\pi r^{4}}{8 \eta L}
$$

This equation is known as Poiseuille's Law. Poiseuille's Law is commonly used to predict the flow rate of real fluids, including blood in the circulatory system. Try to become familiar with the relationships between variables in this equation. For example, a small increase in radius can result in a large increase in flow rate. Notice that as the viscosity of a fluid increases, the flow rate of that fluid decreases.

## A Method for Greater Understanding of Fluid Flow

This section illustrates how the components of Bernoulli's equation can change while their sum remains constant. Puzzling out how changes in one component relate to changes in one or both of the other two components facilitates understanding of fluids in motion. Focus on the relationships between components rather than memorizing the terms introduced in this section. They are unlikely to appear on the $\mathrm{MCAT}^{\circledR}$.

As stated previously, Bernoulli's equation describes conservation of energy within an ideal fluid. If each term in Bernoulli's equation is divided by the specific weight $\rho g$ of the fluid, each new term has units of meters and is referred to as a 'head'. $\rho g h$ becomes $h$ and is called the elevation head. $1 / 2 \rho v^{2}$ becomes $1 / 2 v^{2} / g$ and is called the velocity head. $P$ becomes $P /(\rho g)$ and is called the pressure head. This section will refer to the original terms by the heads but, for simplicity, will not divide by the specific weight.
In the figure below, a hypothetical fluid particle at the top of the tank is stationary. Its energy is completely contained as gravitational potential energy. The height of the fluid at this point is its elevation head. The zero point is arbitrary, so we will choose the floor. The velocity and pressure heads are zero because the particle is at zero velocity and zero gauge pressure. Since energy is conserved in ideal fluid flow, the sum of the three heads, the piezometric head, always equals this same value. An energy line ( $E L$ ) can be drawn horizontally at this level. The piezometer tube measures the piezometric head. A static pressure tap measures the pressure head and the elevation head, but not the velocity head. The hydraulic gradient line (HGL) can be drawn along the top of the static pressure taps.

With these terms in mind, use the continuity equation, $Q=A v$, to better understand fluid flow. The difference between the piezometric tube and the static pressure tap is the velocity head. The top of the elevation head is at the center of mass of the moving fluid. The displacement from where the elevation head ends to where the velocity head begins is the pressure head. If that displacement is downward, there is negative gauge pressure. If a static pressure tap were placed at a position where there is negative gauge pressure, atmospheric pressure would push air into the fluid.

In a real fluid, the energy line drops as the fluid progresses.
FIGURE 3.15 Analysis of Ideal Fluid Flow


The surface tension in this water droplet is determined by the strength of its intermolecular forces, such as hydrogen bonds. These forces pull inward, minimizing the surface area and creating a spherical shape.


FIGURE 3.16 Capillary Action


### 3.7 Surface Tension and Capillary Action

Surface tension describes the intensity of the intermolecular forces of a fluid per unit length. A tiny needle can be made to float on the surface of water, even though it is more dense than the water. The force supporting the needle is not the buoyant force; no water is displaced. Instead, the force supporting the needle is created by surface tension. Much like a spring, when the molecules at the surface of the water are pushed downward by the weight of the needle, the intermolecular bonds of the water are stretched and pull upward.

Surface tension is also responsible for the formation of water droplets. The intermolecular forces pull inward, minimizing the surface area by creating a more spherical shape. (A sphere has the least surface area per volume of any shape.) Since surface tension is a function of intermolecular forces, it is affected by the temperature of the fluid (higher temperature leads to weaker surface tension) and by the properties of the fluid. A qualitative understanding of surface tension is necessary for the $\mathrm{MCAT}^{\circledR}$, but any equations would be given if needed.

Related to surface tension is the phenomenon of capillary action, where a fluid is pulled up a thin tube. Recognize that there are two types of forces acting in capillary action: the intermolecular forces responsible for surface tension (cohesive forces) and the forces between the molecules of the tube and the fluid molecules (adhesive forces). If the cohesive forces are stronger, a convex surface is formed as the fluid is pulled downward by the vertical component of the surface tension. If the adhesive forces are stronger, a concave surface is formed as the fluid is pulled upward by the vertical component of the surface tension. In Figure 3.16, the adhesive forces between water and glass are stronger than the cohesive forces between water molecules, so the water is pulled upward. In the other tube, the adhesive forces between mercury and glass are weaker than the cohesive forces between mercury molecules, so the mercury is pulled downward.

Surface tension plays a critical role in our lungs. The alveoli in our lungs are under constant pressure to collapse because of the surface tension in the alveolar wall. Our bodies prevent alveolar collapse by producing a substance called surfactant, which reduces the intermolecular forces in the alveolar wall. This allows for gas exchange. Since surfactant is necessary for breathing, it is necessary to sustain life. Infants born prematurely usually have not yet begun producing surfactant and often require a ventilator to survive their early weeks of life.

Questions 65-72 are NOT related to a passage.

## Item 65

Water in moist soil rises through capillary action. The intermolecular forces between water molecules are:

OA) weaker than the intermolecular forces between water and soil molecules.
OB) equal to the intermolecular forces between water and soil molecules.
OC) stronger than the intermolecular forces between water and soil molecules.
OD) The comparative strength between the intermolecular forces cannot be determined with the information given.

## Item 66

All of the following would increase the volume flow rate of a real fluid being pumped through a pipe EXCEPT:

OA increasing the pressure difference between the ends of the pipe.
OB) decreasing the fluid viscosity.
OC) increasing the pipe radius.
OD) increasing the length of the pipe.

## Item 67

Two drops of equal volume of different substances were placed on the same flat surface. A side view of drop $A$ and drop B is shown below.
Compared to drop B, drop A has:


OA) stronger intermolecular forces and lesser surface tension.
OB) stronger intermolecular forces and greater surface tension.
OC) weaker intermolecular forces and lesser surface tension.
OD) weaker intermolecular forces and greater surface tension.

## Item 68

Oxygen and carbon dioxide are exchanged at the interface between the alveolar wall and the pulmonary artery. Most of the carbon dioxide in the blood is carried in the form of bicarbonate ions:

$$
\mathrm{CO}_{2}+\mathrm{H}_{2} \mathrm{O} \rightleftharpoons \mathrm{HCO}_{3}^{-}+\mathrm{H}^{+}
$$

As carbon dioxide gas diffuses out of the blood and into the alveoli, the equilibrium shifts according to Le Chatelier's Principle. Which of the following best describes the partial pressure of $\mathrm{CO}_{2}$ in the pulmonary artery relative to that in the alveoli?
$\mathrm{OA})$ The partial pressure of $\mathrm{CO}_{2}$ is lower in the pulmonary artery than in the alveoli.
OB) The partial pressure of $\mathrm{CO}_{2}$ is the same in the pulmonary artery and the alveoli.
OC) The partial pressure of $\mathrm{CO}_{2}$ is higher in the pulmonary artery than in the alveoli.
OD) The relative partial pressures of $\mathrm{CO}_{2}$ cannot be determined from the information given..

## Item 69

An aneurysm is a localized bulge in the wall of a blood vessel. Is the pressure in the aneurysm higher of lower than the pressure in the normal vessel?
OA) The pressure is higher in the aneurysm because it has a greater cross-sectional area than the normal blood vessel.
OB ) The pressure is lower in the aneurysm because it has a greater cross-sectional area than the normal blood vessel.
OC) The pressure is higher in the aneurysm because flow speed is higher in the normal blood vessel.
OD) The pressure is lower in the aneurysm because flow speed is higher in the normal blood vessel.

## Item 70

If a selection of tubes differing in length and radius were subject to the same driving pressure, fluid in the tube with which combination of length, $L$, and radius, $r$, would flow at the greatest rate?

$$
\begin{array}{ll}
\text { OA) } & L=4 \mathrm{~cm} \text { and } r=1 \mathrm{~cm} \\
\text { OB) } & L=2 \mathrm{~cm} \text { and } r=1 \mathrm{~cm} \\
\text { OC) } & L=4 \mathrm{~cm} \text { and } r=2 \mathrm{~cm} \\
\text { OD) } & L=2 \mathrm{~cm} \text { and } r=2 \mathrm{~cm}
\end{array}
$$

## Item 71

Doubling which of the following parameters will increase the volume flow rate, $Q$, between points A and B in a pipe by the greatest amount? Assume laminar flow.

OA) The distance between points A and B
OB) The difference in pressure between points A and B
OC) The viscosity of the fluid
OD) The radius of the pipe

## Item 72

In order for white blood cells to leave the circulation and enter tissues, they must roll along the wall of the blood vessel. Which of the following is true regarding white blood cell rolling?

OA) Blood is a non-ideal fluid so the velocity of the blood is less at the wall of the vessel than in the center of the vessel.
OB) Blood is an ideal fluid so the velocity of the blood is less at the wall of the vessel than in the center of the vessel.
OC) Blood is an ideal fluid so the velocity of the blood is greater at the wall of the vessel than in the center of the vessel.
OD) Blood is a non-ideal fluid so the velocity of the blood is greater at the wall of the vessel than in the center of the vessel.

## Fluids at Rest

$\rho=\frac{m}{v}$
S.G. $=\frac{\rho_{\text {substance }}}{\rho_{\text {water }}}$
$P=\rho g y$
$P=\frac{F}{A}$

Fluids in Motion
$Q=A v$
$K=P+\frac{1}{2} \rho v^{2}+\rho g h$
$v=\sqrt{2 g h}$
$\Delta P=Q R$

## Buoyant Force

$F_{\mathrm{B}}=\rho_{\text {fuid }} V g$

## TERMS YOU NEED TO KNOW

Archimedes Principle
Bernoulli's equation
Buoyant force ( $F_{\mathrm{B}}$ )
Continuity equation
Density ( $\rho$ )
Fluid
Fluid pressure
Ideal fluid

Incompressible
Intermolecular forces
No viscosity
Non-ideal
Pascal (Pa)
Pascal's principle
$P_{\text {atmospheric }}=101,000 \mathrm{~Pa}$
Poiseuille's Law

Random translational motion
Specific gravity (S.G.)
Surface tension
Turbulence
Uniform translational motion
Venturi effect
Volume flow rate

THE 3 Keys

1. Fluids are described by density, $\rho$. When you need the mass of a fluid, use $m=\rho V$.
2. When an object is floating, masses are equal - the mass of object equals the mass of fluid displaced. When an object is fully submerged, volumes are equal - the volume of the object equals the volume of fluid displaced.
3. See standing fluids, think forces in equilibrium. See moving fluids, think energy.

## Electricity

### 4.1 Introduction

This lecture covers electricity and magnetism as these topics are tested on the MCAT ${ }^{\circledR}$. It begins by introducing electric force and the characteristics of static electric charge. Electric force can be either attractive or repulsive. It exists between any two charges and is inversely proportional to the square of the distance between them. Recall gravitational force while learning about electricity. Gravitational force is always attractive and exists between any two masses, electrical force between two charges. Both are inversely proportional to the square of distance. Electric force acts through fields that exert a given force per unit charge, much as gravitational force acts through fields that exert a given force per unit mass.

A static charge in a field can possess more or less potential energy depending on its position. Like fluids that flow from higher pressures to lower pressures, charges move from areas of higher potential to areas of lower potential. For this reason, moving charge, or current, is analogous to fluid flow. A difference in potential can produce a flow of charge that continues as long as the potential difference is present.

After discussing the features of static and moving charge, the lecture will cover electrical circuits and their components. In electric circuits, batteries maintain potential difference that cause electrons to flow through wires from areas of higher potential to areas of lower potential. Other circuit elements can change the current or act as energy stores, as will be described.
Finally, the lecture will close with a brief discussion of magnetism and electromagnetic induction.


### 4.1 Introduction

4.2 Static Electric Charge
4.3 Moving Electricity
4.4 Circuit Elements
4.5 Magnetism

## THE 3 KEYS

1. Electric field $(E)$ is a general expression of force - force per unit charge - and voltage (V) is a general expression of energy - energy per unit charge.
2. $R \propto L / A, C \propto A / D$. Think of resistors and capacitors in parallel as having increased width (more capacitance, less resistance) and resistors or capacitors in series as having increased length or distance (more resistance, less capacitance).
3. Static electricity describes point charge and is like gravity. Current describes moving charge and is like fluid flow.

> Questions on electricity are much more likely to appear on the MCAT ${ }^{\text {e }}$ than are questions on gravity. Don't focus on adding to your knowledge of gravity. Instead, use any preexisting knowledge of gravity to understand electricity.

FIGURE 4.1 Like Charges Repel, Opposite Charges Attract


Repel


Repel


Attract

## 4.2 <br> Static Electric Charge

A force, called the electric force, exists between charges. If the charges are of the same type, the force is repulsive, and if the charges are of different types, the force is attractive. The magnitude of the force depends not only on the magnitudes of the charges but also the square of the distance between them. Surrounding a charge or group of charges is a field, and at any given position, the field has a particular strength called its potential. The potential at a given position is the potential energy per unit charge that a point charge would have at that position. Think of electric force as analogous to gravitational force. The equations for electric force, field, potential energy and potential are very similar to those for gravitational force, field, potential energy and potential. The key difference is that gravitational force is always attractive, whereas electric force can be either attractive or repulsive.

## Charge

Like energy, charge is an entity that defies definition. Yet, all of us have an intuitive idea about what it is; we've all experienced a shock from static electricity, for instance. Charge is intrinsic to the nature of some subatomic particles; it is part of their identity. Most of us are aware that there is positive charge and negative charge. The 'positive' and 'negative' signify nothing more than these charges being opposite to each other. Instead of positive and negative, they could have been called up and down, black and white, or even had their names reversed to 'negative' and 'positive'. It is an accident of science that electrons were labeled negative and not positive, and, as a result of this accident, current runs in the opposite direction of electrons. Charge $(q)$ is given in units of coulombs (C).

Opposite charges attract each other; like charges repel each other. The formula describing the magnitude of the force of the repulsion or attraction between two charged objects is called Coulomb's law, and is analogous to the formula for gravitational force:

$$
F=k \frac{q^{1} q^{2}}{r^{2}}
$$

where $k$ is Coulomb's constant ( $\left.k=8.988 \times 10^{9} \mathrm{~N} \cdot \mathrm{~m}^{2} / \mathrm{C}^{2}\right)$, q represents the respective charges, and $r$ is the distance between the centers of charge.

## Conservation of Charge

Just as there is a universal law of conservation of energy, there is a Universal Law of Conservation of Charge. The universe has no net charge. In the majority of situations (and for the $\mathrm{MCAT}^{\circledR}$ ), net charge is created by separating electrons from protons. If we were to put all the positive and negative charges in the universe together, they would cancel each other out, right down to the last electron and proton. Anytime a negative charge is isolated, a positive charge is also isolated, and vice versa. Charge is quantized. This means that any charge must be at least as large as a certain smallest possible unit. The smallest possible unit of charge is one electron unit $\left(e=1.6 \times 10^{-19} \mathrm{C}\right)$, the charge on one electron or one proton.


Two point charges, $q_{A}$ and $q_{B}$, experience attractive electric forces $F_{A}$ and $F_{B}$, which are equal in magnitude and opposite in direction. Because the point charges have masses $M_{A}$ and $M_{B}$, they also experience attractive gravitational forces likewise equal in magnitude and opposite in direction. However, the magnitude of the gravitational forces is negligible in comparison to the magnitude of the electric forces.

Notice that the diagram above is the same as that used for gravity in Lecture 1. Use the similarities between these forces to better understand the electric force. Both types of forces change inversely with the square of the distance between the centers of mass or charge. One major difference is that gravitational forces are always attractive while electrical forces may be either attractive or repulsive.

Also notice that the force due to gravity in the diagram above is ignored. Coulomb forces are usually of a far greater magnitude than gravitational forces, and, unless the masses are very large, gravitational forces are negligible.

[^0]Figure 4.2 assumes that the gravity force is negligible compared to the force due to charge. This is often a safe assumption when dealing with particles of this size.

## Center of Charge

In defining Coulomb's law, we used the phrase 'center of charge'. Similar to center of mass, the center of charge is a point from which the charge generated by an object or system of objects can be considered to originate. For example, the charges on a hollow, positively charged sphere made from conducting material will repel each other so as to maximize the average distance of each charge from each of the other charges. This results in the positive charge spreading uniformly along the outer surface of the sphere. Due to the symmetry, the center of charge exists at the center of the sphere, even though there is no actual charge at the center of the sphere. The electrostatic force on a charged object placed outside the sphere can be found using Coulomb's Law, where $r$ is the distance between the object and the center of the sphere. Note that the same is true for gravity.

FIGURE 4.3 Center of Charge

$r$

The similarities between gravity and electricity stem from the fact that both mass and charge create fields. A field is some type of distortion or condition in space that creates a force on a charge (or mass, if it is a gravitational field; or magnet, if it is a magnetic field [A magnetic field and an electric field are really the same field]). Recall that on the $\mathrm{MCAT}^{\circledR}$, any force that acts on your system must be physically contiguous to it, except for the forces of gravity, electricity, or magnetism. This is because these forces are created by fields and can act at a distance.

Any field can be represented by lines of force. Lines of force point in the direction of the field (positive to negative for electric fields, towards the mass creating the field for gravitational fields). The relative distance between lines indicates the strength of the field; the closer the lines, the stronger the field. Lines of force can never intersect, as this would indicate a field pointing in two opposite directions from the same location, an impossibility. The lines of force for a single positive point charge are shown in Figure 4.4.

Examine the lines of force for the field created by the positively charged, hollow sphere in Figure 4.5. Notice that the inside of the sphere has no electric field. A negatively charged sphere would produce the same result. This is because the lines of force must begin on a positive charge and end on a negative charge. This is impossible for lines entering the sphere, so there can be no lines of force inside a uniformly charged sphere. Again, the same is true for a gravitational field.

FIGURE 4.4 Electric Field


FIGURE 4.5 No Lines of Force Inside a Uniformly Charged Sphere


An electric field is defined as the electrostatic force per unit charge. The symbol for any electric field is $E$. $E$ is a vector pointing in the direction of the field and has units of $\mathrm{N} / \mathrm{C}$ or $\mathrm{V} / \mathrm{m}$. For a point charge, the electric field is found by dividing Coulomb's law by $q$, giving:

$$
E=k \frac{q_{1}}{r^{2}}
$$

The electric field for a system of point charges is found by summing the fields due to each charge. Remember that $E$ is a vector and vector addition is required when summing fields.
The symbol for the gravitational field near the surface of the earth is the familiar g. When we want to discuss the gravitational force on any object at the surface of the earth, we normally use ' $m g$ ' and not ' $F=G m m / r^{2}$ '. We are very familiar with the gravitational field near the surface of the earth, so we have created a shorthand method for describing the gravitational force for any mass. That method is the mass multiplied by the field, $m g$. Similarly, the force on a charge $(q)$ in an electric field $(E)$ is

$$
F=q E
$$

## Electric Potential Energy and Potential

To find the potential energy of a mass in the earth's gravitational field relative to some other position, we multiply this force by the displacement in the direction opposite the field, mgh. Similarly, the potential energy ( $U$ ) of a charge in an electric field is the force multiplied by the displacement (d):

$$
U=q E d
$$

where $d$ is measured from a zero point of our own choosing, similar to the variable $h$ in gravitational potential energy. Like any type of potential energy, the electrical potential energy of a charge depends on the position of the charge in the field. If the electric field is created by a point charge, we can derive the electric potential energy from Coulomb's law:

$$
U=k \frac{q_{1} q_{2}}{r}
$$

According to this formula, electric potential is zero for particles separated by an infinite distance. Since energy is a state function, its value can be arbitrarily assigned, and it is given a zero value in this case by convention.


Because I am inside the car, a hollow conductor, there is no electric field and I am safe from the lighting strike.

Recalling our study of gravity, if we wanted to create a function for the work required to move any given mass along any frictionless path near the surface of the earth, what would this function be? In other words, we are looking for a function intrinsic to the gravitational field, which is independent of any mass. What function would give us the 'potential' of the field in terms of work gained or lost per unit mass? The answer is $g h$, the field multiplied by the displacement in the direction opposite the field. Multiplying any mass by $g h$ gives the work done by the field in moving that mass. This is called the potential of the field. In electricity, potential has a special name, voltage. Voltage $(V)$ is the potential for work by an electric field in moving any charge from one point to another.

FIGURE 4.6 Work Done by a Field is Path Independent


$$
V=E d
$$

Voltage is given in units of volts ( V ), and is a scalar. Also recognize voltage in units of J/C.

The voltage due to a point charge is:

$$
V=k \frac{q_{1}}{r}
$$

Since voltage is a scalar, when finding the voltage due to a group of point charges, the voltages due to each individual charge can be summed directly.

Notice from Figure 4.6 that, like the work done by gravity, the work done by an electrostatic field is independent of the path. This is because both fields are conservative; they both conserve mechanical energy. As we will see when we discuss magnetism, this is not true of all electric fields.

TABLE $4.1>$ Related Concepts: Electricity and Gravity

| Concept | GRAVITY | ELECTRICITY |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  | Analogy | Name | Formula | Units |
| Force | $F=\frac{G M m}{r^{2}}=m g$ | Force | $F=\frac{k q_{1} q_{2}}{r^{2}}=q E$ | N |
|  | $g=\frac{F}{m}$ | Field | $E=\frac{F}{q}$ | $\mathrm{N} / \mathrm{C}$ or V/m |
| Energy | $P E=F d=m g h$ | Potential Energy | $P E=F d=q E d$ | J |
|  | $\frac{P E}{m}=g h$ | Voltage | $V=\frac{P E}{q}=E d$ | $\mathrm{J} / \mathrm{Cor} \mathrm{V}$ |

Use the similarities between electricity and gravity to help you learn and remember electricity. There are two concepts to consider: force and energy. Electric field is a general way to talk about force, i.e. force per unit charge. Voltage is a general way to talk about energy, i.e. potential energy per unit charge. Electric field and voltage are generalizations that describe the effects of a single charge, while force and potential energy are specific to two particular masses or charges. Use the analogy of buying potatoes: force and potential energy are the cost of a specific bag of potatoes where field and voltage are the cost in general of potatoes per pound.

Within an electric field, movement perpendicular to the field does not result in a change in potential, just as a mass moving along the surface of the earth does not experience a change in its gravitational potential. In any electric field we can define a surface normal to the field that describes a set of points all with the same potential. Examples of such surfaces are shown as dashed lines in Figure 4.7. They are called equipotential surfaces. All points on an equipotential surface are at the same voltage. An equipotential surface can be drawn at any point in the field.
Also shown in the diagram are the field lines of an electric dipole. An electric dipole is created by two opposite charges with equal magnitude. An electric dipole moment $(p=q d)$ is a vector whose magnitude is the charge $q$ on one of the charges multiplied by the distance $d$ between the charges. In physics, this vector points in the opposite direction to the electric field, from the negative charge to the positive charge.
In chemistry the vector points from positive to negative. At large distances the electric field of a dipole varies by $1 / r^{3}$.

FIGURE 4.7 Electric Dipole Field Lines and Equipotential Surfaces


When solving electricity problems, be sure to know what type of electric field you're working with. Point charges create electric fields that, unlike constant electric fields, change with $r$. Use only those formulas that apply to the field.

A dipole placed in an electric field will tend to align itself along the field in the opposite orientation to the field.

FIGURE 4.8 A Dipole in an Electric Field


Another way to visualize a dipole is as shown in this diagram. Imagine the peak and valley are smooth surfaces and the blue dot is a marble. The peak represents a positive charge and the valley, a negative charge. As viewed from above, by the bird for instance, when released, the marble approximates the path followed by a positively charged particle repelled from the peak and attracted by the valley.
 The altitude is analogous to potential.

## Questions 73-80 are NOT related to a passage.

## Item 73

Two charged metal plates are placed one meter apart creating a constant electric field between them. A one coulomb charged particle is placed in the space between them. The particle experiences a force of 100 Newtons due to the electric field. What is the potential difference between the plates?

OA) 1 V
OB) 10 V
OC) 100 V
OD) 1000 V

## Item 74

How much work is required to move a positively charged particle along the 15 cm path shown if the electric field E is $10 \mathrm{~N} / \mathrm{C}$ and the charge on the particle is 8 C ? (Note: Ignore gravity.)


OA) 0.8 J
OB) 8 J
OC) 12 J
OD) 1200 J

## Item 75

If the distance between two point charges is increased by a factor of 3 , the new force on either charge will:

OA) decrease by a factor of 9 .
OB) decrease by a factor of 3 .
OC) remain the same.
OD) increase by a factor of 3 .

## Item 76

If the distance between a point charge and an infinitely large charged plate is increased by a factor of 2 , the new force on the point charge will:
OA) decrease by a factor of 4 .
OB) decrease by a factor of 2 .
OC) remain the same.
OD) increase by a factor of 2 .

## Item 77

A positively charged particle starts at rest 25 cm from a second positively charged particle that is held stationary throughout the experiment. The first particle is released and accelerates away from the second particle. When the first particle has moved 25 cm , it has reached a velocity of $10 \mathrm{~m} / \mathrm{s}$. What is the maximum velocity the first particle will reach?

OA) $10 \mathrm{~m} / \mathrm{s}$
OB) $14 \mathrm{~m} / \mathrm{s}$
OC) $20 \mathrm{~m} / \mathrm{s}$
OD) The first particle will never stop accelerating and will reach an infinite velocity.

## Item 78

The electric field for the two point charges A and B is shown below. Which of the following is true?


OA) Both charges are positive.
OB) Both charges are negative.
OC) The charges have opposite signs.
OD) The signs of the charges cannot be determined.

## Item 79

Two particles are held in equilibrium by the gravitational and electrostatic forces between them. Particle A has mass $m_{a}$ and charge $q_{a}$. Particle B has mass $m_{b}$ and charge $q_{b}$. The distance between the charges is $d$. Which of the following changes would cause the charges to accelerate towards one another?

OA) $\quad m_{a}$ is doubled and $m_{b}$ is doubled.
OB) $\quad m_{a}$ is doubled and $m_{b}$ is halved.
OC) $q_{a}$ is doubled and $q_{b}$ is doubled.
OD) $d$ is doubled.

## Item 80

When - 10 C of charge are moved from point A to point B in the diagram below, 90 J of work is done. The voltage between point A and point B is:


OA) 0.9 V
OB) 9 V
OC) 90 V
OD) 900 V

Since charge moves easily through a conductor, if an object is made of a conducting material it can only hold excess charge on its surface. The excess charges try to maximize their average distance from each of the other charges, and they end up only on the surface. Like the field inside a uniformly charged sphere, the electric field inside a charged conductor is zero.

FIGURE 4.9 Excess Charge is
Held on the Surface


## 4.3 <br> Moving Electricity

A force, called the electric force, exists between charges. If the charges are experiencing a potential difference, charges move from areas of higher potential to areas of lower potential. A potential difference, or voltage, is said to produce a flow of charge, or current. Think of charge flow as analogous to fluid flow.

## Conductivity

When charge moves along an object (usually in the form of electrons), that object is said to be conducting electricity. At the same time that it is conducting electricity, the object also resists the movement of charge. All substances conduct electricity to some extent, and all substances resist movement of charge to some extent (superconductors excluded). Substances resist and conduct charge to varying degrees, but the vast majority of substances either conduct charge very well or very poorly. We can safely classify most substances as conductors or resistors. Good conductors, such as metals, allow electrons to flow relatively freely. Poor conductors (good resistors) hold electrons tightly in place. Poor conductors are represented by network solids such as diamond and glass, among other substances.

## Current

Moving charge is called current. Current is given in amps (A), or C/s. Current is a scalar, but we describe its flow to be in the direction of the movement of positive charge. Ben Franklin arbitrarily designated electrons to be negative. Because of this designation, current, which is usually created by flowing electrons, is in the opposite direction to the flow of electrons.

The flow of electrons resembles the flow of a fluid. Like molecules in a moving fluid, electrons move very fast in random directions, while there is a much slower uniform translational movement (called drift speed) opposite the direction of the current.

When I rub electrons off of my socks, I become positively charged. My positively charged finger pulls electrons from the doorknob.


## 4.4 <br> Circuit Elements

Just as fluid will only flow in the presence of a pressure difference, charges will only flow in the presence of a potential difference. In a circuit, a cyclical pathway for moving charge, a battery provides the potential difference needed to maintain charge flow. Like flowing fluids, flowing charges encounter resistance.
As we learned earlier, all substances resist the flow of charge. The quantitative measure of this property is called resistivity ( $\rho$ ). The quantitative measure of an object of a particular shape and size to resist the flow of charge is called its resistance $(R)$ and is measured in ohms $(\Omega)$. If an object is made from a homogeneous conductor, the resistance of the object when a voltage is applied uniformly to its ends is related to the resistivity of the material that it is made from by:

Notice that the definition of a circuit includes the word 'cyclical' as in 'making a circle.' A circuit requires a complete circle for the current to flow around. No current will flow unless it can flow in a circle.

This formula demonstrates that if the length of a wire is doubled or its cross-sectional area is cut in half, its resistance is also doubled. This is similar to what we would expect for fluid flowing through a pipe. Many useful analogies can be made between electron flow and fluid flow.

Electric current (i) is equal to potential difference, or voltage, divided by resistance.

$$
i=\frac{V}{R}
$$

This is known as Ohm's law. Note that the $V$ in this equation stands not for potential but for potential difference, or voltage.

Ohm's law is useful for analyzing circuits. Recall that the flow rate of a real fluid moving through a horizontal pipe with constant diameter is equal to change in pressure divided by resistance $(Q=\Delta P / R)$. Think of current as flow through a constant diameter pipe, and voltage as the difference in height between two points in the pipe.

A battery adds energy to a circuit. In our analogy to fluids, a battery pumps the fluid to a greater height. Batteries are rated by electromotive force (EMF), which is a fancy word for voltage.

While real batteries have internal resistance, it can be ignored unless indicated. To account for internal resistance, simply redraw the battery and place a resistor with a resistance equal to the internal resistance directly behind or in front of the battery.

More water flows through a thick hose. Likewise, more electricity flows through a thick conductor.

FIGURE 4.10 Properties of the Flow of Charge



## MCAT ${ }^{\circledR}$ THINK

When you see a battery in a circuit, picture the inside of the battery. A battery generates the flow of energy in a circuit from its built-in potential difference. Charges flow "downhill" from higher potential to lower potential.

Batteries consist of one or more galvanic cells in which oxidation occurs at the anode and reduction at the cathode; when a wire connects the two electrodes, electrons flow from the anode to the cathode. Ionization energy, how easily an electron can be removed from an atom, determines the potential, or voltage, of a material. In physics current is defined as the flow of positive charge, not the flow of electrons. The direction of current in the wire is from the cathode to the anode, opposite the flow of electrons. Remember that current flows from high potential to low potential. In a battery, the electrode with the higher potential is the cathode and the electrode with the lower potential is the anode. The difference between the potentials of the cathode and anode is the voltage of the battery.

The wire from the cathode to the anode is not part of the battery. The wire connecting the electrodes in an electrochemical cell is the wire of the circuit driven by the battery. Connecting the cathode of the battery to the anode with a wire discharges the battery's energy.

Voltage, also called potential, is a way of expressing potential energy. The greater the potential difference between the two electrodes, the more energy the battery can put into the system. This energy is determined by the difference between the reduction potentials of the specific pair of reductionoxidation (redox) reactions that occur inside the battery. A battery's energy is calculated using the equation $\Delta G=-n F E$, where $E$ is the maximum potential of the redox reactions and $\Delta G$ is the energy generated by the redox reaction, which becomes electrical energy.

## MCAT ${ }^{\circledR}$ THINK (continued)

In order for a circuit to draw current from a battery, a circuit element is required (resistor, capacitor, or inductor). When a resistor, such as a light bulb, is attached to the wire connecting the positive and negative nodes, some of the energy generated by the battery leaves the circuit through the resistor. When a capacitor is added to a circuit, some of the energy generated by the battery can be stored. The capacitor can later discharge that energy at a faster rate than the battery supplied it. In these ways, batteries provide the energy needed to operate many devices. The chemical energy is turned into electric energy which is then converted to the energy released by the device (i.e. light, sound, heat, kinetic energy of motion, etc...).

Here is an example of my analogous fluid circuit. Each spinning wheel represents resistance as it resists the movement of the fluid. Technically, voltage should only drop across resistance as per Ohm's law, so in my fluid circuit, the height of the fluid should only change when the fluid goes through a resistor. Notice that the resistors spin, using up energy. Anything attached to a circuit that uses energy also provides resistance, and anything that provides resistance uses energy.


A battery works to put energy back into the circuit. To analyze this circuit, we add the voltage drop across each resistor, and set it equal to the voltage of the battery. This is analogous to the work done per unit mass on each wheel set equal to the work done per unit mass.

Use what makes sense about resistors and capacitors to learn and remember the rules for series and parallel circuit elements, rather than memorizing equations. Notice that resistance increases with length of the wire while capacitance increases with cross-sectional area. Use this to reason through the effects of putting circuit elements in series or in parallel. Putting circuit elements in series is like increasing the length of that circuit element. Putting circuit elements in parallel is like increasing the width, or area. Resistors in parallel are like one wider resistor, which would therefore have less resistance. The net capacitance for capacitors in parallel is greater because they are like one capacitor with a wider surface area.

A capacitor is used to temporarily store energy in a circuit. It stores it in the form of separated charge. In a parallel plate capacitor, two plates made from conductive material are separated by a very small distance. On a charged capacitor, one plate holds positive charge, and the other plate holds the exact same amount of negative charge. This separation of charge creates an electric field that is constant everywhere between the plates. The electric field is given by:

$$
E=\frac{1}{\kappa} \frac{Q}{A \varepsilon_{0}}
$$

This $\kappa$ is not Coulomb's constant. This is the dielectric $\kappa$, which we will discuss below. $Q$ is the charge on either plate. The $\varepsilon_{0}$ term is derived from Coulomb's constant $k$. It is related to $k$ by:

$$
k=\frac{1}{4 \pi \varepsilon_{0}}
$$

Note that in the electric field equation, $E$ and $Q$ are directly proportional, which means that $V$ and $Q$ are also directly proportional. As the applied voltage increases, so too does the amount of stored charge. By definition, capacitance is the ability to store charge per unit voltage. In other words, something with a high capacity can store a lot of charge at low voltage.

$$
C=\frac{Q}{V}
$$

In a parallel plate capacitor, the amount of charge that can be stored is directly proportional to the area of each plate. This is because the charge sits on the surface of the plates. Recall that charge sits on the surface of a charged conductor. In a charged capacitor, the charge sits on only the inside face of each plate. As a result, increasing the thickness of the plates of a capacitor will not increase its ability to store charge. Recall also that voltage is defined by distance $(V=E d)$. The farther the plates are separated, the greater the voltage, and the lower the capacitance. The physical makeup of a parallel plate capacitor in terms of plate area $(A)$ and separation distance $(d)$ is given by:

$$
C=\kappa \frac{A \varepsilon_{0}}{d}
$$

A capacitor's job is to store energy (generally for quick use in the future). The energy $(U)$ stored in any shape capacitor is given by:

$$
U=\frac{1}{2} Q V \quad \text { or } \quad U=\frac{1}{2} C V^{2} \quad \text { or } \quad U=\frac{1}{2} \frac{Q^{2}}{C}
$$

Using any one of these equations, the others can be derived from $Q=C V$.

[^1]

As the fluid comes to the fork at pipe $B$ and $C$, some fluid would move in each direction. As the fluid capacitor fills, the fluid flow through pipe $C$ would eventually come to a stop and all the fluid would move through pipe B. In order to maintain the fluid capacitor at height $h$, fluid flow through pipe A would have to have kinetic energy equal to the gravitational potential of the fluid capacitor. This results in the equation $v=\sqrt{2 g h}$. The fluid capacitor now stores energy for the circuit. If flow through pipe $A$ is suddenly blocked, the capacitor would empty with an initial velocity of $v=\sqrt{2 g h}$. You should recognize the shape of the voltage vs. time graphs for charging and discharging a capacitor. Since $g \Delta h$ is analogous to voltage, $\Delta V$, the $g \Delta h v s$. time graph is the same shape as the $\Delta V$ vs. time graph.

FIGURE 4.12 Dielectric within a Capacitor

It's easy to see where the formula for energy stored by a capacitor comes from. If we imagine a capacitor with no charge on it, the voltage across this capacitor must be zero. For each unit of charge that we add, the voltage increases proportionally $(Q=C V)$. If we graph this, we get a straight line. The area under this line is the product of charge times voltage, or energy. The area is a triangle, which is 1/2 base times height or $1 / 2 Q V$.


The dielectric constant, $\kappa$, refers to the substance between the plates of a capacitor. The substance between the plates must be an insulator, or it would conduct electrons from one plate to the other and charge could not be built up. A dielectric acts to resist the creation of an electric field, allowing the capacitor to store more charge (to have greater capacitance). Usually a dielectric contains dipoles oriented in random directions. Recall that a dipole in an external electric field has potential energy depending upon its orientation. When the electric field begins to build up between the plates of a capacitor, the dipoles are rotated to point in the direction of the electric field (from a physics, not a chemistry, sense). This rotation requires energy in the form of work done on the dielectric. The work is conserved in the field, so the capacitor is able to store more energy. Another way to look at it is from the standpoint that each dielectric creates its own electric field that reduces the overall electric field within the capacitor. The more charge required to build an electric field, the more energy stored within a capacitor. The dielectric constant of a vacuum is defined to be unity (one). Air is very
close to one, and all other dielectric constants increase from there.

Work is done on the dielectric and energy is stored in the dielectric.


One other effect of a dielectric is to limit the value of the possible voltage across the plates. At some maximum voltage, the dielectric will break down and conduct electricity. This value of a dielectric is called the dielectric strength. If dielectric strength appears on the $\mathrm{MCAT}^{\circledR}$, it will be explained in a passage.

In order to analyze a circuit, it is important to recognize the symbols for a resistor, a capacitor and a battery.

Lines connecting components should be considered completely non-resistive wires.

It is important to recognize when these components are in parallel and when they are in series. This has nothing to do with their orientation in space; parallel components are not always pointing in the same direction. Components lined up in a row, like train cars, are in series. More precisely, any two components not separated by a node are in series. Single components in alternate paths connecting the same nodes are in parallel.

When resistors are in series, their total resistance (effective resistance, $R$ ) is the sum of their resistances.

$$
R_{\mathrm{eff}}=R_{1}+R_{2}+\ldots \quad \text { (Resistors in series) }
$$

Resistors in series can be thought of as a single resistor with length equal to the sum of the lengths of the individual resistors. Increasing the length of a resistor increases its resistance. $R \propto L$.

Think of resistors as toll booths. The flow of traffic that passes through three toll booths that are in series with one another will be impeded relative to the flow of traffic that passes through just one toll booth.

When resistors are in parallel, their effective resistance can be arrived at through the following equation:

$$
\frac{1}{R_{\mathrm{eff}}}=\frac{1}{R_{1}}+\frac{1}{R_{2}}+\ldots
$$

## (Resistors in parallel)

Resistors in parallel can be through of as a single resistor with cross-sectional area equal to the sum of the cross-sectional areas of the resistors connected in parallel. Increasing the cross-sectional area of a resistor decreases resistance. $R \propto 1 / A$. Again, think of resistors as toll booths. The flow of traffic that has the option to pass through one of four tollbooths in parallel with one another will be faster relative to the flow of traffic that must pass through a single toll booth.

FIGURE 4.13 Important Symbols in Circuits and in Parallel


FIGURE 4.14 Resistors in Series and in Parallel


Resistors in Series


Resistors in Parallel

If we were to open a second bridge parallel to the first bridge, we would improve traffic flow, allowing for a
 greater 'current' of traffic.

In physics class, you likely used Kirchoff's rules to determine the unspecified voltages, currents and resistances of complex circuits. The MCAT ${ }^{\circledR}$ is very unlikely to test your knowledge of Kirchoff's rules. Questions requiring knowledge beyond what is presented in this lecture would be accompanied by explanatory passages.

Capacitors are exactly opposite to resistors. When capacitors are arranged in series, effective capacitance is calculated using follow the equation below:

$$
\frac{1}{C_{\mathrm{eff}}}=\frac{1}{C_{1}}+\frac{1}{C_{2}}+\ldots \quad \text { (Capacitors in series) }
$$

Capacitors in series can be thought of as a single capacitor with a distance between plates equal to the distance between the first plate of the first capacitor and the second plate of the last capacitor. Increasing the distance between the plates of a capacitor decreases its capacitance.

In parallel, the capacitances of individual capacitors sum directly to give an effective capacitance:

$$
C_{\text {eff }}=C_{1}+C_{2}+\ldots \quad \text { (Capacitors in parallel) }
$$

Capacitors in parallel can be thought of as a single capacitor with plate area equal to the sum of the areas of the capacitors. Increasing the area of a capacitor's plates increases its capacitance.

To determine unspecified voltages, currents and resistances must simplify circuits as shown in Figures 4.15 and 4.16 . We begin by replacing components in parallel and series with their corresponding effective components. We continue this process until we have our simplified circuit; one of each element. Next we use Ohm's law to find the missing quantity.

FIGURE 4.15 Simplifying Circuits That Have Multiple Resistors


FIGURE 4.16 Simplifying Circuits That Have Resistors and Capacitors


Solution for Figure 4.15


Solution for Figure 4.16

Solution for Current


Solution for Voltage


The solution for Figure 4.16 is for when the circuit has been on for a long time.

If the circuit contains a capacitor, initially, for the first tiny fraction of a second, the capacitor behaves like a bare wire with no resistance. Once the capacitor is fully charged (likely to be a fraction of a second later), the capacitor behaves like a break in the circuit. It is most likely that you would be asked to solve the circuit after it has been on for a while.

Meters can be attached to a circuit in order to measure the voltage or flow of current at any point in the circuit.

An ammeter is an instrument that measures the current flowing through a circuit. An ammeter is connected in series with a circuit so that all current $i$ flowing through the circuit also flows through the meter. Since the ammeter measures the current, it shouldn't affect the current. To maximize current, the resistance within the ammeter, $R_{\mathrm{A}}$, is almost zero.

A voltmeter is an instrument that measures the potential difference between any two points on a circuit. In order to measure a voltage drop, the voltmeter is attached to two separate points on a circuit, often on either side of a circuit element. A voltmeter is always attached in parallel to the circuit, so the voltmeter does not affect the voltage of the circuit. In order to prevent the voltmeter from changing the potential difference between two points, it should not draw a current. To achieve this, the resistance within the voltmeter is functionally infinite. Maximizing the resistance of the voltmeter minimizes the amount of current that passes through it.

A device called a multimeter can serve as both an ammeter and a voltmeter. A switch determines whether current or voltage is measured. Multimeters may also serve as ohmmeters, which measure the resistance of circuit elements.

FIGURE 4.17 Circuit Meters


These turbines at the Hoover Dam change the gravitational potential energy of water into electrical energy. This energy is used to provide power to people across three states.


## Questions 81-88 are NOT related to a passage.

## Item 81

What is the net force on the dipole inside the capacitor if the plates are separated by 1 cm ?


OA) 0 N
OB) 4 N
OC) 8 N
OD) 16 N

## Item 82

Each resistor in the circuit below has a resistance of $2 \Omega$. The battery is a 12 V battery. What is the current across resistor B ?


OA) 1 A
OB) 2 A
OC) 3 A
OD) 4 A

## Item 83

Which of the following changes to a parallel plate capacitor would not increase its capacitance?

OA) Decreasing the distance between the plates
OB) Increasing the area of the plates
OC) Increasing the dielectric constant
OD) Increasing the voltage across the plates

## Item 84

Each of the resistors in the circuits below represents a light bulb. If all three circuits use the same size battery, which circuit will produce the most light?


I


II


III
OA) I only
OB) II only
OC) III only
OD) I, II, and III will produce the same amount of light.

## Item 85

If all the resistors in the circuit pictured below have equal resistances, and the current flowing into resistor A is 4 amps , what is the current flowing into resistor F ?


OA) 2 A
OB) 4 A
OC) 8 A
OD) 16 A

## Item 86

The circuit shown below has three resistors connected in parallel to a battery.


When an additional resistor, $\mathrm{R}_{4}$, is added to the circuit:
OA) the voltage produced by the battery will be increased.
OB) the voltage produced by the battery will be decreased.
OC) the current produced by the battery will be decreased.
OD) the power produced by the battery will be increased.

## Use the following information to answer questions 87 and 88 :

A cell at rest has a potential of -70 mV across it's membrane. Assume the diameter of the cell is $20 \mu \mathrm{~m}$. The cell membrane has a capacitance of $1 \mu F / \mathrm{cm}^{2}$.

$$
\text { Elementary charge }=1.6 \times 10^{-19} \mathrm{C} \text {. }
$$

## Item 87

How many potassium ions in the cell are needed to charge the cell membrane?

OA) 220 ions
OB) 560 ions
OC) $5.6 \times 10^{4}$ ions
OD) $2.2 \times 10^{15}$ ions

## Item 88

How much energy is stored in one square centimeter of the cell membrane?

OA) $2.5 \times 10^{-9} \mathrm{~J} / \mathrm{cm}^{2}$
OB) $3.5 \times 10^{-8} \mathrm{~J} / \mathrm{cm}^{2}$
OC) $2.5 \times 10^{3} \mathrm{~J} / \mathrm{cm}^{2}$
OD) $3.5 \times 10^{8} \mathrm{~J} / \mathrm{cm}^{2}$

Except in the context of electromagnetic radiation, nuclear magnetic resonance (NMR) spectroscopy, or a passage about MRI technology, magnetism is unlikely to be tested on the MCAT ${ }^{\text {® }}$. Just get the basics down and then move on.


Charges can be separated, but magnetic poles have never been found individually. If you try to separate magnetic poles by breaking a magnet, you just get more magnets with more poles.

## 4.5 Magnetism

A magnet creates a magnetic field. Magnetic field strength is measured in units of tesla, T. A magnetic field is concurrent with an electric field. It is easier to understand and deal with this single entity (the electro-magnetic field) if we treat magnetic fields and electric fields as distinct yet linked. All charges, static and moving, create an electric field around them. Only moving charges produce magnetic fields. A static electric field produces no force on a magnet, and a magnetic field produces no force on a static electric charge.

Like the positive and negative of electric charges, a magnet comes with a north and south pole, where like poles repel and opposite poles attract. Unlike electric charges, magnetic poles have never been found to exist in isolation; one pole always accompanies the other. Similar to the electric field, the magnetic field can be represented by lines of force. The lines of force in a magnetic field point from the north pole to the south pole of the magnet that created the field. Magnets placed within a magnetic field experience a force pulling their south pole opposite to the direction of the lines of force while pushing their north pole in the same direction as the lines of force. Earth itself is a magnet. Interestingly, the geographic North Pole is the south pole of Earth's magnetic dipole. The Earth's geographic poles are named for the direction that the magnetic arrow of compass points, and not for the poles on the actual magnet of the Earth. Because the north pole of the compass magnet is attracted to the Earth's magnetic south pole, this was named our geographic North Pole. Thus, the lines of force made Earth's magnetic field point from the geographic South Pole to the geographic North Pole. (The actual magnetic poles are also $11.5^{\circ}$ away from the geographic poles and constantly shifting very slowly.)

FIGURE 4.18 The Earth as a Magnet


A stationary charge induces an electric field, but does not induce a magnetic field, while a moving charge induces both an electric and a magnetic field. Changing an electric field induces a magnetic field, and, vice versa: changing a magnetic field induces an electric field. This phenomenon is the basis for electromagnetic waves, which will be discussed in the context of light waves in Lecture 5 of this manual.

By 'induce' we mean 'create'. A changing electric field creates a magnetic field and a changing magnetic field creates an electric field.

Current is moving charge. Any and all current creates a magnetic field.

A small magnet out pulls the entire Earth: magnetic force is stronger than gravitational force.


A charge moving through a magnetic field experiences a force directed perpendicularly to both the velocity and the magnetic field. The magnitude of the force $(F)$ on a charge $(q)$ moving with velocity $(v)$ through a magnetic field $(B)$ is:

$$
F=q v B \sin \theta
$$

where $\theta$ is the angle between the magnetic field and the velocity of the charge.

## FIGURE 4.19 The Magnetic Field Exerts a Centripetal Force on

the Charged Particle
(4)

| $B$ |
| :---: |
| Directed into |
| the page |

$\binom{\theta=90^{\circ}}{\sin \theta=1}$

A changing magnetic field creates an electric field, but unlike the electric field created by a stationary charge, a magnetic field is non-conservative. The mechanical energy creating the electric field is not conserved, but is dissipated as heat in the charged object. Electric potential has no meaning for electric fields induced by changing magnetic fields.

Imagine a loop of wire pulled out of a magnetic field. As the magnetic field around the wire changes, an electric field is created and a current develops in the wire. The current created in the wire as it moves out of the external magnetic field creates its own magnetic field. A force is required to remove the loop at a constant velocity. The work done by this force is not conserved, but, instead, creates thermal energy in the loop.

FIGURE 4.20 Changing Magnetic Fields Induce a Current


A charged particle moving through a magnetic field will be forced into a curved path. Recall that $W=F d$ $\cos \theta$. The magnetic force is always applied at $90^{\circ}$ to the velocity of the particle and $\cos 90^{\circ}=0$, so no work can ever be done by this force. It cannot transfer energy to the particle, so it cannot change the speed of the particle.

## Questions 89-96 are NOT related to a passage.

## Item 89

What is the energy required to operate a 60 W light bulb for 1 minute?
OA) 1 J
OB) 60 J
OC) 360 J
OD) 3600 J

## Item 90

All of the following expressions are equal to an Ohm EXCEPT:
OA) $\mathrm{V} \cdot \mathrm{s} / \mathrm{C}$
OB) $\mathrm{W} / \mathrm{A}^{2}$
OC) A/V
OD) $V^{2} / W$

## Item 91

If the AC current delivered to a home by the electric company is delivered at $120 \mathrm{~V}_{\text {rms }}$, what is the maximum voltage across an outlet?

| OA) | 86 V |
| :--- | :--- |
| $\mathrm{OB})$ | 120 V |
| OC) | 170 V |
| OD) | 220 V |

## Item 92

Neurons send messages via electrical impulses along their axons. The impulse, called an action potential, is propagated when ions enter or exit the cell. Approximately $5.5 . \times$ $10^{11} \mathrm{Na}^{+}$ions per meter cross the cell membrane during a second of the propagation of an action potential. What is the current caused by the flow of $\mathrm{Na}^{+}$across 1 cm of the axon? (elementary charge $=1.6 \times 10^{-19} \mathrm{C}$ )

$$
\begin{array}{ll}
\text { OA) } & 5.5 \times 10^{9} \mathrm{C} / \mathrm{s} \\
\text { OB) } & 8.8 \times 10^{-10} \mathrm{C} / \mathrm{s} \\
\text { OC) } & 5.5 \times 10^{-9} \mathrm{C} / \mathrm{s} \\
\text { OD) } & 8.8 \times 10^{-9} \mathrm{C} / \mathrm{s}
\end{array}
$$

## Item 93

The resting voltage across the membrane of a neuron is measured at -70 mV . In multiple sclerosis, the axons of neurons lose their myelin sheath. This results in 30\% decrease in the resistance of the membrane. What is the current flow across one cm of an axon in a patient with multiple sclerosis? Assume that the resistance of a healthy axon is $250 \mathrm{M} \Omega / \mathrm{cm}$.

OA) $2 \times 10^{-10} \mu \mathrm{~A}$
OB) $4 \times 10^{-10} \mu \mathrm{~A}$
OC) $2 \times 10^{-4} \mu \mathrm{~A}$
OD) $4 \times 10^{-4} \mu \mathrm{~A}$

## Item 94

An MRI has a magnetic field of 1.5 T . What force does the MRI have on a hydrogen ion at rest in the human brain?

OA) 0 N
OB) 1.5 N
OC) 15 N
OD) 150 N

## Item 95

Consider a uniform magnetic field coming out of the page. There is a wire loop in the plane of the page. Which of the following would induce an electromotive force in the wire loop?
I. Increasing the magnitude of the magnetic field
II. Rotating the wire loop to the right
III. Moving the wire loop vertically out of the page

OA) I and III
OB) I, II, and III
OC) I and II
OD) III only

## Item 96

Electrophoresis is used to separate proteins according to their mass. Proteins are placed into a gel matrix and an electric field is applied. Which of the following will increase the speed at which the proteins move through the gel?

OA) Increasing the size of the pores in the gel
OB ) Increasing the strength of the electric field
OC) Increasing the charge on the protein
OD) All of the above

## Electric Fields due to a point charge

$F=k \frac{q_{1} q_{2}}{r^{2}}$
$U=k \frac{q_{1} q_{2}}{r}$
$E=k \frac{q_{1}}{r^{2}}$
$V=k \frac{q_{1}}{r}$

## Constant electric fields

$F=E q$
$U=V q$
$U=q E d$
$V=E d$

## Resistors

$$
P=i V
$$

$$
R_{\mathrm{eff}}=R_{1}+R_{2}+\ldots \quad \text { (Resistors in series) }
$$

$V=i R$

$$
P=\frac{V^{2}}{R}
$$

$$
\frac{1}{R_{\mathrm{eff}}}=\frac{1}{R_{1}}+\frac{1}{R_{2}}+\ldots \quad \text { (Resistors in parallel) }
$$

$$
P=i^{2} R
$$

## Capacitors

$$
\frac{1}{C_{\text {eff }}}=\frac{1}{C_{1}}+\frac{1}{C_{2}}+\ldots \quad \text { (Capacitors in series) }
$$

$$
C=\frac{Q}{V}
$$

$$
U=\frac{1}{2} \frac{Q^{2}}{C}
$$

$$
C_{\text {eff }}=C_{1}+C_{2}+\ldots \quad(\text { Capacitors in parallel })
$$

$$
U=\frac{1}{2} C V^{2}
$$

## Magnetism

$$
F=q v B \sin \theta
$$

## TERMS YOU NEED TO KNOW

Amps (A)
Battery
Capacitor
Center of charge
Charge
Circuit
Conductors
Coulombs (C)
Current
Dielectric constant, к Electric field

Electromotive force (EMF)
Field
Like charges
Lines of force
Magnetic field
Ohm's law
Ohms ( $\Omega$ )
Opposite charges
Parallel
Parallel plate capacitor
Positive to negative

Potential energy ( $U$ )
Resistance ( $R$ )
Resistivity ( $\rho$ )
Resistors
Series
Universal Law of Conservation of Charge
Voltage (V)
Volts (V)

## THE 3 Keys

1. Electric field $(E)$ is a general expression of force force per unit charge - and voltage $(\mathrm{V})$ is a general expression of energy - energy per unit charge.
2. $R \propto L / A, C \propto A / D$. Think of resistors and capacitors in parallel as having increased width (more capacitance, less resistance) and resistors or capacitors in series as having increased length or distance (more resistance, less capacitance).
3. Static electricity describes point charge and is like gravity. Current describes moving charge and is like fluid flow.

## Waves: Sound and Light

### 5.1 Introduction

### 5.1 Introduction

This lecture will discuss the general features of waves and the particular types of waves that are involved in hearing and vision. Waves are disturbances that transfer energy from one point to another, for example through vibration or pressure variations. Sound is the transfer of energy as oscillations between high and low pressure through a medium such as air. Light is the transfer of energy through alternating electric and magnetic fields and does not require a medium.

The lecture begins by introducing the properties that are used to describe waves. Processes related to sound and light are covered next. How wave characteristics are determined and how they change will be described throughout the lecture. Some of the characteristics of a wave are constant and determined by the wave source. Others change as a wave passes from one medium to another. As waves propagate through media, reflection, refraction, diffraction or dispersion may occur. The reflection and refraction of light allow mirrors and lenses to create images, as will be described in the final sections of this lecture.
5.2 Wave Features
5.3 Waves: Within and Between Media
5.4 Representing Waves as Sine Functions
5.5 Wave Interference: Constructive and Destructive
5.6 Sound and Intensity
5.7 Resonance: Pipes and Strings
5.8 The Doppler Effect

### 5.9 Light Waves

### 5.10 Optics: Convergers and Divergers

5.11 A System for Mirrors and Lenses
5.12 Lens Aberrations
5.13 Multiple Lens Systems

## THE 3 KEyS

1. Determine whether a wave is undisturbed, reflected, refracted, diffracted, or dispersed.
2. Lenses and mirrors follow the three optics rules: the focal point rule, the object rule, and the image rule.
3. To solve for the Doppler Effect: when a wave source and observer move towards one another, frequency increases--add $\Delta f$ to $f_{s}$ to get $f_{0}$. When a wave source and observer move away from each other, frequency decreases--subtract $\Delta f$ from $f_{s}$ to get $f_{\text {o }}$.


The awning of this building resembles a transverse wave.

On the MCAT ${ }^{\text {® }}$, you are most likely to see the difference between mechanical and electromagnetic waves in the context of sound and light. Remember that sound requires a medium to travel, while light does not.

## 5.2 Wave Features

The source of a wave is a vibration on the atomic, microscopic or macroscopic level. For example, the production of sound occurs via the vibration of a source such as the vocal cords. A wave is the propagation of that vibration from one point to another. As the vocal cords vibrate, they create sound waves that travel from point to point as oscillations, or regular variations, between high and low pressure. Waves are often said to be a transfers of energy from one point to another. Energy is transferred from the source, the vocal cords, through the air to the ear. As sound reaches the inner ear, energy is transferred to the sensory elements of the ear, causing them to vibrate and creating the sensation of sound.

Some waves, called mechanical waves, obey the laws of classical mechanics and require a medium, or substance, through which to travel. Sound waves and waves on a string are mechanical waves that displace the media through which they travel. Other waves, called electromagnetic waves, do not require a medium through which to travel; they can propagate in vacuo. Light is an electromagnetic wave.

Waves that travels through a medium can be further categorized according to the direction in which the medium is displaced. A transverse wave, such as a wave on a string, is one in which the medium is displaced perpendicularly to the direction of wave propagation. A longitudinal wave, such as a sound wave, is one in which the medium is displaced parallel to the direction of wave propagation.

Longitudinal wave


## Wavelength, Frequency and Period

Waves are also described in terms of their velocity, wavelength, frequency, and period. The velocity of a wave describes the distance over which the wave travels per unit time, and is determined by the medium through which the wave travels. Wave velocity is commonly expressed as $v=f \lambda$. This equation is similar to the familiar form of velocity in translational motion, $v=d / t$. In both cases, the relevant variables are distance and time: wavelength is a measurement of distance, usually expressed in meters or nanometers, and frequency is the inverse of time, expressed in $\mathrm{s}^{-1}$ or hertz ( Hz ).
The wavelength $(\lambda)$ of a wave is the distance from any point in the wave to the point where the wave begins to repeat itself.
The frequency $(f)$ of a wave is the number of wavelengths that pass a fixed point in one second. It describes how often a vibration occurs. The frequency of a wave is determined by the frequency with which the wave source vibrates. It does not change as a wave moves from one medium to another.
The period $(T)$ is the time it takes the wave to travel the distance of one wavelength and is the reciprocal of frequency. In other words, it is the number of seconds required for one wavelength to pass a fixed point. The period of a wave describes the length of time the wave source requires to complete one vibratory cycle. Just as frequency does not change when a wave moves from one medium to another, neither does the period.

$$
T=\frac{1}{f}
$$

Over the period, $T$, a wave travels a distance of the wavelength, $\lambda$. Therefore, the velocity of a wave is equal to $\lambda / T$ (just as $v=d / t$ in linear motion equations). The equation for velocity given above is derived from this relationship: because $T=1 / f$, the equation can be rewritten as $v=f \lambda$.

### 5.3 Waves: Within and Between Media

The velocity of a wave is dictated by the medium through which it travels. As a wave travels within a medium, it has a fixed velocity determined by the characteristics of the medium; when a wave travels from one medium to another, its velocity changes according to the features of the new medium. Electromagnetic waves such as light are able to travel in the absence of a medium. When they do travel through a medium, they are affected just like other types of waves. The velocity of light in different media will be discussed in detail later in this lecture in the context of refraction.

Remember, frequency is determined by the source of the wave. Velocity is determined by the medium.

Imagine that I am knocking on the wall of a fish tank and a fish is listening on the other side. The fish will hear an altered version of the wave due to changes in the wavelength, velocity, and loudness as the wave passes through the glass and the water on the other side. But if I knock once per second, the fish will hear one knock per second! This is a good way to remember that frequency is set by the source and does not change as a wave passes from one medium to another.


The velocity of a wave traveling through a single medium is constant, assuming that the temperature of the medium does not change. Two characteristics of a given medium determine the velocity of waves traveling through it:

1. the medium's elasticity, or resistance to change in shape; and
2. the medium's inertia, or resistance to change in motion.

As an example, the velocity of a sound wave is given by $v=\sqrt{\frac{B}{\rho}}$ where $B$, bulk modulus of a medium is a measure of elasticity and $\rho$, the density of the medium, is a measure of inertia. Notice that this equation does not reference frequency or wavelength, demonstrating that the velocity of a wave within a medium depends only on the characteristics of the medium, not the characteristics of the wave. Sound waves of different frequencies, set by the wave source, will still have the same velocity within a given medium. This is possible because the two waves have distinct wavelengths.

In general, it is safe to assume that the temperature of the medium is constant unless told otherwise. However, if temperature does change, it can affect the velocity of a sound wave travelling through the medium. Within a gas, the velocity increases with temperature and is calculated as $v=\sqrt{\frac{\gamma R T}{M}}$ where $\gamma$ is the constant for a specific gas that compensates for temperature changes during contractions, $R$ is the universal gas constant, and $M$ is the molecular mass. The influence of temperature indicates that the random velocity of the gas molecules is a limiting factor for the velocity of a sound wave. The greater the temperature, the greater the random velocity, and the greater the sound wave velocity. In fact, the velocity of a sound wave through a gas is on the order of magnitude of (but slightly less than) the random velocity of its molecules.

The frequency of a wave that moves from one medium to another does not change, but the velocity does change according to the characteristics of the new medium. It is important to be able to predict how a change in medium might affect wave velocity. For a given measure of inertia, an increase in elasticity will increase the velocity of a wave. Conversely, for a given measure of elasticity, an increase in inertia will decrease the velocity of a wave. Know that elasticity increases as intermolecular attraction between molecules increases and inertia increases as mass and density increase. Assuming other variables are held constant, an increase in strength of intermolecular forces or a decrease in mass (or density) causes the velocity of the wave to increase.
The velocity of sound waves in a gas is limited by the average speed of the molecules within that gas. Sound waves move more quickly through hot gases than through cold gases.

> Elasticity is a measure of how quickly disrupted molecules will spring back into their original shape, like a stretched rubber band. Intermolecular forces are what cause the molecules to spring back, so it makes sense that increasing intermolecular forces cause increased elasticity. The greater the elasticity of the medium, the faster it snaps back to position, moving the wave along.

> Recall from the Motion and Force Lecture that mass is a measure of inertia, so of course inertia increases when mass and density (mass per volume) increase. Since a wave must move the medium in order to pass through it, the inertia of the medium (its resistance to motion) tends to slow it down.

> The take home message: heavier media tend to slow waves down, while stiffer mediums tend to speed waves up.

Without actual values, we cannot predict relative velocities in media differing in both elasticity and inertia. To illustrate, consider sound waves traveling from air to water. Since water is more dense than air, one might think it should slow sound waves. Water more than makes up for its higher density, though, with a much greater bulk modulus, and sound waves travel significantly faster in water. In general:

$$
v_{\text {sound in solid }}>v_{\text {sound in liquid }}>v_{\text {sound in gas }}
$$

In summary, a wave can be described in terms of wavelength, frequency, period and velocity. Frequency and period are determined by the wave source and do not change as a wave passes from one medium to another. Velocity is determined by the medium through which the wave travels, and velocity changes as a wave moves through a boundary between media. Because $v=f \lambda$, for a given frequency, an increase in velocity is associated with an increase in wavelength. Likewise, a decrease in velocity is associated with a decrease in wavelength.

TABLE 5.1 > Wave Characteristics

| Wave <br> Characteristics | Symbol | Unit | Definition | Determined <br> by |
| :--- | :--- | :--- | :--- | :--- |
| Frequency | $f$ | Hz | Number of wavelengths that <br> pass a fixed point in one <br> second | Wave source |
| Period | $T$ | s | Number of seconds required <br> for one wavelength to pass a <br> fixed point | Wave source |
| Velocity | $v$ | $\mathrm{~m} / \mathrm{s}$ | Distance a wave travels per <br> unit time | Medium |
| Wavelength | $\lambda$ | m | Distance from any point on a <br> wave to the point where the <br> wave begins to repeat | Medium |

Frequency is fixed by the source, while changes in velocity and wavelength are directly proportional.


This photograph demonstrates the shock waves produced by the explosion of a firing gun.

## 5.4 <br> Representing Waves as Sine Functions

Because sine graphs, like simple transverse and longitudinal waves, consist of regularly repeating oscillations around an equilibrium position, it is convenient to represent waves as sine functions. Figure 5.1 shows a sine graph depicting displacement, either parallel or perpendicular to the direction of propagation, as a function of position at time $t$.

Be aware that sine graphs can also be used to depict displacement of a given point in the medium as a function of time. Figure 5.2 shows a sine graph depicting displacement at a given position as a function of time.

FIGURE 5.1 Displacement as a Function of Position


This graph shows displacement of the medium, whether perpendicular to or parallel to the direction in which that wave propagates, as a function of position.

FIGURE 5.2 Displacement at a Given Position as a Function of Time


This graph shows displacement at a given point in the medium as a function of time.

On a sine graph, it is convenient to measure wavelength from either trough to trough or peak to peak. Some waves cannot be represented as sine functions because their oscillations are more complex. For these waves, wavelength is measured from any point to the next point where the function begins to repeat itself.


The amplitude ( $A$ ) of a wave represented by a sine function can be measured as the distance between the x -axis and either the top of a crest or the bottom of a trough. Amplitude is always positive. Amplitude is a another property commonly used to describe a wave, just like wavelength, frequency, period, velocity, and intensity. Like velocity and wavelength, amplitude can change as a wave moves from one medium to another.

For transverse waves, displacement refers to displacement of the medium perpendicular to the direction of propagation. For longitudinal waves, it refers to displacement of the medium parallel to the direction of propagation.


## 5.5 <br> Wave Interference: Constructive and Destructive

The behavior of waves when they superimpose, or occupy the same space, is relevant to both sound and light waves. When two or more transverse waves are superimposed, their displacements add at each point along the wave to form a new wave. This superposition of waves is called interference. Interference can be constructive or destructive. Constructive interference occurs when the sum of the displacements results in a greater displacement. Destructive interference occurs when the sum of the displacements results in a smaller displacement. After passing through each other, waves that interfere will revert to their original shape, unaffected by the interference. Any waveform can be created by superposition of a sufficient number of sine waves with the correct amplitudes and wavelengths.

Whether interference is constructive or destructive depends on the phase of the wave, which relates to its wavelength, frequency, and place and time of origin. It is sufficient for the MCAT ${ }^{\circledR}$ to think of phase as a horizontal shift of a wave on a Cartesian graph as shown in Figure 5.3. Each wavelength represents $360^{\circ}$, so half of a wavelength represents $180^{\circ}$. Two waves that have the same wavelength and begin at the same point and time are said to be in phase. Two waves that have the same wavelength but travel different distances to arrive at the same point will be out of phase unless that distance is some multiple of the wavelength.

FIGURE 5.3 Constructive and Destructive Interference


### 5.6 Sound and Intensity

Sound is the transfer of energy through oscillations between high and low pressure. As a sound source vibrates back and forth, it does work on its surroundings, creating regions of high and low density. Sound becomes audible when oscillations in pressure within a certain frequency range cause the sensory elements of the ear to vibrate, triggering the transmission of electrical impulses to the brain.


FIGURE 5.4 Tuning Fork


FIGURE 5.5 Inner Ear


Intensity can be used to describe any type of wave, but on the MCAT ${ }^{\text {® }}$ it will only be tested in the context of sound waves. There is no need to memorize the equation above!

Sound waves are commonly described in terms of pitch and intensity. Pitch, a measure of how "high" or "low" a note sounds, correlates with frequency; a high note has high pitch and high frequency.

As for intensity, recall that a wave is a transfer of energy from point to point. The rate at which a wave transfers energy is described in terms of power $(P=\Delta E / t)$. The power of a wave is typically discussed in terms of intensity $(I)$, or average rate of energy transfer per unit area. It has units of $\mathrm{W} / \mathrm{m}^{2}$. Intensity of a sound wave is given by:

$$
I=2 \pi^{2} \rho f^{2} A^{2} v
$$

where $\rho$ is the density of the medium, $f$ is the wave frequency, $A$ is the amplitude, and $v$ is the wave velocity. This equation demonstrates that features intrinsic to the wave and those that are determined by the medium both contribute to intensity. Remember that frequency depends upon the wave source, while density is a property of the medium. Both amplitude and velocity can be changed by the medium. Since intensity is directly proportional to the squares of frequency and amplitude, these characteristics have the greatest effect on intensity.

Intensity is a useful way to discuss the rate of energy transfer of waves because a wave may travel in several directions at once. For instance, if you snap your fingers in the air, some of the energy is transferred away from your fingers in the form of a sound wave moving in all directions. The total energy of the wave is constant but is spread out over the surface area of an ever enlarging sphere. This increase in area is associated with a decrease in intensity.


Although intensity is measured on a linear scale, humans do not perceive it that way. For instance, the sound waves created by the rustling of leaves are about 10 times more intense than those created by normal breathing, but we do not experience them as 10 times louder. Intensity level, a measure of loudness, describes how intense a sound seems to be. An artificial scale for intensity level ( $\beta$ ) has been created based upon a logarithmic scale of intensities. The units of this scale are decibels (dB). The relationship between $\beta$ and $I$ is given by:

$$
\beta=10 \log \frac{I}{I_{0}}
$$

where $I_{\mathrm{o}}$ is the threshold intensity of human hearing (the lowest intensity audible by the typical human).

The decibel system was created to provide an intuitive system that reflects how our human brain perceives the varying intensity of sound.


The decibel system was created to provide an intuitive system that reflects how our human brain perceives the varying intensity of sound.

All you need to understand about decibels on the MCAT ${ }^{\text {® }}$ is that, if the intensity increases by a factor of 10 , the decibels increase by the addition of 10 decibels. In other words, an increase in intensity from $30 \mathrm{~W} / \mathrm{m}^{2}$ to $3000 \mathrm{~W} / \mathrm{m}^{2}$ is equivalent to an increase of 20 decibels; I added 2 zeros to intensity, so I add 20 decibels to the decibel level. If I had added 3 zeros to the intensity, I would have added 30 decibels to the decibel level, and so on.

Based on their frequency, sound waves are categorized as audible, infrasonic, or ultrasonic. The sensory receptors in the human ear vibrate in response to waves with frequencies between 20 and $20,000 \mathrm{~Hz}$. Waves with frequencies in this range are called audible waves. Waves with frequencies above this range are called ultrasonic waves. The reflections of high-frequency, ultrasonic waves are used in a medical imaging technology known as sonography, or ultrasonic imaging. An ultrasound machine creates images by first producing high-frequency sound waves and then receiving and processing their echoes. The probe of an ultrasound machine contains a crystal that vibrates and generates high-frequency, ultrasonic sound waves when subject to a high-frequency, alternating current. Waves reflected off of boundaries within the body return to the ultrasound probe. The returning waves cause the crystal to vibrate, generating a current that can be processed by the ultrasound machine.

Based on the time it takes reflected waves to return to the probe, an ultrasound machine determines the distance of the boundary from the probe. Based on the intensity of the reflected waves, the machine infers the relative densities of the media on either side of the boundary. The greater the difference in density, the greater the intensity of reflected sound. In this way, information provided by reflected sound waves can be used to generate sonographic images. The usefulness of ultrasonic waves for medical imaging is one of the reasons that sound waves are tested on the MCAT ${ }^{\circledR}$.

$$
\begin{aligned}
& \frac{\Delta I}{\times 10}=+10 \\
& \times 10^{2}=+20 \\
& \times 10^{3}=+30 \\
& \times 10^{4}=+40
\end{aligned}
$$

## Both pitch and intensity level

 are ways of relating the physical characteristics of sound to the way that we perceive it. Frequency (a physical property) is perceived as pitch; intensity (a physical property) is perceived as intensity level or "loudness."

The strings on a guitar create standing waves when plucked. Changing the length and thickness of the string will alter the pitch.

## 5.7

## Resonance: Pipes and Strings

Waves can have any frequency, as set by their source. However, a structure such as a string or pipe will undergo a particular type of vibration (resonance) at only certain frequencies, determined by the length of the structure. To understand how this phenomenon occurs, first consider the reflection of a wave on a string. When a wave reaches an interface between two media, some or all of the energy will reflect back into the first medium (as described in detail later in this lecture). The orientation of a reflected wave depends upon the relative density of the two media. When a wave reflects off a medium that is more dense, it is inverted. When a wave reflects off a medium that is less dense, it is reflected upright. An inverted wave is said to have experienced a phase shift. Both light and sound waves exhibit similar behavior and are likewise inverted when reflected off media that are more dense.

Imagine sending a wave pulse, a single wavelength, down a string attached to a thread, a comparatively less dense medium, and observing its reflection. Some of the energy would continue into the thread as an upright wave pulse, and the rest of the energy would reflect back into the string as an upright wave pulse. Both the wave pulse and its reflection would be upright. By contrast, if the same string were instead attached to a heavy rope, a comparatively denser medium, the reflected wave would be inverted.

Now consider two sine waves with the same wavelength traveling in opposite directions on the same perfectly elastic string. As shown in the figure below, when they pass through each other and experience interference, something interesting happens. The point where they collide is never displaced. It doesn't move at all. This point, created by maximum destructive interference, is represented by the

FIGURE 5.6 Node Formation

black dot in the diagram and is called a node. Notice also that only the points intersected by the two vertical lines experience maximum constructive interference. These points are called antinodes. Now imagine two endless rows of sine waves traveling in opposite directions on the same string. The string would hold perfectly still at the nodes and move violently up and down at the antinodes. This condition is known as a standing wave.

What would happen if a row of sine waves were generated on a string with both ends tied to a wall and fixed in place? At the stringwall interface, the entire wave is reflected back to the string and no energy passes into the wall. In this situation, two nodes are specified, one at each wall. The result is that only certain wavelengths will create a standing wave on this string. The longest possible wavelength for a standing wave is created with the fewest number of nodes: two. For this standing wave, the length of the string is equal to half a wavelength. Standing waves cause the string to resonate or vibrate at its natural frequency or resonant frequency. Since velocity is constant for a given medium, the equation $v=f \lambda$ can be used to find the resonant frequency for any given wavelength that creates a standing wave.

All mechanical structures have natural frequencies at which they resonate. If an outside driving force is applied to a structure at the resonant frequency, the structure will experience maximum vibration and maximum displacement amplitudes. The condition where the natural frequency and the driving frequency are equal is also called resonance. The resonating string discussed above reveals the driving force to be the reflected wave. This demonstrates that both definitions of resonance are the same. In a non-ideal situation, energy is lost to damping (described below) at the resonant frequency, and must be replaced by some outside driving force at the same frequency.

On the $\mathrm{MCAT}^{\circledR}$, resonance will most likely appear as resonance in pipes and strings in the context of sound waves. In the case of a string, one or both ends may be fixed to a point; for a pipe, one or both ends may be open. The open end of a pipe behaves like the unfixed end of a string, while the closed end of a pipe acts like the fixed end of a string. For either a string or pipe, if both ends are fixed, there is a node at each end. If both ends are unfixed, there is an antinode at each end. If one side is fixed while the other is unfixed, there is an antinode at the unfixed end. There are equations that can be used to describe resonance in pipes and strings mathematically, but they are beyond the scope of the MCAT ${ }^{\circledR}$.

FIGURE 5.7 Resonance in a Pipe or String: Both Ends Fixed



As mentioned above, resonance is impacted by the fact that real waves undergo attenuation (damping): the decrease in the intensity of a wave propagating through a medium. One cause of attenuation is reflection. Attenuation of sound waves due to reflection makes it difficult to create ultrasonic images of a bone's interior. Because bone is so much denser than the surrounding tissue, almost all of the ultrasound waves are reflected at its boundary. As a result, very few sound waves continue into and reflect off of the interior of the bone. Another possible cause of attenuation is spreading; recall that as a sound wave spreads over a larger and larger area, its intensity is reduced. Yet another cause of attenuation is absorption, which is described later in this lecture.

When a wave attenuates, its intensity decreases. Recall that intensity depends on the square of both frequency and amplitude, as well as density of the medium and wave velocity. Frequency is a constant determined by the wave source, so it is the amplitude and velocity that decrease as intensity decreases. Are there ever any circumstances under which frequency changes? The frequency of an emitted wave does not change, but its perceived frequency can change when its source moves relative to an observer, as discussed in the following section.

### 5.8 The Doppler Effect

The Doppler effect refers to the change in perceived frequency that occurs when a wave source and its observer move towards or away from each other. When the source or observer is moving toward the other, the observed frequency is higher than the source frequency. Conversely, when the source or observer is moving away from the other, the observed frequency is lower than the source frequency. Note that the source frequency-the frequency at which the waves are emitteddoes not change. Only the observed frequency changes. With respect to sound waves, where pitch changes with frequency, the observer does not perceive the same pitch that the source emitted. With respect to light, the observer does not observe the same color that was emitted.

The Doppler effect occurs because a change in the relative motion of a source and observer changes the distance traveled by each wave front. When the source or observer is moving toward the other, the distance traveled is less than it would be if both were stationary. Each subsequent wave front is emitted closer to the observer, and the observer perceives a higher frequency. Conversely, when the source or observer is moving away from the other, the distance traveled is greater than it would be if both were stationary. Each wave front is emitted father from the observer, and the observer perceives a lower frequency.

Source at rest


Source in motion


Recall that the speed of a wave is determined by the medium in which it travels. Once emitted, a sound wave with a given speed will continue traveling at that speed, regardless of the speed of the source. Because wave speed is constant, a change in distance traveled will change the time interval between wave fronts. Recall that speed $=\frac{\text { distance }}{\text { time }}$. As distance decreases, so, too, does the time interval between wave fronts. This decrease in time interval, or period, is perceived as an increase in frequency. Conversely, as distance increases, so, too, does the time interval between wave fronts. This increase in period is perceived as a decrease in frequency.

If needed, the formula for the Doppler Effect will be given to you on the MCAT $^{\text {® }}$ as:

$$
f_{o}=f_{\mathrm{s}}\left(\frac{c \pm v_{o}}{c \pm v_{\mathrm{s}}}\right)
$$

where $f_{\mathrm{o}}$ is the observed frequency, $f_{\mathrm{s}}$ is the source frequency, $c$ is the velocity of the wave in the given medium, $v_{\mathrm{o}}$ is the velocity of the observer and $v_{\mathrm{s}}$ is the velocity of the source. Note that $\mathcal{c}$ is not necessarily the speed of light. The difficult aspect of this formula is understanding when to use the plus sign and when to use the minus sign. The easy way to solve this problem is to follow these 3 steps:

1. assume that the observer is not moving;
2. if the source is moving toward the object, label that direction negative and use the minus sign for $v_{\mathrm{s}}$;
3. check the direction that the observer is moving. If the direction is the same, use the same sign for $v_{0}$; if not, use the opposite sign for $v_{0}$.
This system is possible because velocity is a vector. Once you label a direction positive for one vector, it must be so for all vectors.

## If you're still struggling to

 remember when to use which sign, here's one more way to think about it. When a source or observer is moving towards the another, $f_{o}>f_{5}$. Therefore, the factor by which $f_{5}$ is multiplied must be greater than one. So, in this instance, we add $v_{o}$ to $c$ in the numerator and/or subtract $v_{s}$ from $c$ in the denominator. When the numerator is larger than $c$ and/or the denominator is smaller than $c$, the ratio $\left(\frac{c \pm v_{o}}{c \pm v_{s}}\right)$ is greater than one. Conversely, when a source or observer is moving away from the other, $f_{o}<f_{5}$, and the factor by which $f_{s}$ is multiplied must be less than one. In this instance, we subtract $v_{0}$ from $c$ in the numerator and/or add $v_{s}$ to $c$ in the denominator.

## You can simulate the Doppler

Effect by allowing a tennis ball serving machine to pelt you with tennis balls. If you stand still, tennis balls come at you with a certain frequency, say one ball per second. If you run away from the machine, they still leave the machine at one ball per second, but as you run, they hit you with a lower frequency. If you run toward the machine, the balls hit you with a higher frequency.

Because tennis balls are particles and not waves, there is an important difference. Waves travel at the same speed through a medium regardless of whether or not the source moves. The tennis balls, on the other hand, if shot from a moving server, will travel at their original speed plus the speed of the server. This means that the frequency of tennis balls varies depending upon who is moving, the source or the observer. In a true Doppler Effect, the frequency change depends upon relative motion only, and who is actually moving cannot be distinguished.

For all waves, the Doppler Effect can be approximated by:

$$
\frac{\Delta f}{f_{\mathrm{s}}}=\frac{v}{c} \text { and } \frac{\Delta \lambda}{\lambda_{\mathrm{s}}}=\frac{v}{c}
$$

where $v$ is the relative velocity of the source and observer and $c$ is the speed of the wave in the given medium. Use these formulae for any Doppler MCAT ${ }^{\circledR}$ problem, rather than the more complicated formula previously given. These formulae approximate the Doppler Effect when the relative velocity, $v$, of the source and the observer are much smaller than the wave velocity, c. $\Delta f$ and $\Delta \lambda$ are the change to the source frequency, $f$, and the source wavelength, $\lambda$.

Once this formula has been used to find the change in frequency or wavelength, that change must be added to the original value to find the observed value:

$$
f_{\mathrm{o}}=f_{\mathrm{s}} \pm \Delta f \text { and } \lambda_{\mathrm{o}}=\lambda_{\mathrm{s}} \pm \Delta \lambda
$$

This method requires a qualitative judgment as to the direction of the change in frequency and wavelength. Remember this: when the relative velocity brings the source and observer closer, observed frequency goes up and observed wavelength goes down; in the opposite case, the opposite is true. If the object and source are getting farther apart, subtract $\Delta f$ from $f_{s}$ or add $\Delta \lambda$ to $\lambda_{s}$; if they are approaching each other, add $\Delta f$ to $f_{s}$ or subtract $\Delta \lambda$ from $\lambda_{s}$.

The relative velocity $v$ is sometimes difficult to grasp. It is simply the net speed at which the source and object are approaching each other. For objects moving in the same direction, subtract their individual speeds; for objects moving in opposite directions, add their individual speeds.

The Doppler effect is usually discussed in the context of a moving source or observer, but it can also occur due to the reflection of sound from a moving object. Although the source and observer are stationary, the moving object acts like a moving observer as the sound wave approaches and like a moving source as
the sound wave reflects, as described below. Police officers exploit this variation of the Doppler effect with the equipment used they use to measure the speed of vehicles. Interference between the emitted sound wave, with the frequency set by the source, and the returning sound wave, with an altered frequency, causes beats. Beats occur when two waves with slightly different frequencies are superimposed. At some points they will be nearly in phase and experience constructive interference. At other points they will be out of phase and experience destructive interference. These points will alternate at the beat frequency, or the frequency equal to the difference between the frequencies of the original two waves. The beat frequency is represented by the formula $f_{\text {beat }}=\left|f_{\mathrm{o}}-f_{\mathrm{s}}\right|$. Notice that the beat frequency provides a measure of the change in frequency. The speed of the vehicle can then by calculated by the equation:

$$
\frac{\Delta f}{f_{\mathrm{s}}}=\frac{2 v}{c} \text { or } v=\frac{c \Delta f}{2 f_{\mathrm{s}}}
$$

This equation is nearly the same as the one given previously, except that the change in frequency is divided by two. This is necessary because unlike the situation where sound travels directly from a source to an observer, the Doppler effect occurs twice in this scenario. Imagine that a stationary police car emits a sound wave in the direction of a speeding vehicle. If we take the vehicle as a moving observer, the Doppler effect occurs and the original equation applies. Once the sound reflects off the vehicle and starts to return to the police car, the moving vehicle has become the source of the sound, and the Doppler effect occurs again. When the final sound wave is detected by the police car, the Doppler effect has occurred twice. When the detected frequency change is divided by two, it gives the change in frequency from just the first Doppler shift, which can then be used to calculate the velocity of the vehicle.

## TABLE 5.2 > Relative Velocities and the Doppler Effect

|  | Source |
| :--- | :--- | :--- |



## Shock Waves

A shock wave is a conical wave front, produced when the velocity of the sound source exceeds the velocity of the sound wave. The ratio of the velocity of the source to the velocity of the wave, $\frac{v_{s}}{v}$, is known as the Mach number. Mach number increases as the velocity of the sound source increases. Like any sound wave, a shock wave consists of oscillations between high and low pressures. The pressure variation within a shock wave is so great that observers perceive it as a boom.

## FIGURE 5.10 Shock Wave



## Questions 97-104 are NOT related to a passage.

Item 97
One end of a string is shaken each second, sending a wave with an amplitude of 10 cm toward the other end. The string is 5 meters long, and the wavelength of each wave is 50 cm .
How many waves reach the other end of the string in each 10 second interval?
OA) 2

OB) 5
OC) 10
OD) 50

## Item 98

The sound level of the chirping made by a bird at a distance of 5 meters is measured at 30 dB . When the same bird is 50 meters away the sound level is measured at 10 dB . How many times greater is the amplitude of the sound wave at 5 meters away compared to 50 meters away?
OA) 3 times greater
OB) 10 times greater
OC) 20 times greater
OD) 100 times greater

## Item 99

When the frequency of a sound wave is increased, which of the following will decrease?
I. Wavelength
II. Period
III. Amplitude

OA) I only
OB) III only
OC) I and II only
OD) I and III only

## Item 100

If the intensity of a sound is doubled, the decibel level will increase by:
OA) less than 10 dB .
OB) exactly 10 dB .
OC) more than 10 dB .
OD) exactly 20 dB .

## Item 101

How many wavelengths are shown between the dotted lines in the wave form below?


OA) 1
OB) 2
OC) 3
OD) 4

## Item 102

All of the following statements are true about a resonating string EXCEPT:

OA) a resonating string forms a standing wave.
OB ) the wavelength created by a resonating string must coincide with one of its harmonics.
OC) some spots on a resonating string will not move at all.
OD) if left alone, the amplitude of a wave on a resonating string will grow infinitely large.

## Item 103

Which of the following factors by itself will increase the frequency at which an observer hears a sound emanating from a source?

OA) A wind blows from the source to the observer.
OB) The source and the observer move away from each other at the same speed.
OC) The source and the observer move in the same direction at the same speed.
OD) The source moves away from the observer more slowly than the observer moves toward the source.

## Item 104

A piano creates a musical note when a metal wire stretched between two fixed ends is struck by a hammer, creating a standing wave. As the force with which the hammer strikes the string is increased, the amplitude of the string's motion is increased. Which of the following properties of the wave on the string will remain the same as the force of the hammer is increased?
I. Frequency
II. Wavelength
III. Velocity

OA) I only
OB) I and II only
OC) II and III only
OD) I, II, and III

## Light Waves

Light is the transfer of energy through alternating electric and magnetic fields. As a charge vibrates, it accelerates and produces a changing electrical field. This movement of charge creates a changing magnetic field that, in turn, can induce a changing electrical field. As electrical and magnetic fields regenerate one another, an electromagnetic wave, a traveling oscillation of an electric and magnetic field, emanates from the vibrating charge. The electric and magnetic fields are perpendicular to one another, and the direction of propagation is perpendicular to both fields. Light becomes visible when electromagnetic radiation within a particular range of wavelengths is bent by the lens of the eye and focused on the retina, triggering transmission of electrical impulses to the brain.

Electromagnetic waves, including light waves, are produced by accelerating charges. If a charge oscillates with frequency $f$, it radiates energy in the form of electromagnetic radiation at the same frequency.

FIGURE 5.11 Electromagnetic Wave


Recall that light acts like both a wave and a particle. The propagation properties of light can be described with wave theory, while the energy transformation properties of light are best described by particle theory. Neither wave nor particle theory alone can explain the phenomenon of light. In some cases (such as the discussion of optics), we can approximate light as a ray moving in a straight line, and represent it as an arrow.


## Emission of Light




Shown here is a thermogram of two lamps, with an incandescent light bulb on the left and a fluorescent bulb on the right. The bulbs produce about the same amount of visible light, but compared to the incandescent bulb, the fluorescent bulb is several times more efficient and produces less wasted heat.

The accelerating charges that produce light are electrons within atoms that gain speed as they transition from higher to lower energy states. Electrons are continuously undergoing rotational acceleration, but they only emit light during transitions from higher to lower energy states. The light emitted by electrons is in the form of photons, pulses of electromagnetic radiation that can be thought of as localized particles of energy. An emitted photon has a frequency, $f$, that is proportional to the energy change of the electron, $E$.

$$
E=h f
$$

where $h$ is a proportionality constant known as Plank's constant. When the frequency of the photon falls within the range associated with the visible spectrum, the resulting photon will be perceived as a color.

There are three common ways in which an electron can receive the energy needed to move from its ground state to an excited state. First, the atom in which the electron orbits could be bombarded by high speed particles, such as electrons. When it is bombarded by electrons subject to an alternating current voltage, mercury vapor emits light, much of which is in the ultraviolet region.

Second, the atom could absorb a photon of light. When an atom absorbs a photon of high-frequency light, such as ultraviolet light, its electrons can jump over intermediate energy states to reach higher energy states. When the electron loses energy, it falls into one of those intermediate states, emitting fluorescent light with wavelengths in the visible light range. A common type of fluorescent lamp first excites mercury vapor, which, when bombarded by high energy electrons, emits ultraviolet radiation. The energy from this ultraviolet light then excites a powdery material called phosphors, which emits lower frequency, visible light.

Finally, the atom could be subject to thermal agitation. When closely packed atoms, such as those in a solid, are subjected to high temperatures, their electrons transition not only between energy levels within a single atom, but also between atoms. Because their electrons can make an infinite number of transitions, they produce incandescent light, exhibiting a continuous range of wavelengths. The dominant frequency of emitted light is directly proportional to the temperature, so the temperature of an incandescent body can be measured by its color.

## Wavelength, Frequency and Speed of Light

Electromagnetic radiation exists at all wavelengths. For the MCAT ${ }^{\circledR}$, memorize that visible light includes all wavelengths from $390 \times 10^{-9} \mathrm{~m}$ to $700 \times 10^{-9} \mathrm{~m}$. Also know that the shorter wavelengths correspond to violet light and the longer wavelengths to red light. Just beyond the visible spectrum on the smaller wavelength side is ultraviolet (beyond violet) light, and on the longer wavelength side is infrared (beyond red) light.
> "Visibility" is not an intrinsic quality of the visible spectrum. This range is defined by the capabilities of the photoreceptors in the human eye, but there are other species that are able to see outside the visible spectrum.


Remember the order of the 3 primary colors of light, from low frequency to high frequency: red, then green, then blue. Once you know those, you know that orange follows red and yellow comes before green. If you need to think of all the colors in order quickly, just remember that Roy G. Biv invented the rainbow. O.K., not really, but Roy G. Biv is an acronym for the order of the colors in the visible spectrum (Red, Orange, Yellow, Green, Blue, Indigo, Violet). For the MCAT ${ }^{\text {e }}$, familiarize yourself with the individual parts of the electromagnetic spectrum and be able to compare them in terms of frequency and wavelength. One way to remember the order of the electromagnetic spectrum is to start with ultraviolet. It is easy to remember that ultraviolet (UV) is high energy because it can actually damage your DNA. Energy correlates with frequency, so UV rays are high frequency (and thus short wavelength, making them the right size to damage tiny DNA base pairs). You know that violet is a purple-blue color, so remembering that UV is high frequency allows you to remember that blue must also have high frequency (and thus short wavelength). Red is on the opposite side of the visible spectrum from blue and violet, so it must have the opposite characteristics: low frequency and long wavelength. Remember, the visible spectrum extends from $390 \times 10^{-9} \mathrm{~m}$ to $700 \times 10^{-9} \mathrm{~m}$ in wavelength. Since red has a lower frequency and longer wavelength than violet, it must be at the end with $700 \times 10^{-9} \mathrm{~m}$.

To remember the general position of other parts of the electromagnetic spectrum-radio waves, microwaves, $x$-rays, and gamma rays-rely on your intuition about the relative safety of these wave types. You are exposed to microwaves and radio waves all the time; they are not harmful and must have low energy, meaning that they are on the side of the electromagnetic spectrum with the longest wavelengths and lowest frequencies. Gamma rays and $x$-rays have more potential to do harm because they are higher energy, so they lie on the end with the highest frequencies and shortest wavelengths.

Notice that each wavelength has a corresponding frequency. This is because the speed of light (or any other electromagnetic wave) in vacuo (c) is constant and equal to the ratio of the magnitudes of the electric field, $E$, and the magnetic field, $B$ :

$$
c=\frac{E}{B}=3 \times 10^{8 \frac{\mathrm{~m}}{\mathrm{~s}}}
$$

Although the electric field is much larger when compared in SI units, the energies of the two fields are exactly equal. The equation $c=\frac{E}{B}$ is useless for the $\mathrm{MCAT}^{\circledR}$. It is given here to remind you of the nature of electromagnetic radiation. However, the fact that speed of light in a vacuum is equal to the constant $3 \times 10^{8 \frac{\mathrm{~m}}{\mathrm{~s}}}$ is necessary to know for the MCAT ${ }^{\circledR}$. As described later in this lecture, light travels more slowly in a medium than it does in a vacuum.

Because $c$ is a constant, we can derive frequency $f$ from wavelength $\lambda$. From our wave equation, $v=f \lambda$, we have:

$$
f=\frac{c}{\lambda}
$$

## Absorption of Light

As waves propagate through media, they undergo absorption. The likelihood that a wave will be absorbed depends both on the medium and on the frequency of the wave. The waves most likely to be absorbed are those whose frequencies match the resonant frequencies of the medium.

To illustrate, consider light waves of three different frequencies- one in the ultraviolet region, one in the visible light region, and a third in the infrared region- all of which encounter a glass window pane. The resonant frequencies of the electrons in the glass are in the ultraviolet range, so when ultraviolet light strikes glass, much of it is absorbed. The electrons in the glass begin to vibrate strongly and the vibrations dissipate through the glass as heat, preventing much of the ultraviolet light from passing through. At the frequencies of visible light, the electrons of the glass do not resonate, and the wave passes through. The visible light wave proceeds through the glass unchanged, but the transfer of energy creates a slight delay that accounts for the slower speed of light through glass. The low frequency of infrared light causes entire glass atoms to vibrate, warming the glass and preventing most infrared light from passing through.

FIGURE 5.13 Glass Blocks Ultraviolet and Infrared Light, but Is Transparent to Visible Light


The differential absorption of electromagnetic radiation is exploited in many laboratory techniques, including nuclear magnetic resonance (NMR) spectroscopy, infrared (IR) spectroscopy, and ultraviolet-visible (UV-Vis) light spectroscopy. See the Laboratory Techniques lecture found in the Biochemistry Manual for more information.

Laboratory Techniques
三BIOLOGY 1

## Polarization of Light

When something is polarized, it exhibits a particular alignment, separation, or orientation. For example, when an object is polarized, it exhibits a separation of positive and negative charge. When light is polarized, its electric and magnetic fields are oriented in a particular, rather than a random, way. Light is commonly described as horizontally, vertically, circularly, or randomly polarized. If the electric field oscillates parallel to the $y$-axis, then the light is said to be vertically polarized. If it oscillates parallel to the x -axis, then it is said to be horizontally polarized. In all cases, magnetic fields oscillate in planes perpendicular to the planes in which electric fields oscillate.

Polarizing topics are topics that separate, or create divisions between, people who align
 themselves with different positions.

The vertical component passes through the first polarizer...


FIGURE 5.14 Vertically and Horizontally Polarized Light


The sections that follow will present the four things that light is most likely to do on the MCAT ${ }^{\text {® }}$ : reflect, refract, diffract, or disperse. Reflection is light bouncing off the boundary between media. Refraction is light bending as it passes into a new medium. Dispersion, a type of refraction, is the splitting of light according to frequency. Diffraction is the spreading of light when it encounters an edge.

Recall that the source of light is a vibrating charge. If the charge accelerates vertically, then the light it emits will be vertically polarized. Vertically polarized light is conventionally represented by a double-headed, vertical arrow. If it accelerates horizontally, then the light it emits will be horizontally polarized. Horizontally polarized light is conventionally represented by a double-headed, horizontal arrow.

Light is said to be circularly polarized when it consists of electric fields of constant magnitude that change direction in a rotary manner. The fields can rotate in either a clockwise or counterclockwise direction.

## FIGURE 5.15 Circularly Polarized Light



Most common light sources emit light that is randomly polarized; the electrons emitting the light have no preferred vibrational direction. Randomly polarized, or unpolarized, light can be represented a couple of ways. First, it can be drawn as a mess of double-headed arrows, each representing a distinct electric field orientation, and all with a common intersection point. Alternatively, it can be represented as two intersecting, double-headed arrows, one vertical and one horizontal. The vertical arrow represents the vertical component of each of the electric field vectors and the horizontal arrow represents the horizontal component of each of the field vectors.

FIGURE 5.16 Randomly Polarized Light


Light that is unpolarized when it is emitted can subsequently be polarized by reflection, scattering, or polarizing filters.

## Reflection and Refraction

When a wave reaches an interface between two media, it can be altered through either reflection or refraction. A wave is reflected when, at the boundary between media, it bounces back to return into the medium from which it came. By contrast, a wave is refracted when bends as it continues on from one medium to the next. Because light reflects when it encounters a mirror and refracts when it encounters a lens, an understanding of reflection and refraction is crucial for the discussion of optics later in this lecture.

Unlike the hypothetical wave on a string, which strikes the boundary between media at a ninety degree angle and reflects back along the path it came, a light or sound wave can strike a boundary at any angle. The angle at which a wave strikes an interface is called the angle of incidence and the angle at which it reflects is called the angle of reflection. The angle of incidence is equal to the angle of reflection when light reflects off a plane (flat) surface. Both angles are measured from a line normal to the interface.

$$
\theta_{\text {incidence }}=\theta_{\text {reflection }}
$$

FIGURE 5.17 Upright and Inverted Reflections


A wave that bends as it passes from one medium to another is said to be refracted. All waves refract. Sound waves bend as they move from air of one temperature to air of another temperature. However, the $\mathrm{MCAT}^{\circledR}$ only tests refraction of light waves.

The degree to which light bends when it passes from one medium to the next depends on the change of speed that it experiences. Recall that in a vacuum, the speed of light is a constant, $\mathcal{c}$, equal to $3 \times 10^{8} \mathrm{~m} / \mathrm{s}$. Light is slower when it propagates through a medium. The ratio of the speed of light in a vacuum, $\mathcal{c}$, to the speed of light in a particular medium, $v$, is known as the medium's index of refraction ( $n$ ).

$$
n=\frac{c}{v}
$$

Since no waves can exceed the speed of light in a vacuum, all media have refractive indices greater than one. The greater the index of refraction for a medium, the more slowly light moves through that medium. This point can also be seen by rearranging the equation above to write it as $v=1 / n \times c$. This form of the equation shows more clearly that the velocity of light in a medium is a fraction of the speed of light in a vacuum. Since $n$ is in the denominator, the fraction gets smaller as the refractive index gets larger. In other words, the velocity decreases to become an even smaller fraction of the speed of light in a vacuum.

For the MCAT ${ }^{\text {® }}$, be familiar with the indices of refraction for water (1.3) and glass (1.5).

The extent to which a change in speed will bend a light ray is predicted by Snell's law:

$$
n_{1} \sin \theta_{1}=n_{2} \sin \theta_{2}
$$

where $n_{1}$ and $n_{2}$ are the indices of refraction for the media on either side of the interface, $\theta_{1}$ is the angle of incidence and $\theta_{2}$ is the angle of refraction. Like angles of incidence and reflection, angles of refraction are measured from a line normal to the interface between media.

All angles in Snell's law are measured from the normal, an imaginary line that is perpendicular to the surfaces that interface. This use of "normal" should sound familiar: the normal force is a force that is perpendicular to a surface.

FIGURE 5.18 Refraction and Reflections


At first glance, Snell's law seems to violate the conservation of energy. Since the frequency of the light wave does not change from one medium to the next, both the reflected light and the refracted light must have the same energy. This appears to be twice the energy with which the light started. The trick is that the light still has the same energy per photon, but some of the photons have reflected and some have refracted. The sum of the intensities of the refracted and reflected beam is equal to the intensity of the incident beam, and energy is conserved.

In order to understand why light bends as it moves from one medium to another with a different index of refraction, consider how the transition between media affects the wave fronts that comprise light. Imagine a light source so distant that its circular wave fronts appear as straight lines. The ray approximating the traveling light wave emitted by the source is drawn perpendicularly to the wave fronts. The greater the distance between wave fronts, the greater the wavelength and speed of the light. Remember, $v=f \lambda$, where frequency is a constant determined by the light source. For a given wave, a larger $\lambda$ is associated with greater speed.

As light transitions from a medium with a lower index of refraction to one with a higher index of refraction, its speed decreases and its wave fronts cluster closer together. If the light approaches the interface at any angle other than ninety degrees, one part of the wave slows down before the rest. The light ray, which remains perpendicular to the wave fronts, bends towards the normal. By contrast, when light transitions from a medium with a higher index of refraction to a lower index of refraction, its speed increases and its wave fronts spread out. As a result, the light ray bends away from the normal.

FIGURE 5.19 Changes in Wave Fronts and Light Rays as Light Transitions between Media at $90^{\circ}$


When light approaches a medium with a higher index of refraction at $90^{\circ}$, its wave fronts change speed uniformly and the light ray does not bend.

FIGURE 5.20 Changes in Wave Fronts and Light Rays as Light
Transitions between Media at an Angle


When light approaches a medium with a higher index of refraction at an angle other than $90^{\circ}$, one part of the wave front changes speed before the other and the light ray, which remains perpendicular to the wave fronts, bends at the interface.

Another simple way to choose the direction that light will bend is to imagine a pair of wheels on an axle. The wheels rotate the most rapidly where light travels the fastest, and they always straddle the light ray. When the wheels hit the interface, the first wheel to make contact will speed up if light would speed up ( n decreases), or slow down if light would slow down (n increases). Since the wheels hit the interface at different times, the axle will turn to accommodate the different speeds of the wheels. The direction in which the axle turns is the direction in which light will bend.

One reason we blink frequently is to maintain the tear layer. When light enters the eye, it is first refracted by the tear layer. The tear layer may also act as a thin film, filtering incoming light.

FIGURE 5.21 A Method for Visualizing
Refraction


Light traveling between any two points takes the path requiring the least amount of time. This should help you decide which way light will bend at any interface. Imagine that I must rescue a child floundering in a swimming pool. We are both several feet from the edge of the pool. I must approximate at what point I should enter the water in order to reach her the most rapidly. I could either find a pen and paper and calculate Snell's law based upon my velocity on land and in the water, or I could just guess that since I am faster on land, I should travel farther on land. I am looking for the path requiring the least amount of time, and I will bend my path at the edge of the pool, just like light.

If you find it difficult to remember the relationships among $n, v$ and $\lambda$, spend some time with the following two equations: $n=c / v$ and $v=f \lambda$. An increase in $n$ is associated with a decrease in $v$, which is associated with a decrease in $\lambda$. What is a decrease in $n$ associated with?


Know that when light crosses into a new medium, the frequency remains the same while the wavelength and velocity change. If the medium's index of refraction is higher, the wavelengths become shorter; if the index is lower, then the wavelengths become longer. The phase of the wave does not change due to refraction at an interface.

Refraction does NOT change the phase of the wave at the interface between two media.

## Total Internal Reflection

When light is coming from a medium with a higher index of refraction, the angle of incidence can be so great as to cause total internal reflection. In other words, if the angle of incidence is large enough, all photons will be reflected at the angle of reflection, and none will refract. This angle is called the critical angle. The critical angle is derived from Snell's law by recognizing that the angle of refraction is $90^{\circ}$ and that $\sin 90^{\circ}=1$ :

$$
\theta_{\text {critical }}=\sin ^{-1}\left(\frac{n_{2}}{n_{1}}\right)
$$

The concept of the critical angle is used in fiber optics, where a beam of light is trapped inside a glass tube and signals are sent using the energy of the beam.


These fibers use the principle of total internal reflection to transmit light down their entire length.

Chromatic dispersion is the result of refraction. In dispersive media, distinct wavelengths move at slightly varying speeds, resulting in slightly different angles of refraction.

Dispersion
Dispersion is the separation of light into different frequencies due to their different indices of refraction in a medium. Recall that light refracts at boundaries because it travels at varying speeds in different media. The speed of light in a given medium depends on the extent to which it is absorbed and re-emitted by that medium. Light that is more frequently absorbed and re-emitted will travel more slowly. Because most objects are more likely to absorb higher-frequency light than lower-frequency light, blue light travels more slowly than red light. As a result, blue light is refracted, or bent, more than red light. In other words, the index of refraction varies slightly with frequency (and thus with wavelength). As a result, white light, which is made up of all light frequencies in the visible spectrum, is split by a prism in the phenomenon known as chromatic dispersion.

Dispersion can occur simply due to refraction, as described above, but light can also be separated into different frequencies according to a more complex process combining reflection, refraction, and interference. This phenomenon is described in the following section.


This satellite dish is a diffuse reflector for light rays, but is a polished detector for longer radio waves.

FIGURE 5.23 Reflection of Parallel Light Rays


## FIGURE 5.24 Thin Film Interference

Parallel light rays $i_{1}, i_{2}, i_{3}, i_{4}$, and $i_{5}$ from the same source strike a soap film. The purple rays indicate possible paths taken by photons arriving along incident ray $i_{2}$. Similar possible paths associated with incident rays $i_{1}, i_{3}, i_{4}$, and $i_{5}$, are not depicted. Some photons from incident light ray $i_{2}$ refract into the soap film, reflect off the back side, and refract back out along path $r_{\beta}$. Some of the photons from incident light ray $i_{3}$ reflect off the soap bubble and also follow path $r_{\beta}$. Path $r_{\beta}$ is then traveled by photons that have originated from multiple incident rays. The photons will interfere either destructively or constructively depending upon the phase difference, as determined by the thickness
 of the film.


Thin film interference is a particular type of interference that can be used in technology for the purpose of enhancing or diminishing certain wavelengths of light. Because of differences in wavelength and path length, light of one color may experience constructive interference while another experiences destructive interference, resulting in dispersion of white light.

Thin film interference occurs when a thin layer of a substance is placed between two layers of another substance that has a different index of refraction. At each interface, light can either reflect or refract. If it refracts, it changes wavelength but not phase. If it reflects off a medium that is more dense, it changes phase but not wavelength. If it reflects off a medium that is less dense, it changes neither wavelength nor phase. Depending on the changes to wavelength, phase, and path length, either constructive or destructive interference can occur.

To better understand the mechanism of thin film interference, examine the figure to the left, which depicts the reflection and refraction of light rays incident on a soap film. When light ray $i_{2}$ strikes the surface of soapy water, it both reflects $\left(r_{\alpha}\right)$ and refracts $\left(r_{\gamma}\right)$. Recall that waves reflecting off a more dense medium (in this case a medium with a greater index of refraction) change phase by one half of a wavelength, while refracted waves never change phase. As the refracted ray, $r_{\gamma}$, travels through the soap film, it has a shortened wavelength due to the larger index of refraction of the film. The refracted ray strikes the back surface of the thin layer and both reflects $\left(r_{\dot{\delta}}\right)$ (without phase change since it is reflecting off a medium with a lower index of refraction) and refracts $\left(r_{\zeta}\right)$. Ignoring the refracted ray, we follow the reflected ray $\left(r_{\delta}\right)$ back to the front surface where it reflects $\left(r_{\varepsilon}\right)$ and refracts $\left(r_{\beta}\right)$ again. The refracted ray, $r_{\beta}$, follows the same path as the reflection of the incident ray, $i_{3}$, so the two rays interfere either constructively or destructively.

Because the values of the film thickness and wavelength determine whether the interference is constructive or destructive, manufacturers can create thin films that are the correct thickness for the desired effect. Destructive interference results when the thickness of the film is equal to a multiple of half the wavelength of light within the medium of the thin film. This is because the light travels twice the thickness of the film (to the back surface and then returning to the front) before emerging. When the thickness of the film is equal to half the wavelength, the wave will travel one full wavelength. The light ray with which interference will occur underwent a phase shift of half a wavelength when it reflected off the film surface. As a result, the two waves are out of phase by half a wavelength and will undergo destructive interference. Constructive interference occurs when the thickness of the thin film is equal to a multiple of one quarter of the wavelength of light within the thin film. Rather than traveling a full wavelength, the light only travels a half wavelength before re-emerging. Since the reflecting light underwent a half wavelength phase shift, the two light rays are in phase and interfere constructively.

The equations for thin film interference maxima (bright portions created by constructive interference) and minima (dark portions created by destructive interference) are:

$$
\begin{gathered}
2 L=\left(m+\frac{1}{2}\right) \frac{\lambda}{n_{2}}
\end{gathered} \quad \text { for } m=0,1,2 \ldots,
$$

where air with an index of refraction of 1 is assumed to surround the thin layer, $n_{2}$ is the index of refraction of the thin layer, L is the thickness of the thin layer, $\lambda$ is the wavelength in air, and $m$ is an integer. Each value of $m$ that is plugged into each equation returns a wavelength and thickness combination that creates a bright or dark portion, according to the equation.
These equations can be used to quantitatively demonstrate the relationship between wavelength, film thickness, and the type of interference, as described above. Recall that the velocity of light in a medium is represented by the equation $v=c / n$. This can also be written as $v_{\mathrm{n}}=v / n$, where $v_{\mathrm{n}}$ is the velocity of light in a medium with refractive index $n$ and $v$ is the velocity of light in a vacuum. A similar equation can be written for wavelength: $\lambda_{\mathrm{n}}=\lambda / n$. Thus, in the equations above, $\lambda / n_{2}$ can be rewritten as $\lambda_{n}$. When the equation for destructive interference is then rearranged as $L=1 / 2(\mathrm{~m}) \lambda_{\mathrm{n}}$, it shows that destructive interference results when the thickness of the thin film is equal to a multiple of half the wavelength of light within the thin film. A similar rearrangement for the equation for constructive interference shows that constructive interference occurs when the thickness of the thin film is equal to a multiple of a quarter of the wavelength of light within the thin film.
Thin film interference also occurs when the back layer of air is replaced by a substance with a higher index of refraction. In such a case, $r_{\beta}$ undergoes a phase shift upon reflection. This additional phase shift affects the interference between the reflection of the refracted ray and the light reflected from the front surface. The equations given above remain the same, but the top equation applies to minima while the bottom equation applies to maxima. Under these conditions, constructive interference occurs with a thin film whose thickness is equal to a multiple of half of the wavelength of light within the film, while destructive interference occurs when the thickness is instead a multiple of a quarter of the wavelength.

If, in the figure, width $L$ of the soap film is much smaller than the wavelength of the incident light (i.e., $L<0.1 \lambda$ ), the phase difference is due only to the reflective phase shift. In such a case, the phase difference is approximately one half of a wavelength and the two waves are completely out of phase; destructive interference occurs and the film is dark.

Thin film interference is the result of:

1. phase changes associated with reflections off media that are more dense;
2. path length differences; and
3. wavelength changes associated with changes in media.

Hold your horses! You do not need to memorize these equations or the rearrangement, which was given to help you understand how to use the equations if they are given to you. Instead, focus on understanding how and why thin film interference occurs.

Remember, diffraction is significant when the size of an object or opening is small relative to the wavelength of a wave. The smaller the object or opening and the larger the wavelength, the greater the bending of the wave.

## Diffraction

Diffraction is the spreading of light that occurs when a wave bends around the edges of an object or opening. All types of waves diffract, and waves diffract around all objects. The extent to which a wave diffracts depends on the size of the object or opening relative to the wavelength of the wave. Significant diffraction occurs when the size of the object or opening is on the order of the wavelength or smaller.

Diffraction is a limiting factor for geometric optics. If we attempt to create a sharply defined ray of light by shining light through a small circle, diffraction will occur and the light will spread out, frustrating our efforts. The smaller we make the circle, the larger the spread of the light. Because light diffracts, it cannot be used to produce an image of an object whose size is orders of magnitude smaller than the wavelength of the light. To reduce diffraction and produce images of objects smaller than the wavelength of light, electron microscopes use electron beams that have smaller wavelengths than visible light.

Light bends in only three ways: 1. refraction; 2. reflection; and 3. diffraction. Notice that longer wavelengths diffract more but refract less than shorter wavelengths.

FIGURE 5.25 Diffraction


Each of these three images shows a series of wave fronts that passes the edges of an object. The relative wavelength of each wave is indicated by the distance between wave fronts. In the first image, a wave diffracts around the edges of a rectangular object. In the second image, the same wave passes the edge of a more compact, circular object. In this instance, the object is about the same size as the wavelength, and significant diffraction occurs. Finally, in the third image, a wave with smaller wavelength passes the same compact, circular object. In this instance, the object is larger than the wavelength, and minimal diffraction occurs.

It is important to realize that the diffraction of light through a single opening involves diffraction off of multiple surfaces. If light is shone through a slit, it diffracts off of each edge of the slit. Light spreading from one edge interferes with the light spreading from the other edge, forming concentric light and dark rings around a central circle of light. The tendency of light to both interfere and diffract can be observed in Young's double-slit experiment.

FIGURE 5.26 Rings Created By Light Diffracting Through a Small Circle


In Young's double-slit experiment, light is projected onto a screen with two small slits. The light is monochromatic and coherent (able to be forced into a parallel beam that spreads and weakens very little over great distances). The light waves diffracting through the two slits interfere with one another and produce a predictable pattern of alternating light and dark bands (maxima and minima) on the detector screen. The waves from each slit start out in phase but travel different path lengths to meet on the detector. The difference in path length brings them alternately in and out of phase up and down the detector, causing them to interfere either constructively to form maxima or destructively to form minima. Waves interfere constructively when the difference in path length, $\delta$, is a multiple of $\lambda$, and destructively when $\delta$ is a multiple of $\lambda / 2$.

FIGURE 5.27 Bright and Dark Areas in Double Slit Diffraction


| Equal path differ by $\lambda / \mathbf{2}$ |  |  |  |  |  |  |  |
| :--- | :--- | :--- | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |  |  |  |

Waves diffract as they move through the openings.

When the diffracted waves meet, interference forms bright and dark bands.


The detector

Notice that the light is coherent. Coherence is typically created by placing a single slit screen in front of the double slit screen and using a monochromatic light source. The single slit acts as a point source. Point sources create spatially coherent light.

FIGURE 5.29 Path Difference in Double Slit Diffraction


Because the distance between the slits and the screen is so much greater than the distance between the slits, the paths of the waves can be considered approximately parallel and the difference in path length, $\delta$, can be considered to be equal to $d \sin \theta$.

As a result, maxima occur when path difference, $\delta$, equals:

$$
d \sin \theta=m \lambda, \text { for } m=1,2,3 \ldots
$$

and minima occur when path difference, $\delta$, equals:

$$
d \sin \theta=\left(m+\frac{1}{2}\right) \lambda, \text { for } m=1,2,3 \ldots
$$

where $d$ is the distance between the slits, $m$ is the order of the maxima, $\theta_{\mathrm{m}}$ is the angle between the zeroth order maximum and the $m^{\text {th }}$ order maximum, and $\lambda$ is the wavelength of the incident wave.
Interference patterns can also be observed when light is passed through more than two slits. A diffraction grating is a series of many small slits that diffracts a light source into its component colors. The slits are called rulings. A grating may contain as many as several thousand rulings per millimeter. Rulings may be perforations that allow light to pass through, or they may be grooves that reflect light. Like double-slit diffraction, a diffraction grating creates maxima and minima. For each maximum, other than the zeroth order maximum, the component parts of the light source are spread out in spectra from shorter wavelengths (violet) to longer wavelengths (red). Higher order maxima exhibit a wider spread. The spread may be made up of discrete vertical lines or a smear of blended color depending upon whether the source light is made up of a few discrete wavelengths or a continuous spectrum. The more rulings a grating has, the narrower and more defined each maximum and the wider the dark regions between the maxima. The formula for the maxima produced by a diffraction grating is the same as that for the double slit experiment shown earlier:

$$
d \sin \theta=m \lambda, \text { for } m=1,2,3 \ldots
$$

X-rays are electromagnetic radiation with wavelengths on the order of $1 \AA$. This is about 5000 times smaller than the wavelength for visible light and approximately equal to the diameter of an atom. Since diffraction works best when the opening is the size of the wavelength or smaller, it is impossible to mechanically construct a diffraction grating for $x$-rays. The atoms of crystals are roughly the correct distance apart to act as a natural diffraction grating for x -rays. In x -ray diffraction, x -rays that are projected at a crystal scatter and create regular interference patterns unique to the structure of the crystal. X-ray diffraction is visualized as rays reflecting off distinct surfaces (or reflecting planes) created within the crystal. Bragg's law describes x -ray diffraction as follows:

$$
2 d \sin \theta=m \lambda, \text { for } m=1,2,3 \ldots
$$

where $d$ is the distance between reflecting planes, $\theta$ is the angle from the reflective plane to the ray (NOT the normal to the ray), $m$ is the order number of the maximum, and $\lambda$ is the wavelength of the $x$-ray.

> Please don't spend your time memorizing Bragg's law. It is very unlikely to appear on the MCAT®. If for some reason you do get a question on $x$-ray diffraction, and you need Bragg's law, it will be given. Even the fact that the angle is measured from the surface will be given to you. We discussed it here so that you have been exposed to it and won't be surprised or confused if you see it again. What do you need to know to answer an MCAT ${ }^{\circledR}$ question on $x$-ray diffraction? Understand normal diffraction and the principles behind diffraction gratings; understand what an $x$-ray is; and understand that $x$-ray diffraction is used to analyze crystalline structure.

$X$-ray diffraction is used in crystallography to find the shape or structure of a molecule. This is a color enhanced $x$-ray diffraction of platinum crystal.

## Questions 105-112 are NOT related to a passage.

## Item 105

A ray of light strikes a flat window as shown. Which ray most closely approximates the path of light as it exits the window?

$\begin{array}{ll}\text { OA) } & \text { A } \\ \text { OB) } & \text { B } \\ \text { OC) } & \text { C } \\ \text { OD) } & \text { Some light will follow all three paths. }\end{array}$

## Item 106

Compared to humans, bees perceive a slightly higher frequency of electromagnetic waves. Based on only this information, to which of the following flower colors is a bee more likely to be attracted?

OA) Green
OB) Red
OC) Yellow
OD) Blue

## Item 107

The Coma Cluster is a galaxy approximately $2.7 \times 10^{15} \mathrm{~km}$ away from earth. How many years does it take for light from the Coma Cluster to reach earth? (Note: light travels at approximately $3 \times 10^{8} \mathrm{~m} / \mathrm{s}$ )
A. $\quad \frac{2.7 \times 10^{15}}{1} \times \frac{1}{3 \times 10^{8}} \times \frac{1}{60} \times \frac{1}{60} \times \frac{1}{24} \times \frac{1}{365} \times \frac{1000}{1}$
B. $\quad \frac{2.7 \times 10^{15}}{1} \times \frac{1}{3 \times 10^{8}} \times \frac{1}{60} \times \frac{1}{24} \times \frac{1}{365} \times \frac{1000}{1}$
C. $\quad \frac{2.7 \times 10^{15}}{1} \times \frac{3 \times 10^{8}}{1} \times \frac{1}{60} \times \frac{1}{60} \times \frac{1}{24} \times \frac{1}{365} \times \frac{1000}{1}$
D. $\frac{1}{2.7 \times 10^{15}} \times \frac{3 \times 10^{8}}{1} \times \frac{60}{1} \times \frac{60}{1} \times \frac{24}{1} \times \frac{365}{1} \times \frac{1000}{1}$

## Item 108

All of the following are indicative of the wave nature and not the particle nature of light EXCEPT:

OA) diffraction.
OB) interference.
OC) dispersion.
OD) reflection.

## Item 109

A piece of glass shaped as shown, with a refractive index of 1.5 allows light to pass through it striking point $B$. In order to make the light strike point A , the piece of glass should be:


## A B

Note: diagram not drawn to scale
OA) raised.
OB) lowered.
OC) made thicker from top to bottom.
OD) made thinner from top to bottom.

## Item 110

If a light on a dimmer switch is gradually turned down, it will generally show a red glow at the moment before it is turned off. This is because red light:

OA) moves more slowly through air than light of any other color.
OB) moves more quickly through air than light of any other color.
OC) has more energy than light of any other color.
OD) has less energy than light of any other color.

## Item 111

The index of refraction of glass is 1.5 . How long does it take for light to pass through a plate of glass that is 1 cm thick?

OA) $5 \times 10^{-8} \mathrm{~s}$
OB) $5 \times 10^{-11} \mathrm{~s}$
OC) $2 \times 10^{-8} \mathrm{~s}$
OD) $2 \times 10^{-11} \mathrm{~s}$

## Item 112

All of the following are examples of wave diffraction EXCEPT:

OA) a light wave bends when passing from air to water.
OB) music is audible around a corner from the source.
OC) the shadow cast by statue is blurred at the edges.
OD) ripples in water become semicircular after passing through a small space.

### 5.10 Optics: Convergers and Divergers

The remaining sections of this lecture will discuss the creation of images. Light waves reflect off of the objects around us. The cornea and lens of the human eye refract these light waves, focusing them on the retina. The retina then generates a cascade of nerve impulses that transmit information to the brain, which in turn processes the information provided by the reflected and refracted light waves and generates images of the objects. Vision is essentially the creation of images from reflected and refracted light. The workings of mirrors and lenses demonstrate how images are created.

The $\mathrm{MCAT}^{\mathbb{®}}$ requires an understanding of the fundamental similarities and differences between mirrors and lenses. The properties of lenses and mirrors are described by a shared vocabulary, which will be discussed in the following sections. The shape of both mirrors and lenses is key to understanding how they affect light rays. Mirrors and lenses both function to change the direction of light rays reflected off an object, and, as a result, produce an image of that object. The size and direction of the image is affected by the focal length of the lens or mirror, which is a set distance defined by the shape, or curvature, of the lens or mirror.

Without an observer, an image has no meaning. The observer of an image can be an organism, such as a person, or an inanimate object, such as the photographic film in an old-fashioned camera. In this lecture, "the eye" will sometimes be used as a shorthand for the observer. Keep in mind that there are many types of observers and that the eye works with the brain to perceive and make sense of images.

Lenses and mirrors are categorized as convergers or divergers. Light rays converge at a particular point after reflecting from a converging mirror or passing through a converging lens. Light rays diverge after reflecting from a diverging mirror or passing through a diverging lens, so the image is created by a virtual extension of these rays--the real rays never converge. Like the focal point, the converging or diverging nature of a mirror or lens is determined by its shape.

Lenses and mirrors can also each be categorized as concave or convex, according to the shape of the glass. There are two distinct ways to talk about mirrors and lenses: referring to what they do to light (converge or diverge) or referring to their physical shape (concave or convex).

FIGURE 5.30 Mirrors and Lenses



This mirror from a school bus is an example of a convex mirror.


This mirror is an example of a concave mirror.


While mirrors and lenses can be described and understood according to a shared vocabulary, they have a fundamental difference: light reflects when it encounters a mirror and refracts when it encounters a lens. Unlike lenses, mirrors have a shiny side (the reflective side) and an opaque side through which light cannot pass. When light from an object encounters a mirror, it is reflected at an angle equal to the angle of incidence. Spherical mirrors are mirrors in the shape of a portion of a sphere. If the mirror is part of the inside curve of a sphere, it is a concave or converging mirror. If it is part of the outside, it is a convex or diverging mirror. A spherical mirror forms images of objects by reflecting the light from those objects. Thin lenses form images of objects by refracting the light from those objects.

A lens is any transparent object consisting of two curved surfaces that refract light according to Snell's law: $n_{1} \sin \theta_{1}=n_{2} \sin \theta_{2}$. A thin lens is a lens whose maximal thickness is small relative to the radius of curvature, object distance and image distance (characteristics that are described in detail later in this lecture). Recall that when light encounters an interface between two media, it is either reflected, absorbed or transmitted. A lens forms images by transmitting and, in the process, bending light.

On the MCAT ${ }^{\text {® }}$, assume that all lenses are thin lenses and all mirrors are spherical mirrors.

This key difference between mirrors and lenses-that light passes through lenses but does not pass through mirrors-determines the position of the observer. The object and observer must be on the same side of a mirror, the shiny side; otherwise the reflected light rays could not be seen by the observer. With a lens, the observer has to be on the opposite side from an object so that the light from the object can be bent by the lens before reaching the observer.

Thinking about everyday examples will help you remember where the observer has to be for lenses and mirrors. When you look in the bathroom mirror in the morning, the object (you) and the observer (also you!) are on the same side of the mirror. As for a lens, think about a pair of glasses. Having the object and observer on the same side of the lens would be like holding your glasses on the other side of a book and thinking they will help you see it!

The purpose of mirrors and lenses is to produce an image of an object by bending light rays that reflect off of that object. Depending on the type of mirror or lens, the image that is produced can be real, meaning that light rays actually meet at a physical point, or virtual, meaning that the brain of the observer fills in an image at the point where the light rays would converge if they were traced back to an imaginary origin. These types of images will be described in more detail later in this lecture.

If you understand the fundamental principles described above, you're in good shape to understand the more detailed discussion of optics that follows. If necessary, read the introduction above again before you continue to make sure you have a full understanding.

## Focal Point

Every mirror or lens has a characteristic focal point at which parallel light rays converge or appear to converge after reflecting off of the mirror or passing through the lens. (Light rays approaching at any angle will have a real or apparent point of convergence, but only parallel, horizontal light rays converge, or focus, at the focal point.) A real focal point is a point at which light rays actually converge, whereas a virtual focal point is a point at which light only appears to converge. Because a mirror has a single curve, it has only one focal point, defined by the shape of the mirror. Imagine a spherical mirror to be part of a complete sphere. At the center of the imaginary sphere would be a point called the center of curvature. Each point along the mirror's surface is equidistant from the center of curvature. This distance between the surface of the mirror and its center of curvature is known as the radius of curvature. A smaller radius of curvature indicates a sharper curve. The larger a mirror's radius of curvature, the flatter its surface. The focal point of a concave mirror lies in front of the mirror, while the focal point of a convex mirror is located behind the mirror, where the rays appear to converge.

You are likely to see only spherical mirrors on the MCAT®, rather than planar mirrors. Notice that it would be impossible to determine the radius of curvature for a planar mirror; it would lie at infinity. Remembering this will help you remember that a flatter spherical mirror has a larger radius of curvature.

The distance between a mirror and its focal point is known as the focal length. The focal length of a mirror is equal to half the radius of curvature.

$$
f=\frac{R}{2}
$$

where $f$ is the focal length and $R$ is the radius of curvature. This equation shows that the focal length is half the radius of curvature, which means the focal point of a mirror lies halfway between the mirror's surface and its center of curvature.

Unlike a mirror, a lens has two focal points because it has two curved surfaces. Recall that a mirror will reflect only the light rays that strike its reflective surface. By contrast, a lens will refract light that strikes either one of its curved surfaces. Depending on which surface they strike, parallel light rays can converge or appear to converge at one of two focal points. The focal length for a lens is affected by the refractive index of the lens and the substance surrounding the lens. The lens strength of a lens, also called power, is determined by its focal length. This power is not the same as the power in mechanics. The power of a lens is measured in diopters, which have the equivalent units of $\mathrm{m}^{-1}$. The power of a lens is the inverse of the focal length:

$$
P=\frac{1}{f}
$$

FIGURE 5.31 Focal Point


Express the focal length in meters when calculating power. If you use the thin lens equation, described later in this lecture, to calculate focal length, you have to convert to meters before using the equation for power. You can bet that the MCAT will provide an incorrect answer choice equal to the number that you would get if you left the focal point in centimeters.

## Converging and Diverging Lenses and Mirrors

As described above, both mirrors and lenses can be categorized by the way in which they interact with light rays. Converging mirrors and lenses converge light. A converging mirror reflects light rays such that they converge at a point in front of the mirror. If the light rays approaching the mirror are parallel, the point at which the reflected rays converge is the focal point. A converging lens refracts light rays such that they converge at a point on the side of the lens opposite the light source. Since the observer is on the same side as the light source for a mirror and the opposite side of the light source for a lens, this means that light converges on the same side as the observer.

Recall that lenses and mirrors can be described in terms of both their shape and how they affect light. Converging mirrors and lenses interact with light in the same way, but they do not have the same shape. A converging mirror is concave, while a converging lens is convex. From the perspective of the observer, a concave mirror looks like the entrance to a cave. Its surface is "caved in." A convex lens has a center that is thick relative to its periphery.

In reality, only a parabolically curved mirror will reflect all parallel light rays such that they converge at a single point. In other words, only a parabolically curved mirror has a single focal point. Mirrors that are spherical rather than parabolic can produce distorted images, a phenomenon called spherical aberration. Unless specifically stated otherwise, assume that all spherical mirrors appearing on the $\mathrm{MCAT}^{\circledR}$ behave like parabolic mirrors. When the radius of curvature is relatively large and the angles of incidence are relatively small, a spherical mirror reflects light approximately as a parabolic mirror would.

FIGURE 5.32 Converging Mirror and Lens


The behavior of divergers is opposite to that of convergers: when parallel light rays encounter a diverging mirror or lens, they spread out such that they will never intersect. The reason that divergers produce an image of the object, despite the fact that the light rays do not converge at a point, is that the observer cannot see the bending of light. As a result, the brain traces back the path of the reflected or refracted light rays and perceives an image at the point at which they would have originated if they had been travelling in a straight line, as described in the following section.

A diverging mirror reflects light rays such that the observer perceives them as converging at a point on the opposite side of the mirror from the observer. Similarly, a diverging lens refracts light rays such that they appear to converge at a point on the same side of the lens as the light source, opposite from the side of the observer. Diverging lenses and mirrors are differentiated by shape, just like converging lenses and mirrors. A diverging lens is a concave lens, meaning that its center is thin relative to its periphery. A diverging mirror is a convex mirror, which, in contrast to the caved-in surface of a concave mirror, has a surface that "bulges out" towards the observer.

For the MCAT ${ }^{\circledR}$, practice the skill of quickly identifying a mirror or lens as converging or diverging. If you ever run into trouble, start by thinking about mirrors. Imagine light rays reflecting perpendicularly from the surface of a concave or convex mirror. The light rays reflecting from the concave mirror must head inwards and converge; those reflecting from a convex mirror must go off in all directions and will never converge. This is a simple way to remember that a concave mirror is converging and a convex mirror is diverging. Since lenses follow the opposite pattern, you now also know that a concave lens is diverging and a convex lens is converging.

The shape of the side from which light emerges is the same for convergers and divergers. In other words, the back of a convex lens (converging) has the same shape as the front of a concave mirror (also converging), while the back of a concave lens (diverging) has the same shape as the front of a convex mirror (also diverging).

Generally the light from the object originates from some other source and reflects off the object. To avoid confusion, when working with mirrors or lenses, assume that light originates from the object.

Here's a little trick to help identify a converging lens. Just remember the three C's: A thick center converges light.

Thicker center converges

FIGURE 5.33 Concave and Convex Lenses



If the center of a lens is thicker than its ends, it will converge light, regardless of its shape or which direction light moves through the lens. If the center is thinner, it will diverge light.



## Convex mirror



Thinking about a magnifying glass can be a useful way to remember the focal point exception for convergers. You know that a magnifying glass must be converging because it is convex, and that usually a converging lens produces a real, inverted image. But when you place it right above a page, the image that you see is upright and must be virtual. That's because the magnifying glass is close enough that the page lies within its focal length.


## Types of Images

The previous sections described the fundamental characteristics of mirrors and lenses that allow them to bend light for the purpose of creating images. An image is a representation of an object derived from the light reflected from the object. Depending on how an object reflects light, inferences can be made about its shape, orientation, texture, and color. The visual system continuously forms images of the environment by processing the information provided by light.

There are two kinds of images. The first type is real, inverted, on the same side of the mirror or lens as the observer, and positive. The other type is virtual, upright, on the opposite side of the mirror or lens from the observer, and negative. All four characteristics are always found together, so if any one characteristic is given, the other three are also known. The description of an image as positive or negative is redundant with the description of the side of the observer: an image on the same side as the observer is, by convention, defined as positive, while an image on the opposite side from the observer is defined as negative. Assigning a positive or negative sign to the distance between an image or object and the lens or mirror is necessary for the thin lens equation, described in the following section.

One way to think of the difference between real and virtual images is that a real image can be captured on a screen, while a virtual image cannot. (This means the observer of a virtual image must be a living observer. An inanimate observer, such as the example of photographic film, can only receive real images.) A virtual image is produced by the apparent convergence of light rays; there are no light rays actually present at the location of the perceived virtual image. Virtual images are always upright, rather than inverted. In other words, the top of the object is also the top of the image. Virtual images are located on the opposite side of the lens or mirror from the observer and thus are called negative. Diverging lenses and mirrors always form virtual, upright images located on the opposite side from the observer.

A real image is derived from the actual convergence of light rays. Real images are always inverted, meaning that the top of the object appears at the bottom of the image. They are also on the side as the observer, so a positive value is assigned to image distance. Convergers usually form images that are inverted, real, and located on the side of the observer, but unlike divergers, which always form the same kind of image regardless of the position of the object, convergers are capable of forming both real and virtual images. When the object is located beyond the focal point, convergers will always produce a real, inverted image, located on the side of the observer. If the object is instead placed within the focal length, the image formed will be virtual and upright. (For a converger, when an object
is placed at the focal point, parallel light emerges, and no image is formed.) The mirrors and lenses on the $\mathrm{MCAT}^{\circledR}$ are usually small, meaning that they have tiny focal distances. This means that most objects will be located beyond the focal point. This means that convergers almost always create images that are real, inverted, on the same side as the observer, and positive. The creation of an image that is virtual, upright, on the opposite side from the observer, and negative is an important exception to this general rule, and takes place only when the object is placed between the focal point and the concave mirror or converging lens.

FIGURE 5.35 Your Eyes Cannot Detect the Bending of Light


The eye by itself cannot detect whether or not light rays have been bent. Without other visual cues, the mind assumes that light travels in a straight line. As a result, the mind traces straight back along the path of the light rays entering the eye and perceives an image. To the person in the figure above, the fish appears to be where the image is formed because the person's eyes cannot detect the bending of the light.

## The Thin Lens Equation

The previous section described the qualitative features of images formed by converging and diverging mirrors and lenses. Object and image distances can be calculated precisely using the thin lens equation, which relates the image distance $\left(d_{i}\right)$ from the mirror or lens and the object distance $\left(d_{o}\right)$ to the focal length, also known as the focal distance, $f$, of a mirror or lens.

$$
\frac{1}{f}=\frac{1}{d_{\mathrm{o}}}+\frac{1}{d_{\mathrm{i}}}
$$

The values used in this equation will often be expressed in centimeters because the optical instruments being considered are built to be compatible with the eye, which is very small. However, recall that the equation for lens power $\left(P=\frac{1}{f}\right)$ uses $\mathrm{m}^{-1}$. If the thin lens equation is used to find focal length, the value must be converted to meters to find the correct value of power.

The thin lens equation is additive, so it is necessary to understand the sign conventions for focal, object, and image distances. Each of these characteristics is arbitrarily assigned a positive or negative value according to its location. The thin lens equation will only find the correct answer if each variable is given the correct sign.

An image formed by a mirror is real if it is on the same side of the mirror as the object. An image formed by a lens is real if it is on the opposite side of the lens as the object. The real image is always on the same side as the observer.

> On the MCAT ${ }^{\circledR}$, object distance will probably be represented by $p$ and image distance will usually be represented by $q$. You could also see object distance as $d_{0}$ and image distance as $d_{\mathrm{i}}$. This lecture will use both ways, and you need to be familiar with both.

[^2]Using the wrong sign for focal length, object distance, or image distance is a common mistake. Memorize the conventions and take a few extra seconds to check the signs when using the thin lens equation.

Real images are images on the side of the eye.

Recall that the focal point is a fixed characteristic determined by the shape of the lens or mirror and cannot be changed. For the thin lens equation, the focal distance of a converging lens or mirror is given a positive sign and the focal distance of a diverging mirror or lens is given a negative sign.

Object distances are given a positive sign in the equation when objects are "where they belong." Recall that objects belong on the same side as an observer for mirrors (on the shiny side), and on the opposite side from an observer for lenses. In a single lens system, object distance is always positive.

Finally, the signs for image distance must be correct when using this formula. As described in the previous section, real images are always positive. A positive image sign means it is on the same side as the observer. By contrast, virtual images are always negative. Negative image sign means it is on the opposite side from the observer.

TABLE 5.3 > Putting it All Together
$\left.\begin{array}{|l|l|l|}\hline \mathrm{p} & \text { Convergers: } f \text { is }+ & \text { Divergers: } f \text { is - } \\ \hline>f & \text { Image } & \text { Image } \\ \hline<f & \begin{array}{l}\text { Side of the eye, } \\ \text { positive } q, \text { real, inverted }\end{array} & \begin{array}{l}\text { Opposite side from the eye, negative } \\ q, \text { virtual, upright }\end{array}\end{array} \begin{array}{l}\text { Opposite side from the } \\ \text { eye, negative } q, \text { virtual, } \\ \text { upright }\end{array}\right\}$

Know the four characteristics of images that always go together. A real (1), inverted (2) image is always on the side of the eye (3) and thus has a positive $\mathrm{q}(4)$. On the other hand, a virtual (1), upright (2) image is always on the opposite side from the eye (3) and thus has a negative $q$ (4). There are no exceptions. This means that if you are provided with any one characteristic, you automatically know the other three. For example, if a question provides only the information that $q$ is negative, you know that the image is virtual, upright, and on the opposite side from the eye.

## Magnification

When a mirror or lens produces an image, it may magnify it. In everyday language, to magnify something is to make it larger. In optics, magnification, $m$, is a measure of the image's size and orientation relative to the size and orientation of the object it represents.

$$
m=-\frac{d_{i}}{d_{0}}=\frac{h_{i}}{h_{0}}
$$

where $d_{\mathrm{i}}$ is the distance from the mirror or lens to the image, $h_{\mathrm{i}}$ is the height of the image, $d_{\mathrm{o}}$ is the distance from the mirror or lens to the object and $h_{\mathrm{o}}$ is the height of the object. The sign conventions previously established for the thin lens equation apply to the magnification equation as well. In addition, the image height is positive when the image is upright and negative when the image is inverted.

An image that is smaller than the object has a magnification smaller in magnitude than one, an image that is the same size as the object has a magnification equal in magnitude to one, and an image that is larger than the object has a magnification greater in magnitude than one. An image that has the same orientation as the object will have a positive magnification and an image that has an orientation opposite to the orientation of the object will have a negative magnification.

Note that an image's magnification provides two pieces of information about it. First, the magnification tells the size of the image relative to the size of the object. Second, it tells the orientation of the image relative to that of the object.

Diverging mirrors and lenses always form images that are smaller than the objects they represent. Converging mirrors and lenses form images whose sizes vary based on object distance. If you memorize the magnification equation, it is not necessary to memorize the table below.

TABLE 5.4 > Magnification

|  | Image Size |  |
| :--- | :--- | :--- |
| $d_{0}$ | Convergers |  |
| $d_{0}>R$ | Smaller | Divergers |
| $d_{0}=R$ | Same size |  |
| $d_{0}<R$ | Larger | Smaller |
| $d_{0}=f$ |  |  |

## MCAT ${ }^{\circledR}$ THINK

1. Have you ever wondered why $m=-\frac{d_{i}}{d_{0}}=\frac{h_{i}}{h_{0}}$ ? If so, take a look at the figure below.


A converging lens forms a real, inverted, larger image of an object placed inside its radius of curvature and outside its focal distance. Notice that, when a line is drawn from the top of the object to the bottom of the image, two similar triangles are formed. Therefore, their corresponding sides are all in the same proportion. The magnitude of the ratio $\frac{d_{i}}{d_{0}}$ is equal to the magnitude of the ratio $\frac{h_{i}}{h_{0}}$.

Don't worry if you see a plane mirror question on the MCAT ${ }^{\text {- }}$-the reason that plane mirrors usually aren't tested is that they are too easy! You know from experience that the image in a plane mirror is the same size as the object. In other words, $\frac{h_{i}}{h_{0}}$, and $m=1$. Since $m=-\frac{d_{i}}{d_{0}}=\frac{h_{i}}{h_{0}}$, this also means that $d_{i}=d_{0}$; the image formed by a plane mirror is the same distance from the mirror as the object. You also already know from looking in flat mirrors that they create upright images, so the images are also virtual, on the opposite side of the mirror from the eye, and negative.

Don't spend too much time with this table. Instead, memorize the magnification equation and move on. Just know that diverging mirrors and lenses always form smaller images whereas converging mirrors and lenses form larger images unless the object is at or outside the radius of curvature.

Mirrors and lenses may seem tricky, but, luckily, I have a system. My system, with only three rules and one exception, makes it easy to find the positives and negatives. After that, it's just plug and chug with only three equations to memorize.

The diagram on the facing page provides a visual representation of my system and the three rules. There is one column for convergers and one for divergers. Each column is divided into a row for mirrors and a row for lenses. Each eye represents an observer. Remember, in order to view the image formed by a mirror, an observer must stand on the same side of the mirror as the object. In order to view the image formed by a lens, an observer must stand on the opposite side of the lens as the object.

With these diagram in hand, you are now ready to learn and apply my three rules!

Rule \#1: The Focal Point Rule
Converging lenses have positive focal points. Diverging lenses have negative focal points.

## Rule \#2: The Object Rule

An object belongs on the same side of a mirror and the opposite side of a lens as the eye. When this is true, object distances are positive.

## Rule \#3: The Image Rule

As long as objects are "where they belong," diverging mirrors and lenses make negative, virtual, and upright images.

As long as objects are "where they belong," converging mirrors make positive, real, and inverted images, except when an object is placed within the focal distance, in which case they make negative, virtual and upright images.
The image rule can be summed up by the sentence "I (Eye) am positive that the real is inverted." Images on the side of the eye will always be positive, real, and inverted. This sentence describes images produced by convergers (unless the object is within the focal point), but you can also use it to remember what divergers do. Just remember that a diverging lens or mirror produces an image with the opposite characteristics: not eye, not positive (i.e. negative), not real (i.e. virtual), and not inverted (i.e. upright.)
In the case of a double lens or mirror system, simply find the image for the first lens or mirror, and use that image as the object of the second lens or mirror. Be careful when applying the image rule in a double lens or mirror system, since the image of the first lens or mirror, which is the object of the second lens or mirror, may not be where it belongs.

My last piece of advice is to memorize the three formulas l've written at the bottom of my diagram. You'll need to know these for the MCAT ${ }^{\circledR}$.

| 2 Detector | - Focus |
| :---: | :---: |
| Operative side of mirror/lens | $\longrightarrow$ Light ray |
| --- Image | - Center of curvature |
| //l/, Object within focal distance |  |



Focus Rule: Positive for converging, negative for diverging
Object Rule: If object is where it should be, $d_{\mathrm{o}}$ is + . If not, $d_{\mathrm{o}}$ is -.
Image Rule: Eye side is positive, opposite of eye is negative
Usually only negative for multiple lens/mirror systems

$$
P=\frac{1}{f}=\frac{1}{d_{\mathrm{o}}}+\frac{1}{d_{\mathrm{i}}} \quad \text { Sign matters! }
$$

+ and - important for inputting information in lens makers formula

$$
\mathrm{M}=\frac{h_{i}}{h_{\mathrm{o}}}=\frac{-d_{\mathrm{i}}}{d_{\mathrm{o}}}
$$



### 5.12 Lens Aberrations

In theory, thin lenses produce focused images. In reality, images are often blurred and exhibit departures from theoretical images called lens aberrations. Two common departures are chromatic and spherical aberrations.

Chromatic aberrations arise when light of higher frequencies focuses closer to a lens than does light of lower frequencies. Recall that index of refraction varies slightly with frequency and that higher frequency light is bent more than lower frequency light. This means that violet light will focus closer to a lens than red light. Chromatic aberration can be reduced by combining a converging lens of one index of refraction with a diverging lens of another index of refraction.

## FIGURE 5.36 Chromatic Aberration



Chromatic aberrations occur only when different frequencies of light pass through a lens simultaneously. If only monochromatic light passed through the lens, chromatic aberrations would not be visible. By contrast, spherical aberrations can be seen even when monochromatic light is used.

Spherical aberrations arise when rays farther from the center of a lens focus at different points than do rays closer to the center of the lens. Images produced by lenses with spherical aberrations are clear only when viewed through the center of the lens. Spherical aberration can be reduced by allowing light rays to pass only through the central portion of the lens.

FIGURE 5.37 Spherical Aberration


### 5.13 <br> Multiple Lens Systems

In a single lens system, objects are always "where they belong" and object distances are positive. This is not the case in a system with a combination of lenses. The best way to deal with a two lens system is to consider one lens at a time. Use the image of the first mirror or lens as the object of the second mirror or lens. Sometimes the image from the first mirror or lens is formed behind the second mirror or lens. The object distance for the second mirror or lens is negative in this case.

The lateral magnification of a two lens system is the product of the lateral magnification of each lens:

$$
M=m_{1} m_{2}
$$

Two lenses in contact with each other have an effective power equal to the sum of their individual powers:

$$
P_{\mathrm{eff}}=P_{1}+P_{2}
$$

On the MCAT ${ }^{\circledR}$, multiple lens systems will likely appear in the context of optical instruments, which manipulate the properties of light to produce viewable images. (A magnifying glass is an example of a simple, single lens optical instrument.) Compound microscopes and refracting telescopes are two examples of multiple lens optical instruments that allow humans to view objects that cannot be seen with the naked eye. They are used for several types of objects (very small but close objects in the case of microscopes, and very large but far in the case of telescopes), but they are both used for the purpose of creating an enlarged image, and they use similar mechanisms. The two converging lenses used in a microscope or telescope are called the objective and the eyepiece. Light from an object placed outside the focal point first encounters the objective, which forms a real, inverted image that acts as the object for the eyepiece. The eyepiece then forms an enlarged image that can be seen by the observer. Because the image formed by the objective falls outside the focal length of the eyepiece, the eyepiece also forms a real, inverted image. Since the first image was inverted, this means that the image viewed by the observer appears upright. For both microscopes and telescopes, even though the object of the second lens is the image of the first one, the object is still "where it belongs" (on the other side of the lens from the observer and thus designated positive).

You don't need to memorize the workings of microscopes and telescopes, but these or other optical instruments could be presented in a passage. Being comfortable with these examples of optical instruments will help you deal with any that appear on the MCAT ${ }^{\circledR}$. Optical instruments could be used to test your understanding of magnification. For example, you could see a question asking where the image formed by the objective falls relative to the radius of curvature of the eyepiece. Since the purpose of the microscope is to enlarge the object, and a converging lens forms an enlarged image when the object is within the radius of curvature, the image formed by the objective should be within the radius of curvature of the eyepiece.


## The Human Eye

As discussed in the Nervous System Lecture in Biology 2: Systems, the human eye acts as an optical instrument by refracting incoming light so that it focuses on an area at the back of the eye known as the retina. Two structures in the eye, the cornea and the lens, bend incoming light rays as needed to converge on the retina. After encountering the transparent cornea, which is responsible for the most extreme bending, incoming light is further bent by the crystalline lens. Despite the name, the lens does not bend light as much as the cornea; instead the lens is responsible for the fine control necessary to precisely focus light on the retina.

Slight variations in the shape of the lens allow the eye to focus light reflected off of both near and far objects. To focus light from near objects, the muscle surrounding the lens contracts, causing the lens to bulge and thus reducing the focal length of the lens. To focus light from far objects, the muscle relaxes, causing thin filaments that run from the muscle to the edge of the lens to tighten and flatten the lens. In this way, the eye increases the focal length of the lens.

FIGURE 5.38 The Eye


The commonly used terms of near-sighted and far-sighted describe opposite deficits in vision, each caused by the inability of the eye to correctly focus light on the retina. A near-sighted person can see near objects clearly but has difficulty seeing far objects. Think of the lens of a near-sighted person as being particularly good at bending light, since light that reflects off of a nearby object will approach the eye at a sharp angle and must be bent significantly to focus on the retina. When light rays reflecting off of a far object approach the eye, the lens of a near-sighted person bends the light too sharply, and the rays converge in front of the retina. As a result, the object is not seen clearly. The distance vision of a person who is near-sighted can be corrected with a diverging lens, which causes the light rays to spread out before encountering the eye's lens, allowing them to be focused at the retina.

A far-sighted person has the opposite problem. The lens of someone who is far-sighted is not very good at bending light. This does not present a problem for light rays reflecting off of a far object (remember that the farther the source of the light, the closer the light rays are to being parallel). When light approaches from a nearby object, the lens is not able to bend the light rays sufficiently, and they
do not converge until they have passed the retina. A converging lens corrects the vision of a far-sighted person by bending light rays enough that the lens can focus them on the retina.

A more technical understanding of near-sightedness and far-sightedness involves differences in the position of the near point and far point. The near point is the closest distance at which the eye can see an object clearly. By contrast, the far point is the farthest distance at which the eye can see an object clearly. A person with normal vision can see distant objects and is considered to have a far point at infinity.

A far-sighted person has a near point that is farther than average. The near point tends to increase with age as the lens stiffens and resists the bulging necessary to reduce the focal length. A converging lens corrects for far-sightedness by converging the light rays from a nearby object, making them closer to parallel and thus making the light rays appear as though they are coming from farther away.

A far-sighted person can see far but not near objects. This means their near point must be farther than average. A near-sighted person can see near but not far objects. This means their far point must be nearer than average.

FIGURE 5.39 Farsightedness


A near-sighted person has a far point that is closer than average. Diverging lenses correct near-sightedness by spreading the light rays out more, making them appear as they would if they were coming from a nearer object.

## FIGURE 5.40 Nearsightedness



## MCAT ${ }^{\circledR}$ THINK

The power of contact lenses or glasses is calculated as $P=1 / f$, as with any lens. If you wear contacts, you may have noticed that the label has a number that is either positive or negative. This number is the power of the lens, so it is negative if the focal point is negative and positive if the focal point is positive. Is a positive power associated with nearsightedness or farsightedness? What about a negative number? Answer on p. 163.

## Questions 113-120 are NOT related to a passage.

## Item 113

A glass magnifying lens is submerged in water to view an underwater object. Compared to viewing the object with the magnifying lens out of water, this will:

OA) increase the magnification.
OB) decrease the magnification.
OC) not change the magnification.
OD) The magnifying glass will not work at all under water.

## Item 114

Which of the following statements is (are) true?
I. Virtual images can be projected onto a screen.
II. Real images can never be seen.
III. Real images can only be created by converging lenses and concave mirrors in a single lens or single mirror system.

OA) III only
OB) I and II only
OC) I and III only
OD) I, II, and III

## Item 115

An increase in which of the following lens properties will increase the power of a lens?
I. Index of refraction
II. Focal length
III. Radius of curvature on one side of the lens

OA) I only
OB) I and II only
OC) II and III only
OD) I, II, and III

## Item 116

An object stands 4 cm in front of a converging lens. If the lens has a focal distance of 1 cm , where is the image formed?

OA) 0.75 cm in front of the lens
OB) 0.75 cm behind the lens
OC) 1 cm behind the lens
OD) 1.33 cm behind the lens

## Item 117

An inverted image is created 5 m in front of a mirror. Which of the following could be true about the mirror and the object?

OA) The mirror is convex with less than a 5 m focal distance.
OB) The mirror is concave with less than a 5 m focal distance.
OC) The mirror is convex with more than a 5 m focal distance.
OD) The mirror is concave with more than a 5 m focal distance.

## Item 118

A 1 cm candle stands 4 cm in front of a concave mirror with a 2 cm focal distance. The image is:

OA) inverted and 1 cm tall.
OB) inverted and 2 cm tall.
OC) upright and 1 cm tall.
OD) upright and 2 cm tall.

## Item 119

A lens is manufactured in such a way as to allow the object and the image to be at the same distance from the lens. If the lens is not flat, the only way this could be true is if the lens were:

OA) a diverging lens with the object at the focal distance.
OB) a diverging lens with the object at twice the focal distance.
OC) a converging lens with the object at the focal distance.
OD) a converging lens with the object at twice the focal distance.

## Item 120

The diagram below shows an object placed in front of an unknown optical device and the image produced.


The optical device is a:
OA) convex mirror.
OB) concave mirror.
OC) converging lens.
OD) diverging lens.

## Waves

$$
v=f \lambda \quad T=\frac{1}{f}
$$

$$
\frac{\Delta f}{f_{s}}=\frac{v}{c} \quad \frac{\Delta \lambda}{\lambda_{s}}=\frac{v}{c}
$$

## Sound

$$
\begin{array}{ll}
\beta=10 \log \frac{I}{I_{0}} & L=\frac{n \lambda_{n}}{2}(n=1,2,3, \ldots) \\
f_{\text {Beat }}=\left|f_{1}-f_{2}\right| & L=\frac{n \lambda_{n}}{4}(n=1,3,5, \ldots)
\end{array}
$$

## Electromagnetic radiation

\[

\]

## MCAT ${ }^{\circledR}$ THINK ANSWER

Remember that nearsightedness is corrected with a diverging lens. Divergers always have negative focal points, so they must have negative power. Farsightedness is corrected with a converging lens. Since convergers always have positive focal points, they must have positive power.

## TERMS YOU NEED TO KNOW

Absorption
Angle of incidence
Angle of reflection
Angle of refraction
Attenuation (damping)
Center of curvature
Chromatic dispersion
Circularly polarized
Combination of lenses
Concave lens
Concave mirror
Constructive interference
Converging lens
Converging mirror
Convex lens
Convex mirror
Critical angle.
Decibels (dB)
Destructive interference
Diffraction
Diffraction grating
Diopters
Dispersion
Diverging lens
Diverging mirror

Doppler effect
Electromagnetic waves
Focal length
Focal point
Frequency ( $f$ )
Image
In vacuo
Index of refraction ( $n$ )
Infrared
Intensity level
Inverted
Lens aberrations
Lens strength
Light
Logarithmic scale
Mechanical waves
Natural frequency
Optical instruments
Oscillations
Phase
Photons
Pitch
Plane surface
Polarized
Power

Production of sound
Radius of curvature
Real image
Reflection
Reflection of sound
Refraction
Require a medium
Resonance
Resonance in pipes and strings
Resonant frequency
Resonate
Shock wave
Sound
Speed of light in vacuo (c)
Spherical mirrors
Thin lens
Total internal reflection
Ultraviolet
Upright
Velocity
Virtual image
Wave
Wavelength ( $\lambda$ )
X-ray diffraction
Young's double-slit experiment

## tHE 3 Keys

1. Determine whether a wave is undisturbed, reflected, refracted, diffracted, or dispersed.
2. Lenses and mirrors follow the three optics rules: the focal point rule, the object rule, and the image rule.
3. To solve for the Doppler Effect: when a wave source and observer move towards one another, frequency increases-add $\Delta f$ to $f_{\text {s }}$ to get $f_{\text {o }}$. When a wave source and observer move away from each other, frequency decreasessubtract $\Delta f$ from $f_{\mathrm{s}}$ to get $f_{\mathrm{o}}$.

## STOP!

DO NOT LOOK AT THESE EXAMS UNTIL CLASS.

## 30-MINUTE <br> IN-CLASS EXAM FOR LECTURE 1

## Passage I (Questions 1-7)

Muscular contractions generate force and can be classified as isometric, concentric, or eccentric. During an isometric contraction, the muscle length remains constant; during a concentric contraction, the muscle shortens; during an eccentric contraction, the muscle lengthens. Performing a biceps curl by flexing the elbow is an example of concentric contraction of the biceps, and slowly lowering the weight is an example of eccentric contraction. Researchers examined the relationship between muscular activation and force output in all three contraction types.

## Experiment 1

In the laboratory, muscles isolated from frogs were attached to an apparatus in which they can be electrically stimulated to contract with weights suspended from them. The device allows measurement of muscle force and motor unit recruitment during contractions. First, the muscles were sufficiently stimulated to suspend 5 kg and 10 kg discs. Next, the stimulation was increased and the discs were lifted 0.08 m . Then, the stimulation was decreased and the discs were slowly lowered to the starting position. Finally, a large stimulus was given to lift the 10 kg disc. The measured average motor unit recruitment and average muscle force is presented in Table 1.

| Contraction <br> type | Disc Mass <br> $(\mathrm{kg})$ | Force (N) | Motor unit <br> recruitment <br> $(\%)$ |
| :--- | :---: | :---: | :---: |
| Isometric | 5 | 50 | 26 |
| Isometric | 10 | 100 | 55 |
| Concentric | 5 | 55 | 29 |
| Concentric | 10 | 105 | 59 |
| Concentric <br> large <br> stimulus | 10 | 145 | 94 |
| Eccentric | 5 | 45 | 22 |
| Eccentric | 10 | 80 | 44 |

Table 1 Average Muscle Force versus Motor Unit Recruitment Percentage
This passage was adapted from "Motor Unit Firing Behavior of Soleus Muscle in Isometric and Dynamic Contractions." Kallio et al. PLoS ONE. 2013. 8(2): e53425 doi:10.1371/journal. pone. 0053425 for use under the terms of the Creative Commons Attribution 4.0 License

1. What is the average time needed to lift the 5 kg disc?
A. 0.4 s
B. 0.133 s
C. 0.16 s
D. Two different values are possible.
2. How much greater was the acceleration of the 10 kg disc with the larger stimulus compared to the acceleration of this disc with the original stimulus?
A. $14.5 \mathrm{~m} / \mathrm{s}^{2}$
B. $4 \mathrm{~m} / \mathrm{s}^{2}$
C. $5 \mathrm{~m} / \mathrm{s}^{2}$
D. $10 \mathrm{~m} / \mathrm{s}^{2}$
3. What is the final expected velocity for the 10 kg disc when it is lifted with a force of 145 N ?
A. $0.60 \mathrm{~m} / \mathrm{s}$
B. $0.85 \mathrm{~m} / \mathrm{s}$
C. $1.20 \mathrm{~m} / \mathrm{s}$
D. $1.52 \mathrm{~m} / \mathrm{s}$
4. Which of the following is most likely the maximum disc mass that could be suspended from an average frog muscle during an isometric contraction with maximal stimulation?
A. 10 kg
B. 12 kg
C. 16 kg
D. 22 kg
5. Which of the following is true of a disc at the moment when concentric contraction of the muscle ceases and eccentric contraction begins?
A. Both its kinetic and gravitational potential energies are at a maximum.
B. Both its kinetic and gravitational potential energies are at a minimum.
C. Its kinetic energy is at a maximum and its gravitational potential energy is at a minimum.
D. Its kinetic energy is at a minimum and its gravitational potential energy is at a maximum.
6. Which of the following statements concerning force is true during the entire experiment?
A. The muscle force is less than the force of gravity.
B. The muscle force is greater than the force of gravity.
C. The muscle force is equal to the force of gravity.
D. The net force on the disc determines the direction of acceleration of the disc.
7. Suppose the experiment is repeated at a very high altitude, where the force of gravity is slightly lower. After adjusting the stimulation to the level needed to achieve isometric contraction, concentric contraction is achieved by increasing the stimulation the same amount that it was increased during the original experiment. How will the results obtained during concentric contraction be different from those of the original experiment?
A. Both the muscle force and the disc acceleration will be reduced.
B. Both the muscle force and the disc acceleration will be greater.
C. The muscle force will be the same, and the disc acceleration will be greater.
D. The muscle force will be reduced, and the disc acceleration will be the same.

## Passage II (Questions 8-13)

Pulmonary arterial hypertension (PAH), caused by vascular remodeling of the small pulmonary arteries, is characterized by mean pulmonary arterial pressure $\geq 25 \mathrm{mmHg}$ and pulmonary capillary wedge pressure $\geq 15 \mathrm{mmHg}$ at rest, as assessed by right heart catheterization. As pulmonary vascular resistance increases, the overloaded right ventricle (RV) changes morphologically and functionally.

Echocardiography is the most common and convenient method used to evaluate RV function. Researchers assessed the value of two echocardiographic parameters in predicting right ventricular ejection fraction (RVEF), which is the percentage of end diastolic volume ejected with each contraction.

First, both RVEF and average tricuspid annular systolic excursion velocity (S') were measured. During ventricular diastole, the leaflets of the tricuspid valve project into the right ventricle, allowing passage of blood from the right atrium to the right ventricle. The base of each leaflet on the valve is secured to the annulus, a fibrous ring that surrounds the atrioventricular orifice. Tricuspid annular systolic excursion velocity is an indicator of right heart systolic function.

| Tricuspid Annular Systolic <br> Excursion Velocity (S') | Right Ventricular <br> Fraction (RVEF) |
| :---: | :---: |
| $6 \mathrm{~cm} / \mathrm{s}$ | $20 \%$ |
| $8 \mathrm{~cm} / \mathrm{s}$ | $24 \%$ |
| $10 \mathrm{~cm} / \mathrm{s}$ | $30 \%$ |
| $12 \mathrm{~cm} / \mathrm{s}$ | $36 \%$ |

Table 1 Tricuspid annular systolic excursion velocity (S') and right ventricular ejection fraction (RVEF)

Next, RV isovolumetric acceleration (IVA) was calculated as the peak isometric myocardial velocity divided by time to peak velocity. RVEF was plotted as function of IVA.


Figure 1 Right ventricular ejection fraction (RVEF) as a function of right ventricle isovolumetric acceleration (IVA)

After adjusting for mean right atrial pressure, mean pulmonary arterial pressure, and pulmonary vascular resistance, only IVA was an independent predictor of RVEF.
This passage was adapted from "Echocardiographic Parameters in Patients with Pulmonary Arterial Hypertension: Correlations with Right Ventricular Ejection Fraction Derived from Cardiac Magnetic Resonance and Hemodynamics." Yang T, Liang Y, Zhang Y, Gu Q, Chen G, et al. PLoS ONE. 2011. 8(8): e71276. doi:10.1371/journal.pone. 0071276 for use under the terms of the Creative Commons CC BY 3.0 license (http://creativecommons.org/licenses/ by/3.0/legalcode).
8. If blood passing through the pulmonary artery enters with a velocity of $63 \mathrm{~cm} / \mathrm{s}$ and exits with a velocity of $9 \mathrm{~cm} / \mathrm{s}$, what is its average acceleration? Assume it takes $\frac{1}{6} \mathrm{~s}$ for the blood to pass through the pulmonary artery.
A. $3.24 \mathrm{~m} / \mathrm{s}^{2}$
B. $-3.24 \mathrm{~m} / \mathrm{s}^{2}$
C. $0.09 \mathrm{~m} / \mathrm{s}^{2}$
D. $-0.09 \mathrm{~m} / \mathrm{s}^{2}$
9. If average IVA was calculated to be $3.2 \mathrm{~m} / \mathrm{s}^{2}$ and peak isometric myocardial velocity was measured at $8 \mathrm{~cm} / \mathrm{s}$, how long did it take to reach peak velocity? Assume initial myocardial velocity was $0 \mathrm{~cm} / \mathrm{s}$.
A. 0.25 s
B. 0.025 s
C. 40 s
D. 4 s
10. RVEF is positively correlated with right ventricle function. Compared to a healthy patient, would a patient with pulmonary arterial hypertension be expected to have higher or lower S' and IVA measurements?
A. Higher S' but lower IVA
B. Higher S' and higher IVA
C. Lower S' but higher IVA
D. Lower S' and lower IVA
11. As RVEF increases, would the force with which the right ventricle contracts decrease or increase?
A. Decrease because IVA decreases
B. Decrease because IVA increases
C. Increase because IVA increases
D. Increase because IVA decreases
12. Blood returning to the right atrium from the lower extremities must flow against the force of gravity. Nonetheless, the magnitude of blood flow velocity increases as blood moves from the capillaries through the venules and veins into the venae cavae. Assuming that, at a given point in the veins, blood flow velocity is in the positive direction, in which directions are net force and acceleration?
A. Both net force and acceleration are in the negative direction.
B. Net force is in the negative direction but acceleration is in the positive direction.
C. Net force is in the positive direction but acceleration is in the negative direction.
D. Both net force and acceleration are in the positive direction.
13. At the onset of ventricular diastole, the net forces acting on the leaflets of the tricuspid valve are directed:
A. into the right ventricle.
B. into the right atrium.
C. into the pulmonary artery.
D. into the venae cavae.

## Passage III (Questions 14-19)

The activation of T cells is a key process in the adaptive immune system. T cells regulate the activity of many other cells in the immune system, especially B cells, which produce antibodies that are vital to fighting off specific pathogens.

When the appropriate antigens are presented, T cell receptors (TCRs) bind to major histocompatibility complexes (MHCs) on antigen presenting cells (APCs), and are, thereby activated. Once activated, T cells exert pushing and pulling forces on APCs. Some of these mechanical forces are generated by actin polymerization and increases in intracellular calcium. Additionally, the membrane protein integrin has been shown to play a role in generation of T cell mechanical forces.

To quantify the pushing and pulling forces exerted by activated T cells, researchers created a model APC by coating a bead with antibodies against the TCR-CD3 subunit. When in close proximity to the bead, TCRs bound to the antibodies and were activated by them. In this way, researchers were able to simulate the activation of TCRs by MHCs on antigen presenting cells. The bead coated with antibodies was connected to a red blood cell with a known stiffness of $50 \mathrm{pN} / \mu \mathrm{m}$. Researchers recorded deformation of the red blood cell following activation of the TCRs.

This passage was adapted from "Force Generation upon T Cell Receptor Engagement." Husson J, Chemin K, Bohineust A, Hivroz C, Henry N. PLoS ONE. 2011. 6(5) doi: 10.1371/ journal.pone. 0019680 for use under the terms of the Creative Commons CC BY 3.0 license (http://creativecommons.org/licenses/by/3.0/legalcode).
14. Which of the following would be true if red blood cell stiffness was overestimated?
A. The researchers would overestimate the mechanical force generated.
B. The researchers would underestimate the mechanical force generated.
C. The T cell would not be activated by the model APC.
D. The results would not be affected.
15. How much force would a $T$ cell need to exert on a red blood cell in order to compress it $0.5 \mu \mathrm{~m}$ ?
A. 200 pN
B. 100 pN
C. 25 pN
D. 12.5 pN
16. What change to the experimental conditions would be most likely to decrease the measured force?
A. Using a cell with a stiffness of $25 \mathrm{pN} / \mu \mathrm{m}$ instead of a red blood cell
B. Administering Latrunculin A, a compound that prevents actin polymerization
C. Increasing the pH of the cellular medium that the experiment takes place in
D. Using a cell with a stiffness of $75 \mathrm{pN} / \mu \mathrm{m}$ instead of a red blood cell
17. A particular T cell exerts a force of 10 pN on a model APC. What force does the model APC exert on the T cell?
A. 0 pN
B. 10 pN
C. 20 pN
D. 30 pN
18. If the researchers were to conduct another experiment with a T cell whose TCR experiences more friction during generation of motor forces, how would the measured forces change?
A. The pulling force would increase; the pushing force would increase.
B. The pulling force would increase; the pushing force would decrease.
C. The pulling force would decrease; the pushing force would increase.
D. The pulling force would decrease; the pushing force would decrease.
19. Which of the following could accurately describe changes in the velocity of an antigen-presenting cell accelerated, first, by the pushing and, then, by the pulling forces exerted by a T cell receptor?


Time [s]
A.

C.

Time [s]
D.

B.

Time [s]

Questions 20 through 23 are NOT based on a descriptive passage.
20. A man takes two strides each second. The same man walks at a rate of $1 \mathrm{~m} / \mathrm{s}$. How long are his strides?
A. $1 / 4 \mathrm{~m}$
B. $1 / 2 \mathrm{~m}$
C. 1 m
D. 2 m
21. A ball is rolled down a 1 m ramp placed at an angle of $30^{\circ}$ to the horizontal. The same ball is then rolled down a 1 m ramp placed at an angle of $60^{\circ}$ to the horizontal. Which of the following statements is true?
A. The ball required the same amount of time for both trips.
B. The ball had the same displacement at the end of both trips.
C. The ball accelerated at the same rate for both trips.
D. None of the above
22. In a 'tug of war,' two groups of men pull in opposite directions on either end of a rope. Each group applies 2000 N of force. What is the magnitude of the tension in the rope? Assume that the rope is massless.
A. 0 N
B. $\quad 1000 \mathrm{~N}$
C. 2000 N
D. 4000 N
23. A 5 kg mass hangs from a spring distending it 10 cm from its resting point. What is the spring constant $k$ of the spring?
A. $\quad 50 \mathrm{~N} / \mathrm{m}$
B. $100 \mathrm{~N} / \mathrm{m}$
C. $250 \mathrm{~N} / \mathrm{m}$
D. $500 \mathrm{~N} / \mathrm{m}$

STOP. IF YOU FINISH BEFORE TIME IS CALLED, CHECK YOUR WORK. YOU MAY GO BACK TO ANY QUESTION IN THIS TEST BOOKLET.

## 30-MINUTE IN-CLASS EXAM FOR LECTURE 2

## Passage I (Questions 24-30)

An important function of many mammalian bones is to act as lever arms, transmitting an in-force to an out-force via a center of rotation or fulcrum. Three orders of lever arms exist: first order where the fulcrum separates the in-force and the out-force, second order where the in-force and out-force are on the same side but the out force is nearest to the fulcrum, and third order where both forces are also on the same side but the in-force is nearest the fulcrum. In mammalian bone lever systems, the in-force is supplied by a muscle, one end of which is attached to the bone at the point where the in-force is applied and the other end of which is anchored to a separate bone closer to the body.


Figure 1
24. What type of lever is shown in Figure 2?
A. First order
B. Second order
C. Third order
D. It cannot be determined from the figure.
25. Assuming the figures are drawn to scale, if the same inforce is applied to each lever system, which lever system will have the greatest out-force?
A. The lever system in Figure 1
B. The lever system in Figure 2
C. The out-force would be the same in both lever systems.
D. The answer cannot be determined from the information given.

Mammalian bones have evolved divergently in response to the selective pressures of their respective environments. Figures 1 and 2 show the lever system in the forelimbs of two different mammals. Each lever system allows for a ratio of out-force to in-force and velocity of limb movement suited to its respective user. Swift running mammals take advantage of third order lever systems to reduce bulky limbs and extend limb movements. Large muscles can be kept close to the body requiring less energy expenditure on unnecessary movements; short contractions can be translated into long strides. The mass of the proximal portion of the limb has been reduced in these swift running mammals, thereby further maximizing velocity.


Figure 2
26. If the out-lever arm in Figure 1 is 1 m and the in-lever arm is 10 cm , and the mammal applies an in-force of 10 N , what will be the approximate out-force?
A. 1 N
B. 10 N
C. 40 N
D. 100 N
27. The animal in Figure 2 is well adapted for rapid digging. If we assume ideal conditions for the lever system in Figure 2 , compared to the in-force supplied by the muscle, the outforce must:
A. do less work.
B. do more work.
C. be less than the in-force.
D. be greater than the in-force.
28. According to the passage, which of the following conditions would most likely make the animal in Figure 1 a faster runner?
A. Increasing the length of the in-lever arm and decreasing length of the out-lever arm
B. Decreasing the length of the in-lever arm and increasing length of the out-lever arm
C. Increasing both the length of the in-lever arm and the out-lever arm
D. Decreasing both the length of the in-lever arm and the out-lever arm
29. Which position has the greatest in-lever arm?
A.

C.

D.

30. Relative to second order levers, the third order levers present in musculoskeletal systems confer which of the following advantages and disadvantages?
A. Decrease the force required to move the load; decrease the distance over which the load is moved
B. Increase the distance over which the load is moved; increase the force required to move the load
C. Decrease the force required to move the load; increase the work required to move the load
D. Decrease the work required to move the load; increase the force required to move the load

## Passage II (Questions 31-36)

Bacteria are able to propel themselves forward using helical flagella. These flagella derive the energy required for rotation from motors which utilize $\mathrm{Na}^{+}$gradients. As $\mathrm{Na}^{+}$ions diffuse into the cytoplasm down energetically favorable gradients, protein springs are stretched to store elastic potential energy. The springs are stretched sequentially. In each motor unit, after one spring is maximally stretched, the next spring begins stretching. There are six springs in each flagellar motor. These springs are attached at one end to anchors in the peptidoglycan layer and at the other end to the flagellar rotor. As the springs compress, they apply torque to the rotor, causing the rotor to spin in 3.6 degree increments. All springs in a given motor unit apply torque simultaneously. A recent experiment indicated that the total work done by torque to spin a rotor through a full rotation was 500 pJ .
This passage was adapted from "Steps in the Bacterial Flagellar Motor." Mora et al. PLoS Comput Biol. 2009. 5(10): e1000540 doi:10.1371/journal.pcbi. 1000540 for use under the terms of the Creative Commons CC BY 3.0 license (http://creativecommons.org/licenses/ by/3.0/legalcode).
31. Which of the following is directly converted into kinetic energy by the flagellar rotor?
A. Energy stored in protein springs
B. Energy stored in the chemical gradient of sodium ions
C. Energy stored in the electrical gradient of sodium ions
D. Energy stored in chemical bonds
32. Which of the following changes to the springs would increase the torque applied to the rotor? Assume that the force used to stretch the springs remains constant and that the rotor is circular.
I. Increasing the spring constant, $k$
II. Increasing the distance between the springs' attachment to the rotor and the rotor's axis of rotation
III. Modifying the direction of the springs' force to make it tangential to the edge of the rotor
A. I only
B. II only
C. II and III only
D. I, II, and III
33. What would happen to the net torque applied to the rotor if the number of springs was decreased?
A. It would increase.
B. It would decrease.
C. It could either increase or decrease depending on which springs were removed.
D. It would not be affected.
34. Which of the following represents a system in equilibrium?
A. A bacterium moving at constant translational velocity with a constant rotation
B. A stationary bacterium
C. A bacterium moving at a constant speed in a clockwise circular motion
D. A and B
35. Assuming the transfer of energy is $100 \%$ efficient from the springs to the rotor, what is the elastic potential energy stored in each spring during each cycle of stretching and compression?
A. 500 pJ
B. 83 pJ
C. 5 pJ
D. 0.83 pJ
36. Which of the following conversions of energy is NOT described in the passage?
A. Kinetic energy to potential energy stored in a concentration gradient
B. Potential energy stored in a concentration gradient to potential energy stored in a spring
C. Potential energy stored in a spring to kinetic energy
D. Potential energy stored in a concentration gradient to kinetic energy

## Passage III (Questions 37-43)

When asked to complete a motor task, people will commonly perform more mechanical work than is necessary to complete the task. For example, when asked to complete a vertical jump, people may increase the work performed by the muscles of the legs in order to decrease deformation of soft tissues.

Figure 1 shows the mechanical power generated by the muscles of the legs during each of the five phases of a representative vertical jump as a function of time.


Figure 1 Total mechanical power during jumping and landing as a function of time.

Work that moves the center of mass towards the ground is considered to be negative, whereas work that moves the center of mass away from the ground is considered to be positive.

In a series of experiments, researchers calculated the work done by muscles during vertical jumps of varying heights and landings. Landings were divided into the following three categories: stiff, preferred, and soft.

A stiff landing was defined as one in which an individual lands with the hips and knees vertically aligned such that no joint rotations occur during landing. Associated work was assumed to equal the change in gravitational potential energy associated with vertical displacement.

In order to measure muscle work associated with preferred and soft landings, participants were asked to, first, stand at rest with their arms crossed and each foot on an in-ground force plate and, then, jump vertically, land back on the same force plates, and return to the original rest posture. Kinematic data were collected using an infrared motion capture system.

Work associated with preferred landings was assumed to equal work performed when no additional instruction was given. Work associated with soft landings was assumed to equal work performed when participants were subsequently instructed to land as softly as possible.

Figure 2 shows, by landing strategy, the work done by the muscles during collision and recovery as a function of displacement of center of mass.



Figure 2 Work done as a function of displacement of center of mass.
This passage was adapted from "Mechanical Work as an Indirect Measure of Subjective Costs Influencing Human Movement." Zelick KE, Kuo AD. PLoS ONE. 2012. 7(2): e31143 doi: 10.1371 /journal.pone. 0031143 for use under the terms of the Creative Commons CC BY 3.0 license (http://creativecommons.org/licenses/by/3.0/legalcode).
37. During the aerial phase of a vertical jump, as displacement of the individual's center of mass increases, the kinetic energy generated during push-off is converted to gravitational potential energy. Which of the following forms of energy is converted into the kinetic energy required for push-off?
A. Gravitational potential energy
B. Rest energy
C. Chemical potential energy
D. Thermal energy
38. If, in a series of vertical jumps, a person were to jump such that the displacement of his center of mass continuously decreased, how would the work done during countermovement and push-off most likely change? Assume landing strategy remains constant.
A. Work done during counter-movement would become more negative and work done during push-off would become more positive.
B. Work done during counter-movement would become more negative and work done during push-off would become less positive.
C. Work done during counter-movement would become less negative and work done during push-off would become more positive.
D. Work done during counter-movement would become less negative and work done during push-off would become less positive.
39. If an individual wanted to minimize the magnitude of negative work done by muscles during collision and recovery, which of the following landing strategies should she prefer?
A. Soft because the most positive work is done during collision
B. Preferred because the most positive work is done during recovery
C. Stiff because the least negative work is done during collision
D. Stiff because no work is done during recovery
40. Which of the following statements best describes the work done during the aerial phase of a vertical jump? Assume a constant vertical posture.
A. Work is done by the force of gravity.
B. Work is done by the forces generated by muscle contractions.
C. Work is done by both the force of gravity and the forces generated by muscle contractions.
D. No work is done.
41. According to Figure 1, how much work is done during the push-off phase of a representative jump?
A. $2.00 \times 10^{3} \mathrm{~J}$
B. $1.00 \times 10^{3} \mathrm{~J}$
C. $2.50 \times 10^{2} \mathrm{~J}$
D. 1.00 J
42. Which of the following describe the conditions under which an individual descends from a vertical jump?
I. Static equilibrium
II. Dynamic equilibrium
III. Constant acceleration
A. I and III only
B. II only
C. II and III only
D. III only
43. If you assume that total mechanical power measurements remain accurate, and if the infrared motion capture system underestimated collision time by a factor of 4 , the work done would be:
A. underestimated by a factor of 2 .
B. underestimated by a factor of 4 .
C. overestimated by a factor of 2 .
D. overestimated by a factor of 4 .

Questions 44 through 46 are NOT based on a descriptive passage.
44. A 5 kg mass is hung from the right end of a massless meter stick. 20 cm from its left end, the meter stick is attached to the ceiling by a string. What downward force $F$ should be applied to the left end of the meter stick to balance it horizontally and in rotational equilibrium?

A. 20 N
B. 50 N
C. 100 N
D. 200 N
45. The Earth is approximately 80 times more massive than the moon. The average distance between the centers of the Earth and the moon is just less than $400,000 \mathrm{~km}$. If the radius of the Earth is 6370 km , then the center of gravity of the Earth-moon system is located:
A. at the center of the Earth.
B. just beneath the Earth's surface.
C. just above the Earth's surface.
D. exactly between the Earth and the moon.
46. A pulley system is attached to a massless board as shown below. The board pivots only at the pivot point. A 10 kg mass $M$ sits exactly in the middle of the board.


If the angle $\theta$ is $30^{\circ}$, what is the force necessary to lift the 10 kg mass? (Note: $\sin 30^{\circ}=0.5$ ).
A. $\quad 12.5 \mathrm{~N}$
B. 25 N
C. 50 N
D. 100 N

STOP. IF YOU FINISH BEFORE TIME IS CALLED, CHECK YOUR WORK. YOU MAY GO BACK TO ANY QUESTION IN THIS TEST BOOKLET.

## 30-MINUTE IN-CLASS EXAM FOR LECTURE 3

## Passage I (Questions 47-53)

The pipe shown in Figure 1 holds a fluid with a specific gravity of 5.0. The top of the pipe at end A is sealed so that only a negligible amount of vapor pressure exists above the fluid surface. A narrow, flexible section extends as shown from end A and is sealed at end D. Both ends of the pipe can be opened so that fluid flows from point A to D.


Figure 1 Pipe with unknown fluid
The points $\mathrm{A}, \mathrm{B}, \mathrm{C}$, and D and the surface of the liquid are measured from an arbitrary point as shown. Assume that the unknown fluid behaves ideally unless otherwise indicated.
47. When both ends are sealed shut, the pressure is the greatest at point:
A. A.
B. B.
C. C.
D. D.
48. When both ends are open, the flow rate is the greatest at point:
A. A.
B. B.
C. D.
D. The flow rate is the same at all points.
49. What is the pressure at point $C$ when the pipe is closed and the fluid is at rest?
A. 2000 Pa
B. 3000 Pa
C. $2000 \mathrm{~Pa}+1 \mathrm{~atm}$
D. $3000 \mathrm{~Pa}+1 \mathrm{~atm}$
50. What is the approximate velocity of the fluid at point $D$ when the pipe is opened at both ends?
A. $0.9 \mathrm{~m} / \mathrm{s}$
B. $\quad 1.1 \mathrm{~m} / \mathrm{s}$
C. $1.4 \mathrm{~m} / \mathrm{s}$
D. $2.0 \mathrm{~m} / \mathrm{s}$
51. A 2 kg object submerged in the unknown fluid has an apparent loss of mass of 0.5 kg . What is the specific gravity of the object?
A. 1
B. 1.25
C. 5
D. 20
52. If both ends of the pipe were opened, all of the following would decrease significantly at point B as the unknown fluid drained from the pipe EXCEPT:
A. volume flow rate.
B. fluid velocity.
C. fluid density.
D. fluid pressure.
53. The pipe is closed at both ends and the fluid is at rest. Compared to the pressure at point A , the pressure at point C is:
A. half as great.
B. twice as great.
C. $4 / 7$ as great.
D. $7 / 4$ as great.

## Passage II (Questions 54-59)

The flight of a golf ball does not strictly follow the rules of projectile motion. The reason for this deviation is that the golf ball experiences a force called "lift" $F_{L}$. The lift force is directly proportional to the difference in pressure above and below the ball caused by the ball's rotation during its flight. Lift can be roughly explained using Bernoulli's theorem:

$$
\Delta P=\frac{1}{2} \rho v_{2}^{2}-\frac{1}{2} \rho v_{1}^{2}
$$

## Equation 1

where $\Delta P$ is the pressure difference, $\rho$ is the density of the air surrounding the golf ball $\left(\rho=1.2 \mathrm{~kg} / \mathrm{m}^{3}\right)$, and $v_{2}$ and $v_{1}$ are the effective airspeeds above and below the ball.

As the golf ball flies through the air, air moves past the ball at speed $u$. But as the ball spins, it drags some air along its surface. If the surface of the ball is moving at speed $w$, then the effective airspeed above the ball is $u+w$ and the effective airspeed below the ball is $u-w$.


Figure 1 Effective airspeed of golf ball.

Golf ball manufacturers are continually experimenting with different surface patterns to improve lift properties. The mass of a typical golf ball is 45 grams and the diameter is 4.3 cm . The volume of a golf ball is $42 \mathrm{~cm}^{3}$.
54. Assuming the spin on a golf ball has no effect on its horizontal acceleration, how does the flight of a ball undergoing the lift force compare to the flight of a ball that experiences no lift?
A. The ball that experiences lift will go higher, but not as far horizontally.
B. The ball that experiences lift will go higher and farther horizontally.
C. The ball that experiences lift will not go as high but will travel farther horizontally.
D. The ball that experiences lift will not go as high or as far horizontally.
55. The air very close to the surface of the ball is dragged along by a golf ball's spinning motion so that it moves at the same speed as the surface of the ball. If a golf ball in flight spins with a frequency of 60 Hz , what is the approximate speed, $w$, of the air at its surface?
A. $1 \mathrm{~m} / \mathrm{s}$
B. $4 \mathrm{~m} / \mathrm{s}$
C. $8 \mathrm{~m} / \mathrm{s}$
D. $20 \mathrm{~m} / \mathrm{s}$
56. Which of the following changes would NOT serve to increase the lift force $F_{L}$ exerted on a golf ball in flight?
A. Weather conditions cause an increase in the density of air.
B. A golf ball with a lower density is used.
C. The golf ball is struck harder, causing it to move with greater speed.
D. The golf ball is struck with an angled club, causing it to spin more rapidly.
57. When a golf ball like the one described in the passage lands in a lake, which of the following will be true?
A. The ball will sink.
B. The ball will float with $96 \%$ of its volume submerged.
C. The ball will float with $93 \%$ of its volume submerged.
D. The ball will float with $87 \%$ of its volume submerged.
58. If a golf ball in flight spins in the direction opposite the one shown in Figure 1, the ball will experience:
A. a downward force because the pressure will be greater below the ball.
B. a downward force because the pressure will be greater above the ball.
C. an upward force because the pressure will be greater below the ball.
D. an upward force because the pressure will be greater above the ball.
59. Which of the following expressions is equal to the difference between the effective airspeeds above and below a golf ball while it is in flight?
A. $u$
B. $w$
C. $2 u$
D. $2 w$

## Passage III (Questions 60-66)

High intrathoracic pressure can depress venous return to the right atrium, and thus affect the output of blood from the right ventricle (RV). In chronic obstructive pulmonary disease (COPD), airway obstruction leads to an increase in intrathoracic pressure during expiration. In order to better understand cardiopulmonary interactions in patients with COPD, researchers investigated the effects of intrathoracic pressure changes and consequent expiratory airflow limitations on right ventricular function in spontaneously breathing patients at rest. Patients with moderate to very severe COPD participated in the study.

Esophageal pressure served as an indicator of intrathoracic pressure, and changes in pulmonary artery pulse pressure served as an indicator of changes in RV output. Systolic and diastolic pressure in the pulmonary artery were measured beat by beat over at least 10 consecutive respiratory cycles. A decline in pulmonary artery pressure during expiration was observed in all subjects. A schematic representation of the results is shown in Figure 1.


Figure 1 Schematic illustration of the effect of changing intrathoracic pressure on RV filling and pulmonary artery pressure
This passage was adapted from "Right Atrial Pressure Affects the Interaction between Lung Mechanics and Right Ventricular Function in Spontaneously Breathing COPD Patients." Boerrigter B, Trip P, Bogaard HJ, Groepenhoff H, Oosterveer F, Westerhof N, Noordegraaf AV. PLoS ONE. 2012. 7(1) doi:10.1371/journal.pone. 0030208 for use under the terms of the Creative Commons CC BY 3.0 license (http://creativecommons.org/licenses/by/3.0/legalcode).
60. In what way is the blood in the pulmonary artery most likely to differ from an ideal fluid?
A. Blood always has laminar flow, unlike an ideal fluid.
B. Blood has viscosity, unlike an ideal fluid.
C. The characteristics of blood flow cannot be predicted qualitatively or quantitatively, unlike those of an ideal fluid.
D. None of the above; blood acts as an ideal fluid.
61. Suppose that the researchers conducted a follow-up study during which they compared the radius of the obstructed area of the airway in COPD patients with the radius of the same area in non-COPD patients, and found that the average radius in COPD patients was $1 / 2$ of the average radius in non-COPD patients. Compared to non-COPD patients, the rate of airflow through the airway in COPD patients is most likely:
A. decreased by a factor of 2 .
B. decreased by a factor of 4 .
C. increased by a factor of 16 .
D. decreased by a factor of 16 .
62. Which of the following best describes the change in pressure as blood flows from the pulmonary artery through the lungs and back to the vena cavae?
A. The pressure decreases and then increases back to the starting pressure.
B. The pressure increases and then decreases back to the starting pressure.
C. The pressure stays constant throughout the circulatory system.
D. The pressure decreases and does not return to the starting pressure.
63. What is the most likely explanation for the finding demonstrated in Figure 1?
A. Decreased intrathoracic pressure during inspiration decreases the driving pressure of blood flow, leading to decreased venous return.
B. Increased intrathoracic pressure during expiration decreases the driving pressure of blood flow, leading to decreased venous return.
C. Decreased intrathoracic pressure during expiration increases the driving pressure of blood flow, leading to increased venous return.
D. Increased intrathoracic pressure during inspiration increases the driving pressure of blood flow, leading to increased venous return.
64. Blood flow in a pulmonary artery can be modeled as the flow of a non-turbulent fluid through a pipe. The velocity of blood flow during systole is $60 \mathrm{~cm} / \mathrm{s}$, and the radius of the pulmonary artery is 5 mm . The flow rate of the blood in the pulmonary artery at systole will be approximately:
A. $45 \mathrm{~cm}^{3} / \mathrm{s}$.
B. $120 \mathrm{~cm}^{2} / \mathrm{s}$
C. $15 \mathrm{~cm}^{3} / \mathrm{s}$.
D. $90 \mathrm{~cm}^{3} / \mathrm{s}$.
65. Assuming that other factors are constant, if the researchers compared the pulmonary artery pressure to the pressure in another blood vessel in which blood was moving more slowly, they would most likely find that:
A. the pressure is the same in both vessels because velocity does not affect pressure.
B. the pressure is higher in the other blood vessel because the slower velocity must indicate a larger surface area.
C. the pressure is higher in the other blood vessel because the fluid has higher random translational motion.
D. the pressure is lower in the other blood vessel because the fluid has lower random translational motion.
66. In the experimental design described in the passage, esophageal pressure can be most accurately described as:
A. an operationalization of the dependent variable.
B. an operationalization of the independent variable.
C. a confounding variable.
D. a type of negative control.

## Questions 67 through 69 are NOT based on a descriptive passage.

67. A 5 L container weighing 2 kg is thrown into a lake. What percentage of the container will float above the water? Assume that the density of lake water is $1 \mathrm{~kg} / \mathrm{L}$.
A. $10 \%$
B. $40 \%$
C. $60 \%$
D. $90 \%$
68. A brick sits on a massless piece of Styrofoam floating in a large bucket of water. If the Styrofoam is removed and the brick is allowed to sink to the bottom:
A. the water level will remain the same.
B. the water level will fall.
C. the water level will rise.
D. more information is needed to predict whether the water level will rise or fall.
69. A water tower is filled with water to a depth of 15 m . If a leak forms 10 m above the base of the tower, what will be the velocity of the water as it escapes through the leak?
A. $10 \mathrm{~m} / \mathrm{s}$
B. $14 \mathrm{~m} / \mathrm{s}$
C. $17 \mathrm{~m} / \mathrm{s}$
D. $20 \mathrm{~m} / \mathrm{s}$

STOP. IF YOU FINISH BEFORE TIME IS CALLED, CHECK YOUR WORK. YOU MAY GO BACK TO ANY QUESTION IN THIS TEST BOOKLET.

## 30-MINUTE <br> IN-CLASS EXAM FOR LECTURE 4

## Passage I (Questions 70-75)

The human body's ability to conduct electricity is used in bioelectrical impedance analysis (BIA), a means of assessing body composition. This technology has been of particular value in estimating body fat percentage as an indicator of obesity. In BIA, a small current is passed between electrodes placed on the skin, and voltage is measured between electrodes. BIA makes use of the fact that electrical conductivity of lean tissue is greater than that of fat, given the higher electrolyte content of lean tissue.

Since the human body is a relatively good conductor of electricity it remains at the same potential as the ground and the electric field in the air adjusts around the body accordingly as shown in Figure 1. Under normal conditions, an electric field exists in the air near the surface of the Earth with an average strength of approximately $100 \mathrm{~V} / \mathrm{m}$.

The atmosphere is about $50,000 \mathrm{~m}$ deep and the total potential difference between the ground and the top of the atmosphere is approximately $400,000 \mathrm{~V}$. Air is a poor conductor and thus the average current is only about $10^{-12} \mathrm{~A} / \mathrm{m}^{2}$.

A lightning strike occurs when the bottom of a cloud has a negative electric charge that is greater than the negative charge below it on the ground. This temporarily reverses the electric field between the ground and the cloud, allowing electrons to flow from the cloud to the ground. The current in a lightning strike is about $10,000 \mathrm{~A}$ and a typical strike will deliver a charge of 20 C .

This passage was adapted from "Percentage of Body Fat Assessment Using Bioelectrical Impedance Analysis and Dual Energy X-Ray Absorptiometry in a Weight Loss Program for Obese or Overweight Chinese Adults." Li Y-C, Li C-A, Lin W-Y, Liu C-S, Hsu H-S, Lee C-C, Chen F-N, Li T-C, and Lin C-C. PLoS ONE. 2013. 8(4) doi:10.1371/journal.pone. 0058272 for use under the terms of the Creative Commons CC BY 3.0 license (http://creativecommons.org/ licenses/by/3.0/legalcode).


Figure 1 Potential gradient near the surface of the earth
70. If the current produced by the biological impedance analysis is constant, how would resistance and voltage between electrodes be most likely to change as the fraction of fat tissue increased? Assume that fat tissue functions approximately as an Ohmic device.
A. Both resistance and voltage would increase
B. Resistance would increase but voltage would decrease.
C. Resistance would decrease but voltage would increase.
D. Both resistance and voltage would decrease.
71. What is the approximate duration of the lightning strike described in the passage?
A. 2 s
B. 0.5 s
C. $2 \times 10^{-3} \mathrm{~s}$
D. $5 \times 10^{-6} \mathrm{~s}$
72. What is the average resistance of the atmosphere?
A. $0 \Omega\left(\mathrm{~m}^{2}\right)$
B. $4 \Omega\left(\mathrm{~m}^{2}\right)$
C. $4 \times 10^{7} \Omega\left(\mathrm{~m}^{2}\right)$
D. $4 \times 10^{17} \Omega\left(\mathrm{~m}^{2}\right)$
73. Which of the following best describes the electric field vectors above a flat plain at the Earth's surface?
A. Perpendicular to the ground and pointing upward
B. Perpendicular to the ground and pointing downward
C. Parallel to the ground and pointing north
D. Parallel to the ground and pointing south
74. If the total electric current reaching the Earth's surface is nearly constant at 1800 A , approximately how much electrical energy is dissipated each second by the atmosphere?
A. $4 \times 10^{-7} \mathrm{~J}$
B. $4 \times 10^{5} \mathrm{~J}$
C. $7.2 \times 10^{8} \mathrm{~J}$
D. $1.3 \times 10^{24} \mathrm{~J}$
75. Which of the following describes the direction of current flow during a lightning strike?
A. From a cloud at high potential to the ground at lower potential
B. From a cloud at low potential to the ground at higher potential
C. From the ground at high potential to a cloud at lower potential
D. From the ground at low potential to a cloud at higher potential

## Passage II (Questions 76-82)

Neuromodulation is the application of therapeutic levels of electrical current for the treatment of medical diseases. Clinically, this is achieved by surgically inserting an implanted pulse generator (IPG) to deliver electrical stimuli to tissue. The electrical stimuli generates an action potential which modulates the release of neurotransmitters. Some examples of neuromodulators used in medical practice include deep brain stimulation (DBS), and spinal cord stimulation (SCS), which inhibits the release of neurotransmitters that signal for pain. SCS may be used for patients with chronic back pain who fail medical therapy.

The devices are powered by a sealed medical grade battery within the IPG. The device's lifetime depends on the energy capacity of the battery and the rate of energy depletion, which is dictated by the circuit elements. The power consumed during electrical stimulation depends on the three major components: the current, the resistance of the tissue $\left(R_{\mathrm{t}}\right)$, and the internal resistance of the battery $\left(R_{\mathrm{i}}\right)$. In order to prolong the life of the battery, engineers design IPGs that deliver the majority of power to the tissue, while minimizing power lost through internal resistance.

Additionally, adjacent tissue can also be added in parallel to the circuit to achieve neuromodulation at multiple sites.

If the electrodes of the IPG are attached to an axon, the axon may exhibit resistive properties analogous to a wire, as given in Equation 1, where $R=$ resistance, $L=$ length, $A=$ cross-sectional surface area, and $\rho=$ electrical resistivity.

$$
R=\rho \frac{L}{A}
$$

## Equation 1

In general, the axonal resistance is negligible relative to the resistance of the neuromodulation circuit. However, in the event that the axonal resistance becomes contributory, it must be factored in when computing an IPG's lifetime due to additional power consumption.
This passage was adapted from "Energy Efficient Neural Stimulation: Coupling Circuit Design and Membrane Biophysics." Foutz TJ, Ackermann DM Jr, Kilgore KL, McIntyre CC. PLoS ONE 7(12): e51901. doi:10.1371/journal.pone. 0051901 for use under the terms of the Creative Commons CC BY 3.0 license (http://creativecommons.org/licenses/by/3.0/ legalcode).
76. Which of the following conditions will maximize the power delivered to the tissue?
A. Increasing the internal resistance
B. Increasing the tissue resistance
C. Decreasing the tissue resistance
D. Decreasing the battery voltage
77. The current delivered to the tissue is given by:
A. $\mathrm{V} /\left(R_{\mathrm{t}}\right)$.
B. $\mathrm{V} /\left(R_{\mathrm{i}}\right)$.
C. $\mathrm{V} /\left(R_{\mathrm{t}}+R_{\mathrm{i}}\right)$.
D. $\mathrm{V}\left(1 / R_{\mathrm{t}}+1 / R_{\mathrm{i}}\right)$.
78. How long will a 1 V battery with an energy capacity of 5 J generate $0.1 \mu A$ of current through a piece of tissue (assume axonal and internal resistance are negligible)?
A. $1.0 \times 10^{-7} \mathrm{~s}$
B. $5.0 \times 10^{-7} \mathrm{~s}$
C. 50 s
D. $5.0 \times 10^{7} \mathrm{~s}$
79. Another tissue is added in parallel to the circuit. Assuming both tissues have the same resistance, and all other resistances are negligible, by what factor will the current change?
A. 4
B. 2
C. No change
D. $1 / 2$
80. Gravitational potential, the analog to electric potential, is given by:
A. $g$.
B. $m g$.
C. $g h$.
D. $m g h$.
81. How much work is done to move a point charge (q) a distance of $x$, at an angle of $30^{\circ}$ to the lines of force of an electric field $(E)$ ?
A. $q E x$
B. $q E x \sin \left(30^{\circ}\right)$
C. $q E x \cos \left(30^{\circ}\right)$
D. Zero
82. Increasing which of the following would decrease the resistance of an axon?
A. Diameter
B. Voltage
C. Current
D. Length

## Passage III (Questions 83-88)

Chromaffin cells are neuroendocrine cells in the adrenal glands of mammals. These cells exocytose vesicles containing signaling molecules, primarily epinephrine and norepinephrine. Vesicles are first primed, or made ready to exocytose, by an excitatory stimulus. Then, they are secreted by the cell in response to changes in intracellular calcium concentration.

Researchers measured the degree of exocytosis by counting the number of vesicles secreted in response to electrical stimulation. Vesicle exocytosis is very hard to observe, as these events can only be visualized for about 200 ms .

Total internal reflection microscopy (TIRF-Microscopy) was used to count the number of vesicles leaving the chromaffin cell's membrane. This technique could only accurately observe the area of the cell attached to the glass slide, called the footprint. The number of vesicles secreted from the footprint was then extrapolated to the entire membrane based on the fraction of the membrane that the footprint represented. For example, if the footprint represented half of the membrane, then twice as many vesicles were expected to be secreted by the whole membrane as were secreted by the footprint.

In addition to the number of vesicles, the change in capacitance of the cell membrane following exocytosis was also measured. In this context, the cell membrane is comparable to a parallel plate capacitor, separating opposite charges on the cytoplasmic and extracellular face of the membrane. A correlation was found between the change in capacitance and the number of vesicles secreted.


Figure 1. Relationship between change in membrane capacitance $\left(\Delta C_{\mathrm{m}}\right)$ and number of vesicles observed by TIRF-Microscopy.

This passage was adapted from "Quantifying Exocytosis by Combination of Membrane Capacitance Measurements and Total Internal Reflection Fluorescence Microscopy in Chromaffin Cells." Becherer U, Pasche M, Nofal S, Hof D, Matti U, Rettig J. PLoS ONE. 2010. 2(6) doi: 10.1371/journal.pone. 0000505 for use under the terms of the Creative Commons CC BY 3.0 license (http://creativecommons.org/licenses/by/3.0/legalcode).
83. If 5 vesicles are observed by TIRF-Microscopy on a certain cell, and 25 vesicles are secreted in total, what percentage of the total cell membrane does the footprint make up?
A. $100 \%$
B. $50 \%$
C. $20 \%$
D. $10 \%$
84. What is the expected change in membrane capacitance if 14 vesicles are observed by TIRF-Microscopy?
A. 1020 fF
B. 837 fF
C. 760 fF
D. 500 fF
85. Which of the following would most drastically compromise the researchers' results?
A. Accidental use of a different type of cell growth medium designed for another subgroup of adrenal cells
B. Overestimation of the ratio of the footprint to the entire membrane on all trials
C. The finding that vesicle exocytosis from the footprint is not representative of exocytosis from the whole membrane
D. Underestimation of the ratio of the footprint to the entire membrane on all trials
86. Which of the following changes would decrease the capacitance of a chromaffin cell's membrane?
A. Increasing expression of a membrane protein that increases the dielectric constant of the membrane
B. Secretion of 10 vesicles
C. Decreasing the width of the membrane
D. Decreasing the surface area of the chromaffin cell
87. What is the electric field of the membrane of a chromaffin cell if the membrane is 8 nm thick and the membrane potential is 70 mV ?
A. $8.75 \times 10^{6} \mathrm{~N} / \mathrm{C}$
B. $8.75 \times 10^{-6} \mathrm{~N} / \mathrm{C}$
C. $1.14 \times 10^{7} \mathrm{~N} / \mathrm{C}$
D. $1.14 \times 10^{-7} \mathrm{~N} / \mathrm{C}$
88. What is the amount of charge stored by a membrane if the membrane potential is 50 mV and the membrane capacitance is $2 \mu F$ ?
A. $0.1 \mu \mathrm{~J}$
B. $0.1 \mu \mathrm{C}$
C. 25 kC
D. $40 \mu \mathrm{C}$

Questions 89 through 92 are NOT based on a descriptive passage.
89. The capacitor shown below is fully charged. Both resistors have a $2 \Omega$ resistance. When the switch is opened, what is the initial current through resistor A ?

A. 2 A
B. 3 A
C. 6 A
D. 12 A
90. What is the charge on the capacitor in the circuit below after the circuit has been on a long time?

A. $1.2 \times 10^{-5} \mathrm{C}$
B. $2.5 \times 10^{-6} \mathrm{C}$
C. $6.0 \times 10^{-6} \mathrm{C}$
D. $1.7 \times 10^{-7} \mathrm{C}$
91. Charges $\mathrm{A}, \mathrm{B}, \mathrm{C}$, and D are charged particles forming a square as shown. A and D each have a charge of $+2 \mathrm{C} ; \mathrm{B}$ and $C$ each have a charge of -4 C . If $q$ is a particle with a charge of +1 C sitting directly in the middle of the square, what is the net force on $q$ due to the other particles?

A. 0 N
B. 1 N
C. 1.4 N
D. 4 N
92. A particle possessing a charge of +2 C and a mass of 1 g is exposed to an electric field with strength $5 \mathrm{~N} / \mathrm{C}$. How far will the particle move in 10 s ?
A. $1 \times 10^{3} \mathrm{~m}$
B. $2 \times 10^{5} \mathrm{~m}$
C. $5 \times 10^{5} \mathrm{~m}$
D. $1 \times 10^{6} \mathrm{~m}$

STOP. IF YOU FINISH BEFORE TIME IS CALLED, CHECK YOUR WORK. YOU MAY GO BACK TO ANY QUESTION IN THIS TEST BOOKLET.

## 30-MINUTE

 IN-CLASS EXAM FOR LECTURE 5
## Passage I (Questions 93-97)

Medical devices that measure changes in observed wave frequency associated with changes in relative velocity of receiver and wave source are used to calculate the velocity of fluid flow. In Doppler ultrasound, changes in observed frequency are used to determine blood flow velocity. In order to better understand how the Doppler effect can be applied to calculate hemodynamics, it is helpful to first consider a simpler example - the detection of prey by a horseshoe bat.

Because bats are nocturnal hunters, they rely upon sound waves to locate their prey. A horseshoe bat emits ultrasonic waves from its nostrils that reflect off its prey and return to the bat. When a horseshoe bat detects flying prey, it adjusts the frequency of the waves until the frequency of the waves rebounding off the prey is 83 kHz , the frequency at which the bat hears best. From the difference in the frequencies, the bat can judge the position of its prey and capture it. The frequency at which the moth receives and reflects the waves emitted by the bat is given by the Doppler effect equation:

$$
\frac{f_{\mathrm{m}}}{f_{\mathrm{b}}}=\frac{340 \pm v_{\mathrm{m}}}{340 \pm v_{\mathrm{b}}}
$$

where $f_{\mathrm{b}}$ is the frequency of the waves emitted by the bat, $f_{\mathrm{m}}$ is the frequency at which the waves reflect off the moth, $v_{\mathrm{b}}$ is the velocity of the bat, $v_{\mathrm{m}}$ is the velocity of the moth. The sign conventions are chosen in accordance with the Doppler effect. Certain moths can avoid being captured by bats by either flying directly away from the ultrasonic waves, or clicking to create a jamming frequency and confuse the bat. A horseshoe bat flies at approximately $10 \mathrm{~m} / \mathrm{s}$. Assume that the moth flies at $5 \mathrm{~m} / \mathrm{s}$. The velocity of an ultrasonic wave in air is $340 \mathrm{~m} / \mathrm{s}$.

Transcranial Doppler (TCD) is used to monitor the hemodynamic characteristics of major cerebral arteries. The application of the Doppler effect to ultrasound sonography enables an assessment of the flow of blood within arteries and a visualization of its speed and velocity. Cerebral blood flow is tied to cerebral metabolism and brain function, and TCD allows for the visualization of potentially injurious obstructions to this blood flow, including clots, stenosis, and hemorrhage.
This passage was adapted from "An Analysis of Resting-State Functional Transcranial Doppler Recordings from Middle Cerebral Arteries." Sejdic E, Kalika D, and Czarnek, N. PLoS ONE. 2013. 8(2) doi:10.1371/journal.pone. 0055405 for use under the terms of the Creative Commons CC BY 3.0 license (http://creativecommons.org/licenses/by/3.0/legalcode).
93. By flying directly away from the ultrasonic waves, the moth most likely avoids capture because:
A. the sound waves reflect away from the bat.
B. the frequency of the reflected waves is decreased so that it approaches the frequency of the emitted waves and the bat may not detect the moth.
C. the frequency of the reflected waves is increased so that it approaches the frequency of the emitted waves and the bat may not detect the moth.
D. the frequency of the reflected waves is increased so that it separates from the frequency of the emitted waves and the bat may not detect the moth.
94. If the bat and moth fly directly toward each other, and the bat sends ultrasonic waves at 66 kHz , at what frequency do the waves reflect off the moth?
A. 63 kHz
B. 65 kHz
C. 67 kHz
D. 69 kHz
95. Which of the following will decrease the frequency of the waves detected by the ultrasound?
I. The blood flows toward the probe.
II. The blood does not move relative to the probe.
III. The blood flows away from the probe.
A. I only
B. III only
C. I and II only
D. II and III only
96. As the humidity of air is increased, there is less time between the moment when a bat sends a signal and the moment when the bat receives the signal from its prey. This is most likely because the addition of water vapor to air:
A. increases the speed of sound in air by decreasing the density of the air.
B. increases the speed of sound in air by increasing the density of the air.
C. decreases the speed of sound in air by decreasing the density of the air.
D. decreases the speed of sound in air by increasing the density of the air.
97. Which wavelength does the horseshoe bat hear best?
A. $2 \times 10^{-3} \mathrm{~m}$
B. 2 m
C. $4 \times 10^{-3} \mathrm{~m}$
D. 4 m

## Passage II (Questions 98-105)

A piano creates sound by gently striking a taut wire with a soft hammer when a key on the piano is pressed. All piano wires in a given piano are approximately the same length. However, each wire is tied down at two points, the bridge and the agraffe. The length of the wire between the bridge and the agraffe is called the speaking length. The speaking length is the part of the wire that resonates. The point of the wire struck by the hammer is displaced perpendicularly to the wire's length. A standing wave described by Equation 1 is generated by the hammer strike, where $v$ is the wave velocity, $T$ is the tension in the wire, and $\mu$ is the mass per unit length of the wire.

$$
v=\sqrt{\frac{T}{\mu}}
$$

Equation 1 Velocity of a wave on a piano wire
Different notes are created by using wires of varying tension, mass and speaking length. The speaking length, $L$, of the wire is related to the wavelengths of waves in a harmonic series according to the equation below, where $L$ is speaking length, $n$ is harmonic number, and $\lambda$ is wavelength.

$$
L=\frac{n \lambda_{n}}{2}(n=1,2,3, \ldots)
$$

Equation 2 Relationship between speaking length and wavelength of waves in harmonic series
Most piano strings are actually three parallel wires; however, some lower notes are made by two or even a single wire. Tuning a piano involves adjustment of the tension in the wires until just the right pitch is achieved. Correct pitch is achieved by listening to the beat frequency between the piano and a pre-calibrated tuning fork.

The human ear functions according to similar principles. As sound waves strike the tympanic membrane, they produce vibrations that are transferred and amplified by the three bones of the middle ear, one of which is contiguous with a membranous disk separating the air-filled middle ear from the liquid-filled cochlea. As the basilar membrane of the cochlea vibrates in response to transmitted sound waves, different sections of the membrane respond preferentially to different frequencies.

Just as the velocities and wavelengths of standing waves on a piano string vary with tension and speaking length, so, too, do the velocities and wavelengths of membranous oscillations vary with stiffness and length. The proximal end of the basilar membrane is shorter and stiffer, whereas the distal end is longer and more flexible.

This passage was adapted from "A Resonance Approach to Cochlear Mechanics." Bell A. PLoS ONE. 2012. 7(11) doi:10.1371/journal.pone.0047918 for use under the terms of the Creative Commons CC BY 3.0 license (http://creativecommons.org/licenses/by/3.0/legalcode).
98. A piano wire with a speaking length of 120 cm is displaced 0.5 cm when struck by the piano hammer. What is the length of the first harmonic resonating through the wire?
A. 60 cm
B. 120 cm
C. 180 cm
D. 240 cm
99. A piano with which of the following properties would deliver a note with the lowest pitch?
A. 100 cm speaking length; 800 N tension
B. 120 cm speaking length; 800 N tension
C. 100 cm speaking length; 700 N tension
D. 120 cm speaking length; 700 N tension
100. The following are characteristics of a wave on a piano wire. Doubling which one will have the LEAST effect on the intensity of the sound produced?
A. $\mu$
B. Period
C. Speaking length
D. Amplitude
101. A piano note is compared to a tuning fork vibrating at 440 Hz . Three beats per second are discerned by the piano tuner. When the tension in the string is increased slightly, the beat frequency increases. What was the initial frequency of the piano wire?
A. 434 Hz
B. 437 Hz
C. 443 Hz
D. 446 Hz
102. Sound waves move through air at approximately 340 $\mathrm{m} / \mathrm{s}$. A piano wire with a 90 cm speaking length resonates at a frequency of 360 Hz . What is the wavelength of the resulting sound wave?
A. 0.94 m
B. 1.06 m
C. 4 m
D. 40 m
103. The wave on a piano wire is NOT an example of a:
A. transverse wave.
B. longitudinal wave.
C. standing wave.
D. harmonic wave.
104. If, when the hammer strikes the piano wire, the displacement of the wire increases, which of the following properties of the wave on the wire also increases?
A. The frequency
B. The wavelength
C. The amplitude
D. The velocity
105. Compared to waves at the distal end of the basilar membrane, those at the proximal end of the membrane would be expected to have:
A. higher frequencies and higher velocities.
B. higher frequencies and lower velocities.
C. lower frequencies and higher velocities.
D. lower frequencies and lower velocities.

## Passage III (Questions 106-112)

The compound microscope (Figure 1) uses two convex lenses in order to magnify small objects at short distances. The lens nearest the object is called the objective; the lens nearest the observer is called the ocular or eyepiece. The distance between the two lenses minus the sum of the magnitudes of their focal lengths is called the tube length $L$.


Figure 1. A compound microscope
If a small object is placed just outside the focal point of the objective, an enlarged image is formed just inside the focal point of the eyepiece. The lateral magnification, $m_{\mathrm{o}}$, of this image is given by the equation:

$$
m_{o}=-\frac{L}{f_{0}}
$$

where $f_{\mathrm{o}}$ is the focal length of the objective. The eyepiece acts as a simple magnifier on the image formed by the objective. The angular magnification of the eyepiece $M_{\mathrm{e}}$ is given by the equation:

$$
M_{\mathrm{e}}=-\frac{25 \mathrm{~cm}}{f_{\mathrm{c}}}
$$

where $f_{\mathrm{e}}$ is the focal length of the eyepiece, and 25 cm is the closest point to the eye for which a sharp image may be formed; this distance is called the near point or the distance of most distinct vision. The total magnification of the microscope is given by the product of the lateral magnification of the objective and the angular magnification of the eyepiece.

$$
M_{\text {total }}=m_{0} M_{\mathrm{c}}
$$

In a similar fashion, the human eye makes use of two convex lenses, the cornea and the crystalline lens, to refract light onto the retina. The ciliary muscle adjusts the curvature of the lens to shift the focal length of the eye between the near-point and the far point, the farthest point from the eye that produces sharp images. As a person ages, the lens loses elasticity, shifting the near point farther away from the face, producing far-sightedness.
106. A certain compound microscope magnifies an image 1200 times. If the eyepiece is replaced with a lens with twice the power, the image will be magnified by a factor of:
A. 600 .
B. 1800 .
C. 2400 .
D. 4800 .
107. The image of the object in Figure 1 created by the objective is:
A. virtual and inverted.
B. virtual and upright.
C. real and upright.
D. real and inverted.
108. If the eyepiece on a compound microscope has a power of 25 diopters, what is the focal length of the eyepiece?
A. 0.25 cm
B. -0.25 cm
C. 4 cm
D. -4 cm
109. A 2 mm object is magnified 500 times by a compound microscope. The magnitudes of the focal lengths of the eyepiece and the objective are 1 cm and 0.5 cm respectively. What is the distance between the two lenses when the object is in focus?
A. 8.5 cm
B. 10.0 cm
C. 11.5 cm
D. 15.0 cm
110. What would happen if the object were placed just inside the focal point of the objective?
A. The objective would form a virtual, upright image of the object on the object side of the lens.
B. The objective would form a virtual, upright image of the object on the side of the lens opposite to the object.
C. The objective would form a real, inverted image of the object beyond the eyepiece.
D. The objective would form a real, inverted image of the object behind the object.
111. The word 'READ' is placed under the microscope in the upright position. Which of the following represents the word when viewed through the microscope?
A. READ
B. $\mathrm{BE} V \mathrm{D}$
C. aVヨy
D. ФАЭЯ
112. Which of the following describes how a compound microscope magnifies an image?
A. Light reflects off an object and diffracts through the lenses.
B. Light disperses off an object and reflects through the lenses.
C. Light reflects off an object and refracts through the lenses.
D. Light refracts off an object and reflects through the lenses.

Questions 113 through 115 are NOT based on a descriptive passage.
113. Although waves in the open ocean usually propagate in all directions, waves washing into the shore usually move nearly perpendicular to the shore. Which of the following best explains the reason for this phenomenon?

A. The shallow water decreases the speed of the waves, causing them to refract.
B. The shallow water increases the speed of the waves, causing them to refract.
C. The shallow water decreases the speed of the waves, causing them to diffract.
D. The shallow water increases the speed of the waves, causing them to diffract.
114. A mirror has a radius of curvature of 8 cm and makes a real, inverted image 20 cm from its surface. What is the object distance?
A. 4 cm
B. 5 cm
C. 10 cm
D. 20 cm
115. A 3 cm object is placed 15 cm in front of a convex mirror. The image forms 5 cm behind the mirror. How big is the image?
A. 1 cm
B. 3 cm
C. 5 cm
D. 9 cm

STOP. IF YOU FINISH BEFORE TIME IS CALLED, CHECK YOUR WORK. YOU MAY GO BACK TO ANY QUESTION IN THIS TEST BOOKLET.

## ANSWERS \& EXPLANATIONS

FOR

## 30-MINUTE IN-CLASS EXAMINATIONS

## ANSWERS TO THE LECTURE QUESTIONS

| Lecture 1 | Lecture 2 | Lecture 3 | Lecture 4 | Lecture 5 |
| :---: | :---: | :---: | :---: | :---: |
| 1. A | 24. C | 47. D | 70. A | 93. B |
| 2. B | 25. B | 48. D | 71. C | 94. D |
| 3. B | 26. A | 49. B | 72. D | 95. B |
| 4. C | 27. C | 50. C | 73. B | 96. A |
| 5. D | 28. B | 51. D | 74. C | 97. B |
| 6. D | 29. A | 52. C | 75. C | 98. D |
| 7. D | 30. B | 53. B | 76. C | 99. D |
| 8. B | 31. A | 54. B | 77. C | 100. A |
| 9. B | 32. C | 55. C | 78. D | 101. C |
| 10. D | 33. B | 56. B | 79. B | 102. A |
| 11. C | 34. D | 57. A | 80. C | 103. B |
| 12. D | 35. D | 58. B | 81. B | 104. C |
| 13. A | 36. A | 59. D | 82. A | 105. A |
| 14. A | 37. C | 60. B | 83. C | 106. C |
| 15. C | 38. D | 61. D | 84. A | 107. D |
| 16. B | 39. C | 62. D | 85. C | 108. C |
| 17. B | 40. A | 63. B | 86. D | 109. C |
| 18. D | 41. B | 64. A | 87. A | 110. A |
| 19. B | 42. D | 65. C | 88. B | 111. C |
| 20. B | 43. B | 66. B | 89. B | 112. C |
| 21. D | 44. D | 67. C | 90. C | 113. A |
| 22. C | 45. B | 68. B | 91. A | 114. B |
| 23. D | 46. B | 69. A | 92. C | 115. A |


| MCAT® PHYSICS |  |
| :---: | :---: |
| Raw Score | Estimated Scaled Score |
| 23 | 132 |
| $21-22$ | 131 |
| 20 | 130 |
| 19 | 129 |
| 18 | 128 |
| $16-17$ | 127 |
| 15 | 126 |
| $13-14$ | 125 |


| MCAT ${ }^{\odot}$ PHMSICS |  |
| :---: | :---: |
| Raw Score | Estimated Scaled Score |
| 12 | 124 |
| $10-11$ | 123 |
| 9 | 122 |
| $7-8$ | 121 |
| $5-6$ | 120 |
| $3-4$ | 119 |
| $1-2$ | 118 |

## EXPLANATIONS TO IN-CLASS EXAM FOR LECTURE 1

## Passage I (Questions 1-7)

1. A is correct. Use the kinematic equation $\Delta x=1 / 2 a t^{2}$. The distance is 0.08 m and the acceleration is found by determining the net force on the weight and dividing by the mass $(a=F / m)$. The net force is equal to the difference between the muscle output for the concentric contraction $(55 \mathrm{~N})$ and the force of gravity $\left(5 \mathrm{~kg} \times 10 \mathrm{~m} / \mathrm{s}^{2}=50 \mathrm{~N}\right)$, which is 5 N . The acceleration is therefore $5 \mathrm{~N} / 5 \mathrm{~kg}=1 \mathrm{~m} / \mathrm{s}^{2}$. Now solve for t : $2 \Delta x / a=t^{2}=2(0.08 \mathrm{~m}) /\left(1 \mathrm{~m} / \mathrm{s}^{2}\right)=0.16 \mathrm{~s}^{2}$, so $t=0.4 \mathrm{~s}$.
2. $\quad \mathbf{B}$ is correct. Find the acceleration using $a=F / m$. With the original stimulus, the net force is the muscle force minus the force of gravity, $105 \mathrm{~N}-100 \mathrm{~N}=5 \mathrm{~N}$. With the larger stimulus, the net force is $145 \mathrm{~N}-100 \mathrm{~N}=45 \mathrm{~N}$. The difference in net force between the two stimuli is $45 \mathrm{~N}-5 \mathrm{~N}=40 \mathrm{~N}$. The difference in acceleration is therefore $(40 \mathrm{~N}) /(10 \mathrm{~kg})=4$ $\mathrm{m} / \mathrm{s}^{2}$.
3. $\quad$ B is correct. Use the equation $V_{f}^{2}-V_{0}^{2}=2 a \Delta y$, and the initial velocity is zero. Substitute $F / m$ for a. Therefore $V_{f}^{2}=$ $2[(145 \mathrm{~N}-100 \mathrm{~N}) /(10 \mathrm{~kg})](0.08 \mathrm{~m})$. Simplify the equation to $V_{\mathrm{f}}^{2}=0.72 \mathrm{~m}^{2} / \mathrm{s}^{2}$. Then, estimate that the final velocity is therefore between $0.8 \mathrm{~m} / \mathrm{s}$ and $0.9 \mathrm{~m} / \mathrm{s}$, since $0.8^{2}=0.64$ and $0.9^{2}=0.81$.
4. C is correct. To answer this question correctly, first understand that muscle force during isometric contraction is equal to the force of gravity on the disc. Second, extrapolate the relationship between motor unit recruitment and muscle force to $100 \%$ recruitment, which will likely correlate to a force between 145 N and 200 N . The only disc mass among the answer choices that would experience a force of gravity in this range is the 16 kg disc.
5. D is correct. At this moment, the disc is not moving, so its kinetic energy is 0 (the minimum possible value). However, it has reached its maximal height, and therefore its maximal gravitational potential energy.
6. D is correct. Choice A is true only during eccentric contraction, choice B is true only during concentric contraction, and choice $C$ is true only during isometric contraction. The net force is the vector sum of the muscle force and the force of gravity and determines the direction of the acceleration vector of the disc during the entire experiment. Remember that net force $=$ mass $\times$ acceleration.
7. D is correct. The reduced force of gravity means that a reduced muscle force, and therefore a reduced stimulation level, are needed to achieve isometric contraction. If the stimulation is increased by the same amount, the muscle force will be less than that in the original experiment, but the net force (the vector sum of the muscle force and the force of gravity) will be the same as it was in the original experiment. Therefore, the disc acceleration will be unchanged.

## Passage II (Questions 8-13)

8. B is correct. Use units to solve problems about velocity and acceleration. The question stem asks for the average acceleration, which is measured in $\mathrm{m} / \mathrm{s}^{2}$. Recall that acceleration is equal to change in velocity per unit time, $a=\Delta v /$ $\Delta t$. The question stem states that initial velocity was $63 \mathrm{~cm} / \mathrm{s}$ and final velocity was $9 \mathrm{~cm} / \mathrm{s}$. Therefore, $\Delta v=-54 \mathrm{~cm} / \mathrm{s}$. Because the final velocity is smaller in magnitude than the initial velocity, the sign of acceleration must be negative, and choices A and C can be eliminated. Pay careful attention to the units used in the question stem and answer choices. Here the question stem used $\mathrm{cm} / \mathrm{s}$ while the answer choices are in $\mathrm{m} / \mathrm{s}^{2}$. The $\mathrm{MCAT}^{\circledR}$ may provide the correct answer with the wrong units as a distractor. $a=(-54 \mathrm{~cm} / \mathrm{s}) /(1 / 6 \mathrm{~s})=-324 \mathrm{~cm} / \mathrm{s}^{2}=-3.24 \mathrm{~m} / \mathrm{s}^{2}$. Therefore, choice D is eliminated and choice B is the correct answer. Be sure to divide, rather than multiply, -54 cm by $1 / 6 \mathrm{~cm}$.
9. B is correct. The passage states that "RV isovolumetric acceleration (IVA) was calculated as the peak isometric myocardial velocity divided by time to peak velocity." In other words, $a=\Delta v / \Delta t$. Therefore, $\Delta t=\Delta v / a$. Once again, when in doubt, use units to confirm that this is the correct formula. $(\mathrm{m} / \mathrm{s}) /\left(\mathrm{m} / \mathrm{s}^{2}\right)=(\mathrm{m} / \mathrm{s})\left(\mathrm{s}^{2} / \mathrm{m}\right)=(\mathrm{s})$. Do not be intimidated by the jargon used in this passage. The underlying concepts are very familiar. $\Delta t=(8 \mathrm{~cm} / \mathrm{s}) /\left(3.2 \mathrm{~m} / \mathrm{s}^{2}\right.$ $)=(8 \mathrm{~cm} / \mathrm{s}) /\left(320 \mathrm{~cm} / \mathrm{s}^{2}\right)=(1 \mathrm{~cm} / \mathrm{s}) /\left(40 \mathrm{~cm} / \mathrm{s}^{2}\right)=0.025 \mathrm{~s}$, which is choice B. Pay careful attention to units and simplify fractions whenever possible.
10. D is correct. If RVEF is positively correlated with right ventricle function, then healthy patients would be expected to have high RVEF values. Conversely, patients with pulmonary arterial hypertension (PAH) would be expected to have low RVEF values. To determine if patients with PAH should be expected to have higher or lower $\mathrm{S}^{\prime}$ and IVA measurements, look at Table 1 and Figure 1. Table 1 shows that low RVEF values are associated with lower S' measurements. Therefore, patients with PAH would be expected to have lower $S^{\prime}$ measurements; choices A and B can be eliminated. According to Figure 1, low RVEF values are likewise associated with lower IVA measurements. Therefore, choice $C$ can be eliminated and choice $D$ is the best answer.
11. C is correct. As shown in Figure 1, RVEF is positively correlated with IVA. Therefore, if one increases, the other increases. The question stem states that RVEF increases, meaning that IVA also increases. Therefore, answer choices A and D, which state that IVA decreases, can be eliminated. To decide between choices B and C, determine whether force would increase or decrease as IVA increases. Recall that IVA stands for right ventricular isovolumetric acceleration. As stated in Newton's second law of motion, acceleration is directly proportional to force, $F=m a$. Therefore, the force with which the right ventricle contracts would increase as IVA increases. Choice $B$ can be eliminated and choice $C$ is the best answer. Intuitively, it makes sense that the greater the force of contraction, the greater the volume of blood ejected from the heart.
12. D is correct. If the magnitude of blood flow velocity increases, then acceleration is in the same direction as velocity, that is, the positive direction. Therefore, choices A and C, which state that acceleration is in the negative direction, can be eliminated. Because acceleration is occurs in the direction of net force, net force must likewise be in the positive direction. Do not allow the statement "blood must flow against the force of gravity" to persuade you that net force is in the negative direction. The force of gravity is not the only force acting on the blood. It is the net force that the problem is concerned with, and the net force and acceleration are always in the same direction. Therefore, choice B can be eliminated and choice D is the best answer.
13. A is correct. The passage states, "During ventricular diastole, the leaflets of the tricuspid valve project into the right ventricle, allowing passage of blood from the right atrium to the right ventricle." Therefore, the net forces acting on the leaflets must be directed into the right ventricle. Choice $A$ is the best answer. Answer choices C and D are incorrect; the tricuspid valve is not continuous with either the pulmonary artery or the vena cavae. The net force on the leaflets would be directed into the right atrium (choice B) at the onset of ventricular systole (systole = "squeeze"), when the valve leaflets move to the closed position. Contraction of the papillary muscles attached to the leaflets by the chordae tendinae prevents the leaflets from being everted into the right atrium.

## Passage III (Questions 14-19)

14. A is correct. The passage states that the researchers measured the distance that the red blood cell was stretched, and then used the stiffness (force/distance) to find force. This suggests that the force = stiffness times distance. The relationship between force generated and stiffness is direct proportionality, so an overestimation of stiffness would also mean an overestimation of mechanical force. Choice B is the opposite of this conclusion. The stiffness of the red blood cell does not affect the antibodies that lead to T cell activation, eliminating choice C. Finally, the key results are the mechanical forces exerted by T cells on the red blood cells, so the results would definitely be affected by stiffness. The passage states that the stiffness was then used to calculate the force; choice D can be eliminated.
15. C is correct. The compression/elongation distance of the red blood cell and its stiffness were used to calculate the force generated. The proper equation can be determined based on units: distance times force/distance $=$ force. This corresponds to $0.5 \times 50=25$, so 25 pN is the correct answer. The other answers are all based on incorrect relationships between force, stiffness, and distance. For example, 100 pN would be the answer if distance and force were multiplied to find stiffness.
16. B is correct. The passage states that actin polymerization is key to generation of forces by T cells. Stopping this process would have a negative effect on the magnitude of the force. Using a cell of a different stiffness would not impact the measured force generated because a change in stiffness would be compensated for by an opposite change in the distance of cell compression or elongation; choices A and D can be eliminated. Finally, the article does not mention pH at all, so this answer is likely irrelevant; choice C can be eliminated, and choice B is the best answer.
17. B is correct. The T cell exerts a contact force on the model APC. Based on Newton's Third Law, this contact force will have an equal and opposite counterpart. This is the force that the model APC exerts on the T cell, and it is 10 pN because the original T cell force is 10 pN . The other answers would violate Newton's Third Law by either having no paired force, or having an unbalanced pair of forces.
18. D is correct. Friction forces are always resistive and will always decrease the resulting force. Since the question stem implies that friction increases for all motor forces, it would decrease both the net pushing and net pulling forces. Choices A, B, and C each suggest that friction could increase these net forces, and can therefore be eliminated.
19. B is correct. According to the figure in the question stem, the pushing and pulling forces are equal in magnitude and opposite in direction. Between 0 s and 0.5 s , the APC is subject to a +10 pN force, and, therefore, accelerates in the positive direction. During this time, its velocity becomes increasingly positive. Therefore, choice A, which indicates that velocity is constant, can be eliminated. It is acceleration, not velocity, that is constant. Between 0.5 s and 1 s , the APC is subject to a -10 pN force and, therefore, accelerates in the negative direction. During this time, the magnitude of its velocity decreases, becoming less and less positive. Choice $C$, which, like choice $A$, depicts a discontinuous velocity function, should be eliminated. Both choices B and D depict a continuous velocity function. The difference is that D indicates that magnitude of acceleration is greater between 0.5 s and 1 s . Note that the magnitude of the positive slope of the left portion of the graph is less than the magnitude of the negative slope of the right portion of the graph. The figure in the question stem, however, indicates that the magnitude of the force, and, therefore, magnitude of acceleration acting between 0 s and 0.5 s is equal to the magnitude of force, and, therefore, magnitude of acceleration acting between 0.5 s and 1 s . Remember, $F=m a$. Thus, choice D is eliminated and choice B is the best answer.

## Stand-alones

20. B is correct. This question is best solved by using units. $(1 \mathrm{~m} / \mathrm{s}) /(2$ strides $/ \mathrm{s})=1 / 2 \mathrm{~m} /$ stride .
21. D is correct. The force that causes an object to accelerate down an inclined plane is equal to $m g \sin \theta$. Therefore, as $\theta$ increases, the force acting on the object increases. Because $F=m a$, the acceleration of the object also increases as $\theta$ increases. Thus the ball rolling down the ramp placed at an angle of $60^{\circ}$ to the horizontal will experience a greater acceleration than the ball rolling down the ramp placed at an angle of $30^{\circ}$ to the horizontal and will, by consequence, travel 1 m in a smaller amount of time. Therefore, both choices $A$ and $C$ can be eliminated. Because displacement is a vector, it is defined by both magnitude and direction. The two displacement vectors have the same magnitude ( 1 m ) but different directions. Therefore, choice B can be eliminated and D, none of the above, is the best answer choice.
22. C is correct. Tension in a massless rope is constant and equal to the force acting on each body attached to the rope. As per Newton's Third Law of Motion, each group of men both exerts a 2000 N force in one direction and experiences a 2000 N force in the opposite direction. Because the force acting on each body attached to the rope has a magnitude of 2000 N , the tension in the rope is also said to have a magnitude of 2000 N .
23. $\mathbf{D}$ is correct. Recall that the magnitude of a spring force is described by the following equation: $F=k x$. Because $F=m g$, we can say that $k x=m g . k=(m g) / x=\left(5 \mathrm{~kg} \cdot 10 \mathrm{~m} / \mathrm{s}^{2}\right) /(0.10 \mathrm{~m})=500 \mathrm{~kg} / \mathrm{s}^{2}=500 \mathrm{~N} / \mathrm{m}$.

## EXPLANATIONS TO IN-CLASS EXAM FOR LECTURE 2

## Passage I (Questions 24-30)

24. C is correct. Both forces act on the same side of the fulcrum, but the in-force is nearer to the fulcrum than the out-force. Based on the information presented in the passage, it can be inferred that this lever is a third order lever.
25. B is correct. This is a conceptual torque problem. The product of the in-force and the perpendicular distance between the line of action of the in-force and the fulcrum is equal to the product of the out-force and the perpendicular between the line of action of the out-force and the fulcrum. In other words, (in-force)(in-lever arm) = (out-force)(out-lever arm). The longer the in-lever arm, the greater the out-force for a given in-force and out-lever arm. The shorter the out-lever arm, the greater the out-force for a given in-force and in-lever arm. The in-lever arm pictured in Figure 2 is longer than that pictured in Figure 1. Furthermore, the out-lever arm pictured in Figure 2 is shorter than that picture in Figure 1. Therefore, the lever system in Figure 2 would produce the greater out-force; choice B is correct.
26. A is correct. To solve this problem, balance the torques. The torque generated by the in-force is: $(10 \mathrm{~N})(10 \mathrm{~cm})=(10 \mathrm{~N})$ $(0.1 \mathrm{~m})=1 \mathrm{Nm}$. The out-force lever arm is 1 m . Its torque is equal to that of the in-force in this lever system, or 1 Nm . Thus, the out-force is $1 \mathrm{Nm} / 1 \mathrm{~m}=1 \mathrm{~N}$. It could also be reasoned that the out-lever arm is 10 times longer than the inlever arm, so the force applied by the out-lever arm must be 10 times smaller. As stated in the passage, the advantage to this system is speed, not strength.
27. C is correct. The same formula used in the previous question applies here. The shorter lever arm requires the greater force. Work is not changed by an ideal simple machine, the lever in this case, so choices A and B are incorrect.
28. B is correct. The animal in Figure 2 is a digger and the animal in Figure 1 is a runner; notice the lever arm proportions. Decreasing the in-lever arm while increasing the out-lever arm creates greater relative velocity between the fulcrum and the point of out-force application, as explained in the passage. The passage also tells us that swift runners take advantage of third order lever systems. In other words, swift runners take advantage of having the in-force closer to the fulcrum and the out-force further away. Choice B is the best answer.
29. A is correct. Recall that $\tau=F \sin \theta$. In this example, the elbow is the fulcrum, and the distance of the muscle insertion from the elbow does not change. The magnitude of the muscle force also does not change, but the direction does. The torque is greatest when the direction of muscle force is closest to perpendicular to the lever arm, which is the case in choice A.
30. B is correct. The answer choices describe work done, force required, and distance over which the load is moved. Recall that work, W, can be defined as Fd. As indicated by this equation, force and work are directly proportional to one another; as force increases, work increases, and, as force decreases, work decreases. Therefore, choices C and D can be eliminated. Based on passage information, it can be inferred that muscle force and load would be on the same side of the fulcrum in both second and third order levers. In a third order lever, the muscle force is closer to the fulcrum than the load. In a second order lever, the load would be closer to the fulcrum than the muscle force. Draw this out if it is difficult to visualize.


In a second order lever, the muscle force acts at a greater distance from the fulcrum than the load. Therefore, the muscle force can be of lesser magnitude than the load it moves. However, a larger movement of the muscle is required to generate a smaller movement of the load. By contrast, in a third order lever, the load acts at a greater distance from the fulcrum than the muscle force. Therefore, the muscle force must be of greater magnitude than the load it moves. However, a smaller movement of the muscle can generate a larger movement of the load. Thus, relative to second order levers, third order levers increase not only the muscle force required but also the distance over which the load moves. Choice A can be eliminated and choice B is the best answer.

## Passage II (Questions 31-36)

31. A is correct. The elastic potential energy stored in protein springs is converted directly by the rotor into kinetic energy. The energy stored in the chemical and electrical gradients of sodium ions is converted into elastic potential energy; choices B and C are incorrect. It is likely that the sodium gradient was generated by the energy stored in chemical bonds (ATP), but this was not mentioned in the passage and is not a direct conversion; choice D is incorrect.
32. C is correct. Recall that $\tau=F \sin \theta d$. Increasing the distance between the point of application of spring force and the rotor's axis of rotation will directly increase torque, so option II is true; choice A can be eliminated. Changing the direction of force application could increase or decrease torque, because torque is proportional to the component of the force that is perpendicular to $d$. When the spring force is tangential to the edge of the circular rotor, $\theta=90^{\circ}$, and $\sin 90^{\circ}=1$. Therefore, aligning the force in this direction will increase the torque relative to any other direction, so option III is true, and choice B can be eliminated. Finally, changing the spring constant will not affect the torque applied. Spring force, $F=k x$. The question stem states that the force used to stretch the spring remains constant. It is true that if the spring constant is increased, the spring will be stiffer and will not stretch as far. However, the same amount of energy will be stored in the spring, and the force it exerts on the rotor will be the same. Therefore option I is incorrect and choice D can be eliminated.
33. B is correct. Each spring applies a torque to the rotor, and the net torque is the sum of those torques. It is reasonable to assume here, although it is not explicitly stated, that all of the torques are applied in the same direction; there are no indications to the contrary. Therefore, removing any of the springs should decrease the net torque; choice B is correct.
34. $\mathbf{D}$ is correct. A system in equilibrium is one in which the net translational force and net torque are zero. If the bacterium is swimming in circular motion (which is not equivalent to rotating), its velocity is changing. Therefore, it is accelerating and experiencing net force; choice $C$ can be eliminated. A bacterium moving at constant translational velocity experiences no net force, and a bacterium with a constant rotational velocity experiences no net torque. Choice A describes dynamic equilibrium. Choice B, a stationary bacterium, represents static equilibrium. Thus choice $D$ is the best answer. Do not be confused by the fact that the bacterial motion is due to a torque on the rotor. If the net torque on the bacterium were not zero, the bacterium would experience rotational acceleration.
35. D is correct. During each cycle of stretching and compression, the rotor turns 3.6 degrees, or one hundredth of a rotation. Since the total work of completing a rotation is 500 pJ , one hundredth of that amount, or 5 pJ , is performed during each cycle of stretching and compression. There are six springs, so each spring perform $5 \mathrm{pJ} / 6$, or 0.83 pJ .
36. A is correct. The passage does not describe the conversion of kinetic energy into potential energy stored in a concentration gradient; choice A is correct. The process described is represented by the opposite conversion, choice D. We are not told in the passage where the energy comes from to establish the concentration gradient. The passage does describe conversion of the energy of the sodium gradient into the energy stored in the springs, which is choice $B$, as well as the conversion of the springs' energy into the kinetic energy of the turning rotor, which is choice C.
37. C is correct. The kinetic energy generated during push-off is produced by the muscles of the legs, which contract and thereby generate a force that causes the individual to accelerate upward. Muscle contraction requires energy stored in the phosphate bonds of adenosine triphosphate and/or phosphocreatine. This bond energy is classified as chemical potential energy, making choice $C$ the best answer. As stated in the question stem, this chemical potential energy is converted to kinetic energy, which is in turn converted to gravitational potential energy. During descent, this gravitational potential energy is converted back into kinetic energy. The gravitational potential energy is not, however, the source of the initial kinetic energy generated during push-off, meaning choice A is incorrect. Rest energy is the energy associated with mass, and is equal to $m c^{2}$, where $m$ is mass and $c$ is the speed of light. Because pushoff is not associated with any significant change in mass, choice $B$ can be eliminated. Thermal energy is the energy associated with the rotational, translational, and vibrational motion of molecules. Differences in thermal energy result in differences in temperature, which in turn prompt transfers of energy as heat. While it may be true that the breaking of intramolecular phosphate bonds prompts changes in motion of molecules, including actin and myosin, associated changes in thermal energy are an effect rather than a cause of muscle contraction; choice D can be eliminated.
38. D is correct. The passage states that "Work that moves the center of mass towards the ground is considered to be negative, whereas work that moves the center of mass away from the ground is considered to be positive." Therefore, as shown in Figure 1, power during counter-movement is negative and power during push-off is positive. Remember, power equals work done per unit time. Unfortunately, because each answer choice correctly identifies work done during counter-movement as negative and work done during push-off as positive, no answer choices can be eliminated based on the information given in Figure 1. According to Figure 2, the magnitudes of the work done during collision and recovery decrease as displacement of center of mass decreases. Expect the magnitudes of the work done during counter-movement and push-off to decrease. It makes sense that jumping to a lesser height would require less work. Therefore, the work done during counter-movement would become less negative; choices A and B can be eliminated. Similarly, the work done during push-off would become less positive. Therefore, choice $C$ can be eliminated and choice D is the best answer.
39. C is correct. As indicated in Figures 1 and 2, negative work is done during collision and positive work is done during recovery. Because this question does not ask about positive or net work done, the focus should be on the bottom portion of Figure 2, which shows negative muscle work done during collision. Choice A can be eliminated, as it states that positive work is done during collision. Choices B and D , which discuss work done during recovery, can also be eliminated. Choice C is the best answer. Each of the three lines on the bottom portion of Figure 2 corresponds to one of the three landing strategies. The graph indicates that work done by muscles is minimized when a stiff landing strategy is selected. For a given displacement of center of mass, negative muscle work associated with staff landings is less than work associated with either preferred or soft landings.
40. A is correct. As shown in Figure 1, assuming a constant vertical posture, work done by the forces generated by muscle contractions is negligible during the aerial phase. $P=0 W=0 \mathrm{~J} / \mathrm{s}$. Therefore, choices B and C can be eliminated. Nonetheless, work is done to return the individual to the ground. It is done by the force of gravity ( $F_{\mathrm{G}}$ ), which completes work equal to $F_{\mathrm{G}} d=-\Delta U$.
41. B is correct. Figure 1 shows power as a function of time. Recall that power is equal to work per unit time, $P=W /$ $\Delta t$. Therefore, $W=P \Delta t$. The $y$-coordinates in Figure 1 correspond to power and the $x$-coordinates correspond to time. Therefore, work done is equal to the area under the portion of the graph depicting push-off. Note this area is in the shape of a triangle. Area of a triangle is equal to $1 / 2 b h$, where $b$ is the base of the triangle and $h$ is the height of the triangle. The base of the triangle is equal to $\Delta t=1.8 \mathrm{~s}-0.8 \mathrm{~s}=1 \mathrm{~s}$. The height of the triangle is the perpendicular distance from the apex of the triangle to it base, which is equal to $P=2 \mathrm{~kW}=2 \times 10^{3} \mathrm{~W}=2 \times 10^{3} \mathrm{~J} / \mathrm{s}$. Be sure to pay careful attention to SI prefixes. Otherwise, it may be tempting to select answer choice D. Therefore, $W=1 / 2\left(2 \times 10^{3} \mathrm{~J} / \mathrm{s}\right)$ $(1 \mathrm{~s})=1 \times 10^{3} \mathrm{~J}$, and choice B is the correct answer. Remember to multiply by $1 / 2$, or else this may lead to picking choice A.
42. D is correct. An individual descending from a vertical jump is subject to the force of gravity and experiences a constant acceleration equal to $g$. Remember that the gravitational field-that is, the force exerted per unit mass-is assumed to be constant near the earth's surface. Therefore, option III does in fact describe the conditions of descent, and choice B can be eliminated. Know that, in equilibrium, there is zero net force and zero net torque. Therefore, there is no translational acceleration and no rotational acceleration. Thus the individual cannot be in either static or dynamic equilibrium during descent, and choices A and C can be eliminated. Know that, in static equilibrium, velocity is zero, whereas, in dynamic equilibrium, velocity is constant but nonzero.
43. B is correct. Recall that power is equal to work done per unit time. $P=W / \Delta t$, and $W=P \Delta t$ meaning work and time are directly proportional to one another. Assuming constant power, work decreases by the same factor that time decreases. The question stem assumes that collision time was underestimated (decreased) by a factor of 4 . Therefore, choice A, which suggests work would be underestimated (decreased) by a factor of 2 , and choices $C$ and $D$, which suggest that work would be overestimated (increased), can be eliminated. Thus choice B is the best answer.

## Stand-alones

44. D is correct. $\tau=F l$. In order for the meter stick to be in rotational equilibrium, $\tau_{\text {clockwise }}$ must equal $\tau_{\text {counterclockwise. }}$. The point of rotation is the attachment point of the string. The mass on the right exerts a clockwise torque equal to ( 5 kg $\left.\cdot 10 \mathrm{~m} / \mathrm{s}^{2}\right)(0.80 \mathrm{~m})=50 \mathrm{~N} \cdot 0.80 \mathrm{~m}$. The mass on the left must exert a counterclockwise torque of equal magnitude. Because the lever arm for the mass on the left, $l=0.20 \mathrm{~m}$, is $1 / 4$ that of the lever arm for the mass on the right, $l=0.80$ m , the force it exerts must be 4 times that exerted by the mass on the right. The mass on the right exerts a force of 50 N . Therefore, the mass on the left must exert a force of 200 N .
45. B is correct. Finding the center of gravity can be solved similarly to a torque problem. To find the center of gravity, we find the balancing point. The lever arm for the moon must be 80 times longer than the lever arm for the Earth because the Earth is 80 times heavier. We should divide the distance from the Earth to the moon into 81 equal parts, but it is easier to use $80.400,000 / 80=5,000$. Thus $400,000 / 81<5,000$. The center of gravity is less than $5,000 \mathrm{~km}$ from the center of the Earth, which is just beneath the surface of the Earth; choice B is the best answer.
46. B is correct. This problem is best solved by avoiding lengthy calculations. Recall that a pulley halves the force required to do a given amount of work. In the absence of a pulley, a force of $10 \mathrm{~kg} \cdot 10 \mathrm{~m} / \mathrm{s}^{2}=100 \mathrm{~N}$ would be required to lift the 10 kg mass. With the pulley, just 50 N is required. Depending on the placement of the force and load relative to the pivot point, a lever can likewise reduce the force required to do a given amount of work. Because the distance of the force from the pivot point is twice that of the load from the pivot point, the lever likewise halves the force required, this time from 50 N to 25 N .

## EXPLANATIONS TO IN-CLASS EXAM FOR LECTURE 3

## Passage I (Questions 47-53)

47. $\mathbf{D}$ is correct. This is a fluid at rest. The pressure is greatest where the depth is the greatest. $P=\rho g y$; where $y$ is depth measured from the surface. The deepest point from the surface is point $D$, thus the pressure is greatest there.
48. D is correct. In an ideal fluid, flow rate is the same at all points.
49. B is correct. The fluid is at rest, so use $P=\rho g y$. From the passage, the specific gravity of the fluid is 5.0 , so its density is 5 times that of water, or $5000 \mathrm{~kg} / \mathrm{m}^{3}$. Measure $y$ from the surface of the fluid: 6 cm . Don't forget to convert cm to m . $P=5000 \mathrm{~kg} / \mathrm{m}^{3} \times 10 \mathrm{~m} / \mathrm{s}^{2} \times 0.06 \mathrm{~m}=3000 \mathrm{~Pa}$. The pipe is sealed shut so there is no atmospheric pressure.
50. C is correct. Choose $h_{0}=0$ to be point D , so $h=0.1 \mathrm{~m}$ at the surface, and create the following equation:

$$
v=\sqrt{2 g h}=\sqrt{2\left(10 \mathrm{~m} / \mathrm{s}^{2}\right)(0.1 \mathrm{~m})}=\sqrt{2 \mathrm{~m} / \mathrm{s}}=1.4 \mathrm{~m} / \mathrm{s}
$$

Important: The velocity at $C$ and $B$ will also be $1.4 \mathrm{~m} / \mathrm{s}$ because $Q=A v$. Point $D$ can be used in this equation because the pressure is the same at point D as at the surface of the fluid.
51. D is correct. The volume of fluid displaced by the object is equal to the volume of the object. The mass of the fluid displaced by the object is equal to the apparent loss of mass of the object (weight $=5 \mathrm{~N}$ ). Since the specific gravity of the fluid is 5 , the same volume of water would weigh $1 / 5$ as much or 1 N . Thus, the object weighs 20 times more than water giving it a specific gravity of 20 .

52. C is correct. Density is an intrinsic property of a fluid. If the identity, phase, and components of the fluid are not changed, the density will not change. As $y$ decreases, the pressure $(P=\rho g y)$ decreases, velocity ( $v=h=y$ in this case) decreases, and flow rate decreases $(Q=A v$ [since $v$ decreases, $Q$ decreases]). At first glance, this appears to violate the rule that $Q$ is constant everywhere in an ideal fluid. The reason that it doesn't violate this rule is because the rule says $Q$ is constant everywhere in space, not in time. In other words, $Q$ can change with time, but not with position; at any given moment, $Q$ is constant in any given cross-section of an ideal fluid.
53. B is correct. Point $C$ is twice the depth as point $A$, so the pressure is twice as great $(P=\rho g y)$. This question is really just asking "Is y measured from the top, or from the bottom?" The answer is that y is measured from the top.

## Passage II (Questions 54-59)

54. B is correct. Since lift acts against gravity, the ball will undergo less downward acceleration, so it will go higher and stay in the air longer. The horizontal distance is given by the horizontal velocity times the time in the air. Since time in the air increases, it will also go farther horizontally. Choices C and D can be eliminated because lift causes the ball to go higher, not lower.
55. C is correct. A frequency of 60 Hz means that the ball completes 60 rotations in 1 second. The speed in the question is equal to going 60 circumferences per second. The diameter is given in the passage. Don't forget to convert centimeters to meters. Circumference $=\pi d=(3.14)(0.043 \mathrm{~m})$. Multiply by frequency to get speed, $w=(3.14)(0.043 \mathrm{~m})(60 \mathrm{~Hz})=8.1$ $\mathrm{m} / \mathrm{s}$.
56. B is correct. As explained in the passage, the lift force is dependent on the difference in pressures. Notice that based on the equation for Bernoulli's theorem given in the passage, the density of the ball has nothing to do with the difference in air pressure around it and thus with the force exerted on it. A less dense ball might experience greater acceleration for a given force, but changing ball density will not change the actual lift force. All of the other choices will increase the pressure difference as shown in the equation in the passage.
57. A is correct. To find out if an object will float or sink, compare the density of the object to the density of the fluid, in this case water. The density of the ball is $(45 \mathrm{~g}) /\left(42 \mathrm{~cm}^{3}\right)$. Since its density is greater than $1 \mathrm{~g} / \mathrm{cm}^{3}$ (density of water), as 45 is greater than 42 , the ball will sink in water.
58. B is correct. If the spin is reversed, the relative airspeed will be decreased above the ball, causing the pressure above the ball to be greater than the pressure below. Thus, choices A and C are eliminated. Choice D can be eliminated because the ball won't experience an upward force from pressure above the ball being greater.
59. D is correct. The effective airspeeds above and below the ball are given in the passage. Subtract the airspeed below the ball, $u-w$, from the airspeed above the ball, $u+w$ :

$$
(u+w)-(u-w)=u+w-u+w=2 w .
$$

## Passage III (Questions 60-66)

60. B is correct. Know the general characteristics of an ideal fluid. An ideal fluid is not viscous, does not have turbulent flow, and has uniform density. Choice D can be eliminated because blood is an example of a real fluid, and no real fluid actually acts like an ideal fluid. Just like an ideal gas, an ideal fluid is a simplifying model that can be used to predict the behavior of a more complex real substance. Choice $C$ is also incorrect, since the whole point of the ideal fluid model is to predict the behavior of real fluids. Poiseuille's Law even provides a way to make quantitative predictions that are specific to real fluids. Choice A flips real and ideal fluids; ideal fluids, not real fluids, are expected to always have laminar flow. In fact, the transition from laminar to turbulent flow when an artery is compressed allows the measurement of blood pressure. This leaves B as the correct answer. It is assumed that an ideal fluid has no viscosity, but viscosity does play a role in the flow of blood.
61. D is correct. This question is asking about the flow rate of a real fluid through the airway, which can be approximated as a tube or pipe. Remember Poiseuille's Law:

$$
Q=\Delta P \frac{\pi r^{4}}{8 \eta L}
$$

Poiseuille's Law is more likely to be seen applied to liquids, but it is valid for all fluids, including gases such as air. It is not necessary to have Poiseuille's Law memorized for the MCAT®, but know the proportional relationships. In particular, know that flow rate is directly proportional to $\Delta P$ and $r^{4}$. The exponential relationship with radius is the reason that a small change in radius leads to a substantial change in flow rate. No information is given in the question stem to indicate that any other variables involved in Poisuille's Law are different between the airways, so radius can be assumed to be the only factor that changes. Since the average radius in COPD patients is $1 / 2$ of the average radius in non-COPD patients, the flow must be $(1 / 2)^{4}$ as large, which is $1^{4} / 2^{4}$ or $1 / 16$ as large. Choice D is correct.
Note that even without knowing what exponent is assigned to radius in the equation, the answers can be narrowed down to choices B or D with a general understanding of the relationships between variables in Poiseuille's Law. Since radius decreases, flow rate must also decrease, and choice $C$ can be eliminated. Remember that radius is associated with an exponent in the equation. The flow rate would change by the same factor as the radius only if flow rate and radius were directly proportional, with no exponent involved. Thus even without knowing what the exponent is, choice A can be eliminated. Choice B would be the answer if the radius was squared in Poiseuille's Law, rather than being raised to the fourth power.
62. D is correct. Although Bernoulli's equation indicates that the sum of pressure, kinetic energy per unit volume, and potential energy per unit volume remain constant, this equation is only strictly true for an ideal fluid. Blood is a real fluid, and the question stem does not indicate any simplifying assumptions that would lead to treating blood as an ideal fluid. In a real fluid, energy is lost due to drag against the walls of the blood vessels. Since fluid pressure is created by the movement of molecules within the fluid (kinetic energy), the loss of energy results in decreased pressure. Thus choice D is the correct answer.
63. B is correct. Fluids generally flow from high to low pressure, and atmospheric pressure can be expected to remain constant over the course of respiration. Thus expiration (when air leaves the lungs) must reflect increased pressure in the intrathoracic cavity, eliminating choice C. Conversely, inspiration (when air flows into the lungs) must reflect decreased pressure in the intrathoracic cavity. Recall that pressure in the chest cavity becomes lower than atmospheric pressure during inspiration, eliminating choice D. Choices A and B both correctly describe changes in intrathoracic pressure that occur during inspiration. However, Figure 1 shows that decreased pulmonary artery pressure occurs during expiration, not inspiration. Presumably, decreased pulmonary artery pressure would be the result of decreased venous return, so it must be the case that the decrease in venous return occurs during expiration, making choice B correct. This also makes sense given how differences in pressure affect fluid flow. In the simple case of fluid flowing through a pipe, the higher the pressure is at the beginning of the pipe compared to the end, the greater the fluid flow will be. Although the circulatory system is far more complex than a simple pipe, the principle is the same: fluid flows from higher to lower pressure. Since increased intrathoracic pressure increases the pressure at the end of the "pipe" of a vein returning to the heart, flow to the heart is decreased, as indicated by choice B.
64. A is correct. The description of a simplified model of "non-turbulent" fluid is a hint that the flow of an ideal fluid is being considered, and the three variables involved in the question stem-velocity, radius (which can be used to calculate area), and flow rate-indicate that the continuity equation of flow rate should be used: $Q=A v$. When recognized that the continuity equation must be used, finding the correct answer involves plugging in the variables and carrying out unit conversions correctly. First, note that the units for one of the answer choices is different from the others. Since flow rate is defined as a volume of fluid per unit time, the unit in the denominator must be $\mathrm{cm}^{3}$, not $\mathrm{cm}^{2}$. Choice B can be eliminated. Since the correct answer will be given in centimeters, the radius must be converted to centimeters: 5 mm is equal to $1 / 2 \mathrm{~cm}$. The area of the vessel can be calculated by $A=\pi r^{2}=\pi\left(\frac{1}{2}\right)^{2} \cong \frac{3}{4} \mathrm{~cm}^{2}$. Multiplying the area by the velocity gives the correct answer, $45 \mathrm{~cm}^{3} / \mathrm{s}$. The other two incorrect answers could be arrived at by mistakes in math along the way. Do not forget to multiply by $\pi$ when calculating the area of the pulmonary artery, otherwise the flow rate calculated would be about $1 / 3$ of what it actually is, as in choice C . Do not forget to square the radius when calculating area, the flow rate calculated would be twice the actual rate, which could lead to choice D. However, this would also produce the wrong units ( $\mathrm{cm}^{2} / \mathrm{s}$ ).
65. C is correct. Whenever pressure and velocity of a fluid is involved, think of Bernoulli's equation and the tradeoff between uniform and translational kinetic energy. According to Bernoulli's equation, assuming that other factors (such as height) are held constant, a decrease in velocity must be accompanied by an increase in pressure. For this reason, choices A and D can be eliminated. Recall that two types of motion occur in a moving fluid: random translational motion and uniform translational motion. However, only random translational motion contributes to fluid pressure. Choice C both correctly indicates higher pressure in the vessel with the slower-moving fluid and points to random translational motion as a contributor to the fluid pressure, and thus is the best answer. Choice B could be tempting because it posits higher pressure; furthermore, know that the greater the surface area, the slower the velocity of a real fluid, due to the effect of drag. However, the information given in the question stem does not allow the conclusion that the slower velocity must be due to higher surface area. Furthermore, the question stem states that other factors are constant between the blood vessels. For these reasons, choice B is incorrect.
66. B is correct. Although the variables of interest are right ventricular function (dependent variable) and intrathoracic pressure (independent variable), the passage states that the researchers used "esophageal pressure served as an indicator of intrathoracic pressure." Esophageal pressure is not itself the variable of interest, but has been chosen as a measurable representation of the variable of interest. This makes esophageal pressure an operationalization (or operational definition). The correct answer will be choice A or B. Since esophageal pressure is a proxy for the independent variable, choice A can be eliminated and B is correct. Esophageal pressure is not a confounding variable, since it is measured as a proxy for one of the variables of interest. A negative control would be a particular group amongst whom no effect would be expected, such as a group of people without COPD; choice D can be eliminated.

## Stand-alones

67. C is correct. This problem is best solved by avoiding lengthy calculations. Recall that the fraction of an object submerged in a fluid is equal to the density of the object divided by the density of the fluid. Therefore, the percentage of the container that floats above the water is equal to $100 \%-\left(\rho_{\text {object }} / \rho_{\text {fluid }}\right) \cdot 100 \%$. The density of the object is $2 \mathrm{~kg} / 5 \mathrm{~L}$ $=0.4 \mathrm{~kg} / \mathrm{L}$ and the density of the lake water is $1 \mathrm{~kg} / \mathrm{L}$. Therefore, $40 \%$ of the container is submerged and $60 \%$ of the container floats above the water.
68. B is correct. When the brick floats on the Styrofoam, it displaces a volume of water with mass equivalent to its mass. Because the brick is denser than the water, the volume of water displaced is greater than the volume of the brick. If the brick were to sink, however, it would displace a volume of water equal to its own volume. Therefore, if the brick were allowed to sink to the bottom, the water level would fall.

69. A is correct. Bernoulli's equation states:

$$
P+\rho g h+\frac{1}{2} \rho v^{2}=K
$$

Assume that $P_{1}, h_{1}$, and $v_{1}$ describe the pressure, height, and velocity of the water at the top of the tower and that $P_{2}$, $h_{2}$, and $v_{2}$ describe the pressure, height, and velocity of the water at the leak. If (1) $P_{1}=P_{2}=P_{\mathrm{atm}}$ (2) $v_{1}$ is assumed to be 0 , and (3) $h_{2}$ is assigned an arbitrary value of 0 , then:

$$
v=\sqrt{2 g h}
$$

If $h_{2}$, the height of the water at the leak, is assigned a value of 0 , then $h_{1}$, the height of the water at the top of the tower, has a value of 5 m , and $v=\sqrt{2 \times 10 \frac{\mathrm{~m}}{\mathrm{~s}^{2}} \times 5 \mathrm{~m}}=10 \mathrm{~m} / \mathrm{s}$.

## EXPLANATIONS TO IN-CLASS EXAM FOR LECTURE 4

## Passage I (Questions 70-75)

70. A is correct. The question stem asks for the assumption that fat tissue functions as an Ohmic device, that is, a device that follows Ohm's law, $\Delta V=i R$, where $V$ is potential (and $\Delta V$ is voltage), $i$ is current, and $R$ is resistance. According to Ohm's law, voltage is directly proportional to resistance. Therefore, assuming current remains constant, voltage should increase as resistance increases and decrease as resistance decreases. Thus choices B and C can be eliminated. According to the passage, "BIA makes use of the fact that electrical conductivity of lean tissue is greater than that of fat." Because fat tissue has a lower conductivity than lean tissue, it can be inferred that resistance increases as the fraction of fat tissue increases. Resistivity, $\rho$, increases as conductivity, $\sigma$ decreases. $\rho=1 / \sigma$ and $R \alpha \rho$. Thus as conductivity decreases, resistance increases. Choice D is eliminated and choice A is the best answer.
71. $\quad C$ is correct. Use the definition of current, $i=Q / \Delta t$. So $\Delta t=Q / i=(20 \mathrm{C}) /(10,000 \mathrm{~A})=(20 \mathrm{C}) /(10,000 \mathrm{C} / \mathrm{s})=2 \times 10^{-3} \mathrm{~s}$.
72. D is correct. $V=I R$ : From the passage we know that the potential difference, voltage, between the ground and the top of the atmosphere is $400,000 \mathrm{~V}$. The current, $10^{-12} \mathrm{~A} / \mathrm{m}^{2}$, is also given.

$$
\begin{gathered}
V=i R \\
4 \times 10^{5} \mathrm{~V}=\left(10^{-12} \mathrm{~A} / \mathrm{m}^{2}\right) \times R . \\
R=4 \times 10^{17} \Omega\left(\mathrm{~m}^{2}\right)
\end{gathered}
$$

73. B is correct. An electric field vector points from positive to negative potential. The potential gradient runs parallel to the earth's surface and, as shown in Figure 1, the electric field gets more positive as we move upward. Since the electric field vectors have to point from positive to negative and cross gradient lines choices C and D can be eliminated. Likewise, to point to negative, they must point downward, as voltage decreases with each descending line in Figure 1.
74. C is correct. This question concerns the rate of energy transfer, or power, $P=i V$. Again the potential difference of the atmosphere is $400,000 \mathrm{~V}$. The current, 1800 A , is given in the question stem.

$$
\begin{gathered}
P=i V \\
P=\left(1.8 \times 10^{3} \mathrm{~A}\right)\left(4 \times 10^{5} \mathrm{~V}\right)=7.2 \times 10^{8} \mathrm{~J}
\end{gathered}
$$

75. C is correct. Current always flows from high potential to low potential, so choices B and D are wrong. During a lightning strike, electrons flow from the cloud to the ground, so current must flow in the opposite direction: from the ground to the cloud.

## Passage II (Questions 76-82)

76. C is correct. $P=i V=\mathrm{V}^{2} / R=i^{2} R$. In order to maximize power at the tissue, current in the circuit needs to be maximized. This can be achieved by decreasing the internal resistance and tissue resistance because current and resistance are inversely proportional $(\mathrm{V}=i R)$, eliminating choices A and B . Decreasing the battery voltage will decrease the total available power to the circuit $(P=i V)$, making choice $D$ incorrect. Note that increasing the tissue resistance appears to increase the power, $P=i^{2} R$, but current will be decreased by the same factor due to Ohm's Law, actually reducing the power since current is squared.
77. C is correct. Rearranging Ohm's Law, $\mathrm{V}=i \mathrm{R}$, for current yields $i=\mathrm{V} / R$. The internal resistor and tissue are in series, so the resistances may be added, making the current equal $\mathrm{V} /\left(R_{\mathrm{t}}+R_{\mathrm{i}}\right)$. Choice D would be correct if the resistors were in parallel.
78. $\quad \mathrm{D}$ is correct. First, the power consumed by the tissue must be calculated: $P=i V=(1 \mathrm{~V})\left(10^{-7} \mathrm{~A}\right)=(1 \mathrm{~J} / \mathrm{C})\left(10^{-7} \mathrm{C} / \mathrm{s}\right)=10^{-7} \mathrm{~J} / \mathrm{s}$ $=10^{-7} \mathrm{~W}$. Therefore, every second, the battery provides $10^{-7} \mathrm{~J}$. In total, the battery has a capacity of 5 J . It will discharge 5 J in $(5 \mathrm{~J}) /\left(10^{-7} \mathrm{~J} / \mathrm{s}\right)=5 \times 10^{7} \mathrm{~s}$.
79. B is correct. Two identical resistors in parallel will have an equivalent resistance of half of a single resistor. This is demonstrated by $1 / R_{\text {parallel }}=1 / R+1 / R=2 / R$. Therefore, $R_{\text {parallel }}=R / 2$. If resistance is halved, then current is doubled.
80. C is correct. Electric potential is $V=E d$. Its analog, gravitational potential, is given by $V_{g}=g h . g$ alone is the gravitational field, which is analogous to the electric field, $E . m g$ is the gravitational force, which is analogous to the electrical force, $E q$. Lastly, $m g h$ is gravitational potential energy, which is analogous to electric potential energy, $q E d$.
81. B is correct. Work is equal to the electric potential energy, $q E d$, where $d$, displacement, is parallel to the lines of force. Any movement perpendicular to the lines of force (equipotential lines) requires no work. Therefore, only the movement in the direction of the lines of force are contributory. In this case, that would be $x \sin \left(30^{\circ}\right)$. The work done then is $q E x \sin \left(30^{\circ}\right)$.
82. A is correct. The resistance of a wire is given by Equation 1. It is independent of the voltage or current within the circuit, making choices $B$ and $C$ incorrect. In order to minimize resistance, the length of the axon should be decreased and the diameter should be increased. This eliminates choice D, leaving choice A as the correct answer.

## Passage III (Questions 83-88)

83. C is correct. The passage states that the total number of vesicles is calculated based on the number of vesicles secreted from the footprint, and the fraction of the membrane that the footprint represents. The ratio of 5 vesicles in footprint to 25 vesicles total should be equal to the ratio of the area of the footprint to the area of whole membrane. The ratio $5 / 25$ simplified is $1 / 5$, and $1 / 5$ is equivalent to $20 \%$. The footprint is stated to be a subset of the membrane, so it is not $100 \%$ of the membrane, so choice A is incorrect. Choices B and D,50\% and $10 \%$, are possible results from misinterpreting the relationship between the footprint vesicle exocytosis and total vesicle exocytosis.
84. A is correct. According to the trendline in Figure 1, 14 vesicles corresponds to a little over 1000 fF . The other answers correspond to approximately 12,8 , and 4 vesicles observed.
85. C is correct. The calculation of the total number of vesicles secreted is entirely based on the assumption that the area of the membrane that can be accurately observed, the footprint, is representative of the entire membrane. If this is not the case, for example if the TIRF-Microscopy somehow disturbs the footprint, then the results are not applicable to the whole cell. Another cell growth medium for a different adrenal cell type would probably be similar, as many cells need similar resources, especially two cell types within the same organ. Either overestimation or underestimation on all trials would not affect the results as heavily as the footprint being inaccurate would. This is tricky, because when two opposite answers are presented, the correct one is often one of them. However, both choices B and D would still show a correlation between change in capacitance and number of vesicles secreted, and that is the main result.
86. D is correct. Based on the passage, the chromaffin cell membrane acts as a capacitor, separating the cytoplasmic and extracellular charges. Thus, laws like the parallel plate capacitor equation, $C=\kappa \varepsilon A / d$, apply to the cell. $\kappa$ is the dielectric constant, $A$ is the area of the plate, and $d$ is the distance between the plates. In this case, $A$ is the surface area of the cell, and $d$ is the width of the membrane. Decreasing $A$ would decrease $C$, as they are directly proportional. Increasing $\kappa$ (choice $A$ ) or decreasing $d$ (choice $C$ ) would both cause increases in capacitance based on the equation. Lastly, vesicle exocytosis (choice B) has a positive correlation with change in capacitance, meaning secretion would lead to an increase in membrane capacitance.
87. A is correct. The electric field between the plates of a parallel plate capacitor can be calculated with the equation $E$ $=V / d$. The membrane potential is the potential difference between the two 'plates.' The membrane thickness is the distance between the plates. When the two numbers from the question are plugged in, the equation becomes $E=(70$ $\left.\times 10^{-3}\right) /\left(8 \times 10^{-9}\right)$, resulting in choice A . The other answers could result from using the wrong equation and calculating $d / V$, or mistakes in scientific notation and division of powers of 10 .
88. $\quad \mathbf{B}$ is correct. The charge stored on a capacitor is equal to the product of the capacitance and the voltage $(Q=C V)$. $Q=50 \times 10^{-3} \times 2 \times 10^{-6}=1 \times 10^{-7} \mathrm{C}$, or $0.1 \mu \mathrm{C}$. Choice A uses the wrong unit, as joules measure work and energy, not charge. Choice $C, 25 \mathrm{kC}$, is equal to $V / C$, and choice $D, 40 \mu C$, is equal to $C / V$, both of which are incorrect equations for finding the charge on a capacitor.

## Stand-alones

89. B is correct. When the capacitor is fully charged, it functions as a break in the circuit. When the switch is closed and the capacitor is fully charged, current flows only from the battery, across resistors A and B, and back to the battery. Because the resistance of resistors in series are additive, $R_{\text {eff }}=2 \Omega+2 \Omega=4 \Omega$. $i$, current across resistors $A$ and $B$, equals $\Delta V / R=12 \mathrm{~V} / 4 \Omega=3 \mathrm{~A}$. Since 3 A runs across each resistor, the voltage drop across each resistor, $\Delta V$, equals $i R=(3 \mathrm{~A})$ $(2 \Omega)=6 \mathrm{~V}$. Because two paths in parallel always have the same voltage drop across them, the voltage drop across the capacitor must also be 6 V . When the switch is closed and the capacitor is fully charged, current across the capacitor is 0 A .
However, the moment the switch is opened, it becomes a break in the circuit, and current instead flows from the capacitor, across resistor A , and back to the capacitor. In this instance, $i=\Delta V / R=(6 \mathrm{~V}) /(2 \Omega)=3 \mathrm{~A}$.

90. C is correct. By definition, capacitance, $C=Q / \Delta V$. Therefore, $Q=C \Delta V$. As indicated above, the voltage difference across the capacitor is 6 V . Thus $Q=(1 \mu \mathrm{~F})(6 \mathrm{~V})=\left(1 \times 10^{-6} \mathrm{~F}\right)(6 \mathrm{~V})=6 \times 10^{-6} \mathrm{C}$.
91. A is correct. According to Coulomb's law $\left(F=k q q / r^{2}\right)$, A and D apply equal and opposite forces on $q$, and so do C and B.
92. C is correct. The electric force exerted on the particle is equal to the product of field (force per unit charge) and charge. $F=(5 \mathrm{~N} / C)(2 \mathrm{C})=10 \mathrm{~N}$. Because $F=m a, a=F / m=(10 \mathrm{~N}) /(1 \mathrm{~g})=(10 \mathrm{~N}) /\left(10^{-3} \mathrm{~kg}\right)=10^{4} \mathrm{~m} / \mathrm{s}^{2}$. Distance traveled, $x$, equals $\frac{1}{2} a t^{2}$. Therefore, $x=\frac{1}{2}\left(10^{4} \mathrm{~m} / \mathrm{s}^{2}\right)(10 \mathrm{~s})^{2}=0.5 \times 10^{6} \mathrm{~m}=5 \times 10^{5} \mathrm{~m}$.

## EXPLANATIONS TO IN-CLASS EXAM FOR LECTURE 5

## Passage I (Questions 93-97)

93. B is correct. Only choice B gives the correct prediction of change in frequency when the moth flies away from the bat. The Doppler effect predicts that when the source moves away from the observer, the observed frequency goes down. In this case, the bat is observing the frequency reflected off the moth.
94. D is correct. This is the Doppler effect. Don't use the equation in the passage. To find the frequency at which the bat receives the waves use $\Delta f / f=v / c$ where $f$ is the frequency of the source, in this case $66 \mathrm{kHz}, v$ is the relative velocity (since the moth and the bat are flying toward each other the relative velocity will be the sum of their individual velocities, $10 \mathrm{~m} / \mathrm{s}+5 \mathrm{~m} / \mathrm{s}=15 \mathrm{~m} / \mathrm{s}$ ), and $c$ is the speed of the wave, $340 \mathrm{~m} / \mathrm{s}$. That gives $\Delta f=3 \mathrm{kHz}$. Since they are moving toward each other, the frequency will increase. Thus, to find the frequency at which the waves reflect off the moth we add $\Delta f$ to 66 kHz .
95. B is correct. Remember, when wave source and receiver move toward one another, observed frequency increases. It is only when a wave source and receiver move away from each other that observed frequency decreases. Therefore, only movement that separates the probe and blood will decrease the frequency of the waves detected by the ultrasound. Thus I and II will not decrease the frequency of waves detected, and choices A, C, and D can be eliminated. Choice B is the best answer.
96. A is correct. If the signal takes less time, then it must be going faster. This eliminates choices C and D. The speed of sound in a medium increases with decreasing density. The idea that humid air is heavier is incorrect. There is a decrease in density as water vapor is added to air that occurs because the molecular mass of water ( $18 \mathrm{~g} / \mathrm{mol}$ ) is less than that of nitrogen $(28 \mathrm{~g} / \mathrm{mol})$ or oxygen $(32 \mathrm{~g} / \mathrm{mol})$ gases, the main constituents of air.
97. B is correct. This question uses the equation: $v=\lambda f$. In the passage, the bat hears sound best at a frequency of 83 kHz . $v$ is still the speed of sound, $340 \mathrm{~m} / \mathrm{s}$. Don't forget to convert kilohertz to hertz.

$$
\begin{gathered}
v=\lambda f \\
340 \mathrm{~m} / \mathrm{s}=\lambda\left(83 \times 10^{3} \mathrm{~Hz}\right) \rightarrow \lambda=2 \mathrm{~m}
\end{gathered}
$$

## Passage II (Questions 98-105)

98. D is correct. The length of the first harmonic is the longest possible standing wavelength, which is twice the length between the fastened ends of the wire. The displacement of the wire is extraneous information.

99. $\mathbf{D}$ is correct. Pitch correlates with frequency; $v=\lambda f$. We can set this equation equal to the one in the passage:

$$
v=\sqrt{\frac{T}{\mu}}=\lambda f
$$

to see that decreasing the tension decreases frequency, so choices A and B can be eliminated in favor of the lower tension in choices C and D. The speaking length of the wire is proportional to the wavelength (see question 128). Thus, increasing the length will increase the wavelength and decrease the frequency.
100. A is correct. Intensity is given by $I=f i \mu \omega^{2} A^{2} v$. Doubling $\mu$ increases intensity by a factor of only 2 . Since $\omega=2 \pi f=2 \pi / T$, doubling $T$ would decrease intensity by a factor of 4 . The speaking length is directly proportional to the fundamental wavelength. From $v=f \lambda$, doubling the speaking length doubles $\lambda$ and reduces $f$ by a factor of 2 , reducing intensity by a factor of 4 . Doubling amplitude increases intensity by a factor of 4 . Thus, changing $\mu$ has the least effect.
101. C is correct. The beat frequency is the difference between the frequency of the tuning fork and the frequency of the piano, so we know that the original frequency must be 3 Hz away from the tuning fork frequency, 440 Hz . We just don't know which direction. Tightening the string increased the beat frequency. This means that tightening the string moved the sting frequency away from the tuning fork frequency. Tightening the string increases the frequency, so when we increase the frequency we are moving away from 440 Hz . The original frequency of the piano note must be 443 Hz .
102. A is correct. This questions requires $v=\lambda f$. The speaking length is extraneous information.

$$
\begin{gathered}
v=\lambda f \\
340 \mathrm{~m} / \mathrm{s}=\lambda(360 \mathrm{~Hz}) \\
\lambda=0.94 \mathrm{~m}
\end{gathered}
$$

103. B is correct. The piano wire moves up and down while the wave moves along the string; the medium is moving perpendicular to the propagation of the wave. This is a transverse, not a longitudinal, wave.
104. C is correct. This is the definition of amplitude. The velocity is dictated by the medium. The wavelength is dictated by the speaking length. The frequency is dictated by the velocity and wavelength. How hard or far the string is struck only affects the amplitude. Its important to remember that the amplitude is not related to the velocity, frequency, or wavelength even though these things are related to each other.
105. A is correct. According to Equation 1, velocity varies directly with $\sqrt{T}$. The passage states that the proximal end of the membrane is stiffer than the distal end. Therefore, we expect that the velocities of waves at the distal end would be higher than those at the proximal end. Choices B and D can be eliminated. Equation 2 states that wavelength varies directly with length. The passage explains that the proximal end of the membrane is shorter than the distal end. Therefore the wavelengths of waves at the distal end would be shorter than those at the proximal end. Because wavelength is indirectly proportional to frequency, frequencies of waves at the distal end would be higher than those at the proximal end. Choice $C$ can be eliminated and choice $A$ is the best answer.

## Passage III (Questions 106-112)

106. C is correct. From the passage, we know that $M_{\text {total }}=m_{\mathrm{o}} m_{\mathrm{e}}$ and $m_{\mathrm{e}}=-25 \mathrm{~cm} / f_{\mathrm{e}}$. Thus, the focal length is inversely proportional to the magnification. Since $P=1 / f$, power is inversely proportional to the focal length. Therefore, doubling the power halves the focal length and doubles the magnification.
107. D is correct. The object, represented by the arrow below the objective in the figure, is outside the focal length of a converging lens and thus creates a real inverted image. Remember that 'Eye am positive that real is inverted'. Eliminate choices A and C since real always goes with inverted and virtual always goes with upright.
108. C is correct. Power is $1 / f$. It is not necessary to know what a diopter is in order to answer this question. A lens with a power of 25 will have a focal length of $1 / 25=0.04$ meters, so choices $A$ and $B$ can be eliminated. The focal length of a converging lens is positive, eliminating choice $D$.
109. C is correct. First look for $L$, the distance between the two lenses as shown in figure 1 . Substitute in the equation given for $m_{\mathrm{o}}$ and $m_{\mathrm{e}}$ to $M_{\text {total }}=m_{\mathrm{o}} m_{\mathrm{e}}$ :

$$
M_{\text {total }}=m_{\mathrm{o}} m_{\mathrm{e}}=\left(L / f_{\mathrm{o}}\right)\left(0.25 / f_{\mathrm{e}}\right) \text { and rearrange to solve for } L \text { : }
$$

$L=M_{\text {totala }} f_{\mathrm{o}}\left(f_{\mathrm{e}} / 0.25\right)=500 \times 0.01 \times(0.005 / 0.25)=10 \mathrm{~cm}$. Then add the focal lengths to get the total distance between the two lenses, 11.5 cm .
110. A is correct. An object inside the focal point of a converging lens makes a virtual upright image on the same side as the object. The 'eye' is on the opposite side as the object, because it is seen through a lens. Although converging lenses usually make real, inverted images, when the object is inside the focal length they will make virtual, upright images on the opposite side as the 'eye', which in the case of a lens is on the same side as the object.
111. C is correct. The objective inverts the first image. This first image is within the focal point of the eyepiece so the eyepiece creates a virtual image WITHOUT changing the orientation. The final image is an inverted image of the object. An inverted image is inverted up and down, and left and right. When the slide is pushed left, it looks to be moving to the right under the microscope. When the slide is pushed up, it looks to be moving down. So, left is right and up is down on an inverted image. Choice $C$ has these characteristics, so it is the inverted image.
112. C is correct. In order to magnify an image, light must reflect off an object and refract through the lens. If light diffracted off the lens, as in choice A, it would scatter and not make an image. Reflection refers to light bouncing off an object and not going through it. Thus, light doesn't reflect through a lens; choices B and D can be eliminated.

## Stand-alones

113. A is correct. The answer choices ask first, whether the speed of the waves increases or decreases and, second, whether they diffract or refract. As the waves move to be perpendicular to the shore, they turn towards the normal. Waves turn towards the normal as their speed decreases. For this reason, waves turn towards the normal as they move from a medium with a lower index of refraction to a medium with a higher index of refraction ( $n=c / v$, where $c$ is the speed of light in a vacuum and $v$ is the speed of light in the medium.) Therefore, the speed of the waves decreases, and choices B and D, which state that the speed of the waves increases, can be eliminated.
Waves refract when they transition from one medium to another and diffract when they encounter obstacles or apertures. Movement from deeper water to shallower water constitutes a change in medium. Therefore, the waves refract, and choice $C$, which states that the waves diffract, can be eliminated.
114. B is correct. In order to solve this problem, remember the thin lens equation and the sign conventions associated with it. The thin lens equation states that $1 / f=1 / d_{\mathrm{i}}+1 / d_{\mathrm{o}}$. The question gives the radius of curvature and image distance and asks for the object distance, $d_{0}$. As per the thin lens equation. $1 / d_{\mathrm{o}}=1 / f-1 / d_{\mathrm{i}}$.
In order to calculate the focal distance, remember that its magnitude is one half of the radius of curvature. Therefore, the magnitude of the focal distance is $(8 \mathrm{~cm}) / 2=4 \mathrm{~cm}$. Know whether the mirror is converging or diverging to determine the sign of the focal distance. Remember that the focal distances of converging mirrors are positive, whereas the focal distances of diverging mirrors are negative. Because only converging mirrors can form real, inverted images, the mirror must be a converging one. Therefore, $f=+4 \mathrm{~cm}$.
The question stem indicates that the magnitude of the image distance is 20 cm . Recall that the image distances of real images are positive ("I (Eye) am positive that the real is inverted"), whereas the image distances of virtual images are negative. The question stem states that the image is real. Therefore, $d_{i}=+20 \mathrm{~cm}$.
Thus $1 / d_{\mathrm{o}}=(1 / 4) \mathrm{cm}-(1 / 20) \mathrm{cm}=0.25 \mathrm{~cm}-0.05 \mathrm{~cm}=0.20 \mathrm{~cm} . d_{\mathrm{o}}=1 / 0.20 \mathrm{~cm}=5 \mathrm{~cm}$.
115. A is correct. Whenever there is a problem that relates object and image heights and distances, consider using the magnification equation. It states that magnification, $m=-\left(d_{\mathrm{i}} / d_{\mathrm{o}}\right)=\left(h_{\mathrm{i}} / h_{\mathrm{o}}\right)$. The question stem gives the magnitudes of $d_{\mathrm{i}}, d_{\mathrm{o}}$, and $h_{\mathrm{o}}$ and asks for the value of $h_{\mathrm{i}}$. The sign conventions used in the thin lens equation similarly apply to the magnification equation. Because the image forms behind the mirror where the light is not, it must be a virtual image. The image distances of virtual images are negative, so $d_{\mathrm{i}}=-5 \mathrm{~cm}$. Because the object is "where it belongs," that is, in front of the mirror the object distance is positive. Therefore, $d_{\mathrm{o}}=+15 \mathrm{~cm}$. The object is assumed to be upright so $h_{\mathrm{o}}=+3$ cm.

As per the magnification equation, $h_{\mathrm{i}}=-\left(d_{\mathrm{i}} / d_{\mathrm{o}}\right)\left(h_{\mathrm{o}}\right)=-((-5 \mathrm{~cm}) /(+15 \mathrm{~cm}))(+3 \mathrm{~cm})=(1 / 3)(3 \mathrm{~cm})=1 \mathrm{~cm}$

## ANSWERS \& EXPLANATIONS

## FOR

## QUESTIONS IN THE LECTURES

## ANSWERS FOR THE 30-MINUTE IN-CLASS EXAMS

| Lecture 1 | Lecture 2 | Lecture 3 | Lecture 4 | Lecture 5 |
| :---: | :---: | :---: | :---: | :---: |
| 1. C | 25. C | 49. D | 73. C | 97. C |
| 2. D | 26. A | 50. C | 74. B | 98. B |
| 3. C | 27. D | 51. C | 75. A | 99. C |
| 4. C | 28. B | 52. D | 76. C | 100. A |
| 5. B | 29. A | 53. C | 77. B | 101. B |
| 6. B | 30. A | 54. B | 78. A | 102. D |
| 7. A | 31. B | 55. A | 79. A | 103. D |
| 8. C | 32. C | 56. D | 80. B | 104. D |
| 9. C | 33. A | 57. D | 81. A | 105. A |
| 10. C | 34. A | 58. B | 82. B | 106. D |
| 11. B | 35. C | 59. D | 83. D | 107. A |
| 12. A | 36. A | 60. C | 84. A | 108. D |
| 13. D | 37. C | 61. A | 85. C | 109. C |
| 14. A | 38. D | 62. B | 86. D | 110. D |
| 15. D | 39. C | 63. C | 87. C | 111. B |
| 16. A | 40. B | 64. C | 88. A | 112. A |
| 17. C | 41. B | 65. A | 89. D | 113. B |
| 18. A | 42. B | 66. D | 90. C | 114. A |
| 19. C | 43. B | 67. B | 91. C | 115. A |
| 20. B | 44. A | 68. C | 92. B | 116. D |
| 21. B | 45. C | 69. A | 93. D | 117. B |
| 22. C | 46. C | 70. D | 94. A | 118. A |
| 23. A | 47. B | 71. D | 95. C | 119. D |
| 24. C | 48. C | 72. A | 96. D | 120. C |

## EXPLANATIONS TO QUESTIONS IN LECTURE 1

1. $\quad \mathrm{C}$ is correct. The balloon travels in three perpendicular directions. These can be considered three displacement vectors. The total displacement is the vector sum of the three. Notice that two of the vectors have lengths of 8 and 6 , which are multiples of 4 and 3, respectively. These are the components of a 3-4-5 triangle. Thus, the displacement from the tail of the 6 km vector to the head of the 8 km vector is 10 kilometers. This 10 km vector is perpendicular to the other 10 km vector. Using the Pythagorean theorem with the two 10 km vectors results in a total displacement of approximately 14 km .

2. D is correct. Acceleration is the rate of change of velocity. Since velocity is a vector, it specifies magnitude and direction. Even if speed stays constant, the direction of the Earth's motion is constantly changing. Therefore, the Earth is accelerating; choices B and C are incorrect. Choice A makes a true statement, but does not answer the question.
3. C is correct. Because the start and end points of the trip do not change regardless of the path taken, the displacement for the trip does not change. Displacement is not the same as total distance. By following a curved trajectory, the plane will travel a farther distance.
4. C is correct. Because the car is slowing down, the velocity and the acceleration are in opposite directions and must have opposite signs. The positive and negative refer to the direction are arbitrary as long as they are opposite. Only choice C meets this requirement.
5. B is correct. The direction for a vector must specify a straight path. A straight arrow cannot be drawn to represent a circle; choice $B$ is not a vector. Choice $A$ is a velocity vector, and choices $C$ and $D$ are displacement vectors.
6. B is correct. This problem may be tricky because the question only implies a necessary variable. That variable is initial velocity. The initial velocity is zero. The average velocity of any constantly accelerating object that starts with zero velocity is the final velocity divided by two. This is from $v_{\text {avg }}=\left(v+v_{\mathrm{o}}\right) / 2$. In our case, $v_{\text {avg }}=(25 \mathrm{~m} / \mathrm{s}+0 \mathrm{~m} / \mathrm{s}) / 2=12.5$ $\mathrm{m} / \mathrm{s}$. Then the average velocity times time equals displacement, $v_{\text {avg }} t=x$. Here, $(25 \mathrm{~m}) /(12.5 \mathrm{~m} / \mathrm{s})=2 \mathrm{~s}$. Or, by Salty's method:


Average velocity times time equals distance: $12.5 \mathrm{~m} / \mathrm{s} \times 2 \mathrm{~s}=25 \mathrm{~m}$.
7. A is correct. This is a plug-and-chug problem using the formula $v=v_{\mathrm{o}}+a t$, which results in $25 \mathrm{~m} / \mathrm{s}=50 \mathrm{~m} / \mathrm{s}+a(2$ s). Thus $a=-12.5 \mathrm{~m} / \mathrm{s}^{2}$. If it had taken only one second to slow from 50 to $25 \mathrm{~m} / \mathrm{s}$, the acceleration would have been -25 $\mathrm{m} / \mathrm{s}^{2}$, but it took two seconds, so acceleration is smaller in magnitude. The answer is negative because the particle is slowing down, eliminating choices C and D .
8. C is correct. The deceleration is $5 \mathrm{~m} / \mathrm{s}^{2}$, so the velocity is reduced by $5 \mathrm{~m} / \mathrm{s}$ each second. After 1 second the velocity is $15 \mathrm{~m} / \mathrm{s}$; after 2 seconds, $10 \mathrm{~m} / \mathrm{s}$; after 3 seconds, $5 \mathrm{~m} / \mathrm{s}$; and after four seconds, $0 \mathrm{~m} / \mathrm{s}$. So the car stops in 4 seconds. The average velocity for motion with constant acceleration is the midpoint between the starting and ending velocities. The midpoint between $20 \mathrm{~m} / \mathrm{s}$ and $0 \mathrm{~m} / \mathrm{s}$ is $10 \mathrm{~m} / \mathrm{s}$. The average velocity times the time is $10 \mathrm{~m} / \mathrm{s} \times 4 \mathrm{~s}=40 \mathrm{~m}$.
Or via the linear motion equations:

$$
v_{\mathrm{f}}^{2}=v_{\mathrm{o}}^{2}+2 a x
$$

The car comes to a stop, so $v_{\mathrm{f}}=0$.

$$
\begin{gathered}
(0 \mathrm{~m} / \mathrm{s})^{2}=(20 \mathrm{~m} / \mathrm{s})^{2}+2\left(-5 \mathrm{~m} / \mathrm{s}^{2}\right) x \\
x=40 \mathrm{~m}
\end{gathered}
$$

9. C is correct. Velocity is the slope of a displacement vs. time graph. Constant velocity requires only a straight line on a displacement vs. time graph. In choice A, the slope of the displacement vs. time graph is changing at every time point, thus the velocity is not constant. To have constant velocity the acceleration must be zero. Any non-zero acceleration, as shown in choices B and D, indicates a changing velocity.
10. C is correct. To find the total distance traveled, solve for the total area between the line and the $x$-axis (area under the graph). From 0 to 5 seconds, the area under the graph is $1 / 2(20 \mathrm{~m} / \mathrm{s})(5 \mathrm{~s})=50 \mathrm{~m}$. From 5 to 10 seconds, the area is $1 / 2(20$ $\mathrm{m} / \mathrm{s})(5 \mathrm{~s})=50 \mathrm{~m}$. Therefore, the total distance is $50 \mathrm{~m}+50 \mathrm{~m}=100 \mathrm{~m}$.
11. B is correct. The graph shows an object moving in one direction at a constant velocity and suddenly changing direction. The baseball is the only object that suddenly changes direction. Choice A is incorrect because it describes gradual acceleration, and does not indicate a change of direction. Choice $C$ represents constantly changing velocity; the speed may stay the same, but the direction constantly changes. Choice D describes a gradual change in velocity.
12. A is correct. The graph shows that displacement increases with time. Since the displacement graph is a straight line, the particle must be moving at constant velocity, so neither velocity nor acceleration are increasing.
13. D is correct. In order for the particle to move backwards, the velocity graph would have to dip below zero. Between 10 and 15 seconds, the particle slows down, but does not go backwards. The particle moves at constant acceleration with an average velocity of $5 \mathrm{~m} / \mathrm{s}(10 \mathrm{~m} / \mathrm{s}+0 \mathrm{~m} / \mathrm{s} / 2)$ from 0 to 5 seconds, for a displacement of $(5 \mathrm{~m} / \mathrm{s})(5 \mathrm{~s})=25 \mathrm{~m}$. Then from 5 to 10 seconds, it moves at a constant velocity of $10 \mathrm{~m} / \mathrm{s}$, so choice $C$ is a true statement; displacement is ( $10 \mathrm{~m} / \mathrm{s}$ ) $(5 \mathrm{~s})=50 \mathrm{~m}$. For the final 5 seconds, it moves with an average velocity of $5 \mathrm{~m} / \mathrm{s}$; displacement is 25 m again. Therefore, the total displacement is $25 \mathrm{~m}+50 \mathrm{~m}+25 \mathrm{~m}=100 \mathrm{~m}$ and choice $A$ is a true statement. Choice B is a true statement, a constant slope on the velocity vs. time graph represents constant acceleration. Choice D is the only false statement, and is therefore the correct answer.
14. A is correct. Horizontal speed has no effect on the length of time that a projectile is in the air, so it can be ignored for this question. Because the initial vertical speed is zero, use the equation $x=(1 / 2) g t^{2}$ to solve for time with $x=40 \mathrm{~m}$ and $g=10 \mathrm{~m} / \mathrm{s}^{2}$. Another approach is to reason that the rock will lose $10 \mathrm{~m} / \mathrm{s}$ of velocity every second, taking 3 seconds for the rock to go from $30 \mathrm{~m} / \mathrm{s}$ to $0 \mathrm{~m} / \mathrm{s}$.
15. D is correct. The downward force is $m g=100 \mathrm{~N}$. The first 100 N upward counters this to give a net force of zero and thus a constant velocity. The question asks for a net force of $m g=100 \mathrm{~N}$ upwards. This requires adding another 100 N for a total of 200 N . Answer choice A is incorrect; without applying an upward force, the net force on the mass will not change. Answer choice B is too small. Answer choice C will balance the object's weight, give it a net force of 0N, and thus an acceleration of zero.
16. A is correct. Since both skydivers are at constant velocity, their acceleration is zero, and by Newton's Second Law they must both experience a net force of zero.
17. C is correct. The force parallel to the incline is $m g \sin \theta$. Use Newton's Second Law to calculate the acceleration down the incline:

$$
\begin{gathered}
F=m a \\
m g \sin \theta=m a \rightarrow a=g \sin \theta
\end{gathered}
$$

The sine of $\theta$ is opposite over hypotenuse which is $20 / 40=1 / 2$. Thus the acceleration is $1 / 2 g$ or $5 \mathrm{~m} / \mathrm{s}^{2}$. Substitute this into the linear motion equation and solve for time:

$$
\begin{gathered}
x=v_{0} t+1 / 2 a t^{2} \\
40 \mathrm{~m}=(0 \mathrm{~m} / \mathrm{s}) t+1 / 2\left(5 \mathrm{~m} / \mathrm{s}^{2}\right) t^{2} \\
16 \mathrm{~s}^{2}=t^{2} \text { and } t=4 \mathrm{~s} .
\end{gathered}
$$

18. A is correct. The force parallel to the ramp is the force down the incline, $m g \sin \theta$. As the angle of inclination, $\theta$, increases, $\sin \theta$ increases and so does the force parallel to the ramp. The force perpendicular to the ramp is the same as the normal force, $m g \cos \theta$. As $\theta$ increases, $\cos \theta$ decreases, and so does the normal force. Another approach is to imagine the most extreme situation where the angle is $90^{\circ}$ and the box is sitting against a wall. In this case the force parallel to the ramp would be large and the box would be in free fall.
19. C is correct. Since the tires follow Hooke's law, the force changes with the displacement of the tires. The greater the displacement, the greater the force, $F=-k \Delta x$. The greater the force, the greater the acceleration, $F=-k \Delta x=m a$. Recall that the negative sign indicates direction, so compressing a spring results in a force in the opposite direction.
20. B is correct. The initial displacements of the springs are unknown, but it can be assumed that they were the same for both masses. The spring displaces an extra 1 cm when an additional 5 N of force is added. To solve for the spring constant, these numbers can be substituted into Hooke's law. $k=F / x=(5 \mathrm{~N}) /(1 \mathrm{~cm})=5 \mathrm{~N} / \mathrm{cm}$.
21. B is correct. Newton's Third Law refers to the same type of force acting between two objects. In this case the Earth exerts a force of gravity on an object and the object exerts an equal and opposite force on the Earth. Choice A is incorrect because the normal force is not always equal in magnitude to the force of gravity; for example, the normal force on an inclined plane. Choices C and D are incorrect because the reaction force would be exerted by the object on the Earth. Choice D also restates the same force that is acting in the question stem.
22. C is correct. The object exerts a gravitational force on the Earth equal in magnitude to the gravitational force exerted by the Earth on the object. However, acceleration is indirectly proportional to mass by Newton's second law. Thus, the object with the larger mass will experience a smaller acceleration, and the object with the smaller mass will experience a larger acceleration. Since there is a net force on the Earth and its mass is not zero, by Newton's second law the acceleration cannot be zero (though it may be very small); choice $A$ is incorrect. Choices B and D are incorrect because although the force on the Earth and the object are equal in magnitude, their masses are not equal. Therefore they would not experience equal accelerations.
23. A is correct. Draw the free body diagram for the box. There are two forces acting on the box: the force of gravity, $10 \mathrm{~kg} \times 10 \mathrm{~m} / \mathrm{s}^{2}=100 \mathrm{~N}$ downwards, and the force lifting the box upwards, $F_{\text {lift }}$. In order to accelerate the box upward, the upward force must be greater than the downward force. Choice A is the only option greater in magnitude than the downward force of gravity. To solve for the exact value, use kinematics and force equations. The acceleration of the box is $v_{\mathrm{f}}-v_{\mathrm{i}} /$ time $=5 \mathrm{~m} / \mathrm{s}-0 \mathrm{~m} / \mathrm{s} / 1 \mathrm{~s}=5 \mathrm{~m} / \mathrm{s}^{2}$. Since the box is accelerating upward, we set the upward and downward forces equal to each other and add $m a$ to the downward force:

$$
\begin{gathered}
F_{\text {up }}=F_{\text {down }}+m a \\
F_{\text {lift }}=100 \mathrm{~N}+(10 \mathrm{~kg})\left(5 \mathrm{~m} / \mathrm{s}^{2}\right)=100 \mathrm{~N}+50 \mathrm{~N}=150 \mathrm{~N}
\end{gathered}
$$

24. C is correct. The force of air resistance is dependent on the surface area, the shape, and the velocity of an object; the object's mass does not affect it. Surface area is directly proportional to air resistance. The feather has a larger surface area and experiences greater resistance, or upward force. This results in smaller net force and smaller acceleration downward; choice B is incorrect. Acceleration due to gravity, $g$, is the same for all objects near the Earth's surface regardless of mass; choices A and D are incorrect.

## EXPLANATIONS TO QUESTIONS IN LECTURE 2

25. C is correct. The net force on the rock climber is equal to the mass of the rock climber multiplied by her net acceleration, or $F_{\text {net }}=m a=(50 \mathrm{~kg})(5 \mathrm{~m} / \mathrm{s})=250 \mathrm{~N}$. The net force is equal to the vector sum of all of the forces acting on the rock climber. The two forces are tension (in the rope) and gravity, and they act in opposite directions, $F_{\mathrm{net}}=F_{\mathrm{T}}-F_{\mathrm{g}}$. The force of gravity is $F_{\mathrm{g}}=m g=(50 \mathrm{~kg})(10 \mathrm{~m} / \mathrm{s})=500 \mathrm{~N}$ directed downwards. The force of the tension in the rope is pointed up towards the helicopter, and is $F_{\mathrm{T}}=F_{\text {net }}+F_{\mathrm{g}}=250 \mathrm{~N}+500 \mathrm{~N}=750 \mathrm{~N}$.
26. A is correct. The question stem indicates that the skydiver has reached a constant, terminal velocity. Therefore, the skydiver experiences no acceleration. Remember that, in the absence of acceleration, there can be no net force. Therefore, the net force is zero and answer choices C and D can be eliminated. To decide between choices A and B, recall that equilibrium can be either static or dynamic. That is, equilibrium requires constant velocity, not necessarily zero velocity. The skydiver is in dynamic equilibrium, meaning that choice A is the best choice.
27. D is correct. The question stem states that "the object undergoes no acceleration." Therefore, net force acting on the object must be equal to zero. If two forces of equal magnitude pull to the north and east, respectively, than the net force due to these two forces must be directed northeast. In order for net force to equal zero, the third force must be directed opposite to the vector sum of the first two. Therefore, it must be directed in the southwest direction; choice D is the best answer.
28. B is correct. Acceleration requires net force. Therefore, the answer is the one that describes movement in the absence of acceleration. In the absence of acceleration, velocity is constant. Choices A and C explicitly describe changes in velocity, and, therefore, can be eliminated. Choice D describes the movement of a pendulum at constant frequency. Recall that the force of gravity acts on a pendulum during its motion, causing it to accelerate such that its potential energy is converted into kinetic energy. As the pendulum approaches its equilibrium position, its velocity increases to a maximum before once again decreasing to zero. Since the pendulum experiences acceleration, it must experience a non-zero net force; choice D can be eliminated. A bucket lowered at a constant speed of $2 \mathrm{~m} / \mathrm{s}$ experiences no acceleration, and, therefore, no net force; choice B is the best answer.
29. A is correct. Because the pole is not experiencing rotational motion, it can be inferred that the pole is not experiencing any net torque. If the tensions in lines A and C were the only forces acting on the pole, it would experience a net torque equal to the difference between the torque exerted by line $C$ and the torque exerted by line A. $\tau_{\text {net }}=(400 \mathrm{~N})(3 \mathrm{~m})-(200$ $\mathrm{N})(4 \mathrm{~m})=1200 \mathrm{Nm}-800 \mathrm{~N}=400 \mathrm{Nm}$ in the clockwise direction. However, because the pole "stands" and does not move, it can be inferred that the ground is exerting a force on the pole such that it experiences a net torque of 0 Nm .
30. A is correct. Torque is the product of distance and force. The distance is measured from the axis of rotation to the point of application of the force (from one end of the wrench to the other in figure A), and is called the lever arm. The lever arm in choice $C$ is shorter than that in the other choices, so choice $C$ is eliminated. The force multiplied is the component of the force that acts in the direction perpendicular to the lever arm. The forces in choices B and D are not directly perpendicular to the lever arm, so the component acting in that direction is less than in choice A. Therefore, the torque is greatest in choice $A$.
31. B is correct. The axis of rotation is the point where the rope attached to the board. The hanging weight creates a counter-clockwise torque equal to $3 \mathrm{~kg} \times 0.2 \mathrm{~m}$. The weight of the board creates a clockwise torque at the distance from the rope attachment to the board's center of mass, which is 0.3 m . The net torque is zero, so the clockwise torque equals the counterclockwise torque, so $3 \mathrm{~kg} \times 0.2 \mathrm{~m}=0.3 \mathrm{~m}$ times the weight of the board. Therefore, the weight of the board is 2 kg .
32. C is correct. To balance the seesaw, the torque exerted by the 50 kg student should be equal to the force exerted by the 40 kg student. $(400 \mathrm{~N})(5 \mathrm{~m})=(500 \mathrm{~N})(x)$. So, $x=4$, and the student should sit 4 m to the right of the seesaw center.
33. A is correct. The question stem indicates that, at disintegration, the velocity of the meteor is $0 \mathrm{~m} / \mathrm{s}$. The frictional force acts on the meteor such that its velocity decreases from $20 \mathrm{~km} / \mathrm{s}$ to $0 \mathrm{~m} / \mathrm{s}$. That is, the force does work equal to $\Delta \mathrm{KE}$ of the meteor. $W=F d=F(100 \mathrm{~km})=1 / 2 m v_{\mathrm{f}}^{2}-1 / 2 m v_{\mathrm{i}}^{2}=1 / 2(1 \mathrm{~kg})(20 \mathrm{~km} / \mathrm{s})^{2}-1 / 2(1 \mathrm{~kg})(0 \mathrm{~km} / \mathrm{s})^{2}$. So, $F\left(100 \times 10^{3} \mathrm{~m}\right)=$ $1 / 2(1 \mathrm{~kg})\left(20 \times 10^{3} \mathrm{~m} / \mathrm{s}\right)^{2} . F=\left[1 / 2\left(400 \times 10^{6} \mathrm{~kg} \mathrm{~m} \mathrm{~s}^{-2}\right)\right] /\left(100 \times 10^{3} \mathrm{~m}\right)=2 \times 10^{3} \mathrm{~N}$.
34. A is correct. According to Newton's Law of Universal Gravitation, the force of gravity is equal to $(G m M) / r^{2}$. Gravitational potential energy is commonly said to equal $F_{g} r$, or $G m M / r$. And, indeed, when gravitational force is nearly constant, as near the surface of the earth, gravitational potential energy is equal to the product of the force of gravity exerted by the earth on an object and the distance from the center of the earth to the object. However, strictly speaking, gravitational potential energy is equal to the area under the curve of gravitational force as a function of distance, $r$. Therefore, even as the magnitude of gravitational force exerted on a block decreases, its potential energy nonetheless increases. In non-calculus based physics, is said that as an object moves from the surface of the earth to infinity, the value of its potential energy increases from a large negative number to zero. Recall that each movement against the force of gravity requires work and contributes the potential energy of an object. Therefore, blocks at the middle or top of the stack will have greater potential energy than those at the bottom of the stack.
35. C is correct. A simple technique for solving this and many other physics problems is to "take the examples to extremes." Here the examples are reasonably close in mass. What if object A were one million times as massive as object B? In other words, imagine that object A is a piano and object B is a dime. Now place them on a spring and propel the piano one inch into the air. Will the dime be propelled one million inches into the air at the same time? Of course not. Thus mass is not proportional to the height. Since all the answers are given as such, only C can be correct.
36. A is correct. This is a proportions problem. Set the initial elastic potential energy equal to the final energy, $1 / 2 k x^{2}=$ $m g h$, and notice that the square of the displacement of the spring is proportional to the height; $x^{2} \propto h$. Thus, increasing the height by a factor of four requires increasing the displacement of the spring by a factor of two.
37. C is correct. Recall that a force directed perpendicularly to a displacement does not do work on the displaced object. Only the horizontal component of the 100 N causes the object to accelerate. The horizontal component of the force is $F \cos \theta=(100 \mathrm{~N})\left(\cos \left(30^{\circ}\right)\right)=87 \mathrm{~N}$. To find the acceleration, use $F=m a . a=F / m=(87 \mathrm{~N}) /(10 \mathrm{~kg})=8.7 \mathrm{~m} / \mathrm{s}^{2}$. Then, use $v=$ $v_{\mathrm{o}}+$ at to determine that $v=17.4 \mathrm{~m} / \mathrm{s} . v=0 \mathrm{~m} / \mathrm{s}+\left(8.7 \mathrm{~m} / \mathrm{s}^{2}\right)(2 \mathrm{~s})=17.4 \mathrm{~m} / \mathrm{s}$.
38. D is correct. The rock starts out with gravitational potential energy. As it falls, it loses gravitational potential energy and gains kinetic energy. As the rubber band stretches, the rock slows to a stop and kinetic energy is transferred to the elastic potential energy of the rubber band; choice D reflects this transfer of energy.
39. C is correct. Kilowatts are a unit of power, which is a measure of energy transfer per unit time. $1 \mathrm{~W}=1 \mathrm{~J} / \mathrm{s}$. Therefore, $1 \mathrm{~kW}=10^{3} \mathrm{~J} / \mathrm{s}$ and 1 kilowatt hour $=\left(10^{3} \mathrm{~J} / \mathrm{s}\right)(60 \mathrm{~s} / \mathrm{min})(60 \mathrm{~min} /$ hour $)=3600 \times 10^{3} \mathrm{~J}=3,600,000 \mathrm{~J}$. Choice C is the best answer.
40. B is correct. $P=\Delta E / t$. In this instance, change in energy is equal to work done and $P=W / t$. Notice that power and work are directly proportional to one another. If $P$ is doubled from 50 kW to 100 kW , then the work done in a given amount of time is also doubled. Therefore, choice A is a true statement and can be eliminated. Notice that, in this case, $W=m g h$, and $W$ is directly proportional to $m$. Choice $C$ states that the new winch can raise an object with a mass of $2 m$ in the same amount of time that the old winch can raise a mass of $m$. This makes sense since the new winch can do twice as much work as the old winch in a given amount of time. Therefore, choice C is a true statement and can be eliminated. Choice D suggests that, if the old winch can do work $W$ in time $t$, then the new winch can do work $W$ in time $t / 2$. Again, this makes sense given that the new winch has twice the power of the old winch. Choice D can also be eliminated. Choice B, however, indicates that the power of the new winch is half that of the old winch. Therefore, it is a false statement. Because the question stem asks which statement is not true, choice B is the best answer.
41. B is correct. Like all ideal machines, the pulley changes only the force required to do a given amount of work in a given amount of time. It does not change either the amount of work done or the time during which the force acts. Recall that power is change in energy per unit time. In this case, $\Delta E=W=F d=m g h=(30 \mathrm{~kg})\left(10 \mathrm{~m} / \mathrm{s}^{2}\right)(2 \mathrm{~m})=600 \mathrm{~J}$. Therefore, $P=(600 \mathrm{~J}) / t=(600 \mathrm{~J}) /(60 \mathrm{~s})=10 \mathrm{~J} / \mathrm{s}=10 \mathrm{~W}$. Therefore, choice B is the correct answer.
42. B is correct. Because the points of rotation of eccentric pulleys are off-center, they function as modified levers. Notice that, in position 1, the distance from point A to the point of rotation of the top pulley is greater than the distance from point B to the point of rotation of the bottom pulley. Therefore, in position 1, the lever arm for the tension at point A is greater than that for the tension at point $B$. If the components of the compound bow are stationary, then the sum of the torques acting on the components must be zero and the tension at point $A$ must be less than the tension at point $B$. Therefore, choices $C$ and $D$ can be eliminated. In position 2, the distance from point $A$ to the point of rotation of the top pulley is less than the distance from point B to the point of rotation of the bottom pulley. Therefore, if the components of the bow are stationary, then the tension at point A must be greater than the tension at point B . Thus choice A can be eliminated and choice B is the best answer. On the MCAT ${ }^{\oplus}$, unless otherwise specified, assume that all pulleys are simple, rather than eccentric pulleys. That is, assume that their points of rotation corresponds with their geometric centers.
43. B is correct. Both ideal and non-ideal machines reduce the force required to perform a task; choices A and Can be eliminated. An ideal machine is a system in which the work done on the machine by an applied force is transferred, undiminished, into work done by the machine on the surroundings. Therefore, an ideal machine reduces the force required without changing the work required. By contrast, a non-ideal machine is a system in which some of the energy transferred as work done on the machine is lost to friction, deformation, and/or other inefficiencies. Therefore, more work is required than would be in the absence of the machine. Thus an ideal machine reduces the force required but increases the work required. Choice D can be eliminated and choice B is the best answer.
44. A is correct. While riding her bicycle up the hill, the rider applies a force to her bicycle pedals that is translated into the force required to counteract the force of gravity and propel the bike and rider a given distance up the hill. By zigzagging, the rider increases the distance over which she travels. However, she also decreases the incline at which she travels. In doing so, she reduces the force of gravity she must oppose in order to climb the hill. Recall that the force of gravity that accelerates an object down an incline is equal to $m g \sin \theta$. Therefore, if, by zigzagging, she were to reduce the incline from $30^{\circ}$ to $15^{\circ}$, she would decrease the downward force of gravity from $m g \sin 30^{\circ}$ to $m g \sin 15^{\circ}$. Thus less force would need to be applied to the pedals; choices B and D, which suggest that equal or greater force would need to be applied, can be eliminated. Because work is path independent, the amount of energy required to ascend the hill would remain equal to $m g h$, where $h$ is the vertical displacement of the rider and her bike. Therefore, choice C can be eliminated and choice A is the best answer. Think of each zigzag path as a ramp that decreases the force required to do a given amount of work by increasing the distance over which it is applied.
45. C is correct. Again, machines decrease the force required to do a given amount of work by increasing the distance over which the force is applied; they do not change the work required. Therefore, $W=F d=m g h$ and $d=m g h / F$. Because the question stem asks for distance over which the force is applied per meter that the object is raised, assume that $h$, the distance that the object is raised, is equal to 1 m . Therefore, $d=\left[(30 \mathrm{~kg})\left(10 \mathrm{~m} / \mathrm{s}^{2}\right)(1 \mathrm{~m})\right] /(25 \mathrm{~N})=(300 \mathrm{~J}) /(25 \mathrm{~N})=$ $3((100 \mathrm{~J}) /(25 \mathrm{~N}))=3(4 \mathrm{~m})=12 \mathrm{~m}$.
46. $\quad \mathrm{C}$ is correct. For a lever $F_{1} l 1=F_{2} l 2$. The radii of the two pulleys act as the lever arms for the system, so increasing the diameter of pulley A will decrease the force required to pull rope A. Changing the lengths of the ropes will have no effect on the machine.
47. B is correct. The formula relating work done on and by machines is $F_{\text {input }} d_{\text {input }}=F_{\text {output }} d_{\text {output }}$ where $d$ is the distance over which the input and output forces act. If mechanical advantage is equal to (output force)/(input force), then it must also be equal to (input distance)/(output distance).
48. C is correct. For an inclined plane, $F d=m g h$, so $(50 \mathrm{~N}) d=(1000 \mathrm{~N})(1 \mathrm{~m})$ and $d=20 \mathrm{~m}$.

## EXPLANATIONS TO QUESTIONS IN LECTURE 3

49. D is correct. Atmospheric pressure supports the column of fluid. The pressure at the bottom of the column must be equal to atmospheric pressure. The pressure is equal to $\rho g h$. If $\rho$ is decreased by a factor of 13.6 , the height must be increased by the same factor. Notice that, given the choices, there is no need to do the math. Every other answer is less than 10 times as tall. Answer choice B can be eliminated immediately because the height of the column depends on the density of the fluid. Changing the density must therefore change the height. Likewise, answer choice A is incorrect because a less dense fluid will be pushed up the barometer higher than a more dense fluid.
50. C is correct. The only difference between the two discs is what they are covering. Ignore everything else. The first disc has atmospheric pressure pushing upward; the second disc does not. This is the difference between the forces necessary to lift them.
51. C is correct. The density of the brick is $1400 \mathrm{~kg} / \mathrm{m}^{3}$. The density of water is $1000 \mathrm{~kg} / \mathrm{m}^{3}$. In order to float, the brick must displace an amount of water equal to its weight. The density of the brick is 1.4 times that of water, so an amount of water 1.4 times the volume of the brick must be displaced. One half of the Styrofoam block is required to displace this water, so the volume of the water displaced is equal to half the volume of the Styrofoam and is also equal to 1.4 times the volume of the brick. Thus: $0.5 V_{\text {Styrofoam }}=1.4 V_{\text {brick. }}$. Multiplying both sides by 2 results in: $V_{\text {Styrofoam }}=2.8 V_{\text {brick }}$.
52. D is correct. The balloon rises because the buoyant force is greater than the weight. When these forces are equal, the balloon will stop rising. Thus the balloon stops rising when: $\rho_{\text {air }} V g=\rho_{\text {helium }} V g$. The volumes are always equal because the balloon is always fully submerged in the atmosphere. Another way to look at this problem is to see that the balloon is fully submerged in the fluid atmosphere. For the balloon to float, not rise or sink, use the floating equation: Fraction submerged $=\rho_{\text {object }} / \rho_{\text {fluid }}$. The entire balloon is submerged, so the fraction submerged is equal to one. Choice A is incorrect because the temperature of the air and helium can be equal while their densities are not equal. Choice $B$ is incorrect because the mass of the air outside the balloon is undefined. Choice $C$ is incorrect because the volumes of the helium and the displaced air are equal at all times (as is true for any submerged object).
53. C is correct. Without the floating equation, the quickest way to do this problem is to take the example to the extremes. If the specific gravity of the toy were 0.999 , the toy would be almost the same weight as water and, of course, only a very small part would float above the water; $(0.001 / 1) \times(100 \%)=0.1 \%$. The specific gravity must be how much is under the water. Now look at the example in the question. $45 \%$ must be under water, so $55 \%$ must be above. To solve this problem mathematically, set the buoyant force equal to the weight of the toy,

$$
\rho_{\text {water }} V_{\text {submerged fraction of the toy }} g=\rho_{\text {toy }} V_{\text {toy }} g \text {. }
$$

Rearrange and end up with the ratio:

$$
V_{\text {submerged fraction of the toy }} / V_{\text {toy }}=\rho_{\text {toy }} / \rho_{\text {water }}
$$

The right side of this equation is the specific gravity, and the left side is the fraction of the toy submerged. To find the fraction of the toy above water, subtract the submerged fraction from 1.
54. B is correct. The pressure on both sides is the same. Force is equal to the product of pressure and area, so the force will be larger on the side with the greater area.
55. $\mathbf{A}$ is correct. The formula for fluid pressure is $P=\rho g h$. If the density is changed, the pressure will change by the same ratio. Since the specific gravity of ethyl alcohol is 0.8 , the pressure will decrease by a factor of $0.8 .5000 \mathrm{~Pa} \times 0.8=$ 4000 Pa . Replacing the fluid with a less dense or lighter fluid must lower the pressure, so answer choice D can be eliminated. By remembering that pressure depends on density, answer choice C can be eliminated as well.
56. D is correct. Pressure depends only on depth and density $(P=\rho g h)$, not on the shape of the container.
57. D is correct. The cross sectional area $A$ is increased by a factor of 4 when $r$ is doubled: $A=\pi r^{2}$. Since $Q$ remains constant, the velocity decreases by a factor of $4, Q=A v$. From Bernoulli's equation, we see $K=P+1 / 2 \rho v^{2}$. When the velocity decreases by a factor of 4 , the $1 / 2 \rho v^{2}$ term decreases by a factor of 16 ; however, the actual amount is unknown, thus the amount that $P$ increases cannot be calculated ( $P$ and $1 / 2 \varrho v^{2}$ are added, not multiplied, therefore the absolute values must be known).
58. B is correct. The fluid at A and D are exposed to the atmosphere, so they must be at atmospheric pressure. The fluid at $C$ is at the same level and velocity as the fluid exposed to the atmosphere and just leaving the pipe near point $D$, so the fluid at $C$ must also be at atmospheric pressure. The fluid at $B$ is at atmospheric pressure plus the weight of the fluid above it. The pressure at $B$ is $1 \mathrm{~atm}+\rho g h$.
59. D is correct. The equation for velocity of fluid from a spigot is derived from Bernoulli's equation. The relationship is $2 g h=v^{2}$, and $h$ is proportional to $v^{2}$, which is reflected in the graph in answer choice D .
60. C is correct. For ideal flow, volume flow rate is constant at all points, so the volume flow rate will be equal at points A and B. Answer choice A is a correct statement as seen in the diagram. Since the flow rate stays constant, decreasing the cross sectional area, $A$, will increase the velocity of the fluid, $Q=A v$. Increasing the velocity will increase the $1 / 2 \rho v^{2}$ term in Bernoulli's equation. Thus, the pressure term, $P$, must decrease. The pressure will be lower where the fluid is moving faster, in this case at point $B$.
61. A is correct. The equation governing the velocity is $v=\sqrt{2 g h}$. As $h$ decreases, so does $v$.
62. B is correct. Use Bernoulli's equation to solve this problem:

$$
P_{\mathrm{arm}}+\frac{1}{2} \rho v_{\mathrm{arm}}^{2}+\rho g h_{\mathrm{arm}}=P_{\mathrm{leg}}+\frac{1}{2} \rho v_{\mathrm{leg}}^{2}+\rho g h_{\mathrm{leg}}
$$

Since the surface area of the two vessels is equal the velocity of the blood will be equal as well $(Q=A v)$. Thus, the 'velocity head' term, $1 / 2 \rho v^{2}$, will be the same in the arm and the leg leaving,

$$
P_{\mathrm{arm}}+\rho g h_{\mathrm{arm}}=P_{\mathrm{leg}}+\rho g h_{\mathrm{leg}}
$$

The arm is higher than the leg, so the 'elevation head' term will be greater, $\rho g h_{\text {arm }}>\rho g h_{\mathrm{leg}}$. To balance this the pressure term $P_{\text {arm }}$ will be less than that of the leg $P_{\text {leg. }}$. Blood pressure is slightly higher $(<10 \mathrm{mmHg})$ in the legs than in the arms if the person is standing. Another approach to this problem is to think of the body as a column of blood. When standing, the blood in the legs must support all the blood above it, therefore the pressure will be higher.
63. C is correct. Recall that work, $W$, is equal to $F d$, where $F$ is a force and $d$ is the distance over which it is applied. Recall also that pressure, $P$, is equal to $F / A$. Therefore, the equation for work can be rewritten as $W=(F / A)(A)(d)=P V$. Because work is the area under the graph of pressure as a function of volume, $W=P \Delta \mathrm{~V}$ at constant pressue and $\Delta P \mathrm{~V}$ at constant volume. In this case, pressure changes by $10^{-3} \mathrm{~atm}$ and volume remains constant at $1 \mathrm{~cm}^{3}$. Note that it is the pressure gradient that drives blood through the vessel. To calculate work done in joules, convert atm to Pa and $\mathrm{cm}^{3}$ to $\mathrm{m}^{3}$. Because 1 atm is approximately equal to $10^{5} \mathrm{~Pa}, 10^{-3} \mathrm{~atm}$ is approximately equal to $10^{2} \mathrm{~Pa}$. Because $1 \mathrm{~cm}=10^{-2} \mathrm{~m}$, $1 \mathrm{~cm}^{3}=10^{-6} \mathrm{~m}^{3}$. Therefore, $\mathrm{W}=\left(10^{2} \mathrm{~Pa}\right)\left(10^{-6} \mathrm{~m}^{3}\right)=10^{-4} \mathrm{~J}$.
 If the radius is decreased by $40 \%$, then $r_{2}=0.60 r_{1}$. Therefore, $v_{2}=\left[(0.5 \mathrm{~m} / \mathrm{s})\left(r_{1}\right)^{2}\right] /\left(0.6 r_{1}\right)^{2}=(0.5 \mathrm{~m} / \mathrm{s}) /(0.36)=1.4 \mathrm{~m} / \mathrm{s}$. Notice, however, that you did not need to calculate an exact value to select the correct answer. You simply needed to know that the exact value was somewhere between 1 and 2 .
65. A is correct. Since the water is rising, it is somehow pulled up against gravity. The answer choices allow for only one explanation: the water must be grabbing the walls (the soil) around it and pulling itself upward. This 'grabbing' is an intermolecular bond between water and the soil. If it were weaker than the bond between water and water, then the water would be pulled back down onto itself.
66. D is correct. Because $\triangle P=Q R$, an increase in pressure difference $(\triangle P)$ or a decrease in resistance $(R)$ increases flow ( $Q$ ). Increasing the pipe radius decreases the resistance to flow. Increasing pipe length increases resistance to flow and decreases flow rate.
67. B is correct. The drop with stronger intermolecular forces will have greater surface tension, which will cause it to bead up more. Drop A is beaded up more in this example so it will have stronger intermolecular forces, eliminating answer choices $C$ and $D$.
68. C is correct. Don't be confused by the complicated question stem. The pulmonary artery is bringing blood from the body to the lungs where it will pick up oxygen and give off $\mathrm{CO}_{2}$. The $\mathrm{CO}_{2}$ will diffuse from an area of higher pressure to an area of lower pressure. If the $\mathrm{CO}_{2}$ is moving from the pulmonary artery to the alveoli, then the partial pressure of $\mathrm{CO}_{2}$ must be higher in the pulmonary artery than in the alveoli. Therefore, choice A is incorrect and choice C is the best answer. If the pressure were the same in the alveoli and the pulmonary artery, no $\mathrm{CO}_{2}$ exchange would occur; thus answer choice $B$ is incorrect.
69. A is correct. The aneurysm has a greater radius than the normal blood vessel. Thus, it will also have a greater crosssectional area $\left(A=\pi r^{2}\right)$. The blood in the aneurysm will have a lesser velocity due to this greater cross-sectional area $(Q=A v)$, eliminating answer choices $C$ and $D$. By Bernoulli's equation (assume constant height), if the velocity is decreased, the 'velocity head' will also be decreased, and the pressure term will increase. Thus, the pressure is higher in the aneurysm.
70. $\quad \mathrm{D}$ is correct. Remember that flow rate, $Q=\Delta P / R$, where $P$ is pressure and $R$ is resistance. Since all tubes would be subject to the same driving pressure, the tube with the least resistance would experience the greatest flow rate. Resistance, $R$, is directly proportional to $L$, and indirectly proportional to $r^{4}$. Therefore, the tube with the lowest $L$ to $r^{4}$ ratio would experience the greatest flow rate. Choices $\mathrm{A}, \mathrm{B}, \mathrm{C}$, and D are associated with ratios of $4,2,1 / 4$, and $1 / 8$, respectively. Therefore, choice D is the best choice. The fluid in the tube with a length of 2 cm and a cross-sectional radius of 2 cm would flow at the greatest rate.
71. D is correct. Remember Poiseuille's law,

$$
Q=\frac{\Delta P\left(\pi r^{4}\right)}{8 \eta L}
$$

The volume flow rate is directly proportional to $r^{4}$. Therefore, doubling the radius will increase $Q$ by a factor of 16 . Flow rate is inversely related to viscosity and length, so doubling these parameters will actually decrease the flow rate. Doubling the difference in pressure between the two points will increase the volume flow rate, but only by a factor of 2.
72. A is correct. In order for white blood cells to roll along the wall of the vessel, they must be moving slower along the wall. In an ideal fluid we assume that the velocity of the fluid through a cross-section is constant. Answer choices B and $C$ are incorrect because the velocity cannot be different at different points in the same cross-section of an ideal fluid.

## EXPLANATIONS TO QUESTIONS IN LECTURE 4

73. C is correct. This is a units question. $100 \mathrm{~N} / \mathrm{C}$ is equivalent to $100 \mathrm{~V} / \mathrm{m}$. The one coulomb experiences 100 N of force. This is a measure of the strength of the electric field: $100 \mathrm{~N} / \mathrm{C}$. Another way to say $100 \mathrm{~N} / \mathrm{C}$ is $100 \mathrm{~V} / \mathrm{m}$. The plates are one meter apart, so they must have a 100 volt potential difference.
74. B is correct. The forces are conservative so if the picture is turned $90^{\circ}$, this is just like gravity, mgh; the vertical distance $h$, and not the horizontal distance, is what matters. Likewise, in the question, the total length of the path does not matter because some of the movement is not against the electric field. Work is done only when the particle moves in the 10 cm direction against the electric field. The work required is the force times the distance parallel to the field or Eqd. W $=(10 \mathrm{~N} / \mathrm{C})(8 \mathrm{C})(0.10 \mathrm{~m})=8 \mathrm{~J}$.
75. A is correct. The force is given by Coulomb's law, $F=k q q / r^{2}$. The electrostatic force changes with the square of the distance between the centers of charge. In this case, $3^{2}=9$. The force and the distance are inversely related. If the distance is increased the force must decrease, so answer choices $C$ and $D$ are incorrect.
76. C is correct. The electric field above an infinitely large electric plate remains constant with distance. This can be visualized by imagining the electric field lines. The lines are perpendicular to the plate and have nowhere to spread. By bending in one direction or another, they would increase their distance from one line, only to decrease their distance from another line. Since the lines would remain at an equal distance from one another, the electric field would remain constant. If the electric field is constant, the force must also be constant as given by $F=E q$.
77. B is correct. This problem is about energy. The system has a total electric potential energy of $U=k q q / r$. Remember, the forces acting are conservative so mechanical energy is conserved. Thus, as the first particle is propelled away from the second, electric potential energy is converted to kinetic energy. When the first particle moves 25 cm , it has doubled its distance of separation. From $U=k q q / r$, the first particle has lost half of its potential energy to kinetic energy when $r$ is doubled.

$$
Q_{2}=k \frac{q q}{\ngtr_{2}}
$$

When the first particle is infinitely far from the second particle, it will have lost the rest of the electric potential energy to kinetic. In other words, it will have twice the kinetic that it had at 25 cm . From K.E. $=1 / 2 m v^{2}$, if K.E. is multiplied by 2 , the velocity must be multiplied by the square root of 2 , or approximately 1.4 . 1.4 times 10 equals $14 \mathrm{~m} / \mathrm{s}$.

$$
K \cdot E .=\frac{1}{2} m \psi^{2} \hat{2}^{1.4}
$$

78. A is correct. The field lines are directed away from both charges, so by definition they are both positively charged. If they were both negative, as in answer choice B, the field lines would be directed towards each charge. If they had opposite signs the field lines would go from one charge, the positive charge, to the other, the negative charge.
79. A is correct. Since gravitational force is attractive, the electric force must be repulsive. Doubling both masses will increase the attractive gravitational force. Choice C is wrong because doubling both charges will increase the repulsive electrical force. Choice B will not change the gravitation force as doubling one mass and halving the other cancels each other out. Choice D will affect both force equally and thus not change the balance they create on the particles.
80. B is correct. Electrostatic forces are conservative, so the work done by a force against them is conserved in potential energy. A volt is a joule/coulomb, so voltage can be determined by dividing work by charge. $(90 \mathrm{~J}) /(10 \mathrm{C})=9 \mathrm{~J} / \mathrm{C}=9$ V. Choice B is correct.
81. A is correct. The electric field inside a capacitor is constant. By definition, a dipole has equal but opposite charges on either end. The force on each end of the dipole is $E q$ and in opposite directions. The net force is zero.
82. B is correct. The effective resistance is $3 \Omega$. First, find the effective resistance of the two resistors in parallel, resistor A and resistor B.

$$
\begin{gathered}
1 / 2 \Omega+1 / 2 \Omega=1 / R_{\mathrm{eff}} \\
R_{\mathrm{eff}}=1 \Omega
\end{gathered}
$$

Then, attribute this resistance to a single resistor in series with resistor $C$ and find the overall effective resistance.

$$
1 \Omega+2 \Omega=3 \Omega
$$

The voltage divided by the effective resistance gives 4 amps coming out of the battery. The 4 amps split evenly at the node before A and B; 2 amps through each resistor.
83. D is correct. Increasing the voltage across the plates would increase the amount of charge on the capacitor but not the capacitance of the capacitor. Capacitance is defined by $C=Q / V$. All the other choices, distance between the plates, area of the plates, and the dielectric constant change the capacitance.
84. A is correct. The energy for the light comes from the battery. The rate at which the energy is released is the power. $P=i^{2} R$. Since the voltage remains constant, the change in the current will produce the greatest change in the power. Where more light bulbs are attached, the resistance goes up and the current goes down; thus the power goes down and less light is produced. Circuit I has the least resistance in the circuit and will draw the most current from the battery.
85. C is correct. This is Kirchoff's first rule: current flowing into a node must also flow out. Since the resistors have equal resistances, the current is the same in both parallel branches. Thus 4 amps flow into the node from both branches. Therefore 8 amps must flow out of the node.
86. D is correct. Adding a resistor in parallel decreased the overall resistance, which will increase the current and the power. The voltage of the battery is not affected by changes in the circuit.
87. C is correct.

The surface area of the cell is,

$$
\mathrm{SA}=\pi r^{2}=\pi\left(10 \times 10^{-6} \mathrm{~m}\right)^{2}=3.14 \times 10^{-8} \mathrm{~cm}^{2}
$$

The capacitance of cell membrane is,

$$
\left(1 \mu \mathrm{~F} / \mathrm{cm}^{2}\right)\left(3.14 \times 10^{-8} \mathrm{~cm}^{2}\right)=3.14 \times 10^{-8} \mu \mathrm{~F}=3.14 \times 10^{-14} \mathrm{f}
$$

The charge that a capacitor can hold at a certain voltage is given by,

$$
Q=C V=\left(3.14 \times 10^{-14} \mathrm{~F}\right)\left(70 \times 10^{-3} \mathrm{~V}\right)=220 \times 10^{-17} \mathrm{C}
$$

Every ion of potassium will have a charge of +e ,

$$
2.2 \times 10^{-15} \mathrm{C} \div 1.6 \times 10^{-19} \mathrm{C} / \text { potassium ion }=1.4 \times 10^{-4} \text { ions }
$$

88. A is correct. Use any of the equations for energy stored in a capacitor.

$$
U=1 / 2 C V^{2}=1 / 2\left(1 \mu F / \mathrm{cm}^{2}\right)(70 \mathrm{mV})^{2}=1 / 2\left(10^{-6} F / \mathrm{cm}^{2}\right)\left(7 \times 10^{-2} V\right)^{2}=2.5 \times 10^{-9} \mathrm{~J} / \mathrm{cm}^{2}
$$

## Passage III

89. D is correct. A Watt is a joule/sec. Solve for joules by multiplying power and time. Don't forget to convert time to seconds. So $(60 \mathrm{~W})(60 \mathrm{sec})=3600 \mathrm{~J}$.
90. C is correct. Choice A comes from $V=i R$, with $I$ replaced by $\mathrm{C} / \mathrm{sec}$. Choice B comes from $P=i^{2} R$. Choice D comes from $P=V^{2} / R$.
91. C is correct. The maximum voltage is given by $V_{\max }=\sqrt{2} V_{r m s}$.

$$
V_{\max }=\sqrt{2} V_{m s}=\sqrt{2}(120 \mathrm{~V})=(1.4)(120 \mathrm{~V})=168 \mathrm{~V} \text { which rounds to } 170 \mathrm{~V} .
$$

92. B is correct. Remember to use the units. The flow of $\mathrm{Na}^{+}$ions per meter of axon per second is $5.5 \times 10^{11}$. The flow of $\mathrm{Na}^{+}$ions in one centimeter of axon is:

$$
\left(5.5 \times 10^{11} \mathrm{Na}^{+} \text {ions } / \text { meter }\right)\left(1 \text { meter } / 10^{2} \mathrm{~cm}\right)=5.5 \times 10^{9} \mathrm{Na}^{+} \text {ions } / \mathrm{cm} / \mathrm{sec}
$$

Each $\mathrm{Na}^{+}$ion has a charge equal to the elementary charge, the charge of one proton. The total charge flowing across in one second is:

$$
\left(5.5 \times 10^{9} \mathrm{Na}^{+} \text {ions } / \mathrm{sec}\right)\left(1.6 \times 10^{-19} \mathrm{C} / \mathrm{Na}^{+} \text {ion }\right)=8.8 \times 10^{-10} \mathrm{C} / \mathrm{s}
$$

93. D is correct. Use Ohm's Law. $i=V / R$. The resistance of one cm of membrane in a neuron with multiple sclerosis is 0.7 $\times(250 \mathrm{M} \Omega)=175 \mathrm{M} \Omega$. Don't forget to convert to SI units.

$$
i=V / R=7 \times 10^{-2} V / 1.75 \times 10^{8} \Omega=4 \times 10^{-10} A=4 \times 10^{-4} \mu A
$$

94. A is correct. The force on a charge moving in a magnetic field due to a magnetic field is $F=q v B \sin \theta$. Since the hydrogen ion is at rest its velocity is $0 \mathrm{~m} / \mathrm{s}$ and it will not experience a force due to the magnetic field of the MRI.
95. C is correct. Faraday's law states that a changing magnetic field will induce an electromotive force (EMF) in a wire. The goal of this problem is to figure out which of the options given produce a changing magnetic field with respect to the wire. Changing the magnitude of the magnetic field, option I, certainly does this. Eliminate answer choice D since it does not include option I. Moving the wire loop out of the page moves it along the same magnetic field lines. This does not change anything about the magnetic field felt by the wire and will not induce an electromotive force. Rotating the wire will change the magnetic field lines around the wire and induce an EMF.
96. D is correct. All of these will change the magnitude of the force on the proteins and thus, by Newton's second law, change how fast they accelerate from rest. The electric field, $k q / r^{2}$, and the charge are directly related to the electric force felt by the protein. Increasing the size of the pores will reduce the 'drag' caused by the gel and allow the proteins to move faster.

## EXPLANATIONS TO QUESTIONS IN LECTURE 5

97. C is correct. The frequency of the waves being sent is equal to the frequency of the waves being received. Every second, one wave is sent. In 10 seconds, 10 waves are sent. The other information is extraneous.
98. B is correct. Intensity level is related to intensity by a logarithmic scale: intensity level equals ten times the log of intensity. Therefore, an increase of 20 dB equals a 100 -fold increase in intensity. Also, intensity is proportional to the square of amplitude, so a 100 -fold increase in intensity is due to a 10 -fold increase in amplitude.
99. C is correct. Frequency is inversely related to both wavelength and period; options I and II are true. There is no relationship between amplitude and frequency; option III is false. Therefore, choice C is the best answer.
100. A is correct. Decibel level, or intensity level, is related to intensity by a logarithmic scale. If the intensity is doubled, decibel level increases by about 3 dB ; choice A is correct. Remember that an increase in intensity level of 10 dB means that intensity has increased by a factor of 10 .
101. B is correct. Wavelength is the distance for the entire wave pattern to occur. This wave form repeats in its entirety exactly twice between the dotted lines.
102. D is correct. Amplitude of a standing wave is constant; choice $D$ is false and thus is the correct answer. Nodes are the spots that will not move. Resonating strings form standing waves at wavelengths corresponding to their harmonics.
103. D is correct. The frequency will only increase when the distance between the source and observer is decreasing, as is the case in choice D . Choice B is the opposite situation. Wind has no effect on the velocity of the source and the observer, and does not affect the observed frequency. Objects moving at the same velocity do not get closer together.
104. D is correct. The velocity is a function of the properties of the string and is not affected by the force of the hammer. The wavelength of a standing wave is determined by the length of the string. The frequency depends on the wavelength and velocity of the wave, and is therefore also constant. If you hit the same piano key with increasing force, you will play the same note, you will just play it louder (larger amplitude).
105. A is correct. The ray will turn toward the normal as it enters the glass and away from the normal as it exits the glass, as shown in the figure.

106. D is correct. Of the given choices, blue light has the highest frequency. If the bees perceive higher frequencies, perhaps they are more likely to be attracted to blue. The mnemonic ROY G BIV will help you remember the order of frequencies of different colored light.
107. A is correct. Use the units to convert km and $\mathrm{m} / \mathrm{s}$ to years, as follows:

$$
\mathrm{km} \times \frac{\mathrm{s}}{\mathrm{~m}} \times \frac{\mathrm{min}}{\mathrm{~s}} \times \frac{\mathrm{hrs}}{\mathrm{~min}} \times \frac{\text { days }}{\mathrm{hrs}} \times \frac{\mathrm{yrs}}{\text { days }} \times \frac{\mathrm{m}}{\mathrm{~km}}
$$

108. D is correct. The observation that light is reflected could fit either the wave or particle theory of light. However, the other choices all provide support for the wave theory of light. Therefore choice D is the best answer.
109. C is correct. As shown in the figure below, changing the location of the glass will not alter the path of the light ray after it passes through the glass. However, changing the thickness of the glass will change the path of the light ray. Thicker glass will cause the ray to travel further along a path turned towards the normal. This could result in the ray of light passing through point A .

110. D is correct. As the dimmer is turned down, less energy is provided to the light bulb filament until, finally, the only visible light produced is red. A similar effect is seen at night in a dying campfire, when only red coals remain. Remember that light of all colors moves through a given medium at the same speed, therefore, choices A and B are incorrect.
111. B is correct. We can find the speed of light through glass by using the index of refraction.

$$
n=\frac{c}{v}, \text { or } v=\frac{c}{n}=\frac{\left(3 \times 10^{8}\right)}{1.5}=\left(2 \times 10^{8}\right)
$$

Once we know the speed of light in glass, we can use $x=v t$. Rearrange the equation to solve for $t$ and change cm into meters.

$$
t=\frac{\left(1 \times 10^{-2}\right)}{\left(2 \times 10^{8}\right)}=0.5 \times 10^{-10}=5 \times 10^{-11}
$$

112. A is correct. A light wave bending as it enters a new medium is refraction, not diffraction. Diffraction occurs when waves bend around corners. Although the other answer choices may have been difficult to identify as diffraction, you should have been able to identify that choice A was an example of refraction.
113. $B$ is correct. Remember that lenses do what they do because they refract, or bend, light. A magnifying lens creates images of objects that are larger than the objects, themselves, by bending the light from those objects. The extent to which light bends as it passes from one medium to another depends on the extent to which the speed of light changes as it passes between those media. Recall that refractive index, $n$, of medium is a measure of the extent to which the speed of light changes. $n=c / v$, where $c$ is the speed of light in a vacuum and $v$ is the speed of light in the medium. According to Snell's law, $n_{1} \sin \theta_{1}=n_{2} \sin \theta_{2}$. Therefore, as $n_{2}$ approaches $n_{1}, \theta_{2}$ approaches $\theta_{1}$. In other words, light bends less when it passes between media with similar indices of refraction than it does when it passes between media with dissimilar indices of refraction. The indices of refraction of air, water and glass are approximately $1,1.3$ and 1.5 , respectively. As the magnifying lens ( $n=1.5$ ) moves from air $(n=1)$ to water $(n=1.3)$, its index of refraction approaches the index of refraction of the surrounding medium. Therefore, the light is bent less and magnified less. Thus B is the best answer choice.
114. A is correct. A virtual image is formed by an apparent, rather than an actual convergence of light. Projecting an image onto a screen requires projection of the light that forms that image. Because no actual light rays form a virtual image, virtual images cannot be projected onto screens. Therefore, I is a false statement, and choices B, C and D can be eliminated. Choice A, III only, must be the correct answer choice by process of elimination.
115. A is correct. An increase in the index of refraction of a lens would increase the bending of the light rays, which would increase the power of the lens. Therefore, I would increase the power of the lens; choice C can be eliminated. Since $P=$ $1 / f$, an increase in $f$ would decrease the power. Therefore, II would not increase the power of the lens; choices B and D can be eliminated. Choice A, I only, is the correct answer choice. To confirm, consider whether III would increase the power of the lens. Increasing the radius of curvature of one side of the lens would flatten the lens, reduce the degree to which it bent light, and decrease its power. Thus III would not increase the power of the lens, and choice A is the best answer.
116. D is correct. A converging lens forms a real, inverted image of an object outside its focal distance. Thus, if object distance is 4 cm and focal distance is 1 cm , the image formed must be real. Real images are images formed on the opposite side of the lens from the object. Therefore, if the object is in front of the lens, then the image must be behind the lens. Choice A, which states that the image is formed in front of the lens, can be eliminated. The thin lens equation states that $1 / f=1 / d_{\mathrm{o}}+1 / d_{\mathrm{i}}$. Therefore, $1 / d_{\mathrm{i}}=1 / f-1 / d_{\mathrm{o}}=1 /(+1 \mathrm{~cm})-1 /(+4 \mathrm{~cm})=3 / 4 \mathrm{~cm}^{-1}$ and $d_{\mathrm{i}}=4 / 3 \mathrm{~cm}=1.33 \mathrm{~cm}$. Choices $B$ and $C$ can be eliminated and choice $D$ is the correct answer. Remember that, by convention, converging mirrors and lenses have positive focal distances and objects that are on the opposite side of a lens from an observer have positive object distances. On the MCAT ${ }^{\circledR}$, assume that an object in a one lens system is in the opposite side of the lens from the observer.
117. B is correct. The question stem states that the mirror forms an inverted image. Only converging mirrors can form inverted images. Converging mirrors are concave mirrors. Therefore, choices A and C, which state that the mirror is convex, can be eliminated. Converging mirrors only form inverted images of objects positioned beyond their focal points. Therefore, since the object distance is 5 m , the focal distance must be less than 5 m . Therefore, D , which states that the focal distance is greater than 5 m , can be eliminated. Choice $B$ is the best answer.
118. A is correct. Concave mirrors are converging mirrors. Converging mirrors form real, inverted images of objects outside their focal points. The focal distance of the mirror is 2 cm and the object is placed 4 cm in front of the mirror. Therefore, the object is outside the focal point, and the image of the object formed by the mirror is inverted. Answer choices $C$ and $D$, which state that the image is upright, can be eliminated. According to the thin lens equation, $1 / f$ $=1 / d_{o}+1 / d_{\mathrm{i}}$. By convention, focal distances of converging mirrors are positive and object distances of objects on the same side of the mirror as the observer are positive. On the MCAT ${ }^{\circledR}$, assume that objects in one mirror systems are on the same side of the mirror as the observer. Therefore, $1 / d_{\mathrm{i}}=1 / f-1 / d_{\mathrm{o}}=1 /(+2 \mathrm{~cm})-1 /(+4 \mathrm{~cm})=1 / 4 \mathrm{~cm}^{-1}$ and $d_{\mathrm{i}}=4$ cm . Magnification, $m=-d_{\mathrm{i}} / d_{\mathrm{o}}=h_{\mathrm{i}} / h_{\mathrm{o}}=-(4 \mathrm{~cm}) /(4 \mathrm{~cm})=-1$. Since the magnification has a magnitude of 1 , the image height is the same as the object height, 1 cm . The negative sign confirms that the image is inverted. Thus A is the best answer choice.
119. D is correct. No image is formed when an object is placed at the focal point of a lens. Therefore, choices A and C can be eliminated. To decide between choices $B$ and $D$, first assume that the lens is a diverging lens. Recall that diverging lenses form only virtual images, and, by convention, virtual images have negative image distances. Therefore, if the lens were a diverging lens and the object and image were at the same distance from the lens, $d_{\mathrm{i}}$ and $d_{\mathrm{o}}$ would be equal in magnitude but opposite in sign. If $1 / f=1 / d_{\mathrm{o}}+1 / d_{\mathrm{i}}$ and $d_{\mathrm{i}}=-d_{\mathrm{o}}$, then $1 / f$ would equal $1 / d_{\mathrm{o}}+1 /\left(-d_{\mathrm{o}}\right)$, which equals zero. If $1 / f$ equaled zero, then $f$ would equal infinity. Only flat mirrors have a focal distance equal to infinity. Therefore, the lens cannot be a diverging lens and choice B can be eliminated. Choice D must be the correct answer. To confirm, recall that converging lenses form real images of objects placed outside their focal points. By convention, real images have positive image distances. Therefore, if the lens were a converging lens and the object were at twice the focal distance, then $1 / f$ would equal $1 /(2 f)+1 / d_{\mathrm{i}}$, and $d_{\mathrm{i}}$ would equal $2 f$, as well. In other words, if an object is placed at twice the focal distance of a converging lens, then the image formed will also be at twice the focal distance of the lens. Note that when the image is a real image, it will be on the opposite side of the lens from the object.
120. C is correct. According to the figure, the optical device forms an inverted image on the opposite side of the device from the object. Only converging mirrors and lenses form inverted images. Therefore, choice A, convex (diverging) mirror, and choice $D$, diverging lens, can be eliminated. Remember that inverted images are always real images. Therefore, the image formed must be a real image. Real images formed by mirrors are on the same side of the mirror as the object, whereas real images formed by lenses are on the opposite side of the lens from the object. Recall that a real image is formed by an actual convergence of light rays. Mirrors reflect light back towards objects whereas lenses refract light as they pass through to the opposite side of the lens from the object. Because the real image is on the opposite side of the optical device from the object, the optical device must be a lens. Therefore, choice B, concave (converging) mirror can be eliminated and choice $C$, converging lens, is the best answer.

## Covers

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## About the Author

Jonathan Orsay is uniquely qualified to write an MCAT ${ }^{\circledR}$ preparation book. He graduated on the Dean's list with a B.A. in History from Columbia University. While considering medical school, he sat for the real MCAT ${ }^{\circledR}$ three times from 1989 to 1996. He scored in the 90 percentiles on all sections before becoming an $\mathrm{MCAT}^{\circledR}$ instructor. He has lectured in MCAT ${ }^{\circledR}$ test preparation for thousands of hours and across the country. He has taught premeds from such prestigious Universities as Harvard and Columbia. He was the editor of one of the best selling MCAT ${ }^{\circledR}$ prep books in 1996 and again in 1997. He has written and published the following books and audio products in MCAT ${ }^{\oplus}$ preparation: "Examkrackers MCAT ${ }^{\circledR}$ Physics"; "Examkrackers MCAT ${ }^{\circledR}$ Chemistry"; "Examkrackers MCAT ${ }^{\circledR}$ Organic Chemistry"; "Examkrackers MCAT ${ }^{\circledR}$ Biology"; "Examkrackers MCAT ${ }^{\circledR}$ Verbal Reasoning \& Math"; "Examkrackers 1001 questions in MCAT ${ }^{\circledR}$ Physics", "Examkrackers MCAT ${ }^{\circledR}$ Audio Osmosis with Jordan and Jon".

## An Unedited Student Review of This Book

The following review of this book was written by Teri R -. from New York. Teri scored a 43 out of 45 possible points on the MCAT ${ }^{\circledR}$. She is currently attending UCSF medical school, one of the most selective medical schools in the country.
"The Examkrackers MCAT ${ }^{\circledR}$ books are the best MCAT ${ }^{\circledR}$ prep materials I've seen-and I looked at many before deciding. The worst part about studying for the MCAT ${ }^{\circledR}$ is figuring out what you need to cover and getting the material organized. These books do all that for you so that you can spend your time learning. The books are well and carefully written, with great diagrams and really useful mnemonic tricks, so you don't waste time trying to figure out what the book is saying. They are concise enough that you can get through all of the subjects without cramming unnecessary details, and they really give you a strategy for the exam. The study questions in each section cover all the important concepts, and let you check your learning after each section. Alternating between reading and answering questions in MCAT ${ }^{\circledR}$ format really helps make the material stick, and means there are no surprises on the day of the exam-the exam format seems really familiar and this helps enormously with the anxiety. Basically, these books make it clear what you need to do to be completely prepared for the MCAT ${ }^{\circledR}$ and deliver it to you in a straightforward and easy-to-follow form. The mass of material you could study is overwhelming, so I decided to trust these books - I used nothing but the Examkrackers books in all subjects and got a 13-15 on Verbal, a 14 on Physical Sciences, and a 14 on Biological Sciences. Thanks to Jonathan Orsay and Examkrackers, I was admitted to all of my top-choice schools (Columbia, Cornell, Stanford, and UCSF). I will always be grateful. I could not recommend the Examkrackers books more strongly. Please contact me if you have any questions."

## Sincerely,

Teri R-

## PHYSICAL SCIENCES

DIRECTIONS. Most questions in the Physical Sciences test are organized into groups, each preceded by a descriptive passage. After studying the passage, select the one best answer to each question in the group. Some questions are not based on a descriptive passage and are also independent of each other. You must also select the one best answer to these questions. If you are not certain of an answer, eliminate the alternatives that you know to be incorrect and then select an answer from the remaining alternatives. A periodic table is provided for your use. You may consult it whenever you wish.

## PERIODIC TABLE OF THE ELEMENTS

| $\begin{array}{r} 1 \\ \mathbf{H} \\ 1.0 \end{array}$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\begin{gathered} 2 \\ \mathrm{He} \\ 4.0 \end{gathered}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\begin{gathered} 3 \\ \mathrm{Li} \\ 6.9 \end{gathered}$ | $\begin{gathered} 4 \\ \mathrm{Be} \\ 9.0 \end{gathered}$ |  |  |  |  |  |  |  |  |  |  | $\begin{array}{\|c\|} \hline 5 \\ \mathbf{B} \\ 10.8 \\ \hline \end{array}$ | $\begin{gathered} 6 \\ \text { C } \\ 12.0 \end{gathered}$ | $\begin{gathered} 7 \\ \mathbf{N} \\ 14.0 \end{gathered}$ | $\begin{array}{\|c\|} \hline 8 \\ 0 \\ 16.0 \\ \hline \end{array}$ | $\begin{gathered} 9 \\ \mathbf{F} \\ 19.0 \end{gathered}$ | $\begin{gathered} \hline 10 \\ \mathrm{Ne} \\ 20.2 \\ \hline \end{gathered}$ |
| $\begin{array}{\|c\|} \hline 11 \\ \mathrm{Na} \\ 23.0 \end{array}$ | $\begin{gathered} 12 \\ \mathbf{M g} \\ 24.3 \end{gathered}$ |  |  |  |  |  |  |  |  |  |  | $\begin{gathered} 13 \\ \text { AI } \\ 27.0 \end{gathered}$ | $\begin{array}{r} 14 \\ \mathbf{S i} \\ 28.1 \end{array}$ | $\begin{gathered} 15 \\ \mathbf{P} \\ 31.0 \end{gathered}$ | $\begin{array}{\|c\|} \hline 16 \\ \mathrm{~S} \\ 32.1 \end{array}$ | $\begin{gathered} 17 \\ \mathrm{Cl} \\ 35.5 \end{gathered}$ | $\begin{gathered} 18 \\ \text { Ar } \\ 39.9 \end{gathered}$ |
| $\begin{array}{\|c} 19 \\ \mathbf{K} \\ 39.1 \\ \hline \end{array}$ | $\begin{array}{\|c\|} \hline 20 \\ \mathbf{C a} \\ \hline 40.1 \\ \hline \end{array}$ | $\begin{array}{r} 21 \\ \mathrm{Sc} \\ 45.0 \end{array}$ | $\begin{array}{r} 22 \\ \mathrm{Ti} \\ 47.9 \\ \hline \end{array}$ | $\begin{array}{\|c\|} \hline 23 \\ \mathbf{V} \\ 50.9 \\ \hline \end{array}$ | $\begin{gathered} 24 \\ \mathrm{Cr} \\ 52.0 \\ \hline \end{gathered}$ | $\begin{gathered} 25 \\ \mathbf{M n} \\ 54.9 \end{gathered}$ | $\begin{gathered} 26 \\ \mathrm{Fe} \\ 55.8 \\ \hline \end{gathered}$ | $\begin{array}{\|c\|} \hline 27 \\ \text { Co } \\ 58.9 \\ \hline \end{array}$ | $\begin{array}{\|c\|} \hline 28 \\ \mathrm{Ni} \\ 58.7 \\ \hline \end{array}$ |  | $\begin{gathered} 30 \\ \mathbf{Z n} \\ 65.4 \\ \hline \end{gathered}$ | 31 <br> Ga <br> 69.7 | $\begin{gathered} 32 \\ \mathbf{G e} \\ 72.6 \\ \hline \end{gathered}$ | $\begin{array}{r} 33 \\ \text { As } \\ 74.9 \\ \hline \end{array}$ | $\begin{gathered} 34 \\ \mathrm{Se} \\ 79.0 \\ \hline \end{gathered}$ | $\begin{gathered} 35 \\ \mathrm{Br} \\ 79.9 \end{gathered}$ | $\begin{gathered} 36 \\ \mathrm{Kr} \\ 83.8 \\ \hline \end{gathered}$ |
| $\begin{array}{r} 37 \\ \text { Rb } \\ 85.5 \\ \hline \end{array}$ | $\begin{gathered} 38 \\ \mathrm{Sr} \\ 87.6 \end{gathered}$ | $\begin{gathered} 39 \\ \mathbf{Y} \\ 88.9 \\ \hline \end{gathered}$ | $\begin{gathered} 40 \\ \mathbf{Z r} \\ 91.2 \end{gathered}$ | $\begin{array}{\|c\|} \hline 41 \\ \mathbf{N b} \\ 92.9 \\ \hline \end{array}$ | $\begin{gathered} 42 \\ \text { Mo } \\ 95.9 \\ \hline \end{gathered}$ | $\begin{gathered} 43 \\ \text { Tc } \\ (98) \end{gathered}$ | $\begin{gathered} 44 \\ \text { Ru } \\ 101.1 \\ \hline \end{gathered}$ | $\begin{gathered} 45 \\ \text { Rh } \\ 102.9 \end{gathered}$ | $\begin{gathered} 46 \\ \text { Pd } \\ 106.4 \\ \hline \end{gathered}$ | $\begin{gathered} 47 \\ \text { Ag } \\ 107.9 \end{gathered}$ | $\begin{gathered} 48 \\ \text { Cd } \\ 112.4 \end{gathered}$ | $\begin{gathered} 49 \\ \text { In } \\ 114.8 \end{gathered}$ | $\begin{gathered} 50 \\ \text { Sn } \\ 118.7 \end{gathered}$ | $\begin{gathered} 51 \\ \text { Sb } \\ 121.8 \\ \hline \end{gathered}$ | $\begin{gathered} 52 \\ \mathrm{Te} \\ 127.6 \\ \hline \end{gathered}$ | $\begin{gathered} 53 \\ \text { I } \\ 126.9 \end{gathered}$ | $\begin{gathered} 54 \\ \mathbf{X e} \\ 131.3 \end{gathered}$ |
| $\begin{gathered} 55 \\ \text { Cs } \\ 132.9 \end{gathered}$ | $\begin{gathered} 56 \\ \text { Ba } \\ 137.3 \end{gathered}$ | $\begin{gathered} 57 \\ \mathbf{L a}^{*} \\ 138.9 \end{gathered}$ | $\begin{gathered} \hline 72 \\ \mathbf{H f} \\ 178.5 \end{gathered}$ | $\begin{gathered} 73 \\ \text { Ta } \\ 180.9 \end{gathered}$ | $\begin{gathered} 74 \\ \text { W } \\ 183.9 \end{gathered}$ | $\begin{gathered} 75 \\ \operatorname{Re} \\ 186.2 \end{gathered}$ | $\begin{gathered} 76 \\ \text { Os } \\ 190.2 \end{gathered}$ | $\begin{gathered} 77 \\ \text { Ir } \\ 192.2 \end{gathered}$ | $\begin{array}{\|c\|} \hline 78 \\ \text { Pt } \\ 195.1 \end{array}$ | $\begin{gathered} 79 \\ \mathbf{A u} \\ 197.0 \end{gathered}$ | $\begin{gathered} 80 \\ \mathrm{Hg} \\ 200.6 \end{gathered}$ | $\begin{gathered} 81 \\ \mathrm{TI} \\ 204.4 \end{gathered}$ | $\begin{gathered} 82 \\ \text { Pb } \\ 207.2 \end{gathered}$ | $\begin{gathered} 83 \\ \mathbf{B i} \\ 209.0 \end{gathered}$ | $\begin{array}{\|c} 84 \\ \text { Po } \\ (209) \end{array}$ |  | $\begin{gathered} 86 \\ \mathbf{R n} \\ (222) \end{gathered}$ |
| $\begin{array}{\|c} 87 \\ \text { Fr } \\ (223) \end{array}$ | $\begin{gathered} 88 \\ \text { Ra } \\ 226.0 \end{gathered}$ |  | 104 <br> Unq <br> (261) | $\begin{gathered} 105 \\ \text { Unp } \\ (262) \end{gathered}$ | $\begin{gathered} 106 \\ \text { Unh } \\ (263) \end{gathered}$ | $\begin{aligned} & 107 \\ & \text { Uns } \\ & (262) \end{aligned}$ | $\begin{gathered} 108 \\ \text { Uno } \\ (265) \end{gathered}$ |  |  |  |  |  |  |  |  |  |  |

* | 58 | 59 | 60 | 61 | 62 | 63 | 64 | 65 | 66 | 67 | 68 | 69 | 70 | 71 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\mathbf{C e}$ | $\mathbf{P r}$ | $\mathbf{N d}$ | $\mathbf{P m}$ | $\mathbf{S m}$ | $\mathbf{E u}$ | $\mathbf{G d}$ | $\mathbf{T b}$ | $\mathbf{D y}$ | $\mathbf{H o}$ | $\mathbf{E r}$ | $\mathbf{T m}$ | $\mathbf{Y b}$ | $\mathbf{L u}$ |
| 140.1 | 140.9 | 144.2 | $(145)$ | 150.4 | 152.0 | 157.3 | 158.9 | 162.5 | 164.9 | 167.3 | 168.9 | 173.0 | 175.0 |
| 90 | 91 | 92 | 93 | 94 | 95 | 96 | 97 | 98 | 99 | 100 | 101 | 102 | 103 |
| $\mathbf{T h}$ | $\mathbf{P a}$ | $\mathbf{U}$ | $\mathbf{N p}$ | $\mathbf{P u}$ | $\mathbf{A m}$ | $\mathbf{C m}$ | $\mathbf{B k}$ | $\mathbf{C f}$ | $\mathbf{E s}$ | $\mathbf{F m}$ | $\mathbf{M d}$ | $\mathbf{N o}$ | $\mathbf{L r}$ |
| 232.0 | $(231)$ | 238.0 | $(237)$ | $(244)$ | $(243)$ | $(247)$ | $(247)$ | $(251)$ | $(252)$ | $(257)$ | $(258)$ | $(259)$ | $(260)$ |


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[^0]:    To compare electrical forces with gravitational forces, imagine the following. Place two tiny grains of sand 30 meters apart. Not much gravitational force between them, right? What if all the charged parts of one grain were negatively charged and all the charged parts of the other grain were positively charged so that the electric forces were entirely attractive rather than balanced? The resulting electric force pulling the two grains of sand together would be about three million tons.

[^1]:    When you see an energy problem, think like an accountant. Use these equations to "balance the books."

[^2]:    Despite the name, the thin lens equation applies to both lenses and mirrors.

